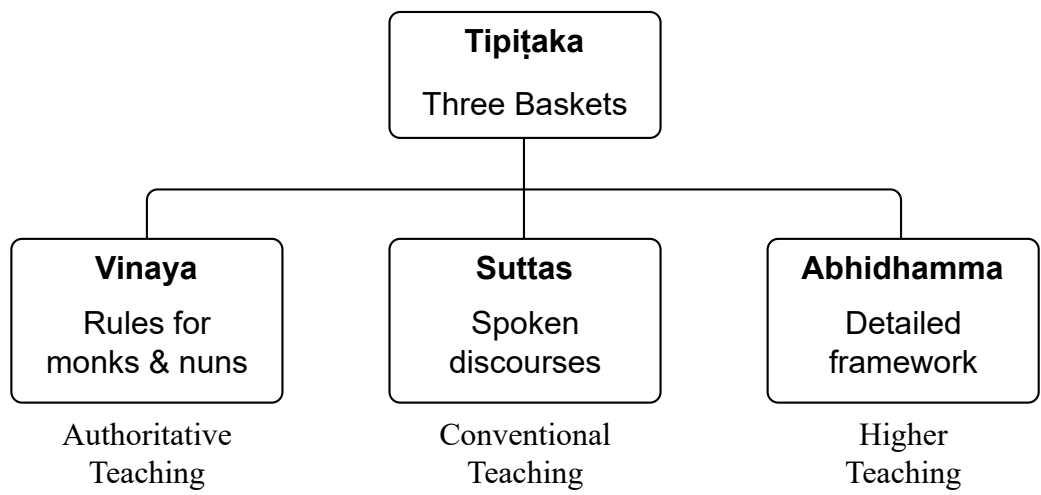


Handout 1. Introduction



Topics in the Suttas and Abhidhamma

Suttas	Deepening one’s perspective on the world	Dependent origination
	The way to a fortunate rebirth	Four Noble Truths & Noble Eightfold Path
	The happiness visible in this present life	Teachings conducive to the holy life and the attainment of <i>Nibbāna</i>
Abhidhamma	Processes	
	Conditions	
	Consciousness (<i>Citta</i>)	Mental Factors (<i>Cetasika</i>) Matter (<i>Rūpa</i>)

Timeline

