



# SISKIYOU VELO NEWSLETTER



November 2008

## Thinking of Europe

By Helmut Schroeder



*Street scene in Bruege (or Bruges), Belgium*

On our vacation in Europe this past summer we got off the train in Bruege, Belgium. And yes, it was a Tuesday. Bruege is one of the most charming towns we have ever visited. Sure, there are tourists galore, but they either just walk, bike or take a horse carriage to get around – no cars anywhere -- and we felt right at home. There was a constant coming and going of people who were either shopping, visiting beautiful cathedrals, or excellent museums, or were just lingering in one of the countless restaurants. We were told that there are so many restaurants in town, if you wanted to go out for dinner to a different place every day, a year would not be enough time to visit each of the restaurants.

We intended to stay at a hotel recommended by Rick Steves, but it was full, and we were directed to a nearby private home of an 80 year old single lady -a friend of the hotel's proprietor- who just wanted to make a few extra bucks when it pleases her. We slept in her bed-

room, while she spent the night in a kind of attic, sleeping on a cot. She was a great host and a super entertainer, fluent in Spanish, German, English, French, Dutch and, of course, Flemish.

Our actual biking in Europe started in my home town of Stolberg, close to the border of Belgium and Holland (near Aachen, the ancient capital city of Europe, Charlemagne's residence).

We sometimes ventured out into the countryside by bike, to one of our favorite destinations called Laufenburg -a castle named after its founder, a Baron of Laufen- with a restaurant attached, where they serve homemade blackberry-, sloe- and rosehip wine with a delicious home-cooked meal. Or, back in Stolberg, we often walked the old city, dominated by an over-700 year old castle, or enjoyed a traditional 3pm Kaffee und Kuchen (cake) at a cozy cafe in Old Town.

Alas, before we knew it, time was up, and we had to get back to the airport, with new ideas, however, for our next trip to the Old World.



Helmut in front of the Laufenburg

### NEW MEMBERS

Tami Bowker  
Kathleen Bonnar  
Barry Vitov

### RENEWING MEMBERS

Jill Scott  
Kathleen Collins  
Michael Karpinski  
Peter & Julia Lester  
Charles Schink & Leona Myberg  
Bill Tout & Marilyn Anderson  
Frederick von Tress  
Jacqueline & Jason Williams  
Cathy Edwards & John Zigler  
Ruth Rabinovitch & Tom Treger  
Andy Dungan  
Curt, Faith & Matt Dooley  
Helmut Schroeder

### TIME TO RENEW

Gregg Callahan  
Eugene Anderson

### Siskiyou Velo Club Officers 2008

P. O. Box 974 Ashland, OR 97520

#### Officers

**President:** Glen Gann 779-6986 [ggann9@charter.net](mailto:ggann9@charter.net)  
**Advocacy:** Edgar Hee 734-4872 [ejhee@juno.com](mailto:ejhee@juno.com)  
**Events:** Ron & Elizabeth Zell 482-4815 [mlc@siskiyouvelo.org](mailto:mlc@siskiyouvelo.org)  
**Touring/Rides:** Dan Wooton 779-9248 [touring@siskiyouvelo.org](mailto:touring@siskiyouvelo.org)  
**Racing:** Steve Maluk 512-1368 [steve@malukcoaching.com](mailto:steve@malukcoaching.com)  
**Membership:** Don Parker 488 -1924 [membership@siskiyouvelo.org](mailto:membership@siskiyouvelo.org)  
**Secretary:** James Williams 857-9037 [jbsequoia27@msn.com](mailto:jbsequoia27@msn.com)  
**Treasurer (temporary):** Dave Oliver [treasurer@siskiyouvelo.org](mailto:treasurer@siskiyouvelo.org)  
**Newsletter:** Jodi Weber 301-6880 [newsletter@siskiyouvelo.org](mailto:newsletter@siskiyouvelo.org)

**Webmaster** Spencer Gray 621-3743 [webmaster@siskiyouvelo.org](mailto:webmaster@siskiyouvelo.org)

#### Visit us on the Internet

<http://www.siskiyouvelo.org> Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.

### Members' Ads

**FOR SALE:** Recumbent—RANS V3-AL; super light, super fast, near new. \$2900 or best offer. Call Jerry 512-2155.

**FOR SALE:** Jeff Lyon custom road tandem 56 cm front, 50 cm rear, fillet braised, 2-tone blue fade pink; Shimano XT drive train, Specialized cranks, \$500 Russ & Renee 482-8704



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##### Landlord/Tenant Law

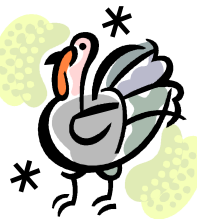
Residential Rental Contracts & Leases  
Commercial Rental Contracts & Leases  
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### Next Velo Meeting Wednesday, November 12

Siskiyou Velo club meetings are open to all members. Meetings are held each month at 7:00 pm on the 2nd Wednesday of the month at Angelo's Pizza in Phoenix. You are welcome to come and listen, eat pizza and add your two cents worth. Find out what's happening with cycling and advocacy in the area, share your expertise and join in!

### Support Our Member Shops

The bike shops with ads in the newsletter are business members of the Siskiyou Velo. Show them your membership card and receive a 10% discount on parts and accessories.

## Portland International Airport Might Soon Offer Bike Assembly Area

The Portland International Airport (PDX) hopes to become the first airport in the United States to offer bike assembly areas and other services for two-wheeled travelers.

Already in existence at airports in New Zealand and British Columbia, the idea is to set aside a dedicated facility where people could re-assemble their bicycles before they hit the road, or take them apart and pack them up prior to getting on a plane. According to PDX aviation planner Jason Gately, who I confirmed the plans with this morning, the idea (which sprang from a brainstorming session at the Oregon Bike Summit back in April) is to have the facility on the lower level near the MAX light rail station and baggage claim area. Gately says it would be placed outside (under cover) and would include at least two bike clamps and an air pump (bolted to the ground).

"We want to promote bike tourism as much as possible...and PDX is a natural gateway for that."—Jason Gately, aviation planner at PDX. There will also be a new Travel Oregon kiosk to tout our regional bikeways and direct travelers to the assembly facilities.

Other ideas Gately hopes to incorporate into the plans are a bike tool loan program and a way to recycle and/or sell cardboard bike boxes and provide storage and access to hardshell cases.

Gately says this idea is a natural fit with PDX's vision to, "promote bicycling in the region as an integral part of our culture," and he adds that, "we want to promote bike tourism as much as possible...and PDX is a natural gateway for that."

Gately hopes the new facility is installed and ready to go in 4-6 months, just as the spring biking season gets underway.

*by Jonathan Maus, October 23rd, 2008*

<http://bikeportland.org/2008/10/23/portland-international-airport-might-soon-offer-bike-assembly-area/>

## Trivia of the Month

According to an article in the Korean Times (see [http://www.koreatimes.co.kr/www/news/nation/2008/10/117\\_33188.html](http://www.koreatimes.co.kr/www/news/nation/2008/10/117_33188.html)), Seoul, South Korea plans to increase those who commute by cycling within the city from the current 1.6% to a whopping 10% by 2020. The city wants to make itself into a more bike friendly city to encourage people to use bikes rather than cars. The grand plan includes constructing over 200 kilometers (120 miles) of bike lanes and building bike racks at subway stations, along with shower rooms and lockers for cyclists at the subway stations. Way to go, Seoul!



We are spinning again this year!. The Ashland spin class will be on Monday and Wednesday from 6-7pm. The first class is Monday, November 3 with Jodi Marshall leading the class. Classes will be at Mt. Ashland Physical Therapy. Bring your own bike and trainer. Please do NOT arrive before 5:45 so as not to interfere with business. Questions? 301-6880.

## Why do you ride?

**Send me your rationale, your literary masterpiece, your one-liner, your excuse, your motive, your dream, your justification, whatever it is that inspires you to ride your bike. Share with the rest of the Velo what you tell yourself or others. Email your contribution to: [newsletter@siskiyouvelo.org](mailto:newsletter@siskiyouvelo.org)**

Thanks! *Jodi*

P.S. If this little blurb seems redundant, it's because I didn't get any responses last month, and I'm sure that if I just repeat myself a bit louder, someone will answer!



## Siskiyou Velo Holiday Party



Dear Members,

It's almost November and that means it's time to get your reservations and checks in for this year's new and exciting holiday event. The party is being held on Sunday, December 7th at the Standing Stone Brewing Co. in Ashland. Plan on arriving at 7:00 p.m. We plan to have music, dancing, and perhaps a few surprises. We know you won't want to miss out on being with your friends at this great event.

### MENU

#### Salad

*House Salad with Savory Caramelized Walnuts, Balsamic Vinaigrette and Blue Cheese Crumbles*

#### Entrée

*Roasted Chicken breast with Haricot Vert, Wild Mushrooms and Pearl-Onion Ragout*

*Penne Pasta with Pesto, Walnuts, Winter Squash and Feta Cheese*

#### Dessert

*Marionberry cobbler*

**Beverages will be No-Host**

- We need you to send in your reservations and a check for \$10.00 per person to reserve your spot at the dinner. **Reservations and checks must be received no later than November 25th.** Sorry, we are unable to take late, day-of or walk in reservations.

- Checks should be made payable to "Siskiyou Velo" and sent to:  
Bobbie Plummer  
3368 Siskiyou Blvd.  
Ashland, OR 97520

Questions? Call or email Bobbie at 488-5003 or [boborbobbie@yahoo.com](mailto:boborbobbie@yahoo.com). We really hope you will join us at this celebration.

*Bobbie, Elizabeth & Cheryl*





### Rogue Valley Cycle Sport, Inc.

<b>Ashland CYCLE SPORT</b> 191 Oak St. Ashland OR 97520 (541) 488-0581	<b>Medford CYCLE SPORT</b> 1390 Biddle Rd. #107 Medford OR 97504 (541) 857-0819
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## BikeKraft

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## MLC NEEDS HELP!

As we related in a Newsletter some time back, Elizabeth and Ron Zell will not be available to manage the MLC in 2009. They will be doing a cross-country bike ride that will take most of the summer. No one has stepped forward to take that responsibility, so there has been a lot of discussion in the Executive Committee of the Club about how to handle the event. The current positions seem to be to have a hiatus for one year, or to conduct the event in an altered form.

If the event is not conducted in 2009, there is considerable risk that the Club will not be able (someone else takes the date and/or there simply is not the interest in the Club for that level of effort) to do the event in the future. If the event is stopped for just one year, it is still likely that attendance will not be at current levels for a number of years because of loss of marketing momentum.

The world does not come to an end if there is no MLC, however the “style” of the Club would have to change considerably. The revenue from MLC funds the donations the Club makes in support of cycling in the community and provides the funds for our many “special events” (Cinco de Mayo, Ice Cream Social, Fall Colors Rides, Vino Velo, etc.). If MLC is no longer run, the donations would go away, and the events would have to be funded by those attending or Club dues would need to be raised to finance them.

Ron and Elizabeth have suggested that the event be scaled down, and that the Executive Committee become more active in conducting the event. There would still be a need for someone to step in and take overall responsibility for the event, but the effort would be much lower than is currently the case. The changes in the event that have been suggested are:

- 🚲 Do only the Century and the Metric Century routes
- 🚲 Have only four rest stops
- 🚲 Do not do a brochure, but rely on Active.com and e-mails for promotion of the event
- 🚲 Re-use the t-shirt design, and merely change the color and date
- 🚲 Do not do any solicitation for sponsorships of the event and no silent auction.

The above would result in event attendance of under 200, generate enough net revenue to fund the Club’s events and provide for some small donations. The changes would also allow work on the event to begin in February instead of November, and would require less effort.

However, the event would still be complex enough to require dedicated supervision, and considerable effort on the part of one Club member to make sure that it is successful. At this point, the Club does not have anyone prepared to do that work. If someone does not step forward, the Executive Committee will be down to one alternative – place the event in hiatus.

## Mocha?

Do you order a mocha at that coffee stop? Well, a true “mocha” comes from the Yeman port where coffee was first shipped from. A true mocha is an exceptional coffee bean with a “wild flavor” from Africa, apparently having nothing to do with chocolate.

*The Joy of Cooking*, 1997.



## Siskiyou Velo Minutes October 8, 2008

- I. 9 members present—no quorum, so no votes
  - II. No corrections were offered on the previous minutes.
  - III. Treasurer: membership income is keeping level with general expenses; Don Parker and Dave Oliver have worked together to make sure all accounts back to 2001 were in compatible formats.
  - IV. Membership: currently 304 members which is the high for the year.
  - V. Rides: The Velo Vino ride was a success with 33 riders, many of whom are not ones who usually do club rides; the November ride calendar is still open; Jerry Rhodes suggested revising the ride categories to indicate drop / no drop rides.
  - VI. Advocacy: The Medford Bike / Pedestrian Committee is focusing on bike education for spring; Edgar expressed a note of appreciation to Ron Zell for Ron's admonition to riders on the Velo Vino to obey laws and be considerate of traffic while riding.
  - VII. MLC: The Lake of the Woods site has been reserved for the MLC on June 20, 2009; however, there is still no coordinator for the event next year. The club discussed not having the MLC in 2009, but the consensus is that this is a great ride, the primary source of income for the club and that it is important to maintain continuity from one year to the next.
  - VIII. Newsletter: Just plugging along.
- Meeting adjourned at 7:47 (Don's favorite airplane).  
*Minutes by Jodi Weber in the absence of Velo secretary, James Williams.*



*James Williams, John Burns and Matt Varnum riding back from Buck Rock Tunnel on a gorgeous Sunday in October.*

### Exercise the Mind

Unscramble the letters to identify a favorite local ride.

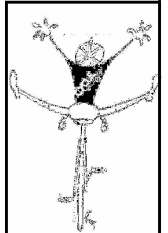
**A C C D E E E E F F I I J K L L N O O R S V**

*Answer? See next month!*

October question: "Not only is this unusual, it is a particularly difficult thing to do." Why? *There are no e's in the sentence.*

**CYCLE**  
—analysis

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### Quote of the Month

Yeah, I'll be moving at warp slug speed for a while " *Dave Oliver after his crash at the corner of Sterling Creek and Poorman*

## SISKIYOU VELO RIDE SCHEDULE – November 2008

🚲 **Approved helmets required on all club**

🚲 **Unless other wise noted, rain/wet pavement cancels ride**

Date	Time	Start Location	Route	Pace	Miles	Ride Leader
Nov. 1 Saturday	10:00 AM	Colver Park	Applegate Dam & Return	Brisk	70	Jerry Rhodes 512-2155
Nov. 2 Sunday	12:00 PM	Colver Park-FAT TIRE RIDE	Anderson Butte Rd to Anderson Crk Rd	TBD	(3 Hrs)	Matt 482-8024
Nov. 8 Saturday	10:00 AM	Colver Park	Woodrat Loop	Moderate	45	Mike Smith 855-1531
Nov. 9 Sunday	10:00 AM	Hawthorne Park	Show N Go	TBD	TBD	No Ride Leader
Nov. 15 Saturday	10:00 AM	Colver Park	Show-N-Go	TBD	TBD	No Ride Leader
Nov. 16 Sunday	10:00 AM	Ashland Dog Park	Show-N-Go	TBD	TBD	No Ride Leader
Nov. 22 Saturday	10:00 AM	Hawthorne Park	TBD	TBD	TBD	No Ride Leader
Nov. 23 Sunday	12:00 PM	Hawthorne Park	Show N Go	TBD	TBD	No Ride Leader
Nov. 29 Saturday	10:00 AM	Hawthorne Park	Show-N-Go	TBD	TBD	No Ride Leader
Nov. 30 Sunday	12:00 PM	Ashland Dog Park	Post-turkey fat burning ride to J'ville	Moderate	40	Jodi Weber 301-6880
Every Saturday	10:00 AM	Medford Cycle Sport	TBD	Race Pace	Varies <20	Alex Hayes 857-0819
Every Saturday	10:00 AM	Varies	TBD	Mellow	20 +/-	Phil Gagnon 488-6986
Every Sunday	9:00 AM	Bike Path behind Bad Ass Coffee Co	Determined by Group	Race Pace Training	Varied >20	Glen Gann 779-6986
Every Monday	10:30 AM	Colver Park	Jacksonville coffee ride	Group B4	25	No Ride Leader
Tues, Thur., Friday	Call	Colver Park	Show & Go	Group B4	Varied	Rick Berlet 488-0036
Every Wednesday	10:00 AM	Roasting Company Ashland	Show & Go	Regroup C4	25-40	No Ride Leader

### Ride Rating:

- A- Basically flat with no steep hills.
- B- Gently rolling terrain with one or two short steep hills
- C- Moderate terrain, with rolling short, steep hills or moderate sustained climbs.
- D- Difficult terrain with longer, steeper hills.
- E- Extreme terrain with steep sustained climbs.

### Ride Pace: (average range on level ground)

- 1- Slow < 10 mph
- 2-Leisurely 10—12 mph
- 3-Moderate 12- 15 mph
- 4-Brisk 15 -17 mph
- 5-Hammer 18+ MPH

**Group** - Riders will stay together.

**Regroup** - Riders will spread out and regroup along the route.





## Siskiyou Velo Membership Application

<b>Name</b>			<b>Age</b> [ ] 18-35 [ ] 36-45 [ ] 46-55 [ ] 56-65 [ ] 66+	<b>Type of Membership</b> (check one box in each cell below)	
<b>Street Address</b>			[ ] Individual – \$15/year [ ] Family – \$20/year [ ] Business – \$25/year	[ ] New [ ] Renewal	
<b>City</b>	<b>State</b>	<b>Zip</b>			
<b>E-Mail Address</b>			<b>Phone</b>	<b>Any new information included?</b> (e.g., street address, e-mail address, phone, NL distribution) [ ] Yes [ ] No	
<b>Information Blocking Options (items checked will <u>not</u> be available on the secure pages of the web site)*</b> [ ] Phone Number [ ] E-mail Address [ ] Residence Address [ ] All <small>* Access to roster on web will require member ID and password</small>			<b>Newsletter Distribution Election</b> [ ] Snail mail (cost borne by Club) [ ] Electronic (via web site – notification by e-mail)		
<b>Make Checks Payable to:</b> <b>Siskiyou Velo</b> <b>P.O. Box 974</b> <b>Ashland, OR 97520</b>			<b>Volunteering</b> [ ] Committees (MLC, etc.) [ ] Newsletter [ ] Ride Leader [ ] Officer position [ ] Other _____		
<b>Waiver</b> In consideration of my participation in Siskiyou Velo, I hereby waive, release, and discharge any and all claims for damages, death, personal injury, or property damage which I may have, or which hereafter accrue to me, as a result of my participation in said organization or their activities such as club organized rides and events. This release is intended to discharge in advance, the Siskiyou Velo organization or officers, and any involved municipalities or other public agencies, from and against any and all liabilities arising out of, or connected in any way with, my participation in said organization. I further understand that serious accidents occasionally occur during bicycle riding, and that participants occasionally sustain mortal or serious personal injuries and or property damage as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby assume those risks and do hold harmless all persons or entities related to the Siskiyou Velo Bicycle Club who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk, is to be binding on my heirs and assigns. I acknowledge that an ANSI certified helmet is required to be worn by me at all times while riding a bicycle in any Siskiyou Velo event. By signing this release, I hereby agree to the terms of this release.					
<b>Signature(s)</b> Applicant _____ Date _____ Parent or Guardian of Minor _____ Date _____					

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RETURN REQUESTED

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**November 2008 Newsletter**

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