

ANJANI SINHA MEDICAL P.C.

Orthopedic Surgery

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ANJANI SINHA, M.D., M.S. (Ortho)

FOLLOW-UP NOTE

January 31, 2020

Michael Trimba, M.D.
Queens Wellness Physical Therapy P.C.
164-10 Northern Blvd.
Flushing, NY 11358

Re: Jeeah Kim
DOB: 11/07/1984

Dear Dr. Trimba:

It was a pleasure seeing your patient in my office today for followup care.

The patient is a 35-year-old woman who was the restrained driver of a vehicle that was involved in a motor vehicle accident on 11/02/2019. I had seen her on 01/10/2020 for an initial consultation whereupon, after my evaluation, it was recommended that she would benefit from right shoulder arthroscopic surgery since she had not improved despite 8 weeks of physical therapy. She was also advised to continue with physical therapy. My evaluation today is limited to her right shoulder.

Today, the patient states that she has continued pain and stiffness in her right shoulder despite increased amount of physical therapy that she had received since her last visit with me.

On physical examination, the patient is an alert, oriented and cooperative lady. Examination of the right shoulder reveals tenderness to palpation on the anterior superior aspect of the right shoulder. Hawkins test and impingement sign are positive. O'Brien test and drop sign are negative. Range of motion reveals abduction 90 degrees, forward flexion 90 degrees, internal rotation 7 degrees, and external rotation 10 degrees. The patient has no motor or sensory deficit of the right upper extremity.

MRI of the right shoulder was positive for a rim-rent tear at the posterior attachment of the infraspinatus tendon.

FINAL DIAGNOSES:

1. Traumatic rotator cuff tear, right shoulder.
2. Traumatic impingement syndrome, right shoulder.
3. Traumatic bursitis, right shoulder.
4. Traumatic tendinitis, right shoulder.

TREATMENT/PLAN:

The patient has not improved despite more than 8 weeks of physical therapy. She was advised to undergo right shoulder arthroscopic surgery during her initial visit on 01/10/2020. Today, the patient wanted to ask me a few questions pertaining to her right shoulder arthroscopic surgery. All her questions were answered. The patient was satisfied. She wants to proceed with surgery of the right shoulder. A tentative date for right shoulder arthroscopic surgery has been set on 02/28/2020. In the meantime, the patient was advised to continue with physical therapy for her right shoulder.



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