



October 2009

NEWSLETTER

Bitten by the Travel Bug

Recreational bicycle touring has been around since the early 19th century and has inspired many adventurers to attempt speed and distance records, as well as inspiring other cyclists who just wanted to pack up a few essentials and hit the open road. Siskiyou Velo has had many adventurous cyclists of its own, and the stories of members' trips to all sorts of places are both amazing and partially true. Our next club meeting will provide an opportunity to examine one such bicycle adventure in some detail. Ron and Elizabeth Zell have recently completed a trip across the United States by bicycle. Their trip began on May 11th in San Francisco and ended 74 days later, on July 23rd in Yorktown, Va. They traveled on the ACA Western Express route to Pueblo, and then followed the ACA Transamerica route to Yorktown.

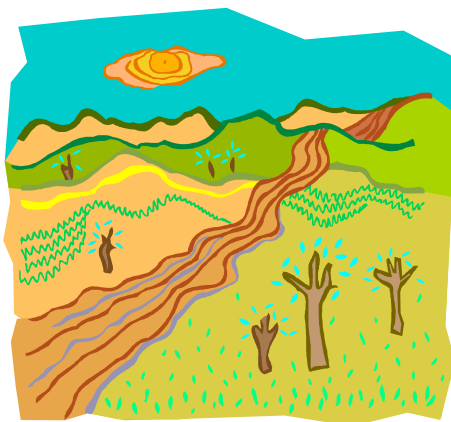
Early individual exploits in bicycle touring in France and Britain in the 1800's inspired the formation of numerous gentlemen's touring clubs. As noted in Wikipedia, "By 1878, recreational cycling was well enough established in Britain to lead to the formation of the Bicycle Touring Club, later renamed Cyclists' Touring Club. It is the oldest national tourism organisation in the world. Members, like those of other clubs, often rode in uniform. The CTC appointed an official tailor. The uniform was a dark green Devonshire serge jacket, and a "Stanley helmet with a small peak". The colour changed to grey when green proved impractical because it showed the dirt. Groups often rode with a bugler at their head to sound changes of direction or to bring the group to a halt. Confusion could be caused when groups met and mistook each other's signals."

American cycling surged in the early 20th century, then faded after the advent of the motor-car, especially after World War II. A resurgence in the 1970's followed the back-to-nature movement. Again from Wikipedia: "Such was the change that happened that 4,000 cyclists joined a ride from the Pacific to the Atlantic in 1976 to celebrate the nation's bicentennial. Its founder, Greg Siple, said: My original thought was to send out ads and flyers saying, 'Show up at Golden Gate Park in San Francisco at 9 o'clock on June 1 with your bicycle.' And then we were going to bicycle across the country. I pictured thousands of people, a sea of people with their bikes and packs all ready to go, and there would be old men and people with balloon-tire bikes and Frenchmen who flew over just for this. Nobody would shoot a gun off or anything. At 9 o'clock everybody would just start moving. It would be like this crowd of locusts crossing America. The ride, called Bikecentennial, ran from Oregon to Williamsburg, Virginia, site of the first British settlements. It defined a new start for cycle-touring in the United States and led to the creation of the Adventure Cycling Association.

The ACA has gone on to create mapped routes across America and into Canada, many of them rides taking three months to complete on a loaded bicycle."

Come view Ron and Elizabeth's pictures and listen to their stories of their cross-country adventure--they may inspire you to take a trip of your own one day!

Our next meeting is October 14th, 7:00 PM at the Harley Davidson meeting room in Phoenix. Please join us!



Club Meeting

Next Meeting October 14

Siskiyou Velo club meetings are open to all members. Meetings are held each month at 7:00 pm on the 2nd Wednesday of the month. October's meeting will feature Ron & Elizabeth Zell sharing their cross-country travel adventure. Meet at the D&S Harley Davidson shop at 3846 S Pacific Hwy in Phoenix.

New Members

Jerry & Zellah Swartsley
Kate Alftine
Matt Van Buskirk
Ted Clay
Mick Smith
Anne & Stanley Muth
Edward Karlovich & Julie Matthews

Renewing Members

Richard Mikula
Alan Shorb
Charlie Schink & Leona Myburg
Lonny & Sue Slack
Bob & Joy Grant
Robert Babbitt
Glenna Cresci
Phil & Laura Benedetti
Daniel Morse
Kathleen Collins
Buzz & Julie Skov
John Fricker

Time to Renew

Mike Phillips
John & Cheryl Colwell
Cindy Weaver
Jacqueline & Jason Williams
Mike & Marion Karpinski
Fredrick von Tress
Paul Murphy
Mark Seals
John Franklin
Susan Prufer
Linda Kimbal
Karen Clevering

Click link below to join or renew
your Membership.

<http://www.siskiyouvelo.org/join.php>



Support Our Member Shops

The bike shops with ads in the newsletter are business members of the Siskiyou Velo. Show them your membership card and receive a 10% discount on parts and accessories.

**Rogue Valley
Cycle Sport, Inc.**

Ashland CYCLE SPORT
191 Oak St.
Ashland OR 97520
(541) 488-0581
Fax: (541) 488-3802 E-mail: info@roguecycle.com

Medford CYCLE SPORT
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Medford OR 97504
(541) 857-0819

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and Customer Satisfaction is our Business"

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Ashland, OR 97520

www.siskiyoucyclery.com
info@siskiyoucyclery.com

Ph: 541-482-1997
Fax: 541-482-3571

Moved? New email address?

You can update your info online. Simply go to the Siskiyou Velo web-site <http://siskiyouvelo.org> and log in (see upper right corner). Your login is your email address. Don Parker has sent each of you the password. (Clue—a common ride that involves elevation gain—and if you haven't changed it to something more personal, you should!) Then go to "Club Members Only" and pick "Member Profile". Easy! But if you'd rather have an enjoyable conversation with Don . . .



Why Do I Ride?

"For the fun of it."

Jerry Rhoads

Siskiyou Velo Club Officers 2008

P. O. Box 974 Ashland, OR 97520

Officers

President:	Glen Gann 779-6986	ggann9@charter.net
Advocacy:	Edgar Hee 734-4872	ejhee@juno.com
Events:	Ron & Elizabeth Zell 482-4815	mlc@siskiyouvelo.org
Touring/Rides:	Dan Wooton 779-9248	touring@siskiyouvelo.org
Racing:	Steve Maluk 512-1368	steve@malukcoaching.com
Membership:	Don Parker 488-1924	membership@siskiyouvelo.org
Secretary:	James Williams 857-9037	jbsequoia27@msn.com
Treasurer:	Bill Tout 482-7080	treasurer@siskiyouvelo.org
Newsletter:	Jodi Weber 301-6880	newsletter@siskiyouvelo.org

Webmaster Spencer Gray 621-3743 webmaster@siskiyouvelo.org

Visit us on the Internet

<http://www.siskiyouvelo.org> Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.



Trivia of the Month

"In addition to his design prowess in bicycle hubs, derailleurs, pedals, and brakes - Tullio Campagnolo was also an innovator in the field of materials engineering for bicycle component design. In 1961, Campagnolo was the first to produce components using a low pressure magnesium casting process, and he pushed the envelope of bicycle component design when it came to the use of new aluminum alloys and titanium. But his inspiration was not limited to bicycling related products, in 1966 he received a patent for the Campagnolo self-centering wine bottle opener."

http://en.wikipedia.org/wiki/Tullio_Campagnolo

Another gorgeous day on the bike!

Siskiyou Velo Annual Elections- We Want YOU!!!!

Siskiyou Velo's Elections of officers will be held at the December meeting (our gala annual party). By terms of our Bylaws, all officer positions expire after 12 months, although the incumbent may hold office a total of three calendar years. So this means there are volunteer jobs available for those of you that may be interested. If you are interested or would like to nominate someone, please contact Mike Smith by email at michael@mail@earthlink.net

Following is a description of positions, incumbent information and candidates to date.

President: Shall coordinate and supervise all club activities and preside at club and Executive Committee meetings. Incumbent Mike Smith, first term, will run again. *Additional candidates welcome*

Secretary: Shall take minutes at all club and executive meetings and report. He / She shall maintain files of all minutes and official club correspondence. Incumbent James Williams, third term, *no candidates to date*

Treasurer: Shall keep and prepare all financial statements, maintain the club checking account, provide a monthly financial statement to the President and the membership at the monthly meetings. He/She shall provide an annual accounting to the board and file any appropriate tax returns. Incumbent Dave Oliver, first term, will run again. *Additional candidates welcome*

Newsletter Editor: Will prepare the monthly newsletter. Incumbent Jodi Weber, third term, *no candidates to date*
VICE PRESIDENTS

Racing - Shall be the liaison between the Velo and the racing community. He/She shall also be responsible for informing the newsletter editor each month of the current racing activities. Incumbent Glen Gann, second term, status unknown, *Additional candidates welcome*

Rides and Events - Shall coordinate monthly rides and provide the newsletter editor with the monthly ride schedule. He / She will inform ride leaders of responsibilities and maintain the ride leader handbook. Incumbent Dan Wooton, third term, position open, Jodi Weber has indicated interest. *Additional candidates welcome*

Events: - Shall plan and carry out the annual Mountain Lakes Challenge. No incumbent, Ron Zell has expressed interest, *Additional candidates welcome*

Membership - Shall coordinate activities that encourage club membership and recruitment of new members. He/She shall be responsible for maintaining a club roster of current members, and shall provide membership labels to the newsletter editor on a monthly basis. Incumbent Don Parker, third term, position open, Ron Zell has indicated interest.

Additional candidates welcome

Advocacy: Shall remain aware of and make proactive recommendations about availability/access, safety, freedom of use of the roads and cyclists and motorists responsibilities. Incumbent Edgar Hee, second term, will run again. *Additional candidates welcome*

Fall Colors Ride

The Fall Colors Ride is scheduled for Saturday October 10th at the home of John and Linda Monfore's in Fort Klamath. Show time is 9 AM and ride time is 10 AM. The ride is from Ft. Klamath to Rocky Point and return (about 44 miles) on gently rolling terrain. You are welcome to ride at any pace you like and shorten or extend the miles at your discretion. The Siskiyou Velo is supporting this ride for our Members.

The picnic and social gathering afterward is the highlight of the day. Come join in the fun.

Please bring your own beer/wine and a chair.

RSVP to Don Parker at membership@siskiyouveo.org or 488-1924. They do need a head count to help them order food.

John and Linda Monfore
52623 Ft Klamath Loop Rd
Fort Klamath, OR 97626

Directions:

Get yourself to HWY 140 and West Side Road. There is a sign that says Rocky Point to the left. Turn left and Go 18.6 miles. Turn left on Hackler Road and go 2.1 miles. Turn right on Nicholson Rd and go 2.5 miles. Turn right on Fort Klamath Loop Rd. to the Monfore home just a block or so away. You will see many cars parked there. The total distance is 69 miles from Ashland.

Here is a link to Google Maps: <http://maps.google.com/maps?hl=en&q=Ft%20Klamath%2C%20OR&ie=UTF-8&sa=N&tab=il&start=0> John & Linda live on **Fort Klamath Loop** Road just one block before you get to HWY 62. Zoom in on the map if necessary to see Fort Klamath Loop road clearly.



Jerseys!

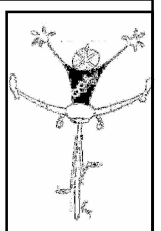
Club Jerseys are available to purchase in both men's and women's sizes. They are \$55.25 each. Please contact Elizabeth at 482-4815 or email ecrawfordzell@yahoo.com if you are interested in buying one.



CYCLE

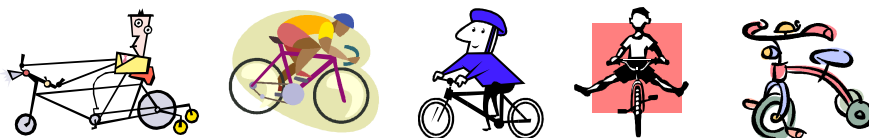
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535 N. Fifth St
Jacksonville, OR 97530
899-9190



6th Annual Vino Velo

Nancy Keeley, Jonathan Williams, and Ron and Elizabeth Zell would like to invite you to the Sixth Annual Vino Velo Ride. This year's event will take place on Saturday, October 17th. It will start and end at the Ashland Dog Park. Riders are encouraged to gather around 10:00 for coffee and pastries. We plan to head out for our tour of the wineries at 10:30. We will be visiting Trium, Eden Vale, Paschal, and Weisinger's wineries. Some of these may have tasting fees; so be sure to bring along some cash. A sag vehicle will be provided for transporting any wine purchases. We plan to stop for lunch at Eden Vale. You may bring lunch or purchase a box lunch from Greenleaf for \$12.50. This includes either a turkey or vegetarian sandwich, salad, chips, and a cookie. The lunches will be delivered to Eden Vale winery. If you wish to buy a lunch, payment must be made in advance. This tour will be a mellow to moderate ride of about 37 miles. We would appreciate your letting us know if you plan to attend; so that we can notify the wineries regarding how many people to expect. To RSVP and/or order a box lunch, please contact Elizabeth at 482-4815 or ecrawfordzell@yahoo.com.



Adventure Bicycle Tours to Exotic Destinations



For more details about any of our upcoming tours, please visit us at secondsummertours.com

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Orange County B&B / Featuring year-round group cycling rides (weekdays and weekends) for every riding ability. B&B has an extra large lap pool, two fireplaces, huge landscaped grounds (1/2 acre), 3 bedrooms, and a great selection of group rides.

California Dreaming Holiday Tour (December 26th - 31st / with optional New Years Century ride)

Maui Triple Challenge Tours: Deluxe (December 31st - February 6th / 2010) and **Basic** (February 7th - 13th / 2010)

New Zealand "Southland Express" (March 7th - 20th)

Tour de Andes - Custom group and club tours (April)

Oregon Challenge Tours (First week in August and September)

Amgen Tour of California (May)



Second Summer Tours

Rob Templin

541.517.7578

1262 Tropicana Lane
Santa Ana, CA 92705
secondsummertours@gmail.com

Siskiyou Velo Meeting September 2, 2009

13 Members present

Old Business: Minutes of the last meeting were approved.

Mike Smith said Cycle Oregon has a full volunteer list and that the club could expect up to \$1000 for the members efforts.

Treasurer: Dave Oliver reported a balance of \$8300.

Membership: Don Parker said we have 260 members.

Advocacy: Edgar Hee talked about bike lanes being made on two busy streets in Medford and reported the new South Medford Interchange seems functional for bicycle negotiation. He also said the bridge for the Bear Creek Greenway over Barnett Avenue will go out to bid this month and that Cycle Oregon, starting and finishing in Medford, would be a boost to bicycle advocacy for the Rogue Valley.

Touring: Dan Wooton was not present.

Racing: Glen Gann was not present.

New Business: Don Parker spoke about efforts to organize the Fall Colors Ride. He said the Klamath people will hold the usual ride but was in need of \$250 to make it happen. A motion was made to send them \$250 and was passed. A donation box was also to be set up at the ride for any additional costs.

Velo Vino Ride: Jonathan Williams and Nancy Keeley spoke of efforts underway for setting up the ride. A motion was made to assist with \$100 for costs and approved.

Xmas Party: A motion was made to put up \$1000 towards the endeavor and passed. A date is to be set soon.

There was a lengthy discussion of setting up a Yahoo Groups account for the Velo so members would have a forum/blog to set rides, etc. The account would provide flexibility but there are some privacy and insurance issues to consider. Siskiyou Velo would have to insert a disclaimer saying the rides are not affiliated with the club. The topic was tabled until the November meeting.

Mike discussed replacements for outgoing officers and said there were three possibilities being considered. He also spoke about thoughts for 2010 encompassing finance, memberships, touring, events and the website.

The meeting adjourned at 8:30 PM.

James Williams

Email to Jackson County and the City of Jacksonville regarding the cooperative effort to correct a traffic hazard in the Newsletter – the result of many, many phone calls involving three jurisdictions (Jacksonville, Jackson County, and the State).

Though this may seem a bit tardy, I do want to thank all of you for your efforts to correct the traffic-control problem at the corner of Hwy. 238 and California in Jacksonville. Back when I was President of the Siskiyou Velo organization we spoke several times on the phone about the hazard of this intersection, particularly for cyclists, and about the possible solutions to the problem. I was most pleased to see the new signs a few weeks ago. Though the meaning of the diagram is a little difficult to decipher on the fly, the combination of the signs, and their uniqueness, will definitely give any vigilant rider or driver cause to hesitate and think – exactly the objective. I commend you all

for your individual and collective efforts. Thank you!

K. Richard Berlet

1632 Ashland St.
Ashland, OR
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541-776-2020 .

E-mail: carlyle.stout@gmail.com

215 Laurel Street, Medford FAX: 541-776-9841

Why Do I Ride?

"To keep my sanity." Dan W.

SISKIYOU VELO RIDE SCHEDULE – October 2009

🚲 Approved helmets required on all club

🚲 Unless other wise noted, rain/wet pavement cancels ride

Date	Time	Start Location	Route	Pace	Miles	Contact
Sat. October 3	10AM	The Roasting Company in Ashland	Fat Tire ride/ Coles-tine to Hilt & return	Moderate	40	Helmut
Sat. October 3	11 AM		Avalon Grill for food & drink RSVP	Moderate		Sara 621-9083
Sat. October 10	9:00AM	Ft. Klamath	Fall Colors Ride	TBD	44	Don Parker 488-1924
Sun October 11	9:30 AM	Colver Park	TBD	Moderate		No ride leader
Sat. October 17	10AM	Dog Park in Ashland	Vino Velo	Mellow / Moderate	35	Elizibeth Zell 482-4815
Sat. October 24	9:00AM	Jville Library	Thomson Creek Summit	Moderate	52	Mike Smith
Sat. October 31	10:30AM	Hawthorne Park Medford	Pancake Patty's Gold Hill]	Moderate	28	James Williams 857-9037
Every Saturday	10am	Cycle Sport	TBD	Race Pace	Varies >20	Alex Hayes 857-0819
Every Saturday	10am	Varies	TBD	Mellow	20+/-	Phil Gagnon 488-4289
Every Sunday	9am	Bike Path behind Bad Ass Coffee	TBD	Race Pace	Varies >20	Glen Gann 779-6986
Every Monday	9:30am	Colver Rd Park	Jacksonville coffee	Group B4	25	No Ride Leader
Every Wednesday	10am	The Roasting Company	Show N Go	Regroup C4	25-40	No Ride Leader
Every Wednesday	6pm	Hawthorne Park	Cruiser Ride	TBD	TBD	Marty's Cycles 772-9253
Every Monday	10am	Varies		Mellow	TBD	Sarah Paul
Every Thursday	10am	Varies		Mellow	TBD	Sarah Paul

Ride Rating:

A- Basically flat with no steep hills.

B- Gently rolling terrain with one or two short steep hills

C- Moderate terrain, with rolling short, steep hills or moderate sustained climbs.

D- Difficult terrain with longer, steeper hills.

E- Extreme terrain with steep sustained climbs.

Ride Pace: (average range on level ground)

1- Slow < 10 mph

2-Leisurely 10—12 mph

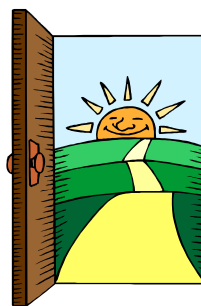
3-Mellow 12- 15 mph

4-Brisk 15 -17 mph

5-Hammer 18+ MPH

Group - Riders will stay together.

Regroup - Riders will spread out and regroup along the route.



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