



February 2007

NEWSLETTER



Ready for a cold ride

A Tale of Two Cyclists

By Helmut Schroeder

During these short and cold winter days, I can't help thinking of some fun bike trips I took last summer. In particular, a bike tour along the Oregon coast with Don Parker comes to mind. We had set out to explore every single inch of the coast that could be covered by bike. A bike buddy of ours, David Oliver, had offered to take us to the far northwest corner of Oregon, where he said he wouldn't mind doing a little fishing before heading home. Don and I had both done several sections of the coast previous years, but never the entire 400 miles plus. So, this was a real first for both of us! We spent the night at Fort Stevens State Park, and after a good night's sleep under clear sky, Don and I ventured out into the unknown.

Day One, a Friday, went quite well with mild temperatures and the sky a bit overcast. After a short shower the sky cleared entirely. We had quite a relaxing ride to Manzanita, where we landed in Nehalem State Park.

These state parks are real gems for camping and relaxing, and for meeting cyclists

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President's Paceline

By Glen Gann

Hope you all had a wonderful holiday season. It is hard to believe another year has passed by so quickly. I find myself pondering new ways to re-ignite my passion for racing with a training schedule for a season that starts in a very short time.

Our first meeting with the new officers went rather well and had a relatively large turn-out. I hope to see even more of you taking an interest in how the club is being run and bringing fresh ideas and new directions with you. If you are unable to attend a meeting and have input, please drop me or any other officer an email, and we will do our best to address your concerns, questions or ideas at the next meeting. My vision for Siskiyou Velo is to be a club that serves a purpose for all cyclists, no matter what level of interest you have in cycling, and to have a positive impact within our community. The only way to do that is to obtain membership involvement.

One of the items on the agenda at the last meeting was a new club jersey design. James Williams, our club secretary, has graciously volunteered to locate and work with a company to get the process moving forward. A design and colors have been selected and can be viewed on the club website. We will vote on this design at the next meeting. If approved, we will move forward with fabric selections, quantities, etc. If you get a chance, please take a look. I, personally, think he made a great selection. Thank you James.

Another item on the agenda was discussion of money appropriation. Depending on your cycling interest (i.e. touring, racing, mountain biking, etc.), we all will have a different idea on what the monies raised by the club should go to support. Any good organization has a plan in place for growth before they even have profits to disburse. At this time, the dues collected for membership are enough to cover club expenses. Any rides that are put on to raise money for the club are profit. Some of the ideas on the table were bike safety classes, helmet donations and monthly club sponsored rides. I had the opportunity to participate in teaching a bike safety program that went to the individual schools quite a number

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Siskiyou Velo Club Officers 2007

P. O. Box 974 Ashland, OR 97520

President: Glen Gann 779-6986 ggann9@charter.net
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Membership: Don Parker 488-1924 membership@siskiyouvelo.org
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Newsletter: Jodi Weber - 301-6880 newsletter@siskiyouvelo.org
Webmaster: Spencer Gray - 621-3743 webmaster@siskiyouvelo.org

Visit us on the Internet:

<http://www.siskiyouvelo.org> Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.

NEW MEMBERS

Tom & Jenny Wooton

RENEWING MEMBERS

Jodi Weber
Ramona Rosborg
Randy & Pam Wooton
Gary Shaff
John, Jenny & Sara Slawta
Wayne, Jodi & Bryce Marthaller
Matt Varnum
Terry & Jennifer Longshore
Phil Gagnon
CYCLE ANALYSIS, Jana Jenson
John & Tish Harlow
Jim and Pam Britton
Don & Chris Cheek
Michael Morris
Katy & Duane Mallams
Tom & Nancy Flowers
Andy Mayer

Members' Ads

36 hole Tandem wheels with Chris King hubs, excellent shape. \$225. Bill Dorris at 821-0976 or b.hdorris@charter.net

Bob Yak trailer for 700c. Includes the Yak skewer and dry sack. Used only once (really!) and in excellent condition. \$200 David Ingalls. 488-0919 or saltytri@aol.com

59 cm Bianchi Reparto Corse EV3 Al/Carbon Team Alessio frameset, including Bianchi Reparto Corse XL full carbonfork and FSA semi-integrated, 1 1/8" threadless headset. 2004 model year. Stiff, light, and responsive frame quick accelerations, aggressive climber. Classic Bianchi Team Alessio dark blue, red and celeste finish. Frameset (frame, fork, and headset): \$350
Scott Toll 482-7934
tollscott@yahoo.com



Trivia of the Month

Based on the 2000 U.S. Census, it is estimated that between 532,132 and 600,636 people aged 16 or older use a bicycle as the principal mode of travel to and from work. Commuters in the state of Oregon counts for 13,902 to 23,430 of those. <http://factfinder.census.gov>

In China about 50% of all trips out of the house are taken by bicycle. One third will walk, less than one fifth take the bus, and one tenth choose other vehicles.
<http://www.china.org.cn/english/China/194908.htm>

SISKIYOU VELO MEMBERS

SHOW YOUR CARD. Receive 10% discount on parts and accessories in the bike shops listed in the newsletter.

Monthly Club Meeting

Siskiyou Velo monthly meetings are held at 7:00 PM on the second Wednesday of the month at Angelo's Pizza in Phoenix, Oregon.



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1/6 page 2.25 x 4.5 \$20
1/3 page vertical 2.25 x 9" \$25
1/2 page horizontal 7 x 4.5 \$40
2/3 page vertical 4.5 x 9" \$50



Proposed new jersey design — check the website for a larger version.

Attorney:
Carlyle F. Stout III

Secretary:
Remedy Hovermale

LAW OFFICES OF CARLYLE F. STOUT III

Real Estate Law Business Law

Contracts of Sale	Corporations
Foreclosures	Limited Liability
Earnest Money Agreements	Companies (LLC)
Trust Deeds	Partnerships
Promissory Notes	Sales & Purchases
Boundary Disputes	Contracts
Easements	

Landlord/Tenant Law

Residential Rental Contracts & Leases
Commercial Rental Contracts & Leases
Mobile Home Park Contracts & Leases
HUD/Subsidized Housing Contracts & Leases
Eviction Notices
Evictions/FEDs
Landlord/Tenant Disputes



541-776-2020 .

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215 Laurel Street, Medford



FAX: 541-776-9841

Letters to the Editor

Sponsorships for the Mountain Lakes Challenge

Late in November, Rick Berlet, Bill Tout, Dave Oliver, and I met to discuss how to go about contacting business and entities to ask for donations for our annual ride.

Rick created a packet complete with information on what our club would do with the monies and how our club would recognize the donors. The packet was instrumental in inquiring and giving would be donors information on what the club had in mind. I referred to it every time I approached a business for a donation. It gave the club a professional tool, and without it I would not have had the success I have had. I want to thank Rick for his intuitive, creative and useful tool.

Truly, *Tish Harlow*

Response to Rick Berlet's letter

To the point of the shop discount: It should be up to the shops to decide whether or not they want to give a 10% discount. As businesses, they know what they can afford to do for their customers. Let them lead the decision to give a discount perk or not. I think anyone who joins the velo club for the sole purpose of a 10% discount in an expensive hobby sport needs to let go a little.

To the problems of group riding: Human nature and the kind of people who have cycling as a passion make group rides an ongoing challenge. The cyclists I know on the whole are interesting, intelligent, tough, resilient, kind, sensitive and determined people. This is wonderful, but getting all these individuals on the same page on a ride can be as Don Parker says, "Like herding cats."

Unless one decides to race, cycling doesn't feel like a team sport. Going for a club ride is actually going on a team outing. The captains on any team are the most skilled and/or the best at keeping the team working together. On a group ride, the slower riders are not going to lead from the back. Human nature is such that if one of the herd picks up the pace, in order to stay in you pick it up too. Soon everyone's going flat out wondering what happened!

It's up to the strongest riders to set the tone and communicate. It's up to the rest of us to actually look at our computers and ride together at the pace stated in the ride descriptions.

If a couple of riders want to take a flyer and challenge each other up the road, tell the others what you're going to do and fold back in when the group comes by. The group should hold its pace and let them go. The point is to keep the team rolling and only stop if there is a designated re-group or a mechanical. Often taking the pace down only 1 or 1.5 mph is enough to keep everyone together. Everyone benefits from the steady riding, team spirit and camaraderie.

The best way to learn team skills is to race. We have many excellent racers in our club. I would ask Glen and his peers to lead some skills-training rides for club riders who want to learn how to ride better in a group but don't care to race. Glen, what do you think? Let's keep the dialogue going and have fun on our bikes.

Renee Rickert

The Person Behind Flywheel

A mere baby among the bike shops of the Rogue Valley, Flywheel Bicycle Solutions will celebrate its second anniversary this coming March. The proud owner is Ian Bagshaw. For thirteen years, Ian loved working for others at bike shops in the Valley and in Hawaii. Finally, he decided it was time to go out on his own. Talent seemed like the ideal location as a growing little town without a bike shop of its own.

Flywheel is all Ian's, but behind it comes the work of family and friends. Ian's father's experience as a businessman and expertise with building were invaluable as Ian remodeled the rather funky, old building in Talent that now houses Flywheel. Ian's brother, Sean Bagshaw, a professional photographer, contributed with the design, paint and decor. The bold colors of the walls and the beautiful framed photos create a very inviting and comfortable atmosphere.

What Ian believes makes Flywheel unique is his focus on service. As the internet has changed the way people shop, he realized that the one thing that could not be bought on the internet is quality service. His goal is to provide the highest level of service he can and to do that service himself so that he can be assured that he is offering the standard of quality he believes is important.

Ian is the sole worker at Flywheel, though he values the help of friends and family when it's time for inventory. When he worked at other shops, he said that he loved 90% of what he did. Now he finds he loves even the bookkeeping and ordering because of the great pride he feels knowing it is his own shop.

Ian has ridden bikes his entire life except for a brief hiatus in his teens when he discovered cars. Around 19 or 20, he began mountain biking and fell in love with cycling and it's been his passion ever since. He loves bikes, the bike culture, working on bikes and just everything about bikes. He considers himself a mountain biker, but when he was in Hawaii, found himself doing more road biking, and finds now that he probably does more road than mountain biking.

Flywheel is expanding just a tad with a new room off the back of the main show room which Ian had just put a coat of primer on. The room is going to allow him to move his "office" - currently his desk in a corner of his showroom - into the new back room for a real office. The building's new owners will be putting a new facade

on the building and soon the outside will look as classy as the inside.



Ian in his shop, Flywheel Bicycle Solutions

Race Report

by Steve Maluk

The new year is a time of new beginnings: I begin my time as the club V.P. for Racing; Siskiyou Velo begins another year of riding, outreach, and advocacy; and the new racing season approaches.

I feel it appropriate to begin this column with a clear purpose. I'll use this forum to report on local races: giving a heads up on what events are forthcoming and offering a close look at what's happened at events past. I'll also provide first-hand accounts from the local cyclists competing in both these events and races further away. Expect some interviews and an occasional in-depth racer profile. My goal is to provide our cycling community with a detailed account of local racing -- and one that is enjoyable to read.

Looking back on a competitive Southern Oregon cyclocross season, I'm overwhelmed with vivid images of tenacity, aggression, and sportsmanship. Some favorite moments included Stephen Glass (Collins) inadvertently slide-tackling Bryan Foster (Etna Brewing Co./DeSalvo Cycles) in the Emigrant Lake rock garden, Geoff Huber (Paul's Bicycle Way of Life) and Nathan Riddle (WTB) giving a slow-speed, uphill bunny-hop clinic, and Becca Marguiles (unattached) earning third place overall for her first season in the Senior Women's A ranks. Series winners were Riddle for Senior Men A, Kristi Green (Etna Brewing Co./DeSalvo Cycles) for Senior Women A, Alan Vos (Flywheel Cycles) for Senior Men B, Lillian Schiavo (unattached) for Senior Women B, Stephan Gann (Landshark) for Junior Men A, Parker Horton (unattached) for Junior Men B 14 & under, Matt Dooley (unattached) for Junior Men B 18 & under, Dave Engstrom (Cycle Analysis) for Masters Men A, Dave Reitz (unattached) for Masters Men B 35-49, and Jerry Horton (unattached) for Masters Men B 50 & over. All of us racers are very appreciative of the time and effort put in by Jana Jansen, Vern Niehaus, and everyone else involved in promoting and organizing the Outlaw Cross Series. Thanks.



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from all over. Every park has a private 'hiker/biker' section reserved for visitors hiking and bicycling the Oregon coast. While most parks are usually full by the time we get there, bikers just drive up to the check-in window, pay our four dollars, and off we go to our private park. Often it feels like we are the only people in these beautiful settings.



The next day promised to be a special challenge, for we'd planned to 'conquer' the Three-Capes route, which neither of us had ever done before; getting our bikes up and down those paved walls--as they seemed at first glance to us--wouldn't have been too bad without the tons of stuff we were hauling with us. Yes, we too hauled a sort of RV around with us--if only in miniature size--which made any hill feel at least twice as steep as it actually was. But halfway through our ordeal, we came upon a most quaint looking little town called Oceanside where we, without hesitation, rewarded ourselves with a wonderful dish of dessert and a cup of coffee, or 'Kaffe und Kuchen' as it is called in Germany. (It was three o'clock, when most Germans flock to the nearest cafés.) Needless to say, we were more than recharged to tackle the rest of the paved walls toward our goal of the day, Cape Lookout. Again, hot showers, clean bathrooms and a cozy campsite were waiting for us, for the usual four bucks. It was windy and a bit nippy, but that didn't really matter much, since all we could think of was sleep, sleep, sleep after this day's trial and judgment on the ups and downs.

Monday was a little bit easier going. Not flat, mind you. There is nothing flat about the Oregon coast bike ride except for the pancakes we inhaled every morning at the first restaurant we could find. So, we were aiming for Pacific City where we were hoping to get our pancake-shot to take us to the next coffee place. This city, I must say, is the most pretentious place I've ever come across. There was a fancy looking restaurant with a brewery. The parking lot, like the rest of the town, was filled with surfers and the biggest SUVs imaginable. Surfers don't use energy, to speak of, for standing on a surfing board. Consequently, the breakfast was designed for playboys, not for real men like us. We did swallow the tiny bird-breakfast, after having had to wait in line forever to be seated. (I put a note in my journal saying: Don't eat in Pacific City.) Well, we panicked somewhat after that. Not having had enough to eat and with quite a ways to go, we had to dig into our emergency resources of energy bars and bananas.

But that turned out OK because we were rewarded with a wonderful detour, which took us for the first and only time away from the coast. The route went via an old highway called Slab Creek Road, "through beautiful old growth forests and farmland", to quote the Oregon Coast Bike Route map. The route had virtually no traffic. Halfway through, the road turned southwest and took us right into the town of Otis --which consists of a couple of houses, a gas station and a restaurant--where all the weary travelers of the world seem to meet, and where we had our second breakfast of the day. At one point, Don even thought that a fellow United Airlines pilot from the old days was sitting with his wife at a table nearby. But he either wasn't sure enough, or was too hungry, to ask him. Well, that was Otis, like a mirage, but real enough to feed a hungry crew of bike pilots.

Thanks to Don's GPS, we bypassed the extremely busy Lincoln City, biking the full length of it through the pedestrian zone along the beach front, coming out alive and well at the southern end of town.

Yet another miracle was awaiting us. Somehow we managed to reach Florence at exactly 3 p.m. There, in Old Town, we hoped that our all-time favorite coffee shop would welcome us. And indeed it did. At this cafe, they still make a cup of coffee the same way they did eight or nine years ago. You pick your favorite roast, they grind it up, put that into a cone lined with a coffee filter and slowly pour hot water through it. Voila, there it was, a perfect cup of coffee. When I mentioned how surprised I was that they still make a cup of coffee that way, the coffee woman answered, "How else would you do it?" For the anthropologist, this was a lesson in cultural continuity, or passed on tradition, if you will. Ha!

That night we camped in another great campground, Jessie Honeyman State Park. I must say, these parks, as beautiful as they are, can also be as bewildering as a huge metropolis at night, where one can easily get lost. I did. On my way back from the showers I simply could not find the right path to our campsite. If it hadn't been for Don with his GPS, who was aiming for the showers--which I did find my way back to--who knows how long I would have wandered aimlessly through the maze of trails

Later that evening we were joined first by a couple of young women who were touring the coast

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too, headed for San Francisco. Then a hiker dropped in and pitched his tent. Shortly after, another pair of women on their bikes rolled in. In the meantime, we had started a nice campfire, to which one party contributed some of their wood. After a while, we were all gathered around the blazing fire, exchanging tales of our velo adventures.

Don and I, two experienced, old tar bike tourists got a lesson that evening, taught by these four novice tourists. We noticed as they came rolling into camp, two by two, that they had all their belongings neatly packed into just two panniers. Everything they needed, plus a stove, a lantern and, get this, folding chairs--not to speak of the bottles of wine they happily shared with us--were neatly tucked away. Here we were, Don with four panniers and a bag on the rack, and I with a trailer loaded to the rim, above the rim, actually, and an additional bag on the rack. No lantern, no comfy chairs or wine, just tons of "very necessary items" we thought we could not do without. And, to make us feel even more humble on top of that, they were doing more than twice the distance we were. They had started in Seattle and were going to San Francisco. Imagine! First timers! Two panniers!

Tuesday brought us to Charleston, to Sunset Bay State Park, another favorite campground of ours. This had to be a high quality rest stop, for the coming day, we knew out of experience, was to be a day of reckoning, when we would have to face the ultimate challenge of bike touring. Seven Devils Road. Just to utter that name makes one's hair stand up, or want to give up biking altogether. Two of the women rolled in too. We'd told them where we would be staying. They, meanwhile, had sort of adopted us "as a safety feature for camp" was how they'd put it. One thing I'd noticed, after last night's wine carouse, was that I'd had the most restful and deep sleep. So, this time around we remembered to stash a bottle of wine in our overloaded RV, which we thought should guarantee us the kind of rest we would need for the Seven Devils. Our adoptive cyclists had the same idea.

We were a bit late starting the next morning, however, but we were well rested. In retrospect, we should have stayed put another day. Now we were facing "Seven Devils" in the disguise of seven sheer walls of pavement, like the Three Capes, only with four more walls. At one time I was even contemplating dumping my trailer. Somehow though, we managed to get across these things, saving us thirty miles at least, if we'd had to back-track to Coos Bay. Hurray!

We did sort of stumble or fall into the next campground that afternoon. We also

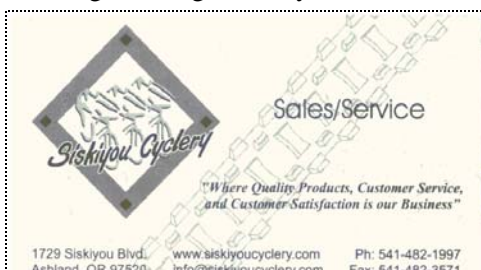
were wondering when or if the two women hot rods would be arriving. It was getting dark and Don didn't think they would come as far as we did that day. Betting on that, I won. Later, in the dark, they too stumbled into camp. At one time they had considered cutting it short, but what kept them going ultimately, was one of them suggesting, 'If those two old guys can do it, we can.'

Then another cyclist from Holland, probably in his early 60s, arrived and shared camp with us. He'd come all the way from the East Coast, and had "dipped his feet into the Pacific" just south of Florence. He was absolutely in awe about the way he had been welcomed everywhere along the way across the States. He came from a city not too far from my hometown on Germany's western border. So, we had a few things to share about the Old Country.

Now, off to Brookings, the California border was just about in sight, we thought. First there was Gold Beach, just across the Rogue River, which included crossing the last of three or so bridges on our trip. I can tell you, biking and walking across those contraptions was the most unpleasant experience (except for breakfast in Pacific City) of our trip. The one in Newport could only be walked--legally--and that on a pencil-thin sidewalk, having to hold on to the railing for dear life at times, to not be blown off by a howling wind from the west into an L.A. kind of traffic. Any minute one of those RV or truck mirrors could hit you from behind. (Next trip I'll hitchhike across.) Anyway, this one was the last bridge, and not too bad at all, since it went downhill and we could actually outrun the traffic. Ah, Gold Beach is heaven for heavy breakfasters. There are several places where you can get your fill--and I'm glad we did.

Somehow I/we must have blocked out that entire stretch between Gold Hill and Brookings. Thinking that we were just about home free, we got ourselves into a gruesome series of climbs. I kept telling Don over and over, 'This is the last one,' but he must have thought this was just part of a darker side of me, tormenting him with empty promises. It seemed like an eternity after we finally reached Harris Beach State Park just outside Brookings, one of the most beautiful parks, with a gorgeous beach to explore.

This was to be our last night out--our last stand at the coast. What better way to celebrate this than with an excellent dinner at a Mexican restaurant on the outskirts of Brookings, and with a bottle of wine later with our two part-time companions. A young man from Bremen, Ger-



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Siskiyou Velo Minutes January 10, 2007

- I. The Velo's new president, Glen Gann, introduced Steve Maluk as the new Vice President of Racing, the position Glen had formerly held.
- II. Minutes of the last meeting were approved
- III. There was considerable discussion of the 10% discount provided by the participating bike stores and of whether or not the discount is imposed or given freely. Jana Jensen of Cycle Analysis and Ian Bagshaw of Flywheel Bicycle Solutions agreed that the system works well. It was decided that we'll continue with the current method of discounts. A letter to the bike stores will follow.
- IV. The new jersey design was discussed with a plethora of suggestions for a revision of the design. James Williams said he would contact Louis Garneau and advise them of the revisions. The revised design will be posted to the website for all to see and during the next club meeting a decision will be made.
- V. Committee Reports
- VI. Treasurer: There is \$6693.67 in total assets.
Membership: There are 11 business, 89 family and 127 individual active memberships for a total of 316 members.
Advocacy: Chris Haynes discussed the Fern Valley Interchange and the "Crossing Diamond" design that may be used. He said that the Bicycle and Pedestrian Committee's suggested facilities had been input. He also talked about the Barnett Road underpass for the Greenway and the safety considerations.
Touring: Dan Wooton needs input from members. He reiterated the need for ride captains. A discussion of once a month special rides was debated and the option of bi-monthly special rides was looked at. Spending club money on the special rides was also discussed.
Hazards: Rick Berlet said the infamous bump on the Ashland bike path was finally being worked on. Stay tuned.
Racing: Steve Maluk, our new Vice President of Racing, asked for input regarding what members would like to hear in the his reports. He suggested announcements of races and bike clinics to pique the interest of touring cyclists.
MLC: Elizabeth and Ron Zell spoke of the great success in raising pledges so far. They would like to see the pledges sewn up by February 15 and the brochure completed by March 1. They also said that Spencer Gray was working on the MLC portion of the website.
- V. New Business: Ian Bagshaw commented on mountain biking, saying the numbers seem to be dwindling. He said he would encourage them to join the Siskiyou Velo and submit information to the newsletter editor. There was talk about whether the dues covered the operating expenses. It does and there was also discussion about spending the surplus MLC money to make us more compatible with a nonprofit organization. An ad hoc committee may be formed to discuss what's needed for operating reserves and what the MLC proceeds should be spent on before the event is held.
- VI. Meeting adjourned 8:30

What's the latest on advocacy and road hazards?

Spencer has been improving this page on the website.
Please check out the [Report Cycling Hazards](http://siskiyouve.org/advocacy.html) link.

<http://siskiyouve.org/advocacy.html>

 Rogue Valley Cycle Sport, Inc.	
Ashland CYCLE SPORT 191 Oak St. Ashland OR 97520 (541) 488-0581	Medford CYCLE SPORT 1390 Biddle Rd. #107 Medford OR 97504 (541) 857-0819
Fax: (541) 488-3802 E-mail: info@roguecycle.com	

Quote of the Month

"There are three ways to pedal a bike. With the legs, with the lungs, or with the heart."
Mandible Jones, *Carpet Particles*



Out of the Valley

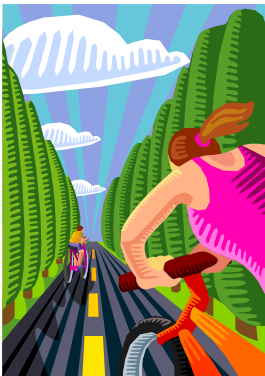
We all know that we live in about the best place in the world for cycling—year round cycling, gorgeous scenery, and multitudes of options for flats or hills. Yes, we complain about the traffic and the chipseal, but when was the last time you rode somewhere else? We've got it dang good here. Nevertheless, at times it's just plain nice to see new places. Here are some options for both the immediate and the more distant future.



Events and Rides in our Area February 2007

This section is dedicated to rides or events of interest in our area. If you know of rides/events that should be listed, contact Dan Wooton, 779-9248 or email www.touring@siskiyouve.org.

***Rice Valley Tandem Rally** February 11, 2007
40, 62, or 100 mile tour of the lush valley flatlands west and south of Gridley, CA.
www.chicovelo.org



***Chilly Hilly** February 25, 2007
Bicycling Magazine named the Chilly Hilly as "One of Four Classic Rides in the Nation." This one is on Bainbridge Island, WA. 33 miles, 2,675 feet of climbing.
www.cascade.org

* Indicates riders from our club are planning to attend these rides.

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of years ago and found it to be very rewarding. The monthly club sponsored rides would be geared toward reaching a more diverse group of riders, including families. Some that we already have in place are the Cinco de Mayo, Toy Drive and Vino Tour. This style of ride, with food along the way or at the end, encourages people to socialize as well as see and do things they may not normally have done. It would be great to have these rides on a monthly basis. We are also considering making the monthly meetings a potluck with more of a meeting time at the start and a social time at the end that could include videos or guest speakers.

This club can go in many directions. We would like to invite you to share your vision of which direction to follow. If you should have an idea or concern, please contact an officer, so we can put it on the agenda for the next meeting. Hope to see you there.

Washington Bicycle Ride
(Bicycle Idaho in past years) July 29 - Aug 3

Oregon Bicycle Ride (not Cycle Oregon) Aug 12 - 18
See www.oregonbicycleride.org for either ride.

These are well-supported camping tours that have been enjoyed by club members in prior years. We need two more riders to get the club discount so anyone interested please call Bill Tout (482-7080 or tout07@97520.net)

Century Ride of the Centuries May 26—28 out of Pendleton, OR <http://www.cyclependleton.com> The Hoffmans have raved about this one. If you're interested, call Jodi (301-6880).

(Tale of Two Cyclists Continued from page 6)

many rolled into camp and joined us with our celebration. He had actually made it, against all odds, from San Fran, biking against the wind, and was going to go east from Florence to Eugene, where he was to meet a friend. How excited he was to meet a fellow German, even more so when Don told him he was going to bike along the river Weser to Bremen a few weeks hence.

Friday! We were about to reach the California border. Yahoo! It was easy biking for once to our final stop at a coffee shop right at the border. Seldom had a cup of latté and a muffin tasted so good, just sitting there, relaxed and totally happy about our great adventure.

But the most amazing and awe inspiring part of the whole trip was how Don had done the whole thing with a knee-and-a-half. Earlier that year he had slipped and fallen on ice in his steep driveway, seriously damaging one of his knees. He'd been operated on in early January. In February, he still could barely stand on it. Here he was in August, quite happy and satisfied with himself and with his accomplishment, sipping his latté, as if the trip he'd just completed was the most normal thing in the world.

And to make it all perfect, Don's fair lady just happened to stop by to offer us a lift back to Ashland, with a lunch break at Patrick's Resort on the Redwood Highway.

All right! Heaven could wait

SISKIYOU VELO RIDE SCHEDULE – February 2007

🚲 **Approved helmets required on all club**

🚲 **Unless other wise noted, rain/wet pavement cancels ride**

Date	Time	Start Location	Route	Pace/ Rating	Miles	Ride Leader/ Contact
Feb. 3 Saturday	10:30 AM	Colver Park	TBD	TBD	TBD	Jerry Rhoads 512-2155
Feb. 4 Sunday	12:00 PM	Bi Mart, W. Main Medford	TBD	Tandems+	20+	Dan Wooton 779-9248
Feb. 10 Saturday	11:00 AM	Ashland Dog Park	TBD	Mellow	TBD	Ron/Eliz. Zell 482-4815
Feb. 11 Sunday	10:00 AM	Colver Park	Eagle Point	Mellow	TBD	Bill Inman 601-5952
Feb. 11 Sunday	10:45AM	Hawthorne Park	Meet Colver Park Grp To Eagle Point	Mellow		Bill Inman 601-5952
Feb. 17 Saturday	10:30 AM	Colver Park	TBD	TBD	25-35	Jerry Rhoads 512-2155
Feb. 18 Sunday	12:00 PM	Bi Mart, W. Main Medford	TBD	Tandems+	TBD	Dan Wooton 779-9248
Feb. 24 Saturday	10:30 AM	Colver Park	TBD	TBD	TBD	Jerry Rhoads 512-2155
Feb. 25 Sunday	10:00 AM	Ashland Dog Park Ashland, OR	Jacksonville via Dark Hollow Rd	Group	TBD	Jodi Weber 301-6880
Every Saturday	8:00 AM	Bike Path behind Bad Ass Coffee Co	Determined by Group	Race Pace Training	Varied >20	Glenn Gann 779-6986
Every Sunday	8:30AM	Bike Path behind Bad Ass Coffee Co	Determined by Group	Race Pace Training	Varied >20	Glen Gann 779-6986
Every Monday	11:00 AM	Colver Park	Jacksonville coffee ride	Group B4	25	Bob Korfhage 535-5276
Tues, Thurs., Friday	Call	Colver Park	Show & Go	Group B4	Varied	Rick Berlet 488-0036
Every Wednesday	10:00 AM	Roasting Company Ashland	Show & Go	Regroup C4	25-40	Bob Korfhage 535-5276

Ride Rating:

- A- Basically flat with no steep hills.
- B- Gently rolling terrain with one or two short steep hills
- C- Moderate terrain, with rolling short, steep hills or moderate sustained climbs.
- D- Difficult terrain with longer, steeper hills.
- E- Extreme terrain with steep sustained climbs.

Ride Pace: (average range on level ground)

- 1- Slow < 10 mph
- 2-Leisurely 10–12 mph
- 3-Mellow 12- 15 mph
- 4-Brisk 15 -17 mph
- 5-Hammer 18+ MPH

Group - Riders will stay together.

Regroup - Riders will spread out, regroup at specific points along the route.

Other Ride Opportunities – NOT SPONSORED BY SISKIYOU VELO

Wednesdays—6PM Mountain Bike rides. Meet @ Cycle Analysis –Jacksonville

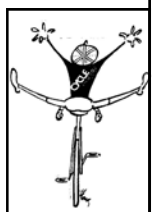
Lights and helmets required. Jana will have pasta after ride.

Saturdays - 9 AM Race Training, Medford Cycle Sport, 1390 Biddle Rd #107 (Alex 857-0819)

See page 8 for
other great
riding options!

CYCLE
—analysis

535 N. Fifth St
Jacksonville, OR 97530
899-9190



Siskiyou Velo Membership Application

Name			Age [] 18-35 [] 36-45 [] 46-55 [] 56-65 [] 66+	Type of Membership (check one box in each cell below)	
Street Address				[] Individual – \$15/year [] Family – \$20/year [] Business – \$25/year	[] New [] Renewal
City	State	Zip			
E-Mail Address			Phone	Any new Information included? (e.g., street address, e-mail address, phone, NL distribution) [] Yes [] No	
Information Blocking Options (items checked will <u>not</u> be available on the secure pages of the web site)* [] Phone Number [] E-mail Address [] Residence Address [] All <small>* Access to roster on web will require member ID and password</small>			Newsletter Distribution Election [] Snail mail (cost borne by Club) [] Electronic (via web site – notification by e-mail)		
Make Checks Payable to: Siskiyou Velo P.O. Box 974 Ashland, OR 97520			Volunteering [] Committees (MLC, etc.) [] Newsletter [] Ride Leader [] Officer position [] Other _____		
Waiver In consideration of my participation in Siskiyou Velo, I hereby waive, release, and discharge any and all claims for damages, death, personal injury, or property damage which I may have, or which hereafter accrue to me, as a result of my participation in said organization or their activities such as club organized rides and events. This release is intended to discharge in advance, the Siskiyou Velo organization or officers, and any involved municipalities or other public agencies, from and against any and all liabilities arising out of, or connected in any way with, my participation in said organization. I further understand that serious accidents occasionally occur during bicycle riding, and that participants occasionally sustain mortal or serious personal injuries and or property damage as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby assume those risks and do hold harmless all persons or entities related to the Siskiyou Velo Bicycle Club who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk, is to be binding on my heirs and assigns. I acknowledge that an ANSI certified helmet is required to be worn by me at all times while riding a bicycle in any Siskiyou Velo event. By signing this release, I hereby agree to the terms of this release.					
Signature(s) Applicant _____ Date _____ Parent or Guardian of Minor _____ Date _____					

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Siskiyou Velo
P.O. Box 974
Ashland OR 97520
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