|  | **Wave Point** | | | | |
| --- | --- | --- | --- | --- | --- |
| **Characteristic** | **Wave 3** N = 1,838 | **Wave 4** N = 1,841 | **Wave 5** N = 1,848 | **Wave 6** N = 1,874 | **Checkpoint** N = 1,874 |
| Age (Years), Mean (SD) | 4.82 (0.23) | 6.85 (0.29) | 8.91 (0.30) | 10.90 (0.33) | 12.00 (0.40) |
| Sex, n / N (%) |  |  |  |  |  |
| Male | 937 / 1,838 (51%) | 939 / 1,841 (51%) | 945 / 1,848 (51%) | 955 / 1,874 (51%) | 955 / 1,874 (51%) |
| Female | 901 / 1,838 (49%) | 902 / 1,841 (49%) | 903 / 1,848 (49%) | 919 / 1,874 (49%) | 919 / 1,874 (49%) |
| Indigenous Status, n / N (%) | 35 / 1,838 (1.9%) | 35 / 1,841 (1.9%) | 35 / 1,848 (1.9%) | 37 / 1,874 (2.0%) | - |
| Socioeconomic Status, Mean (SD) | 0.26 (0.95) | 0.23 (0.96) | 0.21 (0.97) | 0.19 (0.96) | - |
| Aggregated Screen Time (min/w), Mean (SD) | 932 (538) | 1,038 (553) | 1,250 (601) | 1,375 (643) | - |
| MVPA (min/day), Mean (SD) | - | - | - | - | 62 (34) |
| Sedentary Time (min/day), Mean (SD) | - | - | - | - | 553 (81) |
| Diet, n / N (%) |  |  |  |  |  |
| Does Not Meet Guidelines | - | - | - | - | 1,632 / 1,833 (89%) |
| Meets Guidelines | - | - | - | - | 201 / 1,833 (11%) |
| Sexual Maturity, n / N (%) |  |  |  |  |  |
| Tanner1 | - | - | - | - | 330 / 1,745 (19%) |
| Tanner2 | - | - | - | - | 657 / 1,745 (38%) |
| Tanner3 | - | - | - | - | 502 / 1,745 (29%) |
| Tanner4 | - | - | - | - | 216 / 1,745 (12%) |
| Tanner5 | - | - | - | - | 40 / 1,745 (2.3%) |
| VO2 Max, Mean (SD) | - | - | - | - | 48 (10) |
| Waist Circumference (cm), Mean (SD) | - | - | - | - | 66 (8) |
| Waist-to-Height Ratio, Mean (SD) | - | - | - | - | 0.43 (0.05) |
| BMI Z-Score, Mean (SD) | - | - | - | - | 0.31 (0.99) |
| Body Fat (%), Mean (SD) | - | - | - | - | 22 (8) |
| Systolic Blood Pressure (mmHg), Mean (SD) | - | - | - | - | 108 (8) |
| Diastolic Blood Pressure (mmHg), Mean (SD) | - | - | - | - | 62.4 (5.7) |
| Fasting Time (hours), Mean (SD) | - | - | - | - | 4.16 (1.10) |
| Glucose (mmol/L), Mean (SD) | - | - | - | - | 4.88 (0.47) |
| Triglycerides (mmol/L), Mean (SD) | - | - | - | - | 1.17 (0.50) |
| Total Cholesterol (mmol/L), Mean (SD) | - | - | - | - | 4.06 (0.65) |
| Cholesterol:HDL Ratio, Mean (SD) | - | - | - | - | 1.41 (0.27) |
| Non-HDL Cholesterol (mmol/L), Mean (SD) | - | - | - | - | 0.97 (0.26) |
| Phospholipids (mmol/L), Mean (SD) | - | - | - | - | 0.41 (0.12) |
| Apolipoprotein A1 (g/L), Mean (SD) | - | - | - | - | 1.38 (0.12) |
| Apolipoprotein B (g/L), Mean (SD) | - | - | - | - | 0.65 (0.10) |
| ApoB:ApoA1 Ratio, Mean (SD) | - | - | - | - | 0.48 (0.08) |
| Glycoprotein (mmol/L), Mean (SD) | - | - | - | - | 0.98 (0.11) |