



BORCELLE

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**Join us for a mindfulness and
wellbeing activity**

WORKSHOP AUTHOR:

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Take a step towards a healthier and more balanced lifestyle. Join us for a wellness workshop that will delve into various practices, from mindfulness and meditation to fitness and nutrition.



8 am - 10 am



Sunday
12 Nov, 2023

Connect With Us:
@borcellesite

More Information:
www.borcelle.com