Handout 4: Mental Factors and Thought Moments Compassion, Sympathetic joy and any of the three Abstinences can never appear together; Thought Moment can have one or none of them Envy, Selfishness and Remorse can never appear together; a Thought Moment can have one or none of them Universal Ethically-variable Universal Ethically-variable Legend **Universal Unwholesome** Universal Unwholesome One of 3 Abstinences + Sustained application Sustained application One of 3 Abstinences Ethically-variable Universal Beautiful Universal Beautiful 2 Unwholesome Initial application Initial application Sloth and Torpor Sloth and Torpor Sympathetic joy Sympathetic joy Understanding Understanding **B** Beautiful Determination Determination Compassion Compassion Wrong view Selfishness Wrong view Attachment Attachment Selfishness Motivation Motivation Aversion Remorse Aversion Remorse Conceit Conceit Energy Energy Doubt Doubt Envy Envy Zest 31 32 Sense Sphere Wholesome 33 Attachment Rooted 3 34 5 35 36 37 38 8 Delusion Aversion Rooted Rooted 9 39 10 40 Sense Sphere Resultant 41 42 43 13 45 Past Unwholesome Resultant 46 14 15 16 47 17 48 Sense Sphere Functional 18 49 19 51 20 52 21 53 Past Wholesome Resultant 22 54 23 24 55, 60, 65 Fine Material Sphere 25 56, 61, 66 26 57, 62, 67 58, 63, 68 59, 64, 69 Immaterial Sphere Functional 28 29 70 - 8130