Health & Fitness Assessment

Session ID: session_001

Generated on: 25/9/2025, 3:39:14 pm

Good

Normal

Elevated

Elevated

Normal

Elevated

Overall Health Score

Overall Health Score

80 %

Key Body Vitals

Heart Rate

75 bpm

Blood Pressure Systolic

124 mmHg

Blood Pressure Diastolic

82 mmHg

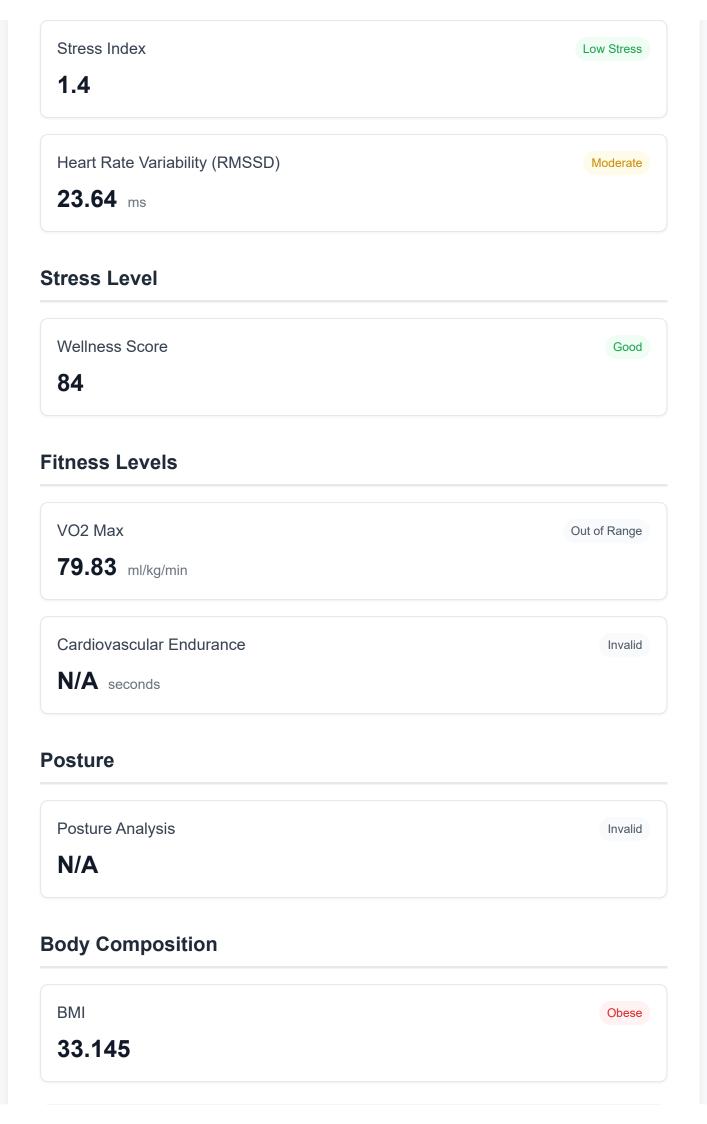
Oxygen Saturation

96 %

Respiratory Rate

21 breaths/min

Heart Health



Body Fat Percentage

High

29.754 %

Assessment Management System - Confidential Report