





August 2007

## NEWSLETTER

### MLC 2007 - ABOUT PEOPLE!



MLC 2007 has passed, and as we look back, we think it is all about people. Of course the weather was wonderful and we didn't have any bad crashes or seriously run out of anything, but it really is about people - participants and volunteers!

365 hardy souls signed up for the event, and most of them showed up. This was a modern record for attendance thanks to the many people who came in from California for MLC 2007. Conversations at the rest stops and at the post ride meal indicated that everyone had a great time- smiles were everywhere. There were great stories about special experiences, and there were many indications of a return performance next year.

The absolute highlight of the event was the number of volunteers who helped make it such a special event. We had more volunteers than last year, and there were a lot of happy faces out there. Our participants were most complimentary about the support and service they received. Unfortunately, we can't name everyone who

helped, but we would like to thank the committee who shouldered the bulk of the work:

John, dishpan hands, Harlow for a lot of single-handed work on equipment cleaning.

**Spencer,** I can train later, **Gray** for tons of work on the website.

Gwen, I can do that, Haynes for wonderful work on publicity.

**Bob,** Mr. Permit, **Korfhage** for rest stop reservations and permits.

**David,** I had a great team, **Oliver** for setting new records and standards for sponsorships.

Don, Have you thought of this?, Parker for great input and flawless registration.

Bobbie, What else can I do?, Plummer for volunteer coordination and t-shirt logistics.

Russ and Renee, You expect how many?, Rickert for a great post ride meal.

Sam, I've got a truck, Simpson for moving equipment and getting rid of that trash.

Mike, There will be no missed turns, Smith for routes, maps, course marking and signs.

**Jonathon,** the rest stop kit king, **Williams** for food and distribution of rest stop stuff.

Dan, no bodies, please, Wooton for great design and execution of SAG communications

**Pam,** Watch me shop, **Wooton** for impeccable rest stop operations, assistance in buying food and great care of our participants.

Elizabeth and Ron cannot thank these folks enough. The success of the event belongs to them, and we hope you will join us in thanking and congratulating them some more. They are wonderful.

MLC 2007 was a financial success as well. The net proceeds should exceed \$9,000, so the Club Treasury will be in great shape. The MLC Committee hopes that in addition to the usual contributions that will be made, that the long term financial health and enhancement of the "fun" part of our club mission be a part of the financial decision-making that is ahead of us.

Thanks, from the bottoms of our hearts, to all 67 of you who worked so hard and contributed so much to the success of MLC 2007.

Warmly, Elizabeth and Ron.





Monthly Club Meeting Join us the 2nd Wednesday of each month at Angelo's Pizza in Phoenix at 7:00 pm.!

#### Members' Ads

In search of a road or cross bike with decent components, preferably Shimano 105. I am 5'3" so a 49 or 50 inch frame would work. Ideally, the bike would be pannier compatible. Emily 906-360-4619

**Club Jerseys** — the men's larges are going fast. Call today if you want one. James 857-9037

For Sale: Yokota Mtn Bike - excellent condition - unsuspended, small (14.5 in, 38 cm); frame of double butted cro-mo w/ Shimano mtn LX components, 21 speed—\$250. New cycling shoes, size 39, and a variety of new and slightly used women's small to medium cycling clothing, including Gor-Tex, wool and synthetic pieces. Hiking & water sports technical clothing & equipment also available in small to medium sizes. Call for availability if interested. John 482-1529.

Santana Sovereign Tandem size - Small; Many extras and upgrades. Carbon fork, carbon bar, Dura Ace Shifters, front and rear racks and pannieres, Flight Deck computer and more. \$3,500. Contact Chris at 261-4097 or chris.hec@gmail.com

#### PLACE YOUR AD HERE

3.5 x 2" \$15 1/6 page 2.25 x 4.5 \$20 1/3 page vertical 2.25 x 9" \$25 1/2 page horizontal 7 x 4.5 \$40 2/3 page vertical 4.5 x 9" \$50

#### SISKIYOU VELO MEMBERS

SHOW YOUR CARD. Receive 10% discount on parts and accessories in the bike shops listed in the newsletter.



#### **New Members**

Dustin Rhoades
Dee Parcel & Aryn Duncan

#### **Renewing Members**

Tamara Abbett & Joel Hodge
Dave Bennett
Reider Peterson
Tim Sargent
Jonathan Williams & Nancy Keeley
Susan Prufer
Scott Texeira
Rick Taylor
John Baxter
Dan Retzlaff
Teresa Hogan
Joseph Kup

Larry Gagnon

John Burns



#### Siskiyou Velo Club Officers 2007

P. O. Box 974 Ashland, OR 97520

President: Glen Gann 779-6986 ggann9@charter.net
Advocacy: Chris Haynes 772-9220 cghaynes@simscycle.com

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Touring/Rides: Dan Wooton 779-9248 touring@siskiyouvelo.org
Racing: Steve Maluk 512-1368 steve@malukcoaching.com
Membership: Don Parker 488 -1924 membership@siskiyouvelo.org
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Webmaster: Spencer Gray - 621-3743 webmaster@siskiyouvelo.org

#### Visit us on the Internet

http://www.siskiyouvelo.org Newsletter contributions accepted until the 15th of the month. Contact the editor for further information. Members are welcome submit letters, stories, opinions, cartoons, recipes, tips or other notices of interest to the club.

#### **State of Jefferson Race Report**

By Stephen Maluk

The racing comes thick and fast this time of year and, rather than try to tell you about all of what's been happening, let's take this opportunity to showcase of couple of the young talents we have in the State of Jefferson.

As you all know, cycling competes with other youth sports, like soccer, baseball, softball, football, and basketball. And cycling hardly ever wins. So when we find a young adult in our midst, it's pretty exciting. When those young cyclists possess the natural talent of Matt Dooley, of Yreka, or Ally Stacher, or Etna, then it's something that makes the cycling community really pay attention.

Dooley has been mixing bike racing with high school, and finds time to hold down a job and organize the Golden City Crit in his free time. At 17, he shows the focus and enthusiasm for racing that can open doors for a young bike racer. And given the results he's earned this year, he has obvious talent.

Matt finished atop the podium at both the Green Mountain Crit, and the accompanying hillclimb this weekend in the junior class. He also decided to race the Cat 4 crit at the Woodland, Washington weekend of racing, finishing 7th in that race. Matt has more than 25 wins in junior races over the past two seasons, but he's not afraid to mix it up with the seniors either: He's won two "B" races at the Thursday Nighter series in White City this season, against some accomplished riders of all ages.

Ally Stacher was a one-woman wrestling team in high school. A Scott Valley native, Ally was offered a wrestling scholarship. Instead, she decided to focus on her second sport, cycling. Since then, she hasn't looked back, racing nearly every weekend since February, she says, since enrolling at Lees McCrae College, in western North Carolina, and racing on their NCCA Division 1 cycling program.

Already, Stacher is a national champion, having played a key role in the team's cyclocross national title. Ally finished 7th in that race. She recorded a win in a collegiate road race in dramatic fashion, attacking the peloton, catching the men's field, and holding the gap to her own peloton to take the solo win. With victories at the Table Rock Road Race and the Cat 3/4 overall win at the Elkhorn Classic Stage Race, Ally is making the best women's cycling teams in the country take note of the former wrestler from Etna.



Ally Stacher atop the Elkhorn podium. photo: Chet Collins





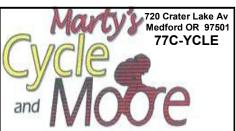
## August Trivia

On August 4, 1884, Thomas Stevens arrived in Boston, having just completed the first trans-America bicycle trip. He left San Francisco on April 22, carrying socks, an extra shirt, a slicker that he used as a tent, and a bedroll. He traveled 3700 miles on roads and paths that were far from smooth. He actually rode 84 days, needing to stop due to bad weather a good number of days.

The following year, *Outing* magazine sent him from New York on to Liverpool, England where he continued riding and became the first person to have ridden around the world, cycling through much of Europe, Turkey, Iran, Iraq, Afghanistan, India, China and ending in Yokohama, Japan on December 17, 1886.

http://www.ibike.org/library/historytimeline.htm http://en.wikipedia.org/wiki/Thomas Stevens %28cyclist%29





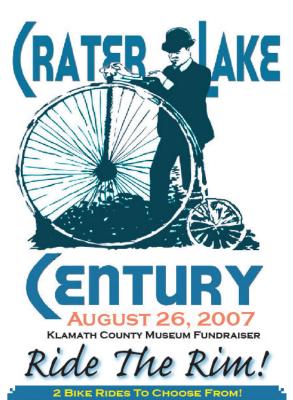
#### Volunteer Ride and Barbeque...What a Ton of Fun!

About 45 volunteers from the MLC showed up at Lake of the Woods on the morning of June 30th for the first ever, but not last, Siskiyou Velo volunteer recognition and appreciation event. Two rides were scheduled and about 15 riders joined up on each of the rides. An abundance of delicious food was on hand when they arrived back to our bucolic site by the lake. The weather was perfect and everyone seemed to have a great time. We hope to see more people at this

fabulous event. Thanks goes to Bill Tout, our Sag driver; our great team of chefs, Chris Haynes and Edgar Hee; along with our sous chefs, Karen Hee and Niki (the Parker's darling grandaughter). And, last but not least Glen Gann, our welcomer and cleanup crew. Thanks again to all of you who worked on the Mountain Lakes Challenge this year.



Our leader didn't get very far here - or on his *Paceline*!!



CENTURY RIDERS WILL CLIMB MORE THAN 7,000 FT WHILE ENJOYING THE BREATHTAKING VIEWS FROM RIM DRIVE AROUND THE CRATER LAKE CALDERA

Register online at www.CraterLakeCentury.com

SPONSORED BY:











**Hedonist or Humanitarian?** Whichever you are, we have the ride for you! Mark your calendar for your ride of choice.

## 4th Annual Velo Vino Introducing the Mini Vini

September 15, 2007

Again this year we will be touring the Applegate Valley, visiting a selection of wineries, indulging (judiciously) our palettes with wine, our bodies with exercise and our minds with the camaraderie of other riders.

Details will be in the next newsletter, but we promise it will be better than ever with the Velo Vino covering approximately 40 miles and the new Mini Vini

considerably shorter but including the same wineries. A catered lunch will be included in the tour.



#### Etna Bike Weekend September 21st to 23rd

Sign-ups must be in by August 10th. Each person responsible for own reservations at Etna Motel or other place. Rides for all skill levels; starting in mornings at 8:30 or earlier, depending on distance

and difficulty. Contact Rick Berlet 488-0036 for more information and to sign up.

What's the latest on advocacy and road hazards? Please check out the website:

http://siskiyouvelo.org/advocacy.html

# 6th Annual Başin Bike & Build Habitat for Humanity

September 15, 2007

Sign up to ride the Basin Bike & Build, and your entry fee will help build a simple house in the Klamath Basin.

#### Start times:

- \* 100 mile and 75 mile riders will start at 8:00 am.
- \* 50 milers at 8:30 a.m.
- \* 25 milers at 9:30 a.m.
- \* 12 and 18 milers together at 10:00 a.m.

Pre-register by August 17 (after the 17th, entry fee will increase by \$10)

\$20 for 12, 18, and 25 miles rides \$25 for 50, 75, and 100 mile rides

Cost includes a t-shirt or a cotton tote bag. Need a registration form? Call 541-883-2481 or go online to print out a form.

http://www.klamathbasinhfh.org/images/eventBBInfo.pdf

Contact Bobbie at 488-5003 if you are interested in riding at this event.



## Siskiyou Velo Holiday Party December 8th

6:00 – 10:00 p.m. Pioneer Hall, Ashland

Set aside the date for a fun-filled evening of socializing, food and music. We are looking for a coordinator to put this event together. Please notify Glenn at 779-6986 or ggann9@charter.com if you can help out with this event.

#### Minutes from July 11, 2007 Velo Meeting

Thirteen members were present and the meeting was chaired by Edgar Hee.

- Gerry Conley, a CSO from the Jackson County Sheriffs Office, spoke about his security patrols on the Bear Creek Greenway and the lack of enough personnel to have a continuous presence for protracted periods. He proposed the Greenway become a Community Watch Area and that the Velo become involved in the process by carrying cell phones and receiving some basic training (about an hour) to know what to look for, reporting, etc. He is hoping the Velo can form a small steering committee to insure the project can be implemented. The mile markers and location signs to be erected will give us the ability to accurately locate and report any incidences.
- II. Bobbie Plummer would like someone else to lead the way with the Xmas Party. She said she would try to reserve a date for us with Ashland Parks and Recreation. She also said the Phoenix Fire Department was reserved for our September meeting. After some discussion it was decided to cancel the reservation and hold our meeting at Angelo's.
- III. Elizabeth and Ron Zell gave a detailed and comprehensive report on the MLC. Some of the highlights were an increase of over 50% in volunteers for the effort, a 22% increase in riders, a near doubling in tshirt sales, an increase of about 30% in revenue and a lot of happy riders. The Volunteer Ride and Picnic which occurred the weekend after the MLC was also a huge success. Don Parker agreed to email all participants to thank them for coming and to give next years date of ride. After recognizing many of the efforts by individuals, the Zells agreed to direct the MLC again next year. A final report will be submitted to the August newsletter.
- IV. A club donation committee was started to determine how to best spend the proceeds from the MLC. Several members volunteered to be on the committee.
- V. Membership is now at 314 members and the treasury is currently at \$11,996.43
- VI. Dan Wooton reported that the "Home Made" Ice cream Ride and pot luck would be held at John and Tish Harlow's home on July 29. He said there will be two rides; one will be a hilly ride, perhaps Woodrat while the other would be a flatter ride.

VII. James Williams reported that the jersey sales are going well but that the men's large size is getting low. The meeting adjourned at 8:35

Attorney: Secretary: Carlyle F. Stout III Remedy Hovermale LAW OFFICES OF

## CARLYLE F. STOUT III

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541-776-2020.

E-mail: carlyle.stout@gmail.com 215 Laurel Street, Medford FAX: 541-776-9841

### Quote of the Month

"Cyclists worship legs. Your legs carry you over mountains, even when your mind and heart have long since abandoned the cause. Your legs—made solid by the miles—supply tangible evidence of your cycling progress. And your legs are what

people notice at the beach."

Nelson Pena

Oh yeah!



#### SISKIYOU VELO RIDE SCHEDULE - August 2007

#### **Approved helmets required on all club**

#### **50** Unless other wise noted, rain/wet pavement cancels ride

Date	Time	Start Location	Route	Pace/ Rating	Miles	Ride Leader
August 4 Saturday	9:00 AM	Colver Park	Dan's Birthday Ride Grants Pass & Return	Brisk 15/17	TBD	Dan Biddock 326-7627
August 5 Sunday	8:30 AM	Hawthorne Park	Shady Cove & Return	TBD	50	Jodi Weber 301-6880
August 11 Saturday	7:30 AM	Hwy 66/Hyatt Lake Intersection	Howard Prairie/Keno Access & Return-Bring Food & Water	TBD	62.6	Rick Berlet 488-0036
August 12 Sunday	9:00 AM	Central Point Park	Gold Hill & Return	15-17	24	Jack Buster 664-2870
August 18 Saturday	8:30 AM	Colver Park	Rogue River & Return	Brisk	TBD	Jerry Rhodes 512-2155
August 19 Sunday	9:00 AM	Central Point Park	Gold Hill & Return	15-17	TBD	Jack Buster 664-2870
August 25 Saturday	9:00AM	Colver Park	Brownsboro/Eagle Point & Return	TBD	50	Bill Inmann 601-5952
August 26 Sunday	9:00 AM	Central Point Park	Gold Hill & Return	15/17	TBD	Jack Buster 664-2870
Every Saturday	10:00 AM	Bear Creek Park	TBD	Mellow	20+/-	Phil Gagnon 488-4289
Every Saturday	9:00 AM	Bike Path behind Bad Ass Coffee Co	Determined By Group	Race Pace Training	Varied <20	Alex Hayes 857-0819
Every Sunday	8:30 AM	Bike Path behind Bad Ass Coffee Co	TBD	Race Pace	Varied <20	Glen Gann 779-6986
Every Monday	9:30 AM	Colver Park	Jacksonville Coffee Ride	Group B4	25	No Ride Leader
Every Tuesday	6:00 PM	Talent Grotto Restaurant Parking	TBD	TBD	TBD	Charles Whitaker 488-4349
Tues, Thurs., Friday	Call	Colver Park	Show & Go	Group B4	Varied	Rick Berlet 488-0036
Every Wednesday	10:00 AM	Roasting Company Ashland	Show & Go	Regroup C4	25-40	No Ride Leader

#### **Ride Rating:**

- A- Basically flat with no steep hills.
- B- Gently rolling terrain with one or two short steep hills
- C- Moderate terrain, with rolling short, steep hills or moderate sustained climbs.
- D- Difficult terrain with longer, steeper hills.
- E- Extreme terrain with steep sustained climbs.

Ride Pace: (average range on level ground)

1- Slow < 10 mph 2-Leisurely 10—12 mph 3-Mellow 12- 15 mph 4-Brisk 15 -17 mph 5-Hammer 18+ MPH

**Group** - Riders will stay together.

**Regroup** - Riders will spread out, regroup at specific points along the route.

**Other Ride Opportunities** – NOT SPONSORED BY SISKIYOU VELO

**Wednesdays**—6PM Mountain Bike rides. Meet @ Cycle Analysis –Jacksonville

Lights and helmets required. Jana will have pasta after ride. **Saturdays** - 9 AM Race Training, Medford Cycle Sport, 1390 Biddle Rd #107 (Alex 857-0819)



#### Siskiyou Velo Membership Application

Name			<b>Age</b> [ ] 18-35	Type of Membership (check one box in each cell below)				
Street Address City			[ ] 36-45 [ ] 46-55 [ ] 56-65 [ ] 66+	[ ] Individual – \$15/year [ ] Family – \$20/year [ ] Business – \$25/year	[ ] New			
E-Mail Address			Phone	Any new Information included? (e.g., street address, e-mail address, phone, NL distribution) [ ] Yes [ ] No				
Information Blocking Options ( the secure pages of the web sit [ ] Phone Number [ ] E-mail A * Access to roster on web will require	t <b>e)*</b> .ddress [ ]	——Residence Addres	Newsletter Distribution Election  [ ] Snail mail (cost borne by Club)  [ ] Electronic (via web site – notification by e-mail)					
P.O. Box 974 Ashland, OR 97520 [ ] Comm				ring  ittees (MLC, etc.) [ ] Newsletter [ ] Ride Leader [ ] Officer position				
Waiver In consideration of my participation in Siskiyou Velo, I hereby waive, release, and discharge any and all claims for damages, death, personal injury, or property damage which I may have, or which hereafter accrue to me, as a result of my participation in said organization or their activities such as club organized rides and events. This release is intended to discharge in advance, the Siskiyou Velo organization or officers, and any involved municipalities or other public agencies, from and against any and all liabilities arising out of, or connected in any way with, my participation in said organization. I further understand that serious accidents occasionally occur during bicycle riding, and that participants occasionally sustain mortal or serious personal injuries and or property damage as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby assume those risks and do hold harmless all persons or entities related to the Siskiyou Velo Bicycle Club who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk, is to be binding on my heirs and assigns. I acknowledge that an ANSI certified helmet is required to be worn by me at all times while riding a bicycle in any Siskiyou Velo event. By signing this release, I hereby agree to the terms of this release.								
Parent or Guardian of M				Date _				

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Ashland OR 97520
August 2007 Newsletter

Siskiyou Velo P.O. Box 974 Ashland OR 9752

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