```java
public class Thread1 implements Runnable {
        Thread t;
        Thread1(){
                t=new Thread(this,"T1");
                System.out.println("Thread running:"+t);
                t.start();
        }
        @Override
        public void run() {
                try {
                        System.out.println("Thread has created and
running:"+t);
                        Thread.sleep(500);
                }
                catch(InterruptedException e) {
                        System.out.println("Thread interrupted!!");

                }
        }

public class Main{
        public static void main(String args[]){
        new Thread1();

}
}
}
```