





MAC N CHEESE F

Cooking Time		
On2Cook 7:25 Minutes	Normal Cooking 35 Minutes	
Ingredients		
30 g	Butter	
15 g	Garlic	
37.5 g	All Purpose Flour	
200 g	Veggies + Macaroni Veggies 100 gm + Macaron	i Pasta 100 gm
50 g	cream	i i asta 100 gili
6 g	Salt + Oregano Salt 3 gm Oregano 3 gm	
150 g	Milk	
70 g	Cheese	
3 g	Chilli Flakes	
6 g	Black Pepper + Sugar Black pepper 2 gm Sugar 4	gm