

First Author	Year	Design Restrictions
Abrami	2015	Include: Experimental; Quasi-experimental
Adelantado-Renau	2019	Include: Cross-sectional studies
Aghasi	2020	Include: Observational
Andrade	2019	Include: Interventions
Bartel	2015	None
Blok	2002	None
Bossen	2020	Include: Randomised controlled trials
Boyland	2016	Include: Experimental
Byun	2018	Include: All quantitative designs
Carter	2016	Include: All quantitative designs
Champion	2019	Include: Randomised controlled trials
Chan	2014	Include: Experimental; Quasi-experimental
Cheung	2012	Include: Randomised controlled trials
Cheung	2013	Include: Experimental; Quasi-experimental
Coyne	2018	None
Cushing	2010	Include: All quantitative designs; Experimental
Darling	2017	Include: Intervention
de Oliveira	2016	Include: Observational
Fang	2019	Include: Cohort; Case-control; Cross-sectional
Ferguson	2017	None
Folkvord	2018	Include: Interventions
Gardella	2017	Include: Cross-sectional
Ghobadi	2018	Include: Cohort; Case-control; Cross-sectional Exclude: Interventions
Graham	2015	Include: Experimental; Quasi-experimental
Hammersley	2016	Include: Randomised controlled trials
Hassan-Saleh	2019	Include: Experimental; Quasi-experimental
Hernandez-Jimenez	2019	Include: Experimental; Quasi-experimental
Hurwitz	2018	None
Janssen	2020	Include: Experimental; Cross-sectional; Longitudinal
Kates	2018	None
Kroesbergen	2003	Include: Within subject design; between subject
Kucukalkan	2019	Include: Experimental
Lanca	2020	Include: Cohort; Case-control; Cross-sectional; Longitudinal Exclude: Case reports; Retrospective studies.
Li	2010	Include: Experimental; Quasi-experimental
Liao	2008	Include: All quantitative designs
Liao	2014	Include: Randomised controlled trials
Liu	2016	Include: Cross-sectional; Case-control; Longitudinal
Liu	2019	Include: All quantitative designs
Madigan	2020	Include: Observational Exclude: Qualitative
Mares	2005	None
Mares	2013	Exclude: Experimental
Marshall	2004	None
Martins	2019	Include: All quantitative designs
McArthur	2012	Include: Randomised controlled trials and quasi-experimental
McArthur	2018	Include: Randomised controlled trials and quasi-experimental
Oldrati	2020	Include: Group-control experimental design
Paik	1994	None
Pearce	2016	Include: All quantitative designs
Peng	2011	None
Poorolajal	2020	Include: Observational
Prescott	2018	Include: Longitudinal
Rodriguez-Rocha	2019	Include: Experimental; Quasi-experimental
Sadeghirad	2016	Include: Randomised controlled trials
Schroeder	2013	Include: Experimental; Quasi-experimental
Scionti	2019	Include: Interventions
Shin	2019	Include: Interventions
Slavin	2014	Include: Randomised controlled trials; Quasi-experimental
Takacs	2014	Include: Experimental; Quasi-experimental
Takacs	2019	Include: Randomised controlled trials and quasi-experimental
Tekedere	2016	None
Vahedi	2018	Include: Interventions (pre-post or controlled). Exclude: Cross-sectional
Vannucci	2020	Exclude: Qualitative; Case studies
Xie	2018	Include: Experimental; Quasi-experimental; Pre-post
Zhang	2016	Include: Cohort; Case-control; Cross-sectional
Zhou	2020	Exclude: Non-empirical studies; Qualitative; Systematic reviews
Zucker	2009	Include: Randomised controlled trials; Quasi-experimental