

# Cardiac Assessment

Session ID: session\_002

Generated on: 25/9/2025, 5:11:39 pm

## Overall Health Score

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Poor

17 %

## Key Body Vitals

Heart Rate

Normal

66 bpm

Blood Pressure Systolic

Normal

110 mmHg

Blood Pressure Diastolic

Normal

75 mmHg

Oxygen Saturation

Normal

95 %

Respiratory Rate

Normal

19 breaths/min

## Cardiovascular Endurance

Cardiac Output

Normal

**5.68** L/min

Jog Test Duration

**N/A** seconds

## Body Composition

BMI

Underweight

**9.51**

Body Fat Percentage

Out of Range

**-0.90** %