

ANJANI SINHA MEDICAL P.C.

Orthopedic Surgery

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ANJANI SINHA, M.D., M.S. (Ortho)

FOLLOW-UP NOTE

July 8, 2021

Jong Won Yom, DC
153-01 Northern Blvd #2G
Flushing, NY 11354

New York Black Car Fund
Workers Compensation

Re: Dongchul Choi
DOB: 04/17/1985
WCB#: G2144080
Carrier Case#: 18000339

DEGREE OF DISABILITY: 30% - The patient is currently not working and temporarily partially disabled.

Dear Insurance Provider:

It was a pleasure seeing your patient in the Flushing Office.

The patient is a 36-year-old gentleman, who was the restrained Uber driver of a vehicle that was involved in a work related accident on 02/20/2018. I had seen him on 05/17/2021 on an initial visit. He had continued pain in his right knee. He was also advised to continue with physical therapy.

Today, the patient returns for a followup visit. The patient continues to complain of right knee pain.

On physical examination, the patient is an alert, oriented and cooperative gentleman. Examination of the right knee reveals tenderness to palpation on the anterior aspect. Patellofemoral grinding test 2+ is positive. McMurray test, Lachman test and anterior drawer sign are negative. Range of motion is from 0 to 130 degrees of flexion (normal range of motion is from 0 to 135 degrees of flexion). Knee is stable with varus and valgus stress test. The patient has no motor or sensory deficit of the right lower extremity.

MRI of the Right Knee: Not done.

If the given history is correct, the injury to the patient's right knee is causally related to the accident of 02/20/2018.

Based on the patient's symptoms, my clinical diagnoses are as below:

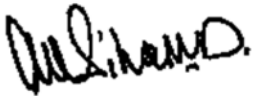
CLINICAL DIAGNOSES:

1. Traumatic medial meniscus tear, right knee.
2. Traumatic anterior cruciate ligament strain, right knee.
3. Traumatic patellofemoral chondral injury, right knee.
4. Traumatic patellofemoral chondromalacia, right knee.

TREATMENT/PLAN:

The patient was advised to obtain right knee MRI to rule out tear of meniscus. The patient was advised to continue with physical therapy. The patient was instructed to return to my office for follow up care in 4 weeks.

Note: I hereby certify that all stipulated COVID-19 CDC guidelines for patient care including but not limited to sanitizing, social distancing, and PPE were strictly followed.



ANJANI SINHA, M.D., M.S.

Transcribed but not proofread