



February 2006



February President's Paceline

This number of *President's Paceline* is dedicated to the Mountain Lakes Challenge Sponsorship Campaign. Response to last month's plea for help from our members in soliciting sponsorships was, as could be expected, mixed. In several instances, old and new sponsors stepped forward in generous and unsolicited manner to offer their support. The good news is that the positive responses far outnumbered the negative and, as a result, we are off to a flying start with the campaign.

One of the very legitimate questions that was raised by my "correspondents" was: why does Siskiyou Velo need more money, since most certainly all of its operating costs are more than covered by dues and MLC proceeds? First of all, all of the operating costs are not covered by member dues. However, from my perspective, a more important reason derives from our Club's role as not just a social and rideplanning organization, but as an advocate of cycling interests in the community. Advocacy occurs on many levels: I personally, along with most of our members, express enthusiasm for cycling to our friends, and anyone else who will listen. When we can, and the issue is at hand, some of us even try to politely explain the concept of sharing the road to our motorist friends.

At a second level, clubs like ours can, as a collective body, exercise political pressure to get certain things on the agenda of local governments, and to influence decisions that are taken; we've had considerable success on this front, over the past few years, as an exhibit in the Sponsorship Brochure indicates. Finally, there are bigger organi-

zations that have a great deal leverage than we do, because they have much bigger budgets. Such organizations as the Bicycle Transportation Alliance, Access, Inc., and the Greenway foundations, using contributions we make, along with other much larger donations, can have an impact that is far beyond our reach. So, it is very important for us to use our strongest drawing card, the Mountain Lakes Challenge, as a vortex to raise funds which we can then redistribute to these activities – our own modest initiatives, which sometimes require smaller amounts of funding, and those of other organizations whose needs are much greater. Spending dollars here in the Rogue Valley, to support local advocacy projects, can buy the entire bicycle community – riders, bike shops, other supporting merchants, and the local economies - great benefits in the long

As mentioned last month, we have a very professional sponsorship-solicitation package, which can be used by anyone in our club to approach a potential donor. This brochure specifies several levels of support which coincide with the sponsor's benefits. Cash, or donations of goods and services, are acceptable, though donations in kind should be accompanied by at least a modest cash donation. (This requirement may be waived under certain circumstances which should be authorized by the Sponsorship Committee). We have arranged to make these packages available at several of the local bike shops listed below:

To Cycle Analysis (Jacksonville)

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- **ॐ** Cycle Sport (Ashland & Medford)
- **56** Flywheel Bicycle Solutions (Talent)
- ₼ Marty's Cycle & Moore (Medford)
- **☼** Sims Cycle & Fitness (Medford)

If you are interested in helping out, you need only visit one of these shops, pick up one or more of the brochures (they are intended to be a leave-behind when you make a proposal), and make your call(s). The only request we make is that you tell either me (rberlet@triadconsultantsinc.com) or Sean Hankin (hankinhq@charter.net) what companies you plan to solicit. We would like to avoid duplicate solicitation as much as possible, and Sean and I will be the clearing house to coordinate the effort. If you want to pick a category of business and a geography, that would be fine as well, as long as you let us know as soon as possible, and then make your calls.

I am very encouraged that this campaign has gotten off to such a great start. It holds the potential for us to have some wonderful long-term effects on the quality of cycling in the Rogue Valley. I think you will all be surprised by the list of current accomplishments that is included in this package, and they will give you a great selling tool, and a view of the future which is truly exciting.

Renewing members:

Ashland Street Bicycles Michael Benier Rick Berlet Tom Burnham Robert Simpson Vicki Chamberlain The Slawta Family Brad Cook Will Thompson & Carol Lee Rogers Tom & Nancy Flowers Dan Thorndike & Family Philip Gagnon Jodi Weber Spencer Gray Dan & Leslie Wooton Bob Korfhage & Cindy Roche' Randy & Pam Wooton Gary & Laurie Mac Graw Jerome Nitzberg Russ Rudometkin & Meg Rawlings

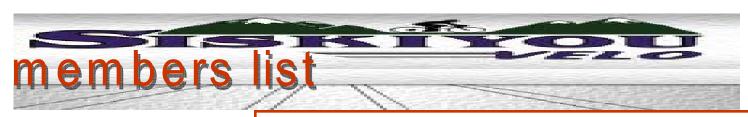
Welcome New Members:

James Astell
Joshua Baird
Don Cheek
Ross & Denise Finney
Mason & Jocelynn Harrison
Russell Holtsberg
Dale Kitchens & Saundra Mc Innis
Michael Morris

A note from the Editor:

An apology from me would not have been necessary had not an unforeseen series of events taken place. First, I am new at editing the newsletter as of this January. Second, I had been planning to take an extended vacation to Arizona since last summer, and the weather in December presented a very narrow window of opportunity to drive my motor home out of the valley. Third, Sim's Cycle asked me to include "information article" after I had already formatted the newsletter which meant a hurry up change to get everything to fit. I did not proof read the article beforehand and did not notice the commercial value. And so, I apologize to those who were offended by my error, and will do my best to see to it that things of this nature do not happen again.

Bill Inman



The Siskiyou Velo

P. O. Box 974 Ashland, OR 97520

Siskiyou Velo Club Officers For 2006

President: Rick Berlet - 488-0036 rberlet@triad-consultants.com

Vice Presidents Advocacy:

Chris Haynes – (541)772-9220 <u>cghaynes@simscycle.com</u> Edgar Hee – (541)734-4872 ejhee@juno.com

Vice Presidents Events:

Phil & Dale Hoffman – (541)664-9852 phoffman861@msn.com

Vice President, Touring/Ride Schedule:

Bob Korfhage - 535 5276 bkorfhage@charter.net

<u>Vice President, Racing:</u> Glen Gann – (541)779-6986 <u>ggann9@charter.net</u> <u>Vice Presidents, Membership:</u>

D. .. /I

Dan/Leslie Wooton - 779-9248 dlwooton@charter.net Randy/Pam Wooton - 772-1790 drwooton@mighty.net

Secretary: Jodi Weber - 301-6880 weberjs@charter.net

<u>Treasurer:</u> Bill Tout – (541)482-7080 <u>treasurer@siskiyouvelo.org</u>
<u>Newsletter Editor:</u> Bill Inman - 541-601-5952 <u>bill39@clearwire.net</u>
<u>Asst. Editor</u> – Claudia Bowdoin – (541)245-8608 <u>bowdoinc@sou.edu</u>
<u>Web Site Manager:</u> Spencer Gray - (541)621-3743 gray8110@charter.net

Visit us on the Internet:

http://www.siskiyouvelo.org Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.

Monthly Club Meeting:

Siskiyou Velo monthly meetings are held at 7:00 PM on the second Wednesday of the month at Angelo's Pizza in Phoenix, Oregon.

MEMBERS ADDS:

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For Sale: Recumbent Stratus XT, dual 26", 2 months old, too many upgrades to list, please call for info. \$2000.00

Jerry 541-512-2155

Airborne Blackbird, 58CM complete, low miles. Call for info. \$1200.00 Jerry 541-512-2155

Canondale Touring Bike, Aluminum, cantilever brakes, touring bars, down tube shifters, size unknown, but probably around 56 or 57. \$150/offer - mike@homecarecompanion.com cell 944-0247

Canondale Road Bike, size 56 or 57, Aluminum, Shimano 105 rear derailleur, Campy front derailleur, 105 brakes, Mavic wheels, new tires, Look pedals, computer, down tube shifters. Sell \$290/offer - mike@homecarecompanion.com cell 944-0247

Specialized shoes, size 42, Velcro closure, mesh and leather, Look cleats installed; they have the standard hole pattern for your cleats. Near new. These are an extra pair I do not wear. Sell \$30.00/offer mike@homecarecompanion.com cell 944-0247 email photos available

Chris Carmichael Training DVD's, 1
Sprinting, 1 Climbing, These are a set I received as a gift. New cost \$24.95 each, sell both for \$40.00

mike@homecarecompanion.com cell 944-0247 email photos available

PLACE YOUR ADD HERE

3.5 x 2" \$15

1/6 page (half of a vert. column) 2.25 x 4.5 \$20

1/3 page vertical (1 column) 2.25 x 9" \$25

1/2 page horizontal

7 x 4.5 \$40

2/3 page vertical (2 columns)

4.5 x 9" \$50

full page 7 x 9" \$60

SAVE PAPER:

Please consider receiving the Siskiyou Velo Newsletter by e-mail.

- ಈ It is in color.
- Nou can print only what you need.
- Nour expiration date is duly noted.
- You will be saving a tree and a few extra cents for the club.
- The newsletter goes out right away to e-mail participants.
- E-mail Leslie @ dlwooton @charter.net

SISKIYOU VELO MEMBERS

SHOW YOUR CARD. Receive 10% discount on parts and accessories in the bike shops listed on this page.



Rogue Valley Cycle Sport, Inc.

Ashland CYCLE SPORT 191 Oak St. Ashland OR 97520 (541) 488-0581

Medford CYCLE SPORT 1390 Biddle Rd. #107 Medford OR 97504 (541) 857-0819

Fax: (541) 488-3802 E-mail: info@roguecycle.com



727 Medford Center Medford Oregon 97504 541 772 9220 888 772 9220 cghaynes@simscycle.com www.simscycle.com

Chris & Gwen Haynes • Owners

Diamondback

Raleigh BMX Redline

ASHLAND STREET BICYCLES

Sales & Service

1632 Ashland Street Ashland, OR 97520 (541) 482-3440

Jack Christman





535 N. Fifth St Jacksonville, OR 97530 899-9190







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See our Vintage Bikes

John Ford Owner/Manager (541) 488-4270 1988 Hwy. 99 N. Ashland, OR 97520 across from Butler Ford





****approved helmets required on all club rides

***unless other wise noted, rain/wet pavement cancels ride

Date	Time	Start	Location Route	Pace/Rating	g Miles Ri	ide Leader/Contact
Saturday Feb. 4	11:00 AM	Phoenix/Colver park	Show-N-Go	<u>Group/</u> B/3	TBD	No Ride Leader
Sunday Feb. 5	11:00 AM	Hawthorn Park Medford	Show-N-Go	<u>Group/</u> B/3	TBD	No Ride Leader
Saturday Feb.11	11:00 AM	Ashland/Roasting	Show-N-Go	<u>Group/</u> B/3	ТВО	No Ride Leader
Sunday Feb. 12	11:00 AM	Exit 24 shopping center	Eagle Point & Return	<u>Group/</u> B/3	46	No Ride Leader
Saturday Feb. 18	11:00 AM	Phoenix/Colver park	Show-N-Go	<i>Group</i> ∕ B/3	25-40	No Ride Leader
Sunday Feb. 19	11:00 AM	Phoenix/Colver park	Central Point & Jacksonville	<i>Group</i> ∕ B/3	30-35	No Ride Leader
Saturday Feb. 25	11:00 AM	Ashland/Roasting	Jacksonville & Return	<i>Group/</i> B/3	+/-40	No Ride Leader
Sunday Feb. 26	11:00 AM	Cycle Sport Parking Lot	Gold Hill and Return	<i>Group/</i> B/4	+/- 35	No Ride Leader
Every Saturday	8:00 AM	Bike path behind Bad Ass Coffee Co.	Determined by group	Race Pace Training	Varied > 20	Glen Gann 779-6986 Richard Hogan 664-8751
Every Sunday	8:30 AM	Bike path behind Bad Ass Coffee Co.	Determined by group	Race Pace Training	Varied > 20	Glen Gann 779-6986 Richard Hogan 664-8751
Every Mon- day	11:00 AM	Colver Park Phoenix	Jacksonville coffee ride	Group B4	25	Bob Korfhage 535 5276
	11:00 AM	Ashland/ Roasting company	Show-N-Go	Regroup C/4	25-40	Bob Korfhage 535 5276

Ride Rating:

A- Basically flat with no steep hills.

B- Gently rolling terrain with one or two short steep hills.

C- Moderate terrain, with rolling short, steep hills or moderate sustained climbs.

D- Difficult terrain with longer, steeper hills.

E- Extreme terrain with steep sustained climbs.

Group - Riders will stay together.

Regroup - Riders will spread out, regroup at specific points along the route.

Ride Pace: (average range on level ground)

1-slow < 10 mph

2-leisurely 6-10 mph - Expect to stay at this pace 3-Mellow 12- 15 mph – Expect to stay at this pace

15 -17 mph 4-Brisk 18+ MPĤ **5-**Hammer

Other Ride Opportunities - NOT SPONSORED BY SISKIYOU VELO

Cycle Analysis, 535 N. Fifth Street, Jville

Saturdays 8 AM Training/Race Ride - Meet @ Bad Ass Coffee Co. - Medford

Sundays 1 PM Training recovery ride - Meet @ Cycle Analysis - Jacksonville

Wednesdays -6PM Mountain Bike rides. Meet @ Cycle Analysis –Jacksonville

Lights and helmets required. Jana will have pasta after ride. Medford Cycle Sport, 1390 Biddle Rd #107

Saturdays - 9 AM Race Training Call Alex for details 857-0819

Volunteer Ride Leaders

Needed: When you look at the ride schedule for the month of February, you will note an absence of ride leaders. Without ride leaders, the pace will not be controlled, directions to new riders will not be available and there will be a reluctance of new riders to join our rides. To volunteer to be a ride leader call Bob Korfhage @ 535

5276 or email,

bkorfhage@charter.net by the 15th of the month. I would like to see multiple rides with multiple paces every month. You pick the route, time, starting location and pace. Refer to the ride schedule for

the information needed. The Ride Leader's Handbook is available in electronic format on our Web-site as a PDF file for members to download and use. Anyone wishing a paper copy please contact Bob Korfhage. It is a great manual for planning and organizing a ride and it's full of tips for better riding. I'm looking forward to hearing from lots of club members.





Pedal Strokes by Roger Stevenson and he'll ride for me. I don't 344 rue de Blansin, 74800 Saint Pierre en Faucigny, France

After the winter lull in the European peleton where not much happens other than R & R, winter training camps, team roster presentations and on-going battles between the UCI and race organizers, the new season gets underway on January 31st, a bit early this year, with the Grand Prix d'ouverture "La Marseillaise" followed the next day by the first stage of the Etoile de Bessèges in southern France. That doesn't, however, mean that all cycling races come to a standstill for three months: there are always the six-day races, cyclo cross events, and a good number of European

riders migrate to the warmer climes of

Australia for their summer racing schedule,

including the Jacob's Creek Tour Down

Under.

The war of nerves between the UCI and the organizers of the three national tours continues to poison the mood in European cycling circles. As discussed here last month, the three national tours announced their immediate withdrawal from the Pro-Tour calendar of races. Between the three organizations, they control and organize 13 different races in their respective countries, and these races had been included as part of the Pro-Tour calendar in spite of the fact that their organizers were excluded from sitting on the Pro-Tour Council because of their on-going dispute. The announcement of the three tour organizers in early December clearly put the ball in the court of the UCI and the teams comprising the 20member Pro-Tour as conceived by the UCI. Things got even more complicated in early January when, after a meeting of its members, the International Association of Professional Cycling Teams (AIGCP) announced that it supported the UCI and the Pro-Tour and rejected the proposals of the three national tour organizers. However, it appears that not all the team managers who are represented in the AIGCP are totally happy with the organization's declaration of unreserved support for the UCI and the Pro-Tour. The managers of several French teams, notably Cofidis, as well as Phonak, Iles Baléares, Lampre and Liquigas have

let it be known that they feel they have been let down by the UCI and the promises it made concerning the new Pro-Tour. "We have been sold something that wasn't in the store, an empty shell, in fact, and we are within our rights to demand a full accounting. If the Pro-Tour for whatever reason will not fully materialize, then they should postpone the project and refund our money," stated the manager of Cofidis Eric Boyer. Even Patrick Lefévère, manager of Quickstep and president of the AIGCP, is quick to point out that the Pro-Tour has not lived up to all of its promises and that the AIGCP is not really on the side of the UCI but want to maintain their independence. He called for all parties to put their egos aside of egos and resume calm, clear-headed negotiations. However, to further complicate matters, several of the major sponsors of cycling teams have asked to meet with the directors of the UCI to exert some financial pressure on the organization, a move not at all to the liking of the teams themselves. With the first Pro-Tour race of the season, Paris-Nice, scarcely six weeks away, it appears that this quarrel is far from being resolved.

The new Germano-Italian team Milram was unveiled in Bremen Germany on January 10th to a packed house of journalists. Milram, which was able to pick up the UCI Pro-Tour license of the defunct Domina Vacanze team, will feature two blockbuster sprinters on its marquee: Erik Zabel and Alessandro Petacchi. Zabel at 35 is nearing the end of a fabulous career and has 192 victories under his belt - a truly class act. Petacchi, at 32, is the current king of sprinters and has already amassed an impressive list of 108 sprint victories. One could logically question the wisdom of putting two past rivals together on the same team, and the question has frequently been asked about who will lead whom out in the sprints this year. Would Erik Zabel really be satisfied and fulfilled as a sprinter by becoming Petacchi's lead-out man? The two don't, at least for the moment, seem overly concerned over the issue: "We'll decide our tactics for each race on the basis of which one of us is in the best

form. I'll ride for Petacchi think that will be a problem," said Zabel. Petacchi has also

announced that he will ride more of the spring classics than he has done in the past, and, if he is feeling too tired, will forego the Giro for the Tour de France. The Giro route is very mountainous this year. His participation in the Tour de France would not, on the other hand, hinder Erik Zabel from achieving his goal of winning another green jersey: Petacchi has yet to finish a Tour de France.

Both Tyler Hamilton and Roberto Heras appeared before different regulatory bodies in January concerning their respective cases of drug use. Hamilton had a second hearing before the International Court of Sports Arbitration at a special session in Denver, Colorado. A decision on his appeal should be forthcoming in several weeks. Heras, for his part, went before the Disciplinary Commission of the Spanish Cycling Federation who will most likely hand down a two-year suspension and divest Heras of his victory in this year's Vuelta. Heras continues to deny his guilt, claiming fault with the testing procedure itself. However, his position seems rather weak since various labs and drug regulatory bodies worldwide have certified the EPO lab tests. Danilo Hondo has also been given a two-year suspension by the International Court of Sports Arbitration for using a stimulant called carphedon during the Tour of Murcie last year. His suspension will take effect retroactively from April 1, 2005.

With the Tour Down Under getting underway as we write and with the Grand Prix d'Ouverture just two weeks away, the winter doldrums are almost over for another year. There are a lot of changes in the professional peleton for 2006. Let's hope they bode well for the post-Armstrong era of cycling in Europe.



Racing Corner

By Glen Gann

Well now that 2005 is over it's time to start looking forward to 2006. The racing season will start up in mid February with the Jack Frost Time Trial and the Cherry Pie Road Race a week or so later.

Since I keep in touch mostly with the "road" racing group, I would like to offer to those in the "mountain" racing side to send in results throughout the year. I know Tish is going to keep us upto-date on those needing a warm up swim before they ride and run.

Something I would like to offer this year is safety tips for riding. I remember reading somewhere last year on "How To Bandage Yourself Up, After The Fact." I'd like to offer up my 20+ years of racing experience to those interested, whether it be a club ride, training ride or a small group that rides together so you can feel safer in all aspects of racing or leisurely riding. I don't intend for it to be for racers only. I would like this to be for all cyclists, whether you're riding at 5mph or 30mph.

Email me at ggann9@charter.net or call 779-6986.

Ray Thomas' Legal Clinic

Ray Thomas is a practicing attorney in the Law Firm of Swanson, Thomas & Coon in Portland, Oregon. Mr. Thomas puts on free legal clinics in Portland in connection with BTA for the purpose of educating bicyclists, pedestrians and motorists alike.

In a one hour session that is both informative and entertaining, Ray explains the format of "Pedal Power", how to ride within the limits of the law, and how to use the law to your advantage in the event of an incident or an accident. Delving into the labyrinth of legal language, Ray uses plain English to cover the topics ranging from the law on lights and riding on the sidewalk, to passing on the right and the proper use of bicycle lanes.

The Workshop scheduled for March 20 at 3:00 and 5:30 (two sessions) at the Medford Library (tentative location). Those interested please refer to the **website** for final details of time and place.

This is a special seminar in which we are involving local law enforcement as well as the general bicycling community, so it would behoove all interested to attend.

Triathletes Forum

This space will be reserved in future Newsletters for information pertaining to this Special Interest Group. We hope to have schedules of events, informative articles, and news of particular interest pertaining to this sport. Any and every one is invited to submit articles, and I will do my best to see that it gets aired.

SISKIYOU VELO MINUTES

- I. Introductions: 26 present, including owners of four of the bike shopsII. Guest Presentations
 - A. Erin Taylor of Oregon State Extension talked about her work through 4-H to teach technology and science to kids K-12. She's putting together educational kits and one is a unit on bicycling patching tubes, how to fit a helmet, maneuvering a bike and such. The club offered to provide a 'care package' of supplies (patch kits, tubes with holes, etc) for the kits.
 - B. George Kent, a ranger at Jos. Stewart State Park, asked if any members of the club would be interested in presenting at two different interpretive programs offered at the park during the summer. July 8 and August 12 they will have cycling programs, one on bike touring and the other on bike safety for kids. Reserved tent sites will be provided for the presenters with the fees waived. The club has agreed to present.
- III. Minutes of the last meeting were approved.
- IV. Committee Reports
 - A. Treasurer: Bill Tout reported that the club took in approximately \$4000 in membership dues and broke even with expenses in 2005. There is currently about \$5,500 in the account.
 - B. Membership: Dan Wooton said that at year end, there were 261 memberships (360 people), with 114 getting the newsletter online. In 2005 there were 129 *new* memberships.
 - C. Touring: Bob Korfhage would like more people to volunteer to be ride leaders. Please call or email him. His is toying with the idea of doing club time trials a couple times over the year for members to see how they'd do. He would also like to plan several overnight bike trips and a longer 4 7 day tour with a support vehicle to carry gear.
 - D. MLC: Phil Hoffman highlighted the metric route, the Cascades Highlands, which will begin at Hyatt Lake and follow the regular century route, providing a metric option without the climb up to Greensprings.
 - E. Advocacy: Chris Haynes and Edgar Hee: The County Commissioner meeting in January focused on the behaviors of both cyclists and motorists; a seminar on Bike Traffic Law & Safety will be held on March 20 at 3:00 and again at 5:30, tentatively at the Medford Library. For Bike Safety Month there is support from various jurisdictions to hold a "Pedal With Your Politicians" ride.
- V. Old Business
 - A. The new MLC sponsorship package as mentioned in the January President's Paceline received lots of positive feedback and promise of support, though there were some negative responses as well. Packages were passed out for members to take to prospective sponsors.
- VI. New Business
 - A. At the February Velo meeting, Shane Maxwell will present on the current status of the Rogue River Greenway.
 - B. An article on bike-fitting created controversy with many (in particular the owners of other bike shops in the Valley) feeling that the Velo was playing favorites with one bike shop. Rick Berlet stated that the club position is neutral and is open to contributions from all other shops, as well. Good feedback was given by several shop owners who attended the meeting. Part of the issue that needs to be clarified is the distinction between a newsletter "article" and an advertisement.
 - C. The question was posed as to whether or not the Velo newsletter online be accessible to all visitors to the site or only to members with a password. The general consensus was that it should be available to anyone.

The meeting was adjourned at 8:33.

Siskiyou Velo Membership Application

Name	Age	Type of Membership (chec	k one box in each cell below)
Street Address	City	[] Individual – \$15/year	[] New
	Zip	[] Family – \$20/year [] Business – \$25/year	[]Renewal
E-Mail Address	State	Phone	Any new Information included? (e.g., address, phone, bikes, interests) [] Yes [] No
Cycling Interests Social/Training rides Mellow-paced social rides Co	mmuting/transport	Bike Frame Brand(s)	Newsletter Distribution Election [] Snail mail (cost borne by Club)
			[] Electronic (via web site –
[] Single track [] Back road mountain biking []			notification by e-mail)
Information Blocking Options (items checked will <u>not</u> be ava	ilable on the	Other Family Cyclists	
secure pages of the web site)*			Age
[] Phone Number [] E-mail Address [] Residence Ad	idress [] All	Name	Age
* Access to roster on web will require member ID and password		Name	Age
Make Checks Payable to: Siskiyou Velo P.O. Box 974 Ashland, OR 97520	,	C, etc.) [] Newsletter [] Ride	
Waiver In consideration of my participation in Siskiyou Velo, i hereby waive, re have, or which hereafter accrue to me, as a result of my participation i discharge in advance, the Siskiyou Velo organization or officers, and a connected in any way with, my participation in said organization. I furt sustain mortal or serious personal injuries and or property damages hold harmless all persons or entitles related to the Siskiyou Velo Bioyo damages. It is further understood and agreed that this waiver, release is required to be worn by me at all times while riding a bicycle in any S	elease, and discharge any a n said organization or their a ny involved municipalities o her understand that serious a consequence thereof. Kn lee Club who (through neglig a and assumption of risk, is i	and all claims for damages, death, per activities such as club organized rider or other public agencies, from and ag- accidents occasionally occur during lowing the risks of bicycle riding, new ence or carelessness) might otherwit to be binding on my heirs and assign	isonal Injury, or property damage which I may and events. This release is intended to ainst any and all liabilities arising out of, or obcycle riding, and that participants occasionally artheless, I hereby assume those risks and do se be liable to me (or my heirs or assigns) for s. I acknowledge that an ANSI certified helmet
Signature(s)			
Applicant		Date	
Parent or Guardian of Minor		Date	

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