

ANJANI SINHA MEDICAL P.C.

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ANJANI SINHA, M.D., M.S. (Ortho)

POST-OPERATIVE NOTE

August 14, 2020

Colin Clarke, M.D.

Nara Rehabilitation & Physical Therapy

164-10 Crocheron Avenue

Flushing, NY 11358

Re: Fernando Martinez

DOB: 05/29/1985


Dear Dr. Clarke:

The patient is status post left shoulder arthroscopy on 08/06/2020 and comes today for postoperative followup.

Today, upon evaluation, the surgical site has healed well. The dressing was removed. There is no evidence of any drainage, redness or discharge from the surgical site. There is no swelling. The patient is afebrile. The patient is satisfied with the results of surgery. The patient has minimal pain. The patient has regained almost 80% of mobility.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the shoulder. A PT slip was given. The patient was encouraged to call my office if there are any problems. Otherwise, the patient is discharged from my care.

Note: I hereby certify that all stipulated COVID-19 CDC guidelines for patient care including but not limited to sanitizing, social distancing, and PPE were strictly followed.



ANJANI SINHA, M.D., M.S.

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