Invisible Threats Addressing Security and Privacy Challenges in Smart Home Devices

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ABSTRACT

This paper has been developed for educational purposes to inform users about the critical issues surrounding smart homes in terms of privacy and security. The paper is structured into two main parts: The first part aims to enhance users' understanding of smart homes, presenting both the benefits and drawbacks of their adoption. It will also discuss various attacks targeted at these devices, potential tools to execute such attacks, and steps to make smart homes more secure. Additionally, it delves into 'User Perceptions of Responsibility', where users point out who is to blame for the privacy and security issues in these devices and suggest possible solutions. The second part addresses the Alexa vs Alexa vulnerability. This section will explain the seriousness of this security issue and present a prototype, entirely developed by me. The researchers chose not to publish the code, so my prototype retraces all the attack phases, managing to improve one phase of the attack itself.

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1 What is a Smart Home Device?

In the modern age, it has become commonplace for every household to own a smart home. In the United States of America, on average there are around 8 smart devices in a household[1].

Worldwide, there were approximately 307.82 million smart home users by the end of 2022[2]. Of these, more than 57.5 million are in North America, and about 63.1 million are in Europe[3].

Smart home users are overwhelmed by the functionality, benefits, and convenience of various devices, leading them to often overlook the most important aspect: the privacy and security issues associated with these devices.

To gain a comprehensive understanding of the challenges related to these devices, it is essential to take a step back and answer the question: "What is a smart home device?"

According to the information provided in [4]"A smart home refers to a convenient home setup where appliances and devices can be automatically controlled remotely from anywhere with an internet connection using a mobile or other networked device like smartphone tablet or game console".

Smart Home devices are divided into five categories: security, entertainment, sustainability, comfort and productivity. Some examples of products from these categories include [5]:

- 1. Smart Locks: A convenient way to access your home without the need of your key
- 2. Video Doorbells: Allows to see and record video footage of who is standing in front of your home.
- 3. Speaker and Voice Assistants: A type of loudspeaker and voice command device integrated with a virtual assistant, activated by wake words like 'Alexa', 'Hey Google' etc.
- 4. Security Camera: Used to monitor what happens in and around your home
- 5. Robot Cleaner: Help with housekeeping tasks
- Many others: Includes devices like smart lighting, climate control, energy monitoring, etc.

Now that we have a basic understanding of what a smart home is, we shift our focus to how these devices function.

A smart home is not just a collection of separate smart devices, rather these devices work together to create a network that can be controlled remotely.

A standout feature of these devices is their ability to be controlled from a single point, known as a smart home hub. The smart hub serves as a unifying solution for your connected gadgets, allowing them to be controlled from one app, rather

than several. This hub acts as the central point of the smart home system [6] Examples of smart home hubs include Amazon Echo, Google Home and Wink Hub.

2 Exploring the Advantages of Smart Home Ownership

In an era defined by technological advancement, the integration of smart home technologies has brought in a new dimension of convenience, security, and efficiency for homeowners. The myriad benefits derived from these intelligent systems have transformed the way we interact with our living spaces, providing an interconnected environment.

The numerous benefits derived from smart home technologies are as follows:

- 1. Save time and money: Devices like smart thermostats, smart lighting, water heaters, washing machines, and fridges can reduce energy waste. Moreover, smart technology automates repetitive chores and eliminates lost or wasted time.
- 2. Increased Convenience: Homeowners can control a variety of different devices from their smartphone using one app. Additionally, they can run many tasks simultaneously and use voice commands with home assistants like Amazon Alexa or Google Assistant.
- 3. Security: Smart Locks, video doorbells and security cameras help homeowners identify potential threats. These technologies can alert the owner in dangerous situations, take protective measures such as locking the door, and inform law enforcement agencies.
- 4. Efficiency: Smart devices collect various data from the user and understand their habits. For instance, a smart thermostat can learn the homeowner's habits and automatically adjust the temperature based on their specific schedule, making easier for them to focus on other tasks. Imagine waking up on time, enjoying a restful sleep, and finding everything prepared for a productive start to your day, minimizing interruptions and ensuring punctual departure for work.

Why hesitate? Embrace the opportunity to acquire one of these devices and start enjoying the multitude of benefits they offer.

Sadly, the world is not all sunshine and roses, malevolent actors are always lurking. As reported by CBS Los Angeles, "'Smart homes' can make life easier, but they also open you up to hackers. One recent study found that smart homes can experience up to 12,000 hack attempts per week, and most people don't even know it's happening" [7]. The devices discussed earlier are potentially vulnerable to hacking when connected to Wi-Fi networks.

3 Are Smart Homes Easier to Hack?

Smart homes can make your life easier, but they can also represent an open access point for hackers to enter your home. A potential attacker can obtain information about your habits, gain an entry point into other devices on your home network, and start remotely monitoring your home security system, among other things.

As detailed on the news website from the University Of Georgia [8], "The good thing is that all traffic to and from a smart home hub is encrypted. The bad thing is that we were able ... to figure out what much of the activity is without even having to decrypt the information."

To enhance understanding of potential smart home device hacking methods, the following section offers illustrative examples of recent smart home attacks and some tools used to hack smart home devices.

3.1 Smart Speakers Transformed into Wiretaps

Matt Kune, a cybersecurity blogger, began focusing his research on smart home technologies and in December 2022 discovered a vulnerability affecting Google Home. He managed to exploit this bug, transforming Google Home into a wire-tapping device.

He observed how easy it was to add a new user on Google Home and noted that linking an account with the device grants a surprising amount of control. Kune discovered that an attacker within wireless proximity could install a "backdoor" account on the Google Home device. He suggested this might be achieved if victims were targeted with a social engineering attack, prompting them to download a malicious app, which would enable hackers to link their accounts with the victim's Google Home.

Unsatisfied with this method alone, Kune developed a solution that didn't require social engineering. He forced the smart speaker to disconnect from the Wi-Fi network by launching a deauthentication attack against the router. This attack succeeded, and Kune managed to disconnect the smart speaker from the Wi-Fi network and noticed that the speaker immediately created its own separate network. He then connected to the device's setup network, requested its device info, connected to the Internet, and used the obtained device info to link his account to the victim's device. This enabled him to send commands to Google Home remotely over the internet, access its microphone feed, make arbitrary HTTP requests within the victim's LAN, and gain direct access to the victim's other devices. He could also set malicious routines on this device.

Matt Kune was rewarded US \$107,500 by Google for discovering and reporting this bug. For additional information about the attack plan, follow this link [9] Google has resolved these issues, but the potential dangers of insecure smart

devices should not be ignored.

A similar problem is also present on Alexa devices, but the attack plan is totally different. This topic will be explored in the chapter "Alexa versus Alexa," which will present the vulnerabilities affecting Alexa's device and introduce a prototype exploiting these vulnerabilities.

3.2 Smart doorbells used to spy on victims

A notable example of smart home device exploitation involves swatting attacks facilitated by smart doorbells.

A swatting attack is a malicious act where someone falsely reports severe crimes like violence, kidnapping, or terrorism at a victim's address, leading to an armed police response.

How is the swatting attack related to the smart doorbells?

According to the Department of Justice (DoJ) for the Central District of California, on November 8, 2020, James Thomas Andrew McCarty and Kya Christian Nelson obtained login credentials for Yahoo email accounts belonging to people across the US, including a victim in West Covina[10].

They verified whether these individuals had Ring doorbells and attempted to log into the victim's Ring account. Successfully accessing this account, they placed a malevolent call to the West Covina Police Department, claiming to be a minor child reporting her parents' violent behavior. Nelson accessed the victim's Ring doorbell camera, using it to threaten and taunt the responding officers. They streamed footage of SWAT teams raiding the victims' houses in response to their false reports.

In response, Amazon has enforced mandatory two-step verification for Ring accounts and now routinely scans for compromised passwords.

3.3 Metasploit Framework

Metasploit is the world's most utilized open-source penetration testing framework. According to the information on its official website: "Metasploit helps security teams do more than just verify vulnerabilities, manage security assessments, and improve security awareness; it empowers and arms defenders to always stay one step (or two) ahead of the game" [11].

It provides a collection of tools and utilities for security professionals and ethical hackers to identify system vulnerabilities, test security measures, and simulate cyber attacks. Consequently, Metasploit can be used to find and exploit vulnerabilities in smart home devices.

The installation process for this framework is straightforward and user-friendly. Detailed instructions for downloading and setting up can be found in the referenced guide[12]. For users operating within the Kali Linux environment, this tool comes preinstalled

How does Metasploit work?

Metasploit initiates its process with a suite of reconnaissance tools, such as Nessus for vulnerability scanning, SNMP for network management data acquisition, and Nmap for network discovery, to collect information about targeted systems and identify potential vulnerabilities.

Upon identifying such vulnerabilities, Metasploit allows the user to query its database for corresponding exploits.

The suite includes a variety of exploitation tools, ranging from packet sniffing for intercepting network traffic, keyloggers for capturing keystrokes, to mechanisms for privilege escalation to gain elevated access. Subsequent to selecting an exploit, the user can choose an appropriate payload — a specific code segment designed to be executed on the target system upon successful exploitation. Popular payload options include reverse shells, which establish a secure connection back to the attacker's machine, and Meterpreter sessions, which provide a dynamic execution environment on the target system.

With the successful deployment of a payload, the attacker is equipped to perform a range of activities, from information exfiltration and lateral movement within the network — termed 'pivoting' — to the establishment of persistent access within the compromised system.

The primary purpose of Metasploit is to educate users about identifying potential vulnerabilities and preparing against hacker threats.

A notable example of an attack that can be launched using Metasploit occurred on December 4, 2022, by Surendra Pathak, Sheikh Ariful Islama, Honglu Jiang, Lei Xu, and Emmett Tomai.

They chose Alexa as their target to analyze potential vulnerabilities in its hardware and software [13]. They conducted a SYN-flood attack, a type of denial-of-service attack in which a malicious user sends a series of SYN requests to the target system. This leads to the system becoming overwhelmed and unable to sustain operation.

To verify the effectiveness of this attack, they used Wireshark before and after the attack to observe network traffic and identify any differences.

Prior to the attack, the packet flow was regular, but during the attack, packets were dropped, disrupting the network. Furthermore, the Echo's LED indicator changed from its standard blue to red, and the Amazon Echo device crashed. The Echo returned to normal operations after the attack concluded.

This attack has several consequences. Firstly, the victim is unable to access information when needed. Secondly, an attacker can prolong the DoS attack, rendering Alexa inoperative for an extended period and causing significant disruption to the owner.

4 Shodan Search Engine

Following our look at how Metasploit identifies vulnerabilities, let's now focus on Shodan, a tool useful for both potential attackers seeking vulnerabilities and users aiming to evaluate the security of their devices.

Shodan is the world's first search engine for Internet-connected devices and helps users in locating information about various internet-connected systems, including webcams, routers, and servers.

Unlike traditional search engines like Google or Yahoo, Shodan focuses on gathering information about devices and tracking all devices directly accessible from the Internet.

Shodan can be described as a search engine of service banners. If a particular service is running on an open port, it announces itself with a banner. These banners, sent by the server to the client, contain metadata such as a welcome message, server software, supported service options, and sometimes default device passwords or usernames.

An example of an FTP banner provided by Shodan is[14]: 220 kcg.cz FTP server (Version 6.00LS) readv.

To understand Shodan's functions, exploring the book written by its founder, John Matherly, is recommended.

According to the information provided on the referenced website [14] "The fundamental algorithm is brief and easy to understand: 1. Generate a random IPv4 address 2. Generate a random port to test from the list of ports that Shodan understands 3. Check the random IPv4 address on the random port and grab a banner 4. Goto 1"

While it is legal to use Shodan to find vulnerable systems, it remains unlawful to exploit or break upon any vulnerabilities discovered using the tool.

Shodan's interface is centered around a homepage, where users can input queries into the search bar to identify potentially vulnerable systems.



Figure 1: Shodan Home Page

Through its search bar, users can search for specific IP addresses or input keywords, as done with conventional internet browsing. Popular searches include webcams, Linksys, Cisco, Netgear, SCADA, and other relevant keywords.

Shodan also allows specifying filters for executing specific queries. Important filters include:

- 1. Country and city: Specify the location of the vulnerable devices.
- 2. Port: Search for devices using a specific port.
- 3. Product: Find devices running specific software versions.
- 4. OS: Locate devices with a particular operating system.
- 5. Vuln: Identify devices with specific vulnerabilities.
- 6. Tag: Search for devices tagged with a particular label.

Example queries using Shodan's filters [15] include:

Services vulnerable to Heartbleed vuln:CVE-2014-0160

Industrial control systems running an industrial protocol (i.e. no web servers) tag:ics

Apache web servers product:Apache

SSH on port 22 OR 3333 ssh port:22,3333

An essential consideration regarding Shodan's functionality is that its data originates from banners. These banners are subject to potential alterations, spoofing, or fabrication. As a result, there exists a possibility that the information displayed may be modified, spoofed, or faked and not represent the true state of the system.

Shodan's API allows for the integration of its features into various applications, providing full access to data collected by Shodan, generating automatic reports, notifying users of new discoveries, tracking results over time, and subscribing to real-time events[16].

Shodan represents a powerful that can serve both positive and negative purposes, the outcome depends on the user's intentions and actions.

4.1 How to use Shodan for launching an attack?

This section outlines the steps for employing Shodan to target vulnerable devices. It's crucial to note that this information is presented for educational purposes only, and I strongly advise against engaging in any illegal activities.

The most relevant queries related to IoT devices, including smart home devices, can be found on the following website[17].

One of the most significant and frequently used queries is "has_screenshot:true port:554". By entering this query in Shodan's search bar, you can view screenshots from webcams through port 554

These two images present two examples of successful execution of this query:



Figure 2: These screenshots, sourced from Shodan's website, display legally permissible previews of streaming webcam videos

As observed in the previous figure, private information such as the IP address and geographical location of these webcams are also visible. The subsequent step might involve identifying webcams without password authentication or those using default passwords, allowing unauthorized access

In the context of utilizing Shodan, the activities described thus far are legal. However, the next actions to be discussed fall into a gray area of legality. For those considering experimentation, it is advised to use a Virtual Private Network (VPN) and a Virtual Machine (VM)

How could you enter in the devices that use the 554 port?

Port 554 is typically used for RTSP (Real-Time Streaming Protocol) connections. To connect to a device using port 554, you could use a media player like VLC. The RTSP URL can be formatted as 'rtsp://[IP Address]:[Port]/[Stream Path]', where '[Stream Path]' is the specific path to the stream on the server but can be optional.

Using VLC Media Player as an example, you would:

- 1. Open VLC
- 2. Go to the "Media" menu

- 3. Select "Open Network Stream"
- 4. Enter the RTSP URL in the format mentioned above
- 5. Click "Play" to start the stream

However, using Shodan to connect to vulnerable devices without authorization is illegal.

The purpose of this demonstration is purely educational, to highlight the ease with which unprotected devices can be accessed and the importance of securing them.

5 How to Secure Your Smart Home from Attackers

In response to the alarming scenario of smart home vulnerabilities, you might be wondering how to make your devices more secure against hackers. There are various methods to safeguard your smart home, which include:

- Use Strong Passwords: Avoid using the same password across multiple accounts. Refrain from including personal information in your passwords. Opt for longer passwords and consider using a password manager to generate and store them securely.
- 2. Keep Your Software Up to Date: Regularly check for and install updates from device manufacturers to ensure your devices' firmware is current.
- 3. Change default configuration: It is crucial to modify default credentials (username and password) to prevent unauthorized access.
- 4. Enable Multi-Factor Authentication: Add an extra layer of security wherever possible by enabling two-factor or multi-factor authentication.
- 5. Disable Unnecessary Features: Deactivate any unused features or functionalities, as they could potentially be exploited by attackers.
- 6. Invest in a Quality Router: A robust router with an effective firewall can detect and block attacks, enhancing your network's security.
- 7. Use a Virtual Private Network (VPN): A VPN encrypts your online activity, making it difficult for hackers to intercept and misuse your data. This is crucial when remotely accessing your smart home devices, as hackers can take advantage of open pathways in your network traffic.
- 8. Understand Your Device vulnerabilities: Use tools like Shodan to check if your devices are vulnerable.

By adhering to these guidelines, you can significantly enhance the security of your smart devices and reduce the likelihood of cyber attacks.

6 User Perceptions of Responsibility

In the realm of smart home devices, understanding where the responsibility for privacy and security lies is crucial.

Privacy concerns are related to various aspects. For instance, some researchers have identified a "privacy paradox" in which people often express concern about their security and privacy, but they fail to mitigate privacy risks by accepting technologies that could potentially violate their privacy.[18].

Additionally, non-technical users may not view security as their primary goal, as their interest is often focused somewhere else.

Wash and Rader conducted a survey among internet users in the United States, focusing on their awareness of viruses and hackers. Their findings revealed that individuals with limited knowledge of these threats were less inclined to adopt protective measures[19].

Stanton et al. [20] discussed "security fatigue," which occurs when maintaining security feels overly challenging. Users may also believe their efforts are futile against the myriad of potential threats

West et al. investigated why people make poor security decisions, discovering that factors such as the tendency to satisfice, cognitive biases and time pressures contribute to these choices[21].

Research and surveys indicate that security and privacy concerns can hinder the adoption of smart home devices [22].

Users also have complex, but incomplete threat models, which include a general sense of being surveilled by manufacturers or the government and the possibility of being attacked by hackers, while lacking awareness of botnets and the sale of inferred data[23][24][25].

Some are hesitant to adopt smart home devices due to concerns about their children's privacy.

Often, users who start using these devices may not take protective measures as they are comfortable with certain levels of privacy invasion, commonly stating that they have "nothing to hide" [26][27]

Adopters may also accept privacy trade-offs in exchange for the convenience and utility offered by smart home devices.

6.1 Who is to blame for lack of privacy?

A comprehensive study by Mozilla, involving nearly 190,000 people worldwide, asked "Who should take care of the online safety, privacy, and security of the apps and devices you use?" [28]. Approximately 34% believed was the companies' responsibility, while a similar percentage felt it was their own duty. Around 20% pointed to the government.

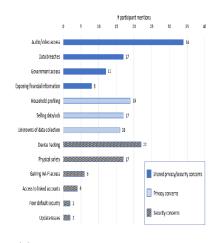
The study also noted differing opinions across countries.

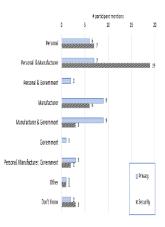
Dogruel and Joeckel [29] interviewed U.S. and German smartphone users, most of whom felt that privacy protection primarily lies in their own hands. While some assigned responsibility to government and commercial entities, most believed in personal accountability.

A study by J. Haney, Y. Acar, and S. Furman [30] revealed that users typically identify three entities responsible for safeguarding privacy and security:

- 1. The users themselves (Personal Responsibility)
- 2. The manufacturers of the devices
- 3. Government or regulatory bodies

This tripartite division highlights the complexity of responsibility in smart home technology. From February to June 2019, Haney, Acar, and Furman interviewed 40 smart home users[31], exploring their concerns and perceived responsibilities regarding privacy and security:





- (a) Principals smart owner concerns
- (b) Perceptions of responsibility for smart home privacy and security

Figure 3: Distribution of Smart Owner Concerns and Perceived Responsibility for Privacy and Security in Smart Homes Devices

They found no clear consensus regarding responsibility for privacy. However, when it comes to security, the majority of responsibility appears to fall on both the manufacturers of the devices and their owners.

Recognizing the complex challenges posed by smart home technologies, numerous governmental and regulatory bodies, alongside non-profits and certification authorities, have initiated measures to safeguard consumer privacy and enhance security protocols. The European Union (EU), for instance, enacted the General Data Protection Regulation (GDPR)[32], a legislation that not only emphasizes the rights associated with personal data collection but also mandates the integration of privacy into the design of products and services. Similarly, the state of California implemented the California Consumer Privacy Act (CCPA) [33], focusing on online privacy and ensuring transparency in how consumer data is collected and used.

In addition to these legislative efforts, in the field of IoT security several industry,government, and non-profit organizations have issued voluntary security guidance for manufacturers, most of which is too new to have been widely adopted.

These include initiatives like the U.S.'s NIST Cybersecurity Activities for IoT Device Manufacturers[34], which provides a framework for enhancing IoT device security, ENISA's Good Practices for IoT Security[35] in Europe, offering a comprehensive set of recommendations for secure IoT development, and the U.K.'s Code of Practice for IoT Security[36], which serves as a guideline for safe and secure IoT product development.

The active role of these organizations shows a worldwide move towards a safer and more privacy-focused environment for users of smart home technology.

In this situation, responsibility lies with multiple parties.

Firstly, users often accept terms and conditions without full comprehension of them, mainly due to convenience or not wanting to spend time reading through complex privacy policies. This behavior can lead to a lack of privacy protection. Users need to be more vigilant and informed about the terms they agree to.

Secondly, governments are making efforts to protect users through laws and initiatives like GDPR, CCPA, ENISA, among various others. However, there's still more work to be done. Governments should not only enact laws but also ensure that these laws are strong enough to protect user privacy effectively in the rapidly evolving digital world.

Lastly, manufacturers of IoT devices play a crucial role. While there are guidelines and frameworks in place, it is ultimately up to these manufacturers to follow them and prioritize user privacy and security in their product design. Addressing privacy and security issues in smart home devices is a shared responsibility. Users, governments, and manufacturers must all play their part in creating a safer and more secure digital environment.

As we move into the next topic about the Alexa vs Alexa (AvA) vulnerability, we'll see even more about how complex and challenging it is to keep smart home technologies safe and secure.

7 Alexa versus Alexa

Over the past few years, numerous individuals have explored various methods to uncover vulnerabilities in Alexa.

One such method involves giving hidden commands through audio tracks. These tracks, generated via Adversarial Machine Learning, are crafted in a manner that causes an Automatic Speech Recognition (ASR) system to misclassify and misinterpret their content. This leads to the ASR executing commands chosen by the attacker, while humans perceive something entirely different.

Another significant attack on smart speakers involves deceiving users into believing they are interacting with the Virtual Personal Assistant (VPA) when they are communicating with an attacker-controlled application or device[37]. This attack was initially challenging to execute as it required leveraging external speakers to command a VPA.

However, the subsequent "Alexa versus Alexa" (AvA) attack eliminated the need for a proximate external speaker, thereby enhancing the attack's feasibility.

AvA represents a novel approach to exploiting the vulnerability of self-issue commands on Echo devices and intercept requests made by victims to Alexa. In their paper, researchers used "Echo" as a synonym for "Alexa".

Before exploring the fundamental phases of the AvA attack, it's important to understand Alexa's skills and Intent.

Skills function like apps for Alexa, allowing users to install specific skills using voice commands.

While this feature is beneficial, it also opens a window for attackers to publish malicious skills. Anyone can deploy skills on the store, and some skills do not require special permissions to run on the device. Documented instances show that some skills violating policies have passed validation [38]. Once a skill is certified and published, subsequent changes made by the developer do not require another certification process. Thus, an attacker could initially certify a harmless skill and later introduce malicious functionalities.

Intents play a crucial role as they are the core components of Alexa's Skills. Intents can be thought of as specific tasks or actions that users can trigger through voice commands. Each Intent is designed to handle a particular type of user request, ranging from simple queries like checking the weather to more complex tasks such as controlling smart home devices.

When a user speaks a command, Alexa's voice recognition system interprets the speech and maps it to the corresponding Intent. This process allows Alexa to understand and respond to user requests accurately.

Developers can define custom Intent when creating new Skills for Alexa.

The AvA vulnerabilities were discovered by researchers Giampaolo Bella from the University of Catania, Sergio Esposito, and Daniele Sgandurra from Royal Holloway University [39]. Their research, which began in March 2020, led to a CVE entry on 23rd February 2022[40][41].

As described by the researchers[39]: "AvA is the offensive act of self-issuing arbitrary commands on an Echo device. Using AvA, an attacker can control victim Echo devices leveraging common audio reproduction methods, such as a radio station that acts like a C&C server, or making Echo Dot act as a speaker for a nearby device. As a post-exploitation action, the attacker can set up a malicious skill to gather user commands and reply to them arbitrarily."

The attack comprises three phases: the initial phase sets up preliminary steps before the attack; the active phase focuses on self-issuing commands to Alexa's device; and the passive phase involves intercepting questions posed by the user to Alexa, with the attacker modifying Alexa's responses to give piloted responses to the user.

The initial phase involves generating audio files containing voice commands (e.g., 'Alexa, turn off the light') using tools like Google TTS.

This is followed by deploying a malicious skill on the Alexa Skill Store and using a Local or Remote Attack Vector to reproduce the Google TTS audio on an Alexa device

- 1. Remote Attack Vector: If the attacker is not near the target Echo device, a malicious skill can transform Alexa into a radio station that streams voice commands. These commands are played by Alexa's speaker and captured by its microphone, allowing Alexa to self-issue these commands. The prerequisite is that the attacker has developed and deployed the skill on the Alexa Skill Store, and the victim is forced through social engineering to install and open the skill.
- 2. Local Attack Vector: If the attacker is in proximity to the target Echo, they can connect a smartphone or any Bluetooth-enabled device to Alexa. Once paired, the Bluetooth device can reconnect to the Echo without repairing. Therefore, the attack can be done several days after pairing. The attacker can create malicious audio via Google TTS, load it onto

their phone, and then play it through Alexa's speaker to self-issue the commands via Alexa's microphone. This is facilitated by the Full Volume Vulnerability (FVV).

The Full Volume Vulnerability allows attackers to bypass Alexa's typical behavior of lowering its volume when a wake-word("Alexa") is spoken.

Exploiting this vulnerability, an attacker can have Alexa execute commands without the user's awareness since the device's volume remains unchanged. This vulnerability can be activated by saying:"Alexa, turn off".

Local and Remote Attack Vectors have their pros and cons.

The Remote Attack Vector, or Radio Station method, can control multiple devices simultaneously but requires social engineering to install and open the malicious skill. It cannot use the Full Volume Vulnerability, and if the user closes the radio, the attacker must restart the process.

The Local Attack Vector, or Bluetooth method, can control only one device and requires proximity to the target Alexa but has fewer limitations.

The following figure clearly illustrates the differences between these two possibilities [39]

Table 1: Attack Vectors Summary

Atk Vector	Remote	Multiple	FVV	Worldwide	SE Not Needed	Can Restart
Radio Station	√	√	Х	X	X	Х
Bluetooth	X	X	/	✓	✓	/

Remote: Works remotely | Multiple: Can control multiple Echo devices at once | FVV: Can be used with the Full Volume Vulnerability | Worldwide: Attack Vector is available anywhere in the world | SE Not Needed: Adversary does not need Social Engineering to start the attack | Can Restart: If connection to the attack vector terminates, the adversary can reconnect without going through the initial steps.

Once the initial steps are complete, the attacker enters an active state and can self-issue voice commands on the Alexa device.

The following steps detail the process leading to the active phase and provide an explanation of its functioning:

- 1. The attacker generates a malicious audio payload using tools like Google ${\it TTS}({\it Text-to-Speech})$
- 2. This audio, containing the malicious command, can be played on Alexa through two attack vectors:

Via a malicious radio skill, step 0.1. If the skill is present and activated in Alexa, the audio is played by Alexa at step 1.1, and the malicious command is activated at step 2.

Through malicious device, such as a smartphone, step 0.2. Once the device is paired with Alexa via Bluetooth, step 1.2, the phone can instruct Alexa to play this malicious audio and self-activate the command, step 2.

- 3. This command is interpreted by the AVS(Alexa Voice Server), step 3
- 4. If the self-activated command requires an external skill, like a malicious skill, the AVS communicates with the related server (steps 4 and 5). This step is represented with a dotted line because it is optional.
- 5. The AVS then sends this command back to the Echo device, step 6.
- 6. From this point on, the attacker can perform various actions on the VPA (Virtual Personal Assistant), such as making phone calls, setting alarms, purchasing items, or controlling smart appliances in the household, step 7.

The following figure illustrates the steps previously explained:

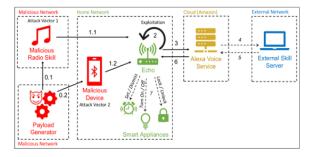


Figure 4: Exploitation flow of AvA attack: Command Generation, Attack Vectors and Exploitation

The third part of the attack, known as the "passive state," involves two elements: the Break Tag Chain vulnerability and a malicious skill.

This vulnerability is related to the functionality of Alexa's Skills. Typically, when a skill is activated, Alexa responds with an opening phrase, and the user has 8 seconds to reply; otherwise, the skill terminates.

However, the Break Tag Chain vulnerability enables attackers to circumvent Amazon's SSML (Speech Synthesis Markup Language) policy, which states that break tag silence should not exceed 10 seconds. The AvA researchers discovered that the maximum length allowed for a skill response was set by Amazon at 8,000 characters [42].

By constructing an Alexa message with over 400 break tags and no text, they managed to add over an hour of silence to an Alexa response, keeping the skill active even without user interaction.

They created a malicious skill named "Mask Attack," which mimics a Manin-the-Middle (MITM) attack. The skill's launch phrase consists of 400 break tags to keep Alexa awake.

The malicious skill also includes two Intents:

- 1. ContinueIntent, activated by the phrase "Echo go on". It replies with the the 400 break tags every time someone says "Echo go on". Intent goal is to keep the skill open
- 2. InterceptIntent, triggered by any other utterance and captures the user's requests. The user's requests are sent to a server controlled by the attacker, who can alter Alexa's responses, potentially deceiving the user into revealing sensitive information. An example of a response piloted by an attacker is the following: "Now if you want to use alexa functionality you have to set a password or pronounce the password associated to your alexa account"

Once the malicious skill is activated on the victim's Alexa, every command the user gives to Alexa is intercepted. The attacker can either modify Alexa's responses with piloted ones or use a Python client [43] to interact with another Alexa device, providing the user with correct responses.

The following image depicts the complete attack:

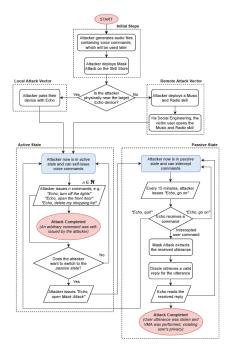


Figure 5: Process Flow Diagram for AvA

The steps of the attack are summarized as follows:

- 1. Generate commands using Google TTS to be executed on Alexa
- 2. Deploy the malicious skill on the Alexa Skill Store
- 3. For remote attacks, use social engineering to make the victim open the malicious Music or Radio skill
- 4. For local attacks, connect a phone to the victim's Alexa device.
- 5. In both scenarios, Alexa enters an active state, enabling it to issue commands through either a Bluetooth-connected device or a radio skill. Full Voice Vulnerability (FVV) facilitates the execution of commands in the case of Bluetooth connections.
- 6. The attacker can issue commands like "Echo, turn off the lights", "Echo, open the front door", "Echo, delete my shopping list", etc
- 7. By activating the malicious skill via the command "Alexa open [Name skill]", Alexa enters the passive state.
- 8. In this state, Alexa can intercept user requests.
- 9. Every 15 minutes, the attacker issues "Echo go on" to maintain the skill's activity.
- If Alexa receives a command, the malicious skill forwards it to the attacker's server.
- 11. The attacker can either solicit private information or use "Oracle" a Python client communicating with another Alexa - to provide accurate responses to the user, remaining concealed and monitoring private conversations.

The methodology delineated in Figure 5 enables an attacker to gain full control over Alexa upon successful implementation.

8 The Prototype

The researchers of the AvA attack consciously decided against publishing the code related to the vulnerability to avoid enabling potential malicious actors. As stated in their paper[40], "We have not disclosed any details of the attack or any part of the related source code to any third party."

Inspired by their work, I set out to recreate this attack from scratch, focusing on the few details provided in the paper. During moments of uncertainty, I utilized ChatGPT and AutoGPT to enhance my understanding of how Amazon Alexa's skills function. These AI tools serve as assistants, such as Google for

research purposes. It's important to highlight the specific ways GPT helped, to show its usefulness and to inform others about its capabilities.

Following a considerable investment of time and numerous trials, the developed prototype does more than just meticulously follow each step of the attack as described in the AvA researchers' paper[40]. It significantly advances the understanding of the vulnerability by enhancing specific aspects of it. This achievement underscores the prototype's role not only as a replicative tool but also as an instrument for innovation and improvement in the cybersecurity field. All the discoveries and improvements made during this process are documented and made publicly available on my personal GitHub repository[44].

The attack plan for my prototype is outlined as follows:

- 1. I used Python to generate audio files with Google TTS[45].
- 2. I created a malicious skill, named "Voice Bridge". Rather than publishing it on the Alexa Skill Store, I first tested it on the Alexa Developer Console simulator, then configured my Alexa to use this skill.
- 3. I focused on the Local Attack Vector, as it seemed more feasible than the Remote Attack Vector, which requires social engineering.
- I connected my smartphone to my 3rd generation Alexa device with Bluetooth.
- 5. I attempted to integrate the Dolphin Attack by aiming to play ultrasonic sound commands via Bluetooth on Alexa's speaker and to capture them with its microphone. However, this test was unsuccessful due to the hardware limitations of the 3rd generation Alexa.
- 6. Upon establishing a connection between the smartphone and the Alexa device, the system was then in the active state of the AvA attack. I attempted to execute the command "Echo, turn off" to exploit the FVV. Unfortunately, Amazon has already fixed this issue, so self-issuing commands on Alexa required setting the device to a high volume.
- 7. Using audio generated through Google TTS, I activated my malicious skill. The system was then in the passive state of the attack
- 8. I successfully exploited and enhanced the Break Tag Chain Vulnerability, achieving over 1.30 hours of continuous skill activity. This represents a 50% increase in the original attack duration, despite Amazon's claim that they had fixed the vulnerability limiting scenario with consecutive break tags up to 10 seconds: "Break tag silence can't exceed 10 seconds, including scenarios with consecutive break tags. SSML with more than 10 seconds of silence isn't rendered to the user" [42]
- 9. Through my malicious skill, I intercepted commands given to Alexa by the user and altered Alexa's responses with my own malicious replies.

8.1 Incorporating the DolphinAttack into the Prototype

To enhance the attack strategy and keep the attacker's actions hidden, another vulnerability can be exploited: the DolphinAttack, which involves issuing inaudible voice commands[46].

The concept of the DolphinAttack draws inspiration from dolphins, who communicate using ultrasonic frequencies inaudible to humans. This attack involves creating inaudible voice commands through specific hardware to manipulate voice-controlled systems including Siri, Google Now, Cortana and Alexa.

The fundamental principle of the DolphinAttack is the modulation of voice commands onto ultrasonic carriers, frequencies above 20 kHz, which exceed the range of human hearing.

Despite being inaudible to humans, microphones in electronic devices like Alexa can convert these ultrasonic commands into audible ones, understandable by the device's speech recognition system. Thus, the device interprets these demodulated commands as regular voice commands and executes them.

How to Emulate the DolphinAttack?

To emulate the DolphinAttack, one must first prepare a voice command, possibly using Google TTS.

I utilized the Audacity tool to modulate the Google TTS audio into ultrasonic sound, rendering the command inaudible to human ears but still recognizable by electronic devices. The idea was to play this ultrasonic sound through a phone on Alexa's speaker, issuing commands without the victim's awareness.

However, during testing with a 3rd generation Alexa, it became apparent that its speaker was not capable of accurately reproducing ultrasonic sound. This limitation probably came from the Alexa hardware and possibly the Bluetooth connection, which might alter the audio signal. Consequently, replicating the Dolphin Attack within the framework of the AvA vulnerability proved unfeasible.

8.2 Detailed Exploration of the Prototype Development

The Python code used to generate an audio file via Google TTS is a crucial step in the development of the prototype. The code is as follows:

```
from gtts import gTTS
import os
text = "Alexa, open Voice Bridge"
audio = gTTS(text=text, lang="en",tld="co.uk", slow=False)
audio.save("alexa_open_voice_bridge.mp3")
```

Figure 6: Python code for generating audio with Google TTS

In this script, the "text" variable holds the command that will be converted into audio.

The gtts library, a Python interface for Google Translate's text-to-speech API, is used to create the audio file. Users must specify the text in the 'text' variable and the language in the 'lang' variable (in this case, English, denoted as 'en'). The 'tld' (Top-Level Domain) parameter is used to select the Google Translate host domain. Different domains can yield varied localized accents for a given language. For this prototype, I selected the "co.uk" domain to produce a specific accent.

The 'slow' parameter, when set to True, slows down the speech rate, which can be useful for clarity or emphasis in certain scenarios.

For further details on the gtts library and its functionalities, this is the official documentation [47]

This Python script was used to generate the audio needed to activate the malicious skill named "Voice Bridge".

Initially, I tested my skill using the Alexa Developer Console simulator. However, I soon realized that the simulator did not replicate all features present in an actual Alexa device. To overcome this limitation, I connected my own Alexa device using the same account employed for skill development.

This approach allowed me to configure the skill directly on my Alexa device, bypassing the need to publish the skill on the Alexa Skill Store.

Next, I connected my smartphone to Alexa via Bluetooth and played the audio generated by Google's Text-to-Speech (gTTS) service. Due to Amazon's fix of the Full Volume Vulnerability (FVV), this audio successfully self-issued commands on Alexa only when the device's volume was set high.

Once the audio was executed, my malicious skill, named "Voice Bridge," was activated. This allowed me to intercept the commands given by the user to Alexa. This interception enabled me to craft custom responses and send them to the user through Alexa.

To facilitate this interception, I realized a local server in python with flask module:

```
app = Flask(_name_)

@app.route('/intercept', methods=['POST'])

def intercept_request():
    # Intercept the request from the Alexa Skill
    request_data = request_get_json()

# Analyze the equest
    print(request_data)

#MAN IN THE MIDDLE ATTACK
    user_input=input("Enter the response that Alexa should say: ")
    response_data=request_data
    response_data=f'test']=user_input

# Forward the malicious response to the Alexa Skill
    return jsonify(response_data)

'if __name__ == '__main__':
    app.run(debug=True)
```

Figure 7: Python server

I used it to receive the request that the user asked to Alexa.

I initiated the local server by executing the Python script, server.py, which listens for incoming requests at localhost on port 5000.

For broader accessibility and online testing purposes, I used Ngrok—a command-line tool that creates a secure tunnel to the local server, providing a public URL that forwards to the local server.

The command used was: ngrok http 127.0.0.1:5000

Ngrok then assigns a publicly accessible URL that routes to the local server. For instance, a potential Ngrok public access URL could be

'https://<randomString>.ngrok.io/intercept'

where 'randomString' is a unique identifier provided by Ngrok.

The local server captures all POST requests sent to this URL.

The Python script is designed to print the user's request as received by Alexa and prompt the attacker for a custom response to be sent back to Alexa. This interaction allows the attacker to control the responses provided to the user by Alexa, thus executing a Man-in-the-Middle (MITM) attack.

It's important to note that the commands used during this testing phase are not suitable for production environments. They were solely for the purpose of demonstrating the proof of concept within a controlled setting.

The skill is structured to include several mandatory Intents that Alexa requires for initialization. My focus was particularly on the Intent activated when the skill is invoked, along with two custom Intents that I crafted for this skill. LaunchRequestHandler is the intent that is activated upon the invocation of the skill with the command: "Alexa, open voice bridge".

Figure 8: Handler activated when the skill is opened

Within this handler, the speak_output variable is critical for leveraging the break tag chain vulnerability.

Despite Amazon's assertions that they had remedied the issue, I discovered that by carefully crafting the SSML with "<speak>
break time='10s'/> ", I could extend the silence duration. Notably, the space character following the closing angle bracket in "
break time='10s'/> " is crucial for exploiting this vulnerability, as omitting it hinders the exploit.

Initially, I was unable to insert the 400 break tags as indicated by the original researchers, likely due to partial fixes implemented by Amazon.

Nevertheless, I successfully included 289 break tags, amounting to approximately 48.30 minutes of silence during which Alexa could intercept user commands.

Through persistent experimentation, I was able to improve the attack methodology of the AvA researchers. I identified a significant enhancement in the AvA vulnerability through the application of the .ask() function, as depicted in the image of the LaunchRequestHandler. This method enables to specify Alexa's response in the event that the user does not provide a reply to Alexa.

The utilization of the .ask(..) method proved crucial in bypassing the constraints imposed by the 400 break tag limit previously encountered by the AvA researchers. Moreover, this strategic approach enabled me to navigate around the partial remediation measures implemented by Alexa's development team. By carefully structuring the SSML within the .ask(..) response, I successfully integrated a total of 578 break tags.

This significant increase in the number of break tags resulted in an uninterrupted intercept mode lasting over 1.30 hours.

This extended duration not only demonstrates the feasibility of maintaining prolonged interaction with the compromised device but also showcases the adaptability of the attack strategy in response to platform updates and an advancement from the initial research findings.

An additional critical component of the prototype is the FallbackHandler intent. I designed this intent with a custom slot called "fallback," which I populated

with a range of alphanumerical dummy values. The reason behind this design was to capture any arbitrary phrase a user might utter, ensuring that this handler is invoked for every user query directed to Alexa.

The dummy values chosen were diverse to maximize the likelihood of slot matching. Examples include common phrases like "good morning," numerical strings such as "20003," and generic statements like "I have this" or "something else."

Figure 9: Json representation of the 'fallback' custom slot

Following is the code snippet associated with the FallbackHandler:

Figure 10: FallbackHandler

In this code, search_query is the variable holding the victim's question to Alexa. I processed the request using the 'speech' and new_data variables, arranged the

proper headers for ngrok server compatibility, and dispatched the request to my managed ngrok server using the 'requests.post' command.

After I inserted the malicious response, my ngrok server applies the modifications and then sends my crafted response back to the user through:

```
handler_input.response_builder.speak(speak_output["test"])
```

The variable speak_output['test'] holds the customized response that an attacker can create; in this instance, it contains the response I generated.

To maintain the intercept mode, I incorporated 289 break tags into the .ask() function, in a similar way to the earlier implementation. This addition ensures that Alexa remains in intercept mode for an additional 48 minutes, further extending the duration of potential user interaction interception.

The final element in the suite of custom handlers is known as ContinueIntent:

Figure 11: ContinueIntent

The ContinueIntent is specifically triggered by the utterance "Alexa, go on," which I can prompt verbally or through my phone. This command is essential for keeping the intercept mode going, because using it every 1.30 hours allows for another session of the same length.

One might assume that the "Alexa, go on" command would be captured by the FallbackHandler, given that this handler is designed to catch all spoken phrases. However, the ordering of intent invocation in Alexa's skill logic plays an important role.

By strategically placing ContinueIntent above FallbackHandler in the skill code, I ensured that ContinueIntent has priority in the execution sequence. Therefore, it is activated when the specific command "Alexa, go on" is issued, bypassing the FallbackHandler logic.

Arranging the intents in a specific order in the skill's setup is key to how it operates.

This setup shows the attention to detail needed to make sure the skill reacts correctly.

This is a clear example of how well the prototype was designed to keep the intercept mode going for as long as needed

In this link [48], you will find a video created by me that explains the most critical aspects of the prototype and demonstrates the feasibility of this attack

9 Conclusion

The goal of this paper was to spread awareness about smart homes, focusing on both their benefits and the drawbacks. I've shown how vulnerable these devices are and how they can put user privacy at risk, especially with vulnerabilities linked to smart homes and tools like Shodan and Metasploit.

To deal with these challenges, we need a three-pronged approach: educating users about privacy and security risks through research papers and articles; pushing for stricter government regulations; and making sure manufacturers follow these rules and protect personal data more effectively.

Quickly fixing these vulnerabilities is tough, but it's crucial for big companies like Amazon and Google to act fast and prevent their misuse by harmful actors.

One effective strategy in handling these security gaps is the bug bounty program, where people who find and report security flaws, especially those related to exploits and vulnerabilities, are financially rewarded. This method helps companies find and fix these issues before they become widely known, helping avoid larger problems.

As someone who personally uses smart home technology, I'm a big supporter of its role in advancing our daily lives. Yet, I strongly believe in the need for more awareness among users and stricter legal regulations. Only through this combination can we really safeguard against the significant privacy and security risks these devices pose.

In conclusion, while we embrace the advancements brought by smart home technologies, we should emphasize the urgency for all of us - users, governments, and manufacturers - to be more vigilant and proactive. We must stay ahead of the curve in privacy and security measures to ensure these technologies remain our allies, not vulnerabilities in our homes. This paper is a call to action for heightened awareness and stronger, more effective measures to secure our digital lives against the ever-present threat of hackers

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