



September 2006

NEWSLETTER

Our President, Rick Berlet, asked me to share in his Paceline column our (my wife, Dale, and my) recent adventures at Bicycle Idaho (BI), since he, at this writing, is now doing the, Oregon Bicycle Ride (OBR), which is the sister ride to BI. Both 6-day tours limit the number of riders to 250, and certainly live up to their billing as "Low Density – High Adventure". The OBR & BI organization and excellent support team, which is based in Bend, OR, began the OBR tours in 1987.

Last year's Bicycle Idaho route was so popular, with many on a waiting list who missed the 250 rider cutoff, that organizers decided to do the same route again this year, changing only the start/end location from Plummer to Sandpoint. The route which swings across the Idaho panhandle into Montana, then back west over a mountain pass, and then the Trail of the Coeur d'Alenes, before returning north to Sandpoint was absolutely gorgeous. Combining this with perfect weather, outstanding support, friendly people and delicious meals, made this the ultimate cycling tour for us.

Day 1: From Sandpoint we rode east along the northeast side of

the large and beautiful Lake Pend Oreille which is surrounded by majestic mountains then along the Clark Fork River into Montana and to our campsite at a school in Thompson Falls. The 90 mile ride went by pretty quickly as we arrived in camp before 1P, reminding us that we need to slow down and enjoy the scenery, especially with temperatures being quite comfortable in the afternoon. BI provides two rest stops on each daily route with a spacing ranging from 20 to 35 miles, and the food was outstanding with a lot of fruit and specially prepared treats. The catered evening meals exceeded our expectations in everyway, and the menu got better every day. The shower truck, with fresh towels every day, had plenty of capacity for a group this size.

Day 2: The lady in the tent next to us complained to Dale that it was my snoring that kept her awake all night, and not the loud chorus of other snorers in the camp, nor the trains that came through every 30 minutes blowing their whistles. It seemed that regardless of the amount of grassy real estate available for tents at camp sites, all tents seemed to be clustered in a small area, so there was certainly a

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sense of community. At 5am sharp, we would hear a tent zipper followed immediately by 100 tent zippers, and a big rush to get up, tear down the camp, and get going. Many of us wondered "why the rush", but once on the bike, life was great. On this day, we climbed over Thompson Pass and enjoyed a fast descent down the other side as we entered an area rich with mining history. We stopped and went through the Sprag Pole Museum containing some mining artifacts (but mainly a collection of junk), and then continued along the Coeur d'Alene River to the Trail of the Coeur d'Alenes and then east to Kellogg. After setting up our tent, we discovered that we inadvertently pitched it right next to the lady who complained about my snoring last night, but neither of us

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New Members:

Glenn Eckersley
Diane Green
Terrie Kirkpatrick
Matt Rejcek
Ben and Aimee Whitmer

Renewing:

Tamara Abbett & Joel Hodge
Dave Bennett
Patrick Henderson
Phil & Dale Hoffman
David Ingalls
Scott Texeira

Renewing Business Member:

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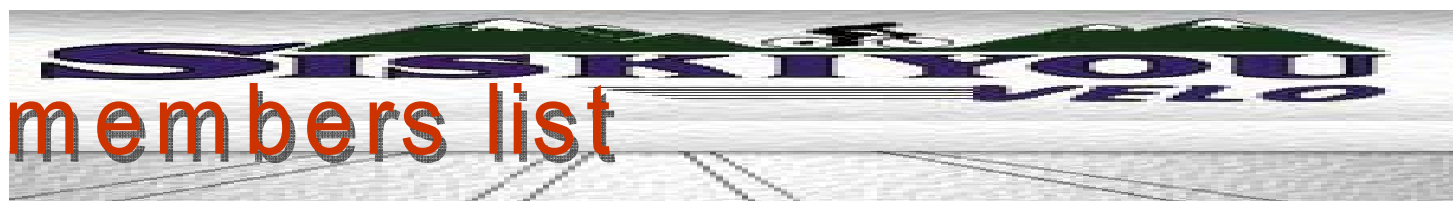
SALE- \$895
Contact Marc Heller
535-3366
mheller@marchellerdc.com

MEMBERS' ADS:

FSA SLK Compact Crank Set, 50/34 Chain Rings, 172.5 arm length (slightly used), includes **new** Bottom Bracket (English, not Italian) Price \$250.00
Andy Mayer 541-941-9151

Giant OCR Elite 1 Carbon Road Bike
Dura Ace Components
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Jerry 840-7981

Carbon Bianchi 928 Road Bike
Carbon handle bars, Carbon lugs, Dura Ace components. Compact FSA Carbon crankset 50/34, 175cm crank length.
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SAVE PAPER:

Please consider receiving the Siskiyou Velo Newsletter by e-mail.

- 🚲 It is in color.
- 🚲 You can print only what you need.
- 🚲 Your expiration date is duly noted.
- 🚲 You will be saving a tree and a few extra cents for the club.
- 🚲 The newsletter goes out right away to e-mail participants.
- 🚲 E-mail Leslie at: dlwooton @charter.net

Monthly Club Meeting:

Siskiyou Velo monthly meetings are held at 7:00 PM on the second Wednesday of the month at Angelo's Pizza in Phoenix, Oregon .

The Siskiyou Velo

P. O. Box 974 Ashland, OR 97520

Siskiyou Velo Club Officers For 2006

President: Rick Berlet - 488-0036 rberlet@triad-consults.com

Vice Presidents Advocacy:

Chris Haynes – (541)772-9220 cghaynes@simscycle.com
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Randy/Pam Wooton - 772-1790 drwoot@mighty.net

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Visit us on the Internet:

<http://www.siskiyouvelo.org> Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.

The Siskiyou Velo Jersey Store has the following size quantities on hand:

Men's Large : 3
Men's Medium: 2
Ladies Large: 1
Ladies Medium: 2
Ladies Small: 1

As soon as we sell a few more, I'll be ordering up new jerseys in various sizes. It will also be the time to put in an order for any special order items such as sleeveless and long sleeve jerseys, club windbreakers, shorts and bibs. Special orders call for a \$25.00 deposit. Contact me at 857-9037 and set up a time to try one on. Otherwise, the jerseys are always brought to the monthly club meetings on the second Wednesday of each month.
James Williams

PLACE YOUR AD HERE

3.5 x 2" \$15
1/6 page (half of a vert. column)
2.25 x 4.5 \$20
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(541) 488-0581

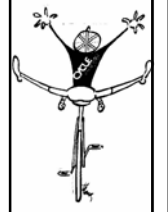
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SISKIYOU VELO RIDE SCHEDULE – September, 2006

*****approved helmets required on all club rides ***unless other wise noted, rain/wet pavement cancels ride**

Date	Time	Start Location	Route	Pace/ Rating	Miles	Ride Leader/Contact
Saturday Sept. 2	8:30 AM	Colver Park, Phoenix	Jacksonville to Applegate Store and return	Regroup C4	50 Miles	Show & Go
Sunday Sept. 3	9:00 AM	Ashland Dog Park	Ashland to Central Point using the bike path as much as possible and return	Group A2	Approx. 33 miles	Show & Go
Sunday Sept. 3	9:00 AM	Hawthorn Park, Medford	Lake Creek Store - Lunch	Regroup B3	35	Show & Go
Saturday Sept. 9	8:30 AM	Roasting Company – Ashland	Lakes Loop	Regroup D4	55 Miles	Show & Go
Sunday Sept. 10	9:00 AM	Colver Park, Phoenix	Shady Cove & return	Group C3	50 Miles	Show & Go
Saturday Sept. 16	09:00 AM	Gold Hill Post Office	Evens Creek Loop	Group C3	50 Miles	Show & Go
Saturday Sept. 16	9:00 AM	Call for details RSVP 772 9220	Velo Vino Wine Tour Applegate Valle	A2	45	Gwen Haynes 261-3974
Sunday Sept. 17	9:00 AM	Colver Park, Phoenix	Woodrat	Group D/4	60 Miles	Show & Go
Saturday Sept. 23	7:00 AM Registration	Palmerton Park, Rogue River	www.ridetherogue.org	Rider sets pace	3, 30, 65, or 100	www.ridetherogue.org
Sunday Sept. 24	10:00 AM	Hawthorn Park Medford	Eagle Point and Return	Regroup B3	40	Show and Go
Saturday Sept. 30	9:00 AM	Colver Park, Phoenix	Grants Pass Loop	Regroup C4	85	Show & Go
Every Saturday	8:00 AM	Bike path behind Bad Ass Coffee Co.	Determined by group	Race Pace Training	Varied > 20	Glen Gann 779-6986
Every Sunday	8:30 AM	Bike path behind Bad Ass Coffee Co.	Determined by group	Race Pace Training	Varied > 20	Glen Gann 779-6986
Every Monday	09:30 AM	Colver Park Phoenix	Jacksonville coffee ride	Group B4	25	Bob Korfhage 535 5276
Tues., Thurs.,Fri.	Call	Colver Park Phoenix	Show and Go	Group B4	Varied	Rick Berlet 488-0036
Every Tuesday	6:00 PM	Sims Cycle, Medford	Show & Go Especially for Women	Group B3	+/- 25	Gwen Haynes 772 9220
Every Wed.	10:00 AM	Ashland/ Roasting company	Show-N-Go	Regroup C/4	25-40	Bob Korfhage 535 5276
Every Thursday	6:00 PM	Ashland Dog Park	Show & Go Especially for Women	Group B3	+/- 25	Jodi Weber 301 6880

Ride Rating:

- A-** Basically flat with no steep hills.
- B-** Gently rolling terrain with one or two short steep hills.
- C-** Moderate terrain, with rolling short, steep hills or moderate sustained climbs.
- D-** Difficult terrain with longer, steeper hills.
- E-** Extreme terrain with steep sustained climbs.

Ride Pace: (average range on level ground)

- 1-slow** < 10 mph
- 2-leisurely** 6-10 mph - **Expect to stay at this pace**
- 3-Mellow** 12- 15 mph - **Expect to stay at this pace**
- 4-Brisk** 15 -17 mph
- 5-Hammer** 18+ MPH

Group - Riders will stay together.

Regroup - Riders will spread out, regroup at specific points along the route.

Other Ride Opportunities – NOT SPONSORED BY SISKIYOU VELO

Wednesdays -6PM Mountain Bike rides. Meet @ **Cycle Analysis** –Jacksonville
Lights and helmets required. Jana will have pasta after ride.

Saturdays - 9 AM Race Training, **Medford Cycle Sport**, 1390 Biddle Rd #107 (Alex 857-0819)

Sims Cycle & Fitness, 727 Medford Center, 772-9220

Thursdays – 6:00 PM – Tandem Friendly Rides – Meet @ **Sims Cycle and Fitness**

25-30 miles, 15-17 mph – single bikes welcome

HAMMER-FREE RIDES

If you look closely at the ride schedule for June, and over the coming months, take note of the slower-paced offerings – in tandem with the usual ride schedule. Several of the members, led by Phil Gagnon, have offered to lead these rides, for those who want a leisurely, social pace.

THESE RIDES WILL NOT BE HIJACKED BY FASTER RIDERS

If you are interested, come out and give these rides a try; if you have questions, give Phil a call at 488-4289 (philg@mind.net). If you would like to lead a slower paced ride in the coming months, contact Bob Korfhage at 535- 5276 or bkorfhage@charter.net

moved. Dale and I visited and were very impressed with the Kellogg mining museum which included a memorial for the 1972 Sunshine mine disaster.

Day 3: Layover Day: Given the choice of a road bike loop over Dobson Pass, a gondola ride to the top of Silver Mountain, a mountain bike ride on the Hiawatha Trail, or doing nothing, we chose the Hiawatha Trail along with 80 others from BI. The graveled Hiawatha Trail is part of the old Milwaukee Railroad route through the most rugged section of the mountains, and consists of 7 tunnels and 7 high trestles in a 15 mile section. What was a very costly route for a railroad now makes a very spectacular bike route. We rented mountain bikes near the trailhead, and immediately entered a nearly 2 mile long tunnel with only the lights on our bikes. After finally emerging from this seemingly endless tunnel, we bombed down to the bottom of the 15 mile 2% down grade. While Dale hammered back up, I stopped frequently for photos while fat chipmunks would crawl up on top of my front wheel for food that I didn't have. The long tunnel was wet, so we all ended up with a brown stripe up our backsides which we proudly wore as a "rite of passage" for this incredible experience.

Day 4: We spent the day riding west on the fantastically beautiful Trail of the Coeur d'Alenes from Kellogg to Harrison on the east side of Lake Coeur d'Alene. The trail was slightly downhill or flat all the way, and was

glassy smooth – and no car traffic. Someone said that it was like riding through a painting and that really sums it up. Along the way we stopped at Old Mission State Park featuring the oldest building in Idaho. From our campsite at Harrison, we rode a 15 mile out and back to Plummer (the west trailhead), which included the Chatcolet Bridge over the lake with its undulating ramps. After a wonderful tri-tip dinner, a Native American, representing a number of tribes in the region, gave a history and music presentation. We noted that the lady, who didn't like my snoring, camped a half mile away.

Day 5: Spoiled by "The Trail" we were back on the road again, but it was a beautiful route along the east shore of Lake Coeur d'Alene and it was actually nice to ride up some hills again. This short 40 mile day took us to our campsite at the fairgrounds in Coeur d'Alene giving us plenty of time to explore the downtown, marinas and resorts at the north end of the lake. The talent show after the wonderful salmon dinner was somewhat entertaining, but a gong would have been useful.

Day 6: We finished with a 60 mile ride from Coeur d'Alene to Sandpoint via Hayden Lake Golf Course and Spirit Lake, making our entrance to Sandpoint on the long concrete bridge (with separated foot and bike path) over the tip of Pend Oreille Lake.

Next year's route will be different, but I'm sure it will be a wonderful experience. We're

already looking forward to doing either the BI or OBR next year. Dale and I would like to thank Russ and Meg Rudometkin for telling us about this tour at the Fall Colors ride last year after they had done it in 2005. These rides tend to fill up by the first of the year, so if you are interested, check the website: <http://www.oregonbicycleride.org/index.php> soon for the announcement of the 2007 routes, and be ready to commit quickly.

Legal Bike Clinic Books

A few months back Sims, the Velo and I coordinated a Legal Bike Clinic with Ray Thomas from the BTA. We have a few folks that attended that have not received their complimentary Pedal Power book. Pedal Power Books are here. If you attended the Legal Bike Clinic and have not received yours please contact Paige at 608-2429.



Pedal Strokes by Roger Stevenson

344 rue de Blansin, 74800 Saint Pierre en Faucigny, France

It's been a tumultuous three weeks since the end of the Tour de France. There has been so much that has happened both on and off the racecourse, that one hardly knows where to begin.

I take it all back, all those nice things I wrote last month about Floyd Landis and the very positive effect he had on this year's Tour de France and on the cycling community at large. His celebratory champagne on the Champs Elysées has turned to a briny vinegar that has left a very sour and acrid taste in nearly everyone's mouth. I think all those who loves cycling and the Tour and who thought that Landis had given the event something that had been lacking for nearly a decade held out a slight glimmer of hope that his B sample would test negative and contradict the findings of the tests done on his A sample. Alas, it was not to be, as even Landis had expected from the very outset; the B sample did indeed confirm not only that his testosterone/estosterone ratio was exceptionally high (11:1) but also that there were traces of the hormone that did not originate in his own body. Phonak immediately fired Landis and a frenzy of Landis bashing soon developed in the European media. The rider's adamant declarations of innocence and his own explanations for the high levels were met with derision. Landis' rounds of the US talk show circuit in the States were viewed rather skeptically by the French press and, in fact, several commentators drew the comparison between Armstrong and Landis in that the latter had finally resorted to attacking the test findings on procedural grounds, much as Armstrong had done after the revelation of the presence of EPO in his blood samples from the 1999 Tour. However, in the absence of any plausible explanation, one is left with the fact that both his samples have returned a positive result for exogenous testosterone. And, the big question on nearly everyone's mind: why, when he knew he would be tested at the end of stage where he was the stage victor? It just doesn't make sense. In the space of a few short weeks, a promising future of basking in the limelight of a Tour de France victory and continued success in the professional peleton has now turned to a hellish nightmare for Landis and a source of frustra-

tion, disappointment and sense of betrayal for all who love the sport.

The very latest fallout from the Landis affair was the announcement on August 15th that **Phonak** would cease to exist as a cycling team at the end of the current season. The owner of the team and of the Phonak hearing aid corporation, Andy Rihs, announced at a Zurich press conference that all of their attempts to find new sponsors to allow the team to continue had been futile. iShares, a branch of Barclays Bank, was to have taken over the main sponsorship of the team, but Landis' positive drug tests soured the investment firm on sponsoring a cycling team that had been tainted by drug use allegations. Rihs, a fervent supporter of cycling, deeply regretted having to put the key under the mat and walk away from the sport he obviously loves, but the repeated cases of drug use by Phonak riders – fourteen different riders have been involved in drug-related issues since the inception of the team in 2000 – had already put the team's standing with the UCI and with any future sponsors on shaky grounds. The Landis case was the straw that broke the camel's back. Rihs said he was sorely disappointed that "this sport was synonymous with drug use." The team management made the announcement as soon as they realized they had failed in securing another major sponsor so that riders and staff, roughly 60 individuals, could spend the rest of the season finding other contracts. Phonak's departure from the peleton leaves Switzerland without a major professional cycling team.

The International Association of Cycling Teams has even gone so far, in a meeting of team managers in Brussels on Aug. 16th, as to issue a declaration calling for the UCI licensing commission to undertake the immediate suspension of both Phonak and Astana as Pro-Tour teams. The team managers' action is a direct challenge to the UCI to react more decisively to the questionable circumstances surrounding both teams.

Tour of Germany: There was a strange mood hanging over the Tour of Germany this year. The eviction of national hero Jan Ullrich from the Tour de France and Floyd Landis' ensuing positive test for testosterone had left a bitter taste in the mouth of

many German cycling fans and organizations. In fact, the German television network ZDF, which rebroadcasts the Tour de France in Germany, had openly called into question the validity of continuing to televise the event that was described as more of a spectacle than a sporting competition. In spite of these negative feelings, there were, as usual, excellent crowds out for the major cycling race held in Germany. The three German Pro-Tour teams hoped to perform well before their home crowd, and there were indeed a few bright spots, but the top German team, T-Mobile turned in a rather disappointing performance. Milram's hopes were centered on a stage victory for sprinter Erik Zabel, but, although he won the sprinters points jersey, he could not quite pull off a stage victory. He finished second twice and had several third and fourth-place finishes. Gerolsteiner came off best of the three German Pro-Tour teams. Last year's victor, Levi Leipheimer, was denied a repeat by Jens Voigt's inspired climbing in the mountains, but did finish second overall. His teammate Sebastian Lang came away with the mountain jersey and the Gerolsteiner took the overall team honors. The German hero of this year's race was, however, **Jens Voigt** (CSC). He took the leader's jersey on stage five, but nearly everyone thought he would lose it in the mountains to a surging Leipheimer. Voigt had other plans, however, and just when it appeared that he would fold and lose valuable time to Leipheimer on the final climb of stage seven, he dug deeply into his reserves and caught and passed Leipheimer for a magnificent stage victory. The next day he won his third stage of the race by crushing the field in the 38.2 km time trial and cementing his overall victory. It was a very fitting and well deserved ending to the German national race, and German fans must have been even more pleased with a win by a German riding for a Danish team than one by an American riding for a German team. Continued on page 8





"This ride's for you Russ" MLC T-Shirts Available

I'm sure all of you know by now that one of our club members, Russ Rudometkin was hit by a car, head on, May 30 during an after work ride east of Phoenix. In an effort to do something to show how much we care and to help raise awareness about bicycle safety we dedicated the Mountain Lakes Challenge to Russ.

The MLC Committee added "This ride's for you Russ" to the t-shirts and when the word got out about that, t-shirt sales took off. In fact, a second printing of the shirts was done right after the MLC because of the huge demand. Proceeds from the t-shirt sales go directly toward club advocacy work in the community.

There are still a few t-shirts left (S, M, L) at \$15. If you would like to buy a shirt contact Gwen at 772-9220 and help support an important cause. Good luck Russ. We're all rootin' for you!

Update on Russ

Russ will be at Providence Hospital a little while longer. He seems to really enjoy company. A good time to visit would be between 4 and 6 weekdays and probably anytime weekends. THANKS! Meg

In Support of Cycling

As the result of a very successful 2006 Mountain Lakes Challenge, the Club has decided to distribute the proceeds to a variety of causes. The factors involved in the decisions were based on wanting to reach out to the most people, enhance club recognition, and to promote safety and education to youth. With these criteria in mind, the Club approved the following.

- ◆ ACCESS - helmets for kids (\$1000)
- ◆ Bear Creek Greenway street signs - a work party, with the club buying the signs and doing the labor of putting them up, with a party for all laborers afterwards (\$2000)
- ◆ New Riders' Club - bike ride for new riders with pizza afterwards, possibly during Bike to Work Month (\$250)
- ◆ Bicycle Transportation Alliance (BTA) for education in local schools (\$2000)
- ◆ A bike for the Medford Police Dept, outfitted with all necessary accessories (helmet, pack, lights, etc) (\$1500)
- ◆ Bike to Work Month - as yet unspecified format for support, but something to increase awareness of cycling as a transportation option (\$750)

The Greenway sign project will take a significant amount of organizing, as well as plenty of volunteers ready to get sweaty and dirty putting the signs up when the time comes. A few people who are interested in encouraging new riders on a couple different rides are needed to coordinate rides and pizza. Bike to Work month is May. This year the Ride of Silence was one event the club organized. We'd like to have your suggestions and help in making the whole Bike to Work month an opportunity to increase awareness of cycling as a viable transportation option. If you are interested in helping with one of these projects, please contact Rick Berlet or Jodi Weber.

3rd Annual Velo Vino Bike Tour

****RSVP**772-9220**RSVP****

September 16 is the date of the 3rd Annual Velo Vino Bike Tour! This is a very social ride – wine tasting is optional. We've planned a 45 mile ride through the beautiful (and mostly flat) Applegate Valley. Meet at Valley View Winery at 9am on Saturday. There's lots of free parking or, for you die-hards, feel free to bike over. For early risers, join us for breakfast at the Magnolia Grill in Ruch at 7:30am.

On our way to our first wine tasting venue we'll make a refueling stop at Pennington Farms Bakery for some coffee and pastries at about mile 15. Then on to our first stop at Troon Vineyards. From there we head up to Wooldridge Creek Winery for lunch. After lunch it's just 15 miles back to Valley View for our 3rd tasting.

Bring \$5 for the delicious catered lunch provided by Eve's Garden Café and bring extra cash for the bakery stop, and your wine tastings and purchases. As always, there will be a sag wagon to carry all your purchases along the way.

**Please Please Please RSVP by
Sept. 12 at 772-9220.**

This is the first in a series of articles written during a 10 week journey in Middle (Eastern) Europe during the spring and summer of 2006.

Cycling to the Ashland YMCA Saturday morning I could really feel the pending adventure in the warm spring air. It was only 10:30 and almost too hot for my thin black jacket; spring has finally come to the Rogue Valley. As I cycled along the Greenway past the tennis courts, several were full of people also coming out of their winter hibernation. The bike felt a part of me, as if it, too, was prepared for the upcoming tour. Loaded with all we both needed to bicycle Central Europe for 3 months, it seemed wanting to go.

For many years when I first set up for a tour the bike felt nervous and was difficult to control. Maybe it was the newness of adventure together that we both felt. Now that nervousness has left us and we sense only the excitement of the road calling us forth.

Today the bike was only loaded for show, my new black Arkel panniers bulging with my clothes, tent, stove and such; I was on my way to teach a touring class at the "Y." I don't think the bike knew that. It seemed to be telling me this really was the beginning of our summer tour. The day after the class finishes its overnight tour to Cantrell/Buckley Park and returns to Ashland the bike and I board a plane for Prague.

Cycling over the railroad bridge and drifting down the hill I almost kept riding. Seeing in my mind the wonderful climb up Greensprings, following the road through the mountains and desert to Phoenix, AZ to meet the British Airways flight was almost too much to put off. But I

did have a class to teach that I hoped would open the door of a new world to the students, that of bicycle touring.

It was hard to dismount and enter the "Y" knowing I would not be able to enjoy this fantastic, warm, almost balmy day with my friend and long time companion, my burnt orange Waterford custom touring bike. I and the students would be confined to a classroom for the duration of the riding day, Ying and Yang, the good and bad, confinement to learn to free oneself. A good trade I hoped as I pushed my fully prepared companion up the ramp and through the doors for its first elevator ride of this season. I was sure that this would not be the last elevator in which it would find itself enduring this year. Everyone was exhausted and more than ready to leave at 6pm. A lot of information and anticipation was shared. As I mounted up to ride home a gentleman stopped me to talk about the bike and what I was doing with so much gear. Gee, maybe this is a tour. Locals stopping me and talking is one of the reasons I cycle tour. Did I continue on this morning and not stop to teach the class? Am I sure I am not out there on the road? It feels and acts like I am. Maybe this is a summer day in Moldova and Ashland is 2 continents behind me.

Oh, well time to go. I have unpacking to do and notes to write for the next class. Moldova will have to wait another few weeks.

Bill has been cycle touring for over 35 years. His tires have touched roads in over 40 countries, having cycled around the world in 1994-95. For the change of the millennium he and his wife Annette bicycled Europe, the Middle East and Central America en-

joying the road for 18 months. Bill is a retired bicycle retailer and lives in Ashland when not "on the road."

From page 6

The **Classica San Sebastian**, the first Pro-Tour one-day race following the Tour de France, drew an impressive field for this always-exciting race run in Spain's Basque country. After a very early break-away was reeled in with just over 50 kilometers to race, a resurgent Iban Mayo (Euskaltel) led a three-man attack on the final climb of the day up the Jaizkibel. With Rabobank's Denis Menchov and Carlos Sastre (CSC) in tow, Mayo built a lead of 21 seconds, but the trio was caught with just less than 5 kilometers to the finish. From then on, it was anyone's race, with the likes of Valverde, Vinokourov, Kashechkin, Hincapie, and Schleck all vying for the victory. With 300 meters left, Bouygues Telecom's **Xavier Florencio** launched his sprint and took everyone by surprise, including himself, by winning by a full bike length in front of Stefano **Garzelli** (Liquigas) and **Andrey Kashechkin** (Astana). The win by the newly recruited Spanish rider to Jean-René Bernaudeau's French team more than adequately fulfilled Bernaudeau's hopes in signing the young pro, who is no stranger to the hills and climbs surrounding San Sebastian.

With the Vuelta due to start at the end of August, the rest of the one-day Pro-Tour classics and the World Championships in September in Austria, there is still a lot of cycling on the calendar. Let's just hope that these concluding events can remain free of even the suspicion of illegal drug use.

Velo Meeting Minutes
August 9, 2006

- I. Introductions & approval of minutes from last month
- II. Committee Reports: Most officers weren't at the meeting, so this part went quite quickly (until we got to Advocacy!)
 - A. Treasurer: \$300 in membership revenue; total in bank of about \$13,500.
 - B. Advocacy
 1. County candidates were generally not inclined to answer a questionnaire on their opinions regarding bicycles; only Dr. Gilmour, one of the Jackson County commissioners, was willing to give his opinions.
 2. The status of Bear Creek Greenway at the South Medford interchange is not resolved. It seems that they are inclined to make a "temporary" crossing which would require users to cross Barnett at street level at a signal at Highland. Instead, club members are urged to write to state and county representatives to ask that the Greenway run under Barnett as a much safer route for all who will use it.
 3. A Christmas Toy Run similar to what the Harley people do is in the works, with Angela Lane coordinating.
 4. Chris Haynes would like help coordinating events for Bike to Work week next May.
 5. The future of the North Phoenix / Fern Valley interchange has many options with the new Home Depot going in. Traffic will increase greatly at that intersection and current roads are not adequate.
 6. There has still been no public disclosure of the accident report on Russ Rudometkin's accident. The club continues to make this a priority so that the rights of cyclists are enforced.
- III. Road Hazards
 - A. Condi Creek is terrible
 - B. Butler Creek / orchards loop has been recently chipsealed (see the chipseal schedule on the website)
 - C. Rogue Disposal empty containers are being left in bike lanes; Bill Tout will contact Rogue Disposal.
 - D. The Greenway by the waste treatment plant in Ashland and near the weigh station are in terrible condition. Continue to inform Karen Smith about these hazards.
- IV. Old Business
 - A. The proposed distribution of MLC money was approved.
 - B. Dates for the annual meeting / Christmas party were tentatively set, pending availability of the hall. Bobbie Plummer is organizing it.
 - C. The second presentation at Stewart State Park is August 12 with Carol Lee Rogers, Chris Haynes and Egon talking "All About Safety".
 - D. A TV spot promoting *Ride the Rogue* will begin airing August 18 on channel 10; it will also be advertised on Clear Channel radio and in the Mail Trib.
 - E. Plans for the 3rd Annual Velo Vino Tour were unveiled, and the club authorized spending up to \$300 to help with costs of food and gas.
 - F. New signs for the MLC are being obtained via Bob Plummer. They will be ready in time for *Ride the Rogue* to use them.
 - G. The MLC is in need of a coordinator for 2007. There are committee members eager to help and a wealth of information from past rides. We just need a leader to get things moving.
- V. New Business
 - A. Thanks to Tom Burnham, Old 99 in Ashland between Tolman Creek and Crowson will be patched this month and next year will be resurfaced.
 - B. James Williams has some jerseys on hand still, but if he sells one more, he'll be down to reorder time. He also has a limited number of 2005 MLC T-shirts for sale for \$5.
- VI. Adjourned at 8:23



YES! ANYONE CAN BECOME A...

TRANSPORTATION SUPER HERO

HELP FIGHT CONGESTION & POLLUTION!

RVTD's Way To Go! Program is now accepting nominations for its annual Transportation Hero Award! Nominate someone in your life who you feel is a real Transportation Hero. To qualify they simply need to walk, bike, skate, or take the bus as their primary means of transportation.



walk!



bike!



bus!

How do I nominate my Hero?

Nominations should be sent to Paige West at 3200 Crater Lake Ave. Medford OR 97504, or by email at p.west@rvtd.org. Please include the candidates name, contact information and a short description of why you feel they should be declared the 2006 Transportation Hero. For more info please call Paige at 608-2429. **Nominations are due by Friday, September 8th.**

Ashland Car Free Day Festival

September 22, 2006 from 3pm-7pm Oak St. Downtown

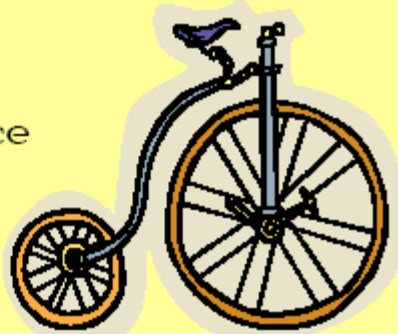
Celebrate World Car Free Day - Fun and free activities

Oak St. Main to Lithia Way will be closed to motor traffic 2-8 pm

Bicycle Rodeo for kids

Free How-To Bike Maintenance

Bike-It Free Style Tricks



All Ages Walking Tours (in the morning)

Enjoy Life

Transportation Hero Award

Leave the Car

Education and Outreach booths

Standing Stone Outdoor eatery



For more information please visit www.rvtd.org or call 608-2429

Siskiyou Velo Membership Application

Name	Age	Type of Membership (check one box in each cell below)	
Street Address	City	<input type="checkbox"/> Individual – \$15/year	<input type="checkbox"/> New
	Zip	<input type="checkbox"/> Family – \$20/year	<input type="checkbox"/> Renewal
E-Mail Address	State	<input type="checkbox"/> Business – \$25/year	Any new Information included? (e.g., address, phone, bikes, interests)
			<input type="checkbox"/> Yes <input type="checkbox"/> No
Cycling Interests <input type="checkbox"/> Social/Training rides <input type="checkbox"/> Mellow-paced social rides <input type="checkbox"/> Commuting/transport <input type="checkbox"/> Self-contained touring <input type="checkbox"/> Racing <input type="checkbox"/> _____ <input type="checkbox"/> Single track <input type="checkbox"/> Back road mountain biking <input type="checkbox"/> _____		Bike Frame Brand(s) _____ _____ _____	Newsletter Distribution Election <input type="checkbox"/> Snail mail (cost borne by Club) <input type="checkbox"/> Electronic (via web site – notification by e-mail)
Information Blocking Options (items checked will <u>not</u> be available on the secure pages of the web site)* <input type="checkbox"/> Phone Number <input type="checkbox"/> E-mail Address <input type="checkbox"/> Residence Address <input type="checkbox"/> All		Other Family Cyclists Name _____ Age _____ Name _____ Age _____ Name _____ Age _____	
* Access to roster on web will require member ID and password			
Make Checks Payable to:	Siskiyou Velo P.O. Box 974 Ashland, OR 97520	Volunteering <input type="checkbox"/> Committees (MLC, etc.) <input type="checkbox"/> Newsletter <input type="checkbox"/> Ride Leader <input type="checkbox"/> Officer position <input type="checkbox"/> Other _____	
Waiver In consideration of my participation in Siskiyou Velo, I hereby waive, release, and discharge any and all claims for damages, death, personal injury, or property damage which I may have, or which hereafter accrue to me, as a result of my participation in said organization or their activities such as club organized rides and events. This release is intended to discharge in advance, the Siskiyou Velo organization or officers, and any involved municipalities or other public agencies, from and against any and all liabilities arising out of, or connected in any way with, my participation in said organization. I further understand that serious accidents occasionally occur during bicycle riding, and that participants occasionally sustain mortal or serious personal injuries and or property damage as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby assume those risks and do hold harmless all persons or entities related to the Siskiyou Velo Bicycle Club who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk, is to be binding on my heirs and assigns. I acknowledge that an ANSI certified helmet is required to be worn by me at all times while riding a bicycle in any Siskiyou Velo event. By signing this release, I hereby agree to the terms of this release.			
Signature(s) Applicant _____ Date _____ Parent or Guardian of Minor _____ Date _____			

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Siskiyou Velo
P.O. Box 974
Ashland OR 97520
August Newsletter

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