



May 2007

NEWSLETTER

President's Paceline From Three Speeds To Thirty

By Glen Gann

From the time we were able to reach the pedals of the big wheel and race down the sidewalk, the need for more speed has been high on our list of desires.

Remember your first tricycle? When you could pedal only so fast before your legs would be flying off the pedals. We would jump off and stand on the back platform and push off with one leg to make it go even faster. Our first taste of road rash came with scraped knees and elbows due to a wobbly ride down the street on your hand-me-down single speed with the kick back brakes.

We soon moved to the infamous banana seat with a high back sissy bar and a whopping three speed gear shift on the top tube. Surely we could beat all the neighbor kids now. How cool we looked racing along without a care in the world. Soon it would be time to leave the school yard and ride with the big boys. The bike we could barely straddle our leg over, our first ten speed with drop bars and extra high top tube. Our folks bought

it for us extra large so we would have room to grow with it

In 1984, I bought my first "top-of-the-line" racing bike from Al's Hobby. I had twelve to choose from and a 52/12 was the top gearing. Until there were seven gears. I still have my 12/18 straight block. At that time, it was the only thing to use in criterium racing, plus it made you look fast.

Soon to follow in the 90's, we were moving up to eight and index shifting with nines and triple cranks following close behind. Today, we are using ten speed cassettes, triple cranks and gearing that can take you downhill at speeds of up to 60 miles per hour with a 56/11 on a tandem or straight up a goat trail with a 24/30.

Even with all the advancements in cycling technology to make it easier to achieve speeds we could only have dreamed of as children, deep down, we are still just trying to make our big wheels go faster down the sidewalk than the kids next door.

Cinco de May Ride

The 3rd annual Cinco de Mayo Ride and Fiesta is Saturday, May 5. Once again, you may bring a dish if you like but it is not required! The Siskiyou Velo is helping to fund the Fiesta this year, and will provide food and soft drinks for all who survive to the finish.

The main ride is very challenging with 5 creek drainage ascents in 50 miles and a total ascent well over 5000 feet, and return for the food.

The Flat 50 is a loop thru Jacksonville on Old Stage Rd to Gold Hill, and then Hwy. 234 to Sams Valley and back between the Table Rocks and return for the food.

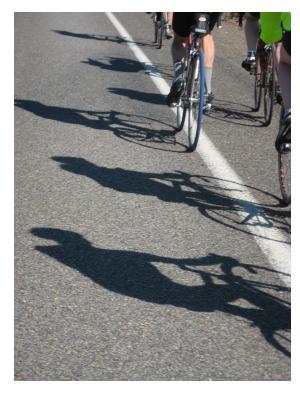
The food will be served when both groups return. Last year

What's Inside?

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both groups return. Last year both groups returned at the same time, so the wait was not long!

The ride begins and ends at 2095 Terrel Drive, Medford. Parking is available on Diamond St., west of Columbus Ave.



Siskiyou Velo Club Officers 2007

P. O. Box 974 Ashland, OR 97520

President: Glen Gann 779-6986 <u>ggann9@charter.net</u> **Advocacy**: Chris Haynes 772-9220 <u>cghaynes@simscycle.com</u>

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Membership: Don Parker 488 -1924 membership@siskiyouvelo.org
Secretary: James Williams 857-9037 jbsequoia27@msn.com
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Newsletter: Jodi Weber - 301-6880 newsletter@siskiyouvelo.org

Spencer Gray - 621-3743 webmaster@siskiyouvelo.org

Visit us on the Internet

http://www.siskiyouvelo.org Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.

Members' Ads

FOR SALE 53 cm Bianchi road bike-Giro Italia Team Replica-Shimano Dura Ace components-Spinergy Spox wheels, \$1300; Shimano SPD SL road shoes, size 10.5, blue, \$30.00; 3 bike trailer hitch carrier, 2 1/2" \$35.00 Call 772-9219

FOR SALE Recumbent Bacchetta 2007 high racer Corsa, near new, great shape & upgrades; XTR rear derailleur, XT 11/32 cluster; \$1600. Call Jerry 512 -2155



NEW MEMBERS

Webmaster:

Wayne Breithaupt

Steve Juul

John Hoffstaed

Phil and Ann Dollison

Darin Todd

RENEWING MEMBERS

Charles Whitaker & Cheryl

French

Marsha Fickert & Julie

Knorr

Jerry Rhoads

Pati Gillen

Jane Babbitt "Rabbitt"

Randall Iverson Tom Sheets

Amy Lepon

SISKIYOU VELO MEMBERS

SHOW YOUR CARD. Receive 10% discount on parts and accessories in the bike shops listed in the newsletter.

Monthly Club Meeting Join us the 2nd Wednesday of each month at Angelo's Pizza in Phoenix at 7:00 pm.!

Trivia of the Month: May—National Bike Month

The first automobile crash in the U.S. occurred in New York City in 1896 when a motor vehicle collided with a bicyclist. In 1932, the first year statistics were kept for cyclist / motor vehicle fatalities, 350 cyclists were killed in traffic accidents, accounting for 1.3% of traffic related fatalities that year - .

(Famous First Facts,by Joseph Kane; Traffic Safety Facts 1994, US Dept of Transportation, http://www-nrd.nhtsa.dot.gov/Pubs/94pedalcyclists.pdf)

RIDE OF SILENCE

WHEN: $May 16^{th} - 7:00 PM$

START LOCATION: Hawthorn Park, Medford (meet on Hawthorn St.) **ROUTE:** Hawthorn Park, East Main, North Ross Ln., Rossanley Dr., Hanley

Rd, Pine St., Bear Creek Greenway, Hawthorn Park

DISTANCE: 10 miles

SPEED: The speed should not exceed 12 MPH

FOR INFORMATION CONTACT: Bob Korfhage 535-5276

bkorfhage@charter.net

The Ride of Silence is a memoriam to cyclists killed while riding. This is a funeral procession, not a typical club ride.

- * The speed should not exceed 12 miles per hour.
- * There should be NO talking first 5 miles.
- * No headphones, please.

We ask cyclists to wear a black armband if they personally know someone killed while cycling and a red armband if they have been hurt by a vehicle while cycling.

Please bring headlights and tail lights in case darkness comes before the ride is finished.

www.rideofsilence.org

A Look into Ashland and Medford Cycle Sport

Once upon a time there was an attorney living in West Los Angeles with his young family. Law wasn't the most exciting field to be in, and Los Angeles definitely wasn't the best place to raise three sons. Merrill Hayes had decided it was time for something different when he opened an issue of *Bicycling* magazine and saw an ad for a bike shop for sale in Ashland, Oregon. Merrill called the number, but Wayne Martin had already just sold Siskiyou Cyclery. However, Wayne knew that another bike shop in Ashland was up for sale, too, and gave Merrill the number.

Cycle Sport was founded by Mike Altabet, and after a few years, in 1979, Mike decided it was time to move on. This was when Merrill called. Merrill had a friend who lived in Ashland, so he was somewhat familiar with the area and felt it would be a good location to settle in. His oldest son, Alex, wasn't too keen on the idea of living where he imagined only a bunch of farms and pigs. However, eight-year-old Alex did think it was pretty cool that they were going to own a bike shop, and he excitedly began pouring over magazines to see which bike he wanted. (Fast-forward more than 25 years, and Alex is *still* pouring over magazines to figure out which bike he wants!)

When Merrill was seven, he was given a used bike. He was hooked immediately. His bike offered freedom, fun, recreation - everything a kid could ever want. He rode his bike to school even when it wasn't cool to ride bikes in Los Angeles. In high school he worked in a bike shop in Beverly Hills. Throughout college and law school, Merrill worked in retail, so when he began considering alternatives to practicing law, retail was a logical choice.

The Merrill family landed in Ashland at their new bicycle shop the day before Thanksgiving in 1979. The first day was a disaster. Merrill sold \$6.48 worth of merchandise that day. A very cold winter followed. He didn't sell his first bike until February. Merrill was thinking this might have been a very big mistake. About this time, Wayne Martin called Merrill. Wayne was starting a new school for



bicycle mechanics and needed someone to help teach. Was Merrill interested? Teaching winters at what



Merrill and Alex Hayes

became the United Bicycle Institute carried Merrill through many slow winters, and later Wayne sold the school to Merrill. Eventually, though, both businesses were going strong and it was obvious that Merrill had to make a choice. He sold UBI and continued with Cycle Sport.

Years later, the Trek company needed a shop to carry their line in Medford. Cycle Sport was the Trek dealer in Ashland and Merrill didn't want to move to Medford. In the end, that was the impetus that prompted Merrill to open the first Medford Cycle Sport in the South Gateway center in 1994 with his son, Alex, as the manager. In 1999 Medford Cycle Sport moved to its present location near Barnes & Noble.

How did Alex get involved with the business? Sweeping floors when he was in sixth grade to earn credit towards a new mountain bike was the deal. Alex stayed with it, and in 1987 started wrenching as an official employee. While Alex's younger brothers enjoy cycling, they're off on other careers, leaving Alex as the 'heir-apparent' when Merrill retires some day.

What makes this worthwhile? To Alex, it's the relationship with his customers. He likes the friendships that develop with the people that he sells bikes to. He's particularly delighted to have new friends join him on the Tour of the Unknown Coast ride. For Merrill, the satisfaction is similar. He likes empowering people to find the fun and enjoyment in cycling. He enjoys getting people hooked on bicycling as he has his sons, his wife and many customers. What could be better than living where he wants to live and doing what he loves doing with people he enjoys?

A Letter to the Siskiyou Velo

There are two zoning change applications before the County Commissioners that, if passed, will adversely affect the quality of our back country roads in regard to bicycles.

Both of these rezoning applications, to mine gravel and gold, the OPP mine near Jacksonville and Krause ranch near North Applegate Rd. will allow hundreds of large tandem gravel trucks per day along Hwy 238, North Applegate Rd. and the city of Jacksonville, seven days per weeks for many years to come.

It is my contention that a fully loaded tandem gravel truck traveling at 62 1/2 mph (a recently clocked speed along Hwy238 between Applegate and Murphy) and just about anywhere else) and any school bus, gravel truck, UPS truck, fire engine etc. coming in the opposite direction passing at a point where a group of bicyclists are riding, the gravel truck driver will have to make a decision whether to cross over the yellow center line and risk a head-on or swerve to the right of the road and wipe out several bicyclists. There are no bicycle lanes along this area as well as most of Hwy 238.

Two opposing large trucks and bicycle traffic are not compatible at the same point on these narrow roads. It is my understanding that if a private land owner applies to the County for a zoning change (to allow for gravel or gold mining) whereby road safety is negatively effected, with increased danger, (bicycles) the zoning application must be turned down. Traffic safety trumps zoning changes.

I would like to organize a group bicycle ride from the town of Applegate, along 238 to Murphy and back on North Applegate Rd. to demonstrate the extreme danger these zoning changes (if passed) will cause to all of us who use these country roads for bicycle touring.

Thank you, Phil Dollison

What's the latest on advocacy and road hazards?

http://siskiyouvelo.org/advocacy.html

Quote of the Month

"If the constellations had been named in the twentieth century, I suppose we would see bicycles."

Carl Sagan



MELLO VELO is a group you'll hear more about. It's the Club's new Saturday morning, slow rides—10 to 12 mph—(downhills excepted) It's for cyclists who wish to take in the feel of nature and enjoy the camaraderie of fellow cyclists on rides of short—15 to 20 mile—runs. The idea stems from the Portland "Slug Velo" group, started three years ago which quickly became a success.

Our first announced ride started at Bear Creek Park in Medford and ended at Mellello's behind Cosco. Our group numbered six, four of whom are members who head up Mello Velo: Roslyn Parker, Bill Inman, Chris Wagenet and Phil Gagnon.

Our plan is to take turns leading the Saturday rides with each ride having a "Plan B" aspect to it. If some riders feel the ride is beyond their limits, a coleader will usher them along a more manageable side route.

As a group ride, we stay fairly well together, rather than separating at the start and finding each other again at the re-group. The strength-in-numbers concept is a confidence-booster for newer riders and a safer experience to encourage continued riding on their own.

No one gets dropped. If a rider has a problem—mechanical or tire related—we wait and help. If a rider feels like going faster and disappears off the front, we'll consider that he/she has dropped us. There will be no hard feelings.

Riders always have options once we get to our destination: they can hang with us on our return leg or take off on their own.

We invite all members to try one of our mellow rides and consider signing on as one of our leaders.





PLACE YOUR AD HERE

3.5 x 2" \$15

1/6 page 2.25 x 4.5 \$20

1/3 page vertical 2.25 x 9" \$25

1/2 page horizontal 7 x 4.5 \$40

2/3 page vertical 4.5 x 9" \$50



Attorney:

Secretary:

Carlyle F. Stout III

Remedy Hovermale

LAW OFFICES OF CARLYLE F. STOUT III

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Foreclosures
Earnest Money Agreements
Trust Deeds
Promissory Notes
Boundary Disputes

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Contracts

Easements

Landlord/Tenant Law

Residential Rental Contracts & Leases Commercial Rental Contracts & Leases Mobile Home Park Contracts & Leases HUD/Subsidized Housing Contracts & Leases Eviction Notices Evictions/FEDs Landlord/Tenant Disputes



541-776-2020.



E-mail: carlyle.stout@gmail.com

215 Laurel Street, Medford FAX: 541-776-9841

MLC Swings!

We had a great meeting this month, and we got a lot done. We have one more month of planning activity, and then it's down to putting the pieces together.

You will soon receive a letter from the Committee encouraging you to volunteer. We still have a lots of slots left for what may prove to be a great event. There are many reasons to volunteer - you just like to work hard, you can't resist watching people work themselves to the bone climbing Highway 66, you love to see the fear in their eyes as they contemplate the descent of Dead Indian Memorial Highway or you want to go to the great Volunteers' Ride and Barbeque that will be held a week after the event. Don't worry about a good reason, just volunteer. Send an e-mail to Bobbie Plummer at boborbobbie@yahoo.com - she is the Volunteer Coordinator, and will get a good spot for you.

We are receiving registrations (mostly from Active.com at this point), and it looks like we are a bit ahead of last year's pace. We are selling t-shirts at a very good pace (That is another reason to volunteer - you get a free t -shirt, check it out on the website!) and may have record sales this year. It would appear that we are getting a nice "lift" from our exposure on Active.com, and it is saving the Registration Committee a lot of time - no data entry on those!

More next month - Elizabeth and Ron Zell

Race Report

by Steve Maluk

April 14 was the King's Valley Road Race, the closest thing Oregon has to a Spring Classic, held annually just north of Philomath, Oregon. About a dozen Rogue Valley racers made the trip north, with the top performance being posted by Molly Wheeler (Landshark), who took 2nd in the Women's Cat 4 field.

On a hilly, wind-swept course, finishing the race in the peloton is an accomplishment. Mid-pack finishes were turned in by Scott Toll and Dave Massessa (both DeSalvo Custom Cycles), and Richard Fox (Landshark) in the Master's Men 40 and over field; and by Spencer Gray and Brian Johnson (both Etna Brewing Co./ DeSalvo Cycles).

Next up on the local race calendar are the Spring Thaw Mountain Bike Festival (May 5-6), the Table Rock Road Race (May 19), and Yreka's Golden City Criterium (May 20). More information is available at www.obra.org

Why are we here?

Siskiyou Velo Bylaws state the purpose of the club as follows:

The purpose of the organization is to provide opportunities for extending the individual's knowledge and appreciation of the environment and abilities through experience in bicycling by: planning and leading bicycle tours; promoting and conducting bicycle rides and events; encouraging bicycle commuting; developing and/or supporting legislation / laws related to bicycling; promoting safety and education in bicycling and engaging in such other bicycling related activities as deemed desirable by the membership.

If you would like to have a copy of the bylaws, please contact Don Parker or Jodi Weber.

NOTICE

"The Mountain Lakes Challenge registration bro"chure for this year has been mailed and should be
"in your hands by now. Unfortunately three impor"tant sponsors for our ride were inadvertently omit"ted from the brochure and we need to give them
"the recognition they deserve. They are:

JACKSON COUNTY PHYSICAL THERAPY ASHLAND DIAGNOSTIC IMAGING TROON VINEYARD

"Please give them your support and business. Without them the Mountain Lakes Challenge 2007 would not be the success that it is.

Siskiyou Velo Minutes April 11, 2007

- 1. Treasurer Report: There is \$6360 on hand.
- 2. There was no Membership Report but there are approximately 306 members currently.
- 3. Touring reported that ride leaders were needed for May except for the 5th of May when the annual Cinco De Mayo Ride will be held. For that ride, it was suggested that attendees park on Diamond Street and ride the two blocks to the Wooton's home.
- Bicycles
 PARTS AND ACCESSORIES
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 Ashland, OR 97520
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 Jack Christman
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 WWW.ashlandstreetbicycles.com
- 4. MLC Report: Ron said everything is coming along nicely and that most positions were filled.
- 5. Mike Smith reported that our \$2000 donation towards erecting signs on the Bear Creek Greenway has been expanded to a \$7000 grant. Our donation earned us a logo placement on the signs.
- 6. Don Parker says the former Klamath Falls bike club would like to continue with the Fall Colors Ride but would like our club to pay all the costs this year as they did 3-4 years ago. The Monfortes have agreed to host the ride at their house this year as usual. Some discussion followed and Glen suggested we foot the bill.
- 7. James Williams reported that the new club jerseys will be shipped on April 12 and will arrive on the 19th. Members will be contacted to pick up their purchases. A little more than half have been purchased and some sizes are getting low. There was a brief discussion on discounting the old style jerseys we have on hand and it was agreed to a 50% reduction.
- 8. Ron Zell brought up Bobbie Plummer's suggestion of future meetings being held at the Phoenix Fire Station or other locations three or four times per year for BBQs and other social gatherings. June and August- September were offered as potential future dates. Glen said Bobbie should go ahead with plans and the site will be determined later.
- 9. Steve Maluk will check for access to the drag strip for pack riding skills classes to be held, perhaps as early as the last Thursday in May.
- 10. It was moved and seconded to write a letter of intent to hold the North West Tandem Rally here on July 4, 2010.
- 11. Phil Dollison, a new member spoke about the need for bike lanes on Highway 238 in the Applegate because of the concern for cyclists being crowded off the roads by the trucks hauling rock from the Krauss Mine. He also pointed out concern for damage to the roads by the trucks. He asked that he be allowed to do a formal presentation at the next meeting. He said he'd like to set up a ride out there followed by pizza.
- 12. Glen spoke of the legislation still pending for locating 2-3 velodromes in the state and the obstacles facing them. Stay tuned.
- 13. The meeting ended at 8:18 PM.

Road Bike Pack Riding Skills Clinic

Hone your pack riding skills. Learn to ride safely and efficiently in a pace-line, an echelon, or in a large group. Some of our local racers are offering this clinic to help riders develop better skills for riding in a pack.

WHEN: Thursday, May 17, 6 p.m.

WHERE: Champion Raceway - Jackson County Sports Park Drag Strip

DIRECTIONS: Hwy 62 to Hwy 140, 2 miles turn right on Kershaw Rd, Sports Park entrance is on the left.

This clinic is open to the public and is free of charge. Helmets required. Participants will be required to sign a waiver.

JERSEYS ARE IN!

The Siskiyou Velo's new jerseys have arrived and are available for pick up at my home. Over half of them have been preordered and sold and you will be seeing them on upcoming rides in the valley. If you've been thinking you'd like something new to wear for the spring, this is your chance to score a new and colorful look. Some sizes are getting low in quantity and especially men's large so act fast before they're gone. We will be ordering more in the future but it might be many months from now.

Contact James at 857-9037 or jbsequoia27@msn.com

Other Updcoming Rides

- Tour de Fronds, Saturday, June 16 www.umppquavelo.com
- Anderson Park River Ride, Saturday, May 19 www.snowcrest.net/sobrien/Century/ride.htm

SISKIYOU VELO RIDE SCHEDULE - May 2007

₼ Approved helmets required on all club

No Unless other wise noted, rain/wet pavement cancels ride

Date	Time	Start Location	Route	Pace/ Rating	Miles	Ride Leader
May 5 Saturday	9:00 AM	2095 Terrel Dr Medford, See Rides in our Area!	Cinco de Mayo 50 Miles climbing <i>or</i> 50 Miles flat	TBD	50	Dan Wooton 779-9248
May 6 Sunday	12:00 PM	Bi Mart, WMain Medford	TBD	Tandems +	20+	Dan Wooton 779-9248
May 12 Saturday	9:30 AM	Colver Park	Eagle Point & return	TBD	50	Jerry Rhoades 512-2155
May 13 Sunday	12:00 PM	Bi Mart, W. Main Medford	TBD	Tandems +	20+	Dan Wooton 779-9248
May 19 Saturday	9:30AM	Collier Rest Stop California	Short Route 35 Long Route 70 6500 Elev	TBD		Rick Berlet 488-0036
May 20 Sunday	12:00 PM	Bi Mart, W.Main Medford	TBD	Tandems+	TBD	Dan Wooton 779-9248
May 26 Saturday	9:00 AM	Bi Mart, W. Main Medford	Grants Pass via Applegate & return	TBD	70	Dan Wooton 779-9248
May 28 Sunday	12:00 PM	Bi Mart, W. Main St Medford	TBD	Tandems +	TBD	Dan Wooton 779-9248
Every Saturday	9:00 AM	Bike Path behind Bad Ass Coffee Co	Determined by Group	Race Pace Training	Varied >20	Alex Hayes 857-0819
Every Sunday	8:30AM	Bike Path behind Bad Ass Coffee Co	Determined by Group	Race Pace Training	Varied >20	Glen Gann 779-6986
Every Monday	9:30AM	Colver Park	Jacksonville coffee ride	Group B4	25	No Ride Leader
Tues, Thurs., Friday	Call	Colver Park	Show & Go	Group B4	Varied	Rick Berlet 488-0036
Every Wednesday Every Tuesday	10:00 AM 6:00 PM	Roasting Company Ashland Colver Park Phoenix	Show & Go Womens Ride	Regroup C4 Mellow	25-40 20+/-	No Ride Leader Jodi Weber 301-6880

Ride Rating:

- A- Basically flat with no steep hills.
- B- Gently rolling terrain with one or two short steep hills
- C- Moderate terrain, with rolling short, steep hills or moderate sustained climbs.
- D- Difficult terrain with longer, steeper hills.
- E- Extreme terrain with steep sustained climbs.

Ride Pace: (average range on level ground)

1- Slow < 10 mph 2-Leisurely 10—12 mph 3-Mellow 12- 15 mph 4-Brisk 15 -17 mph 5-Hammer 18+ MPH

Group - Riders will stay together.

Regroup - Riders will spread out, regroup at specific points along the route.

Other Ride Opportunities – NOT SPONSORED BY SISKIYOU VELO

Wednesdays—6PM Mountain Bike rides. Meet @ Cycle Analysis –Jacksonville

899-9190

Lights and helmets required. Jana will have pasta after ride. **Saturdays** - 9 AM Race Training, Medford Cycle Sport, 1390 Biddle Rd #107 (Alex 857-0819)



——analusis535 N. Fifth St Jacksonville, OR 97530



Siskiyou Velo Membership Application

Name			Age [] 18-35 [] 36-45 [] 46-55 [] 56-65 [] 66+	Type of Membership (check one box in each cell below)				
Street Address City State Zip				[] Individual – \$15/year [] Family – \$20/year [] Business – \$25/year	[] New			
E-Mail Address				Phone	Any new Information included? (e.g., street address, e-mail address, phone, NL distribution) [] Yes [] No			
Information Blocking Options (items checked will not be available on the secure pages of the web site)* [] Phone Number [] E-mail Address [] Residence Address [] All * Access to roster on web will require member ID and password				Newsletter Distribution Election [] Snail mail (cost borne by Club) [] Electronic (via web site – notification by e-mail)				
Asilialia, OK 37320				ering nittees (MLC, etc.) [] Newsletter [] Ride Leader [] Officer position				
Waiver In consideration of my participation in Siskiyou Velo, I hereby waive, release, and discharge any and all claims for damages, death, personal injury, or property damage which I may have, or which hereafter accrue to me, as a result of my participation in said organization or their activities such as club organized rides and events. This release is intended to discharge in advance, the Siskiyou Velo organization or officers, and any involved municipalities or other public agencies, from and against any and all liabilities arising out of, or connected in any way with, my participation in said organization. I further understand that serious accidents occasionally occur during bicycle riding, and that participants occasionally sustain mortal or serious personal injuries and or property damage as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby assume those risks and do hold harmless all persons or entities related to the Siskiyou Velo Bicycle Club who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk, is to be binding on my heirs and assigns. I acknowledge that an ANSI certified helmet is required to be worn by me at all times while riding a bicycle in any Siskiyou Velo event. By signing this release, I hereby agree to the terms of this release.								
Signature(s) Applicant				Date				
Parent or Guardian of M	linor		Date					

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