



"Where am I?" The eternal question, almost as common as "Who am I?" and "Who the hell are you?" Answered literally, you could go to the [Maporama](#) web site and get your latitude and longitude. (You'd need to know your address and have a computer with web access, of course) But if you're on your bike, somewhere out in Jackson County, that may not be helpful. Of course, if you've lived here for some time, you will know where you are. If not, you may just stick to known territory, so as never to get LOST. But that would lose some of the adventure of the unknown. A system of navigating through the unknown may be what is needed.

Some people, like Ray Forsyth, use natural landmarks to navigate by. Roxy Ann, for example, at 3,573 feet above sea level, is visible from most places in the valley. Roxy Ann Peak is northwest of Medford, north of Phoenix, and south of Eagle Point. So there's a start. The Table Rocks, also prominent, are northwest of Medford, north of Central Point, and west of Eagle Point. If you know your compass directions, or can see both of them, this could be helpful. It is also helpful to know that Interstate 5 runs from Ashland to Central Point on a southeast to northwest line, and then turns due east toward Gold Hill and Grants Pass. Highway 62 runs basically north from Medford to Shady Cove.

Of course, if you are carrying your copy of the new Jackson County bike map, you not only can find your current location on the map, but can also plot a bike-friendly route to where you are going. This map, available at all bike shops for about six bucks, has not only a large scale profile of Jackson County and the I-5 corridor, but also includes individual maps of Medford, Ashland, and all the smaller communities. Preferable bike routes are color-coded and grades are identified as moderate, steep, or very steep.

The Siskiyou Velo web site has a good library of local rides, tested and described by Velo members over the years. Go to the menu "Rides and Events," and then



*President's Paceline:  
Where the hell am I?*

click "Ride Maps and Directions." You'll find rides grouped as Common Club Rides, Hilly, Local Centuries and Events, Dirt Rides, and Northern California Rides. Each ride includes a map, elevation profile, rides description, route direction, start point directions, and notes on traffic.

Another resource is [Google Maps](#), which now includes bicycling directions. You simply input your desired start and finish points and let the computer give you a good bike route. It's a good tool for getting from A to B on a bicycle, without a lot of traffic. If the proposed route is not to your liking, you can change it easily by "dragging" the route line to include another waypoint on your preferred route. Google Maps in is its beta version; the computer doesn't know everything just yet

(it has yet to discover the Bear Creek Greenway), but it's a handy trip planning tool, none the less.

Wait, you say, what about GPS (The Global Positioning System is a satellite-based navigation system made up of a network of 24 satellites placed into orbit by the U.S. Department of Defense)? A GPS can tell you where you are within about two inches, help you to identify where you'd like to go, and plot a route for you on a map, with step-by-step directions and a little voice that tells you when to turn and says "Recalculating" when you blow the turn. Very professionally, with no judgment or attitude. A simple GPS, such as the one I have (Garmin Nuvi 255W), costs about \$140 and does fairly basic function mentioned above. It's really meant to be used in a car (the battery life is 4 hours), but does a fine job of plotting bike routes. It also will find restaurants, gas stations, hospitals and the like from its data base of such information. For a few bucks more (up to say \$750 or so) you can get Bluetooth phone capacity, MSN web info, pictures, MP3, the full enchilada. All the kind of junk you get on a bike to avoid. I'm just saying...

Or, just carry your cell phone. If you get lost, call somebody. That's what I do.



*Regards, and rubber side down,  
Mike Smith  
President, Siskiyou Velo Bicycle Club*



*Jodi Weber's great snaps of a ride group smiling along Old 99 and taking a breather at the Pony Expresso in Jacksonville.*

## PHOTOS WANTED!

Have you been on a great ride recently? Or a particularly gnarly one?! How about a Club ride you'd like to see get more exposure?

Share your photos with the Velo!

We're always looking for pics of our members in action, so send 'em on in!

Please email images to [newsletter@siskiyouvelo.org](mailto:newsletter@siskiyouvelo.org), along with a brief description of the action, and we'll feature them in an upcoming newsletter!

Of course, articles accompanying photos are always welcome as well!

### Siskiyou Velo Club Officers - 2010 P.O. Box 974, Ashland, OR 97520

Office	Name(s)	Contact Information
President	Mike Smith	855-1531; michaelmail@earthlink.net
Advocacy	Edgar Hee	734-4872; ejhee@juno.com
Events	Jonathan Williams	mlc@siskiyouvelo.org
Touring/Rides	Charles Whitaker, Elizabeth Zell, Phil Gagnon, & Charlie Carlson	touring@siskiyouvelo.org
Racing	Glen Gann	779-6986; ggann9@charter.net
Membership	Ron Zell	482-4815; membership@siskiyouvelo.org
Secretary	Cheryl French	Cherylannfrench@gmail.com
Treasurer	Dave Oliver	treasurer@siskiyouvelo.org
Newsletter	Bess Perry	newsletter@siskiyouvelo.org
Webmaster	Spencer Gray	621-3743; webmaster@siskiyouvelo.org

Visit us on the Internet: <http://www.siskiyouvelo.org>

Newsletter contributions accepted until the 15<sup>th</sup> of the month. Contact the editor at [newsletter@siskiyouvelo.org](mailto:newsletter@siskiyouvelo.org) for further information. Members are welcome submit letters, stories, opinions, photos, cartoons, recipes, tips, or other notices of interest to the club.



# Siskiyou Velo Ride Schedule

Date	Time	Start Location	Route	Pace	Miles	Contact
Every Saturday	10 am	Cycle Sport	Varies	B	Varies >20	Alex Hayes 541-857-0819
Every Saturday	10 am	Varies	Varies	ME	20 +/-	Phil Gagnon 541-488-4289
Every Sunday	1 pm	Bike Path behind Bad Ass Coffee	Varies	B	Varies >20	No Ride Leader
Every Monday	10:30 am	Colver Park	Jacksonville coffee ride	Group B2	25	No Ride Leader
Every Wednesday	11 am	The Roasting Company	Varies	Regroup B3	25-40	No Ride Leader

Approved helmets required on all club rides.

Unless otherwise noted, rain/wet pavement cancels the ride.

When going for a ride, we encourage you to select a ride along your cycling and fitness level. If you do not find a ride that is at your level, this is the perfect opportunity to start a ride of your own!

**Group:** Riders will stay together. **Regroup:** Riders will spread out & regroup along the route.

## Ride Rating

Letter	Ride Type	Average Speed	Description
L	Leisurely	7-9 MPH	A great opportunity for a family ride. Minors should be accompanied by an adult.
ME	Mellow	10-12 MPH	Easy pace, frequent stops to regroup. No one will be dropped.
MO	Moderate	12-14 MPH	Fewer stops than a mellow ride, steady pace for experienced riders. Should know how to fix a flat. Might ride at a 15-18MPH on the flats. No one is dropped.
B	Brisk	15-17 MPH	For stronger riders who want to ride in a fast pace line or in tight packs (18-25MPH on the flats) occasional sprints. Riders must be confident in a group and pace line. Not recommended for moderate riders.
BP	Brisk Plus	17+ MPH	Constant pace lines, brisk climbs, only for experienced, fast, riders. Check with ride leader if this is your first BP ride.

## Terrain Difficulty:

Number	Terrain Description	Example
1	Flat	South Stage Road, Colver Rd.
2	Some hills	Orchard Loop, Gold Hill
3	Hilly	Dark Hollow, Adams, Old Military Rd.
4	Mountainous	Lakes Loop, Woodrat Loop, Greensprings Rd., Callahan's

The following is a list of members who led rides in the month of February:

James Williams - 2  
Steve Juel - 1  
Dave Oliver - 1  
Elizabeth Zell - 3  
Charlie Carlson - 4  
Carole Smith - 1  
David Gibb - 1  
Jonathan Williams - 1  
Cheryl French - 1

Thank you, all, for volunteering to lead rides this month. All your work is deeply appreciated.

**REMEMBER:** It takes someone to commit to being a ride leader and to pick a route so that the rest of us can experience the joys of riding in a group. We all know what fun it is to go on a group ride. Now, please take that next step and volunteer to lead that favorite ride of yours. Please contact Elizabeth Zell to lead rides in April at [ecrawfordzell@yahoo.com](mailto:ecrawfordzell@yahoo.com).

Check out the online ride schedule: <http://www.siskiyouvelo.org/schedule.php>. We now have an excellent way to post scheduled rides. If you click on the "Meet At" link, you'll get a map of the ride start location. Clicking the "+" to the right of a ride's date brings up a dialog including the terrain (flat, some hills, etc.) and miscellaneous ride notes (where to park, the need for lights, etc.).

The online schedule is the authoritative source for information on scheduled rides. Be sure to check it out online prior to showing up for a ride you see in the newsletter. We'll still have a schedule in the newsletter, but due to the lead time in producing it, changes in rides may occur after production.

## Ride Committee Report by Elizabeth Zell

February was another great month with mostly clear weather and good attendance at the weekend rides. The groups are coming together; we would like to thank all you riders who have made efforts to ride courteously within the group. I'm sure everyone is well aware that being good bike ambassadors is one of the top priorities of the club. I also hope you have had a chance to take a look at the new ride pace rating system. This is designed as an aid to choosing a ride.



# Siskiyou Velo Meeting Minutes - March 10, 2010

Submitted by Cheryl French, Secretary

The meeting was called to order at 7 p.m.  
Thirteen members were present: Phil Gagnon, Jodi Weber, Matt Varnum, Edgar Hee, James Williams, Jonathan Williams, Charles Whitaker, Mark Seals, Nancy Keeley, Elizabeth Zell, David Oliver, Bess Perry, Cheryl French

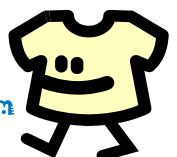


SUBJECT	DISCUSSED	REPORT / ACTION
<u>Old Business</u>	Minutes of last meeting	--Approved.
<u>Financial</u> David Oliver	Treasury	--The Club treasury has a balance of \$8,000. A motion was made, seconded, and approved to add Mike Smith's name as a signatory on the checking account and delete Don Parker's name.
<u>Membership</u> Ron Zell	Online registration and renewal	--The Club has 261 members vs 266 last month. --Renewals can now be made online and the online join system will be up and going in a few weeks.
<u>Newsletter</u> Bess Perry	Photos	--Bess would like to feature more ride photos in the newsletter and asks that people take and submit photos from Club rides.
<u>Touring</u> Phil Gagnon	2010 Tours	--Phil will be sending out an email regarding a planning meeting for anyone interested in touring.
<u>Advocacy</u> Edgar Hee	Bike To Work Month	--Plans are in the works to support "Bike to Work" month in May. --June or July is the target for Barnett bridge completion.
<u>Rides</u> Charles Whitaker	Google Group	--Charles is taking over administration of the Siskiyou Velo Google Group. If you have any questions: Chwhitaker@opendoor.com There was a discussion about appropriate Google Group use. Charles will write an article for the newsletter that details guidelines.
<u>Rides</u> Elizabeth Zell Charles Whitaker	By-Laws Ride Leaders needed Ride Leader Incentives	--Language will be inserted to promote good conduct on the road. --Ride leaders of all levels are needed for April and should contact ECrawfordZell@yahoo.com for information. --A proposal to provide incentives to lead rides was discussed. This subject was tabled until after the MLC.
<u>Events</u> Elizabeth Zell	Mark your calendar	--May 8 – Cinco de Mayo. A motion was made, seconded, and approved for the Club to pick up a portion of the lunch. --July – Potluck or BBQ
<u>MLC</u> Jodi Weber James Williams Jonathan Williams Nancy Keeley Cheryl French Matt Varnum Anna Arispe	Mark your calendar June 19th	--The web site is up for registration with a link from the Siskiyou Velo page -- <a href="http://Active.com">Active.com</a> is up for registration --Two rides: Century & Metric --Emphasis is on great food at the rest stops --Posters are up in the bike shops --Volunteers are needed and should contact Jonathan Williams: Jonladdw@mind.net
<u>Club Kits</u> Mark Seals	Affordability	--Mark will investigate costs for a club kit.
<u>Secretary</u> Cheryl French	Club meeting location	--We will continue to meet at Angelo's in Phoenix. --Club goals will be updated on a quarterly basis. --Next meeting is in the upstairs meeting room Harley Davidson.

## Jerseys!



Club Jerseys are available to purchase in both men's and women's sizes.  
They are \$55.25 each.  
Please contact Elizabeth at 482-4815 or email [ecrawfordzell@yahoo.com](mailto:ecrawfordzell@yahoo.com) if you are interested in buying one.





The annual Cinco de Mayo ride will be held this year on Saturday, May 8th. This is a much loved event hosted by the Wootons, which includes both a challenging, hilly ride and a milder, flat ride. This year, we also plan to include

an additional shorter ride. The first ride is 50 miles, 5 climbs, and 5000 feet of elevation gain. The route includes West Griffin Creek Rd., Griffin Creek Rd., Coleman Creek Rd., Anderson Creek Rd., Wagner Creek Rd., and back via Pioneer and Dark Hollow. The 50 mile flat ride will be at a moderate pace with the route going through Gold Hill and Sam's Valley before returning to Medford. The route of the shorter ride has not been determined yet. The rides will start and end at the Wooton's home in Medford. There will be a catered lunch consisting of a Mexican cuisine. Participants at the lunch will be asked to pay for their meal. Potluck desserts will be strongly encouraged as well. Lunch reservations and fees will be required prior to the date. The first two rides will start at 9:00 AM and lunch will be served at 12:30. Put this on your calendar, because you won't want to miss this fun and challenging event. Look for more information in the next newsletter and in a future club email.

**Marty's  
Cycle  
and Moore**  
720 Crater Lake Ave  
Medford OR 97501  
77C-YCLE

**Bikekraft**  
GRANTS PASS  
785 Rogue River Hwy.  
541-476-4935

## Worried about Weeds?

The Nature Conservancy is organizing an Early Detection weed training that is targeted at recruiting leaders of recreation, education, and environmental advocacy groups. The idea is train "Trainers" about Early Detection (key weeds to look for and how to report) and give them enough information that they can train members of their organization to become weed watchers. They also offer another workshop to train individual volunteers as support to the Trainers. So far, they've had positive responses from the local equestrian club, Middle Rogue Steelheaders, Williams Creek Watershed Council, Seven Basins WC, and Josephine County Parks and Rec., and would love for the Siskiyou Velo to be represented as well, to get the word out on weeds.



If anyone from the Club is interested in attending or learning more, please follow up with Molly Morison.

Molly Morison  
SW Oregon Stewardship Coordinator  
mmorison@tnc.org  
(541) 770-7933 Ext. 2#

The Nature Conservancy  
SW Oregon Field Office  
33 N. Central Ave, Suite 405  
Medford, OR 97501  
<http://nature.org>

## New Members

John Richards  
Wayne & Kay Breithaupt  
Gary & Linda Hays

## Renewing Members

Alfred Harrison  
Jim & Bonny Fertig  
James & Sheri Clark  
James Williams & Becky Brooks  
Beth Hay  
Leslie Bullock  
Jim & Pam Britton  
Jean Robbins  
Marcia North & John Hoffstaed  
Steve McChrystal  
Charles & Joan Thomas  
David Whipp  
Cheryl French & Charles Whitaker  
Gary Roberts  
Gail Frank

## Members Needing to Renew:

None

Click link below to join or renew  
your membership.

<http://www.siskiyouvelo.org/join.php>

**Flywheel**  
Bicycle Solutions  
IAN BAGSHAW  
OWNER  
TEL 541.512.8691  
100 TALENT AVENUE, SUITE 1, PO BOX 6, TALENT, OREGON 97560  
WWW.FLYWHEELBICYCLES.COM  
IAN@FLYWHEELBICYCLES.COM



Attorney:  
Carlyle F. Stout III

Secretary:  
Remedy Hovermale

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541-776-2020

E-mail: [carlyle.stout@gmail.com](mailto:carlyle.stout@gmail.com)

215 Laurel Street, Medford

FAX: 541-776-9841



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[www.siskiyoucyclery.com](http://www.siskiyoucyclery.com)  
[info@siskiyoucyclery.com](mailto:info@siskiyoucyclery.com)

1632 Ashland St.  
Ashland, OR  
541-488-5813

Open 7 days a week

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[www.ashlandbicycleworks.com](http://www.ashlandbicycleworks.com)



## Proposed Change to Club Bylaws

At the February meeting, Charles Whittaker of the ride committee proposed that language be inserted in the Club bylaws that is specific to improving the public image of cycling. Currently, Article II of the bylaws ("Purpose") states:

"The purpose of the organization is to plan and lead bicycle tours; promote and conduct bicycle rides and events; encourage bicycle commuting; develop and/or support legislation/laws related to bicycling; promote awareness of bicyclists' rights and responsibilities on public thoroughfares; promote safety and education in bicycling; provide an opportunity for members to socialize with others who have an interest in bicycles; and engage in such other bicycling related activities as deemed desirable by the membership."

Charles proposed that "...improve the public image of cyclists and of cycling, among motorists and within the community at large..." be inserted into this section.

If any member has an objection to this change, or wishes to comment on it, they should either contact Mike Smith, or come to the next scheduled Club meeting on April 14th.

**20th Annual  
Ashland Community Bike Swap**



**Saturday  
April 17  
Noon-2pm  
The Grove**  
1195 E Main St  
Ashland

**Buy & Sell New and Used Bicycles, Parts and Accessories**  
Drop off your bikes and gear to sell Fri, Apr 16, 5-7pm or Sat, Apr 17, 7-10am  
Sale open to the public noon-2pm, Saturday, April 17  
Admission \$1/person or \$3/family  
More information call Ashland Parks & Recreation at 541-488-5340 or visit [www.RVTD.org/bikeswap](http://www.RVTD.org/bikeswap)



Rogue Valley Cycle Sport, Inc.  
[www.roguecycle.com](http://www.roguecycle.com)  
[info@roguecycle.com](mailto:info@roguecycle.com)

<b>Ashland CYCLE SPORT</b> 191 Oak St Ashland, OR 97520 541-488-0581	<b>Medford CYCLE SPORT</b> 1390 Biddle Rd #107 Medford, OR 97504 541-857-0819
Fax: 541-488-3802	

## SISKIYOU VELO IS "PROUD!"

P = Prepared for everything  
R = Routinely safe  
O = Out to have fun  
U = Undauntingly a defensive rider, respectful of all road users  
D = Dedicated to positively representing cyclists

## Support Our Member Shops!

The bike shops with ads in the newsletter are business members of the Siskiyou Velo. Show them your membership card and receive a 10% discount on parts and accessories.

## 2010 Ride of Silence

This is an international memorial ride event, honoring those who have been injured or killed while riding bikes. It didn't get organized in 2009, but Meg Rawlings is trying to change that for this year. Medford and Central Point police escorts will accompany the ride.

Here are the details so far:

When? May 19, 7 PM

Where? Starting and ending at Hawthorne Park

Distance and Pace? About a 12 mile ride at a slow pace.

All levels are encouraged to attend.

Contact for more info? Meg Rawlings,  
rawlings.meg@gmail.com and 541-941-8070

## Fellow Velo

By Ron Zell

Last month, you were riding alongside a "Fellow Velo," wondering where this person was from. You now know that if you guess Ashland or Medford, you will have a 75% chance of being correct.

Today, you are riding along, and pull along side a fit, apparently strong rider, and as she smiles, greets you, waves, and rides you off her wheel, you are wondering just how old is this person? It is hard to tell with helmets, glasses, and winter kit, but our Club data base can provide some hints.

The median age for recreational cyclists in the USA is 32. The median age of Siskiyou Velo is 58 – get the point? If you are under 35, and 11% of our Club is, you have just probably been dropped by an esteemed senior. You can also suspect that she is chuckling under her breath that she has kicked some young butt. But don't worry, the situation is temporary, and she will soon be back to chat with you (That's discussed in Stage 3.).

### Comparing our Club to the national population:

AGE RANGE	% USA POPULATION	% VELO POPULATION
18 – 35	20	11
36 – 45	14	10
46 – 55	15	25
56 – 65	12	37
66 +	14	18

If you are riding next to someone named Don, Jerry, Ron, George, or Helmut (and there are others), you are likely next to someone who has over seven decades of something in their legs, and that something is not feebleness. And, like your lady friend above, they absolutely love to hammer.

*It's our hope that getting to know your Fellow Velo will inspire you to update your own Membership Profile. It's easy! Just go to [siskiyouvelo.org](http://siskiyouvelo.org), sign in, and you will find a handy place to click in the upper right hand corner called "Membership Profile." It only takes a few minutes and then your information will become part of Fellow Velo!*



2008 Bacchetta Bellandare long wheel base recumbent bike. In new condition with less than 25 miles total since new. Red in color. \$1000

Contact Jack Buster 541-292-4963

Easy Racer Recumbent, Fold Rush:  
\$2800.

Bought from factory in 2003. After 7 years of driving it, I got that "7 year itch" and almost bought a trike recumbent. Alas, I couldn't part with my FR...until I spotted an '07 polished aluminum FR with a Rohloff hub, Rotor cranks, and disc brakes for sale. I just bought it and now want to sell my original FR.

Let me tell you about it: It's in very good condition and comes with a Super Zipper full-sized fairing. Cateye cyclometer w/cadence. Rear rack. Panniers. Frame bag (tools or tubes). Mirrorcycle mirror. 2 bottle cages. Terracycle Tail Sock with aluminum hardware (adds 2-4 mph). Kickstand. Carbon front fender. Terracycle idler.

Specs are all high quality  
(available on request).  
Contact Phil Gagnon  
star@mind.net.



# BICYCLE TOURING IS IN THE AIR!

The idea of bicycle touring appeals to more and more riders. If you have this yen, you may find the following tours of interest.

While these tours are designed primarily for self-supported riders, those wanting motels and sag wagons can dovetail into these tours by making their own arrangements. Remember, touring is about the journey, not the destination.

It's likely questions immediately spring forth and to get answers on Tours 1-4, send an email to Phil Gagnon (star@mind.net). Phil envisions having a meeting soon here in Ashland with those of you interested in taking one or more of these tours. For Tours 5 and 6, please email Mike Smith at michaelmail@earthlink.net if you're interested in either (or both!) of them. For Mike's tours, the details of each will be developed by the group.

---

**Tour 1. Lost Creek Lake Tour.** April 24, Saturday. One-day Tour. Meet at end of Greenway in Central Point at 10:30 a.m.

This tour is designed to introduce self-supported touring to those who are intrigued by the idea, yet have never done one. This will be a one-day tour with an overnight at Stuart State Park. For those who want to tour but not camp, motel availability bears investigation as does the notion of a sag wagon.

The day's ride from the Greenway is 34 miles. We'll stop in Eagle Point to stock up on food/drinks for picnic lunch and either a cookout dinner or a lake shore restaurant. Next morning, we can choose to return home or, go on to Prospect and spend a second night at Willow Lake with a return home via Butte Falls.

**Tour 2. Applegate--Rogue River--Rt. 140.** May 22 Saturday. Three-day Tour. Meet at Colver Park, Phoenix at 10:30 a.m.

Day 1. We can picnic along the way and take time to SEE more than the road. Our first night will be spent at a delightful RV Park near the Applegate Store. The Park's Club House is available along with showers, etc. The Club House has a small kitchen, comfortable chairs for social time, and other amenities. The manager, a former teacher and Peace Corps member, is very nice. When I stayed there last year, he said, "If you use the showers, you might

leave \$5 in the mail box." Miles so far: 26. (I started the next morning with breakfast at the Applegate Store.)

Day 2. From there, we go on to Grants Pass, picnic lunch at the Sports Park by the Rogue River, perhaps visit the Ethereal Café in GP and end the day at Valley of the Rogue State Park. (Overnight fee is \$16; we can split that by sharing a site.) Miles this day: 36.

Day 3. Onward to Gold Hill for breakfast and from there to Medford Oaks RV Park on Hwy 140. (Google it). Rates up to 4 people: Tent \$17. Cabins, \$50 to \$68. (AAA %) Miles this day: 26.

**Tour 3. Cave Junction.** June 20, Sunday. Four-day Tour. Meet at Applegate Store on Rt. 238 at 10:30 a.m. (Parking accommodations will be made with Store mgt.)

Day 1. Our route takes us to Sumac Lake where we'll spend our first night. We'll stop in Murphy for a cuppa. Further on, we'll stop at Butcherknife Creek for a sense of nature. (With a name like that, it does have wonder, don't you think?) Miles this day: 36.

Day 2. Leaving the lake, we'll meander south, mostly on back roads. We can lunch at Taylor's (a special spot!) in Cave Junction. Our destination will be in O'Brien at the Lone Mountain RV Resort. Google it. \$15 tent site. (AARP%) Miles this day: 20.

(About 8 miles further is Whispering Springs B&B that offers excellent rates and sounds fine.)

Day 3. From O'Brien, we'll start heading north past Takilma, Holland Loop, and connecting with Oregon's Cave Hwy. 46. We can stop at the Cave Junction Visitors Bureau for insight. As we ride further north, there's a nature center on Eight Dollar Rd. that I believe will be worth seeing. Our day's journey will take us back to Sumac Lake for the night. Miles this day: 22.

Day 4. We'll retrace our route to Murphy where we can lunch. From there it's an easy (flat) ride back to the Applegate Store. Miles this day: 36.

**Tour 4. Hillsboro to Ft. Stevens.** August 22, Sunday. Four day Tour. Meet in Hillsboro (specific spot to come) at 10:30 a.m.

Day 1. We'll meander north to the Banks-Vernonia State Trail which is paved off-road path that goes for 21 miles to Vernonia. Accommodations include several campsites as well as motels. Miles this Day: 35.

Day 2. From Vernonia, we'll ride north on Rt.47 and change to Rt.202 to Lee Wooden County Park where we'll spend the night. Enroute, we can stop for food in Jewell--perhaps lunch there. Miles this Day: 38.

Day 3. This day's ride will take us to Ft. Stevens State Park where we can shop for food and



## BICYCLE TOURING IS IN THE AIR! (continued)

enjoy the lovely park. There are many places for short bike rides to beaches. Miles this Day: 36.

Day 4. We ride south on Rt. 101 to Rt. 26 which heads east and takes us to our next campsite: Sunset Hwy. State Park. Miles this Day: 37.

Day 5. This will be a long, 56 mile ride back to the cars. With an early morning start, we can take our time and figure we have all day to get there. Once back in Hillsboro, we may want to have a motel in mind, or further down I-5, before setting forth for home.

Tour 5. Bay area tour, May 16-20. Coincide with three stages of the tour of California. Ride share, motels, four days of riding. Moderate pace, hilly area. We should be able to watch the Tour finish in Santa Rosa, and watch midway at or by La Honda and Livermore.

Tour 6. July coast tour. Eight days, camping, sag van, start and finish in Medford area. We did this last year and had a great time.

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## Next Club Meeting

Join us at 7:00 pm, April 14<sup>th</sup>, at the Harley Davidson shop in Phoenix for an informative meeting on cycling safety and efficiency!

Guest speakers Charles Whitaker and Bill Tout will talk about bike safety and etiquette when riding in groups and the energy management that allows groups with a range of riding strengths to travel together.

Very important topics to enjoy a safe and fun ride! Come join us!

Siskiyou Velo club meetings are open to all members. Meetings are held each month at 7:00 pm on the 2<sup>nd</sup> Wednesday of the month.

## SOMETHING NEW from the Siskiyou Velo Bicycle Club!

A series of five special rides for bicycle riders who want to get on their bikes and experience riding with others begins Saturday, April 17<sup>th</sup>, at 10 a.m. and continues the following four Saturday mornings.

### What's special about these five rides?

They all take place on various segments of the Greenway. You'll feel safe as you learn group ride etiquette and techniques. The pace will be from 8 to 10 mph. Distances may vary as we progress. Each ride will stop for a "cuppa" to have social time together. The rides are short term. You get to make new friends and build confidence as skills and comfort levels increase. Besides, it's a grand way to get outdoors and exercise!

Two requirements: Wear a helmet and sign a waiver to release Siskiyou Velo Bicycle Club from any responsibility.

Glance at the ride schedule below. To start, we prefer to gear this series to adult riders. If you'd like to participate or have questions, please email Phil: star@mind.net, or phone Steve: 541/535-1435.

April 17, 10 a.m.	Start at Blue Heron Park-Phoenix. We'll ride to the BadAss Café, sit outside, & schmooze. 10 miles total.
April 24, 10 a.m.	Start at Hawthorn Park-Medford. We'll ride to Mellelo's Café, sit outside, & chat for a time. 8 miles total.
May 1, 10 a.m.	Start at Newbury Park-Talent. We'll ride to a Greenway exit at South Stage Rd & stop at a café there. 10 miles total.
May 8, 10 a.m.	Start at Bear Creek Park-Medford. We'll ride to Talent & stop at the Downtown café. 14 miles total.
May 15, 10 a.m.	Start at the Blue Heron Park-Phoenix. We'll ride to the Ashland Dog Park where coffee & treats will be served. 14 miles total.

## Ride or Work - Northwest Tandem Rally Fourth of July Weekend 2010

The Rogue Valley and Medford is hosting the 25<sup>th</sup> Northwest Tandem Rally this coming Fourth of July weekend! While not a Velo event, Siskiyou Velo members are organizing NWTR 2010 and would appreciate your participation, your help, or both.



The event features two days of supported rides, starting with a tandem mass start with ride lengths ranging from 35 miles to over 80 miles July 3<sup>rd</sup>. Independence Day rides are shorter, under 60 miles, ending with a July 4<sup>th</sup> BBQ lunch.

For more information, go to the Tandem Rally web site: <http://nwtr.org/2010/>  
Those who can help, call Edgar Hee (541-734-4872).

**THE 2010 MOUNTAIN LAKES CHALLENGE IS ON AND  
IT'S AWESOME!**



**Saturday, June 19, 2010**

**Experience the beauty of cycling in Southern Oregon**

- 🚲 Scenic mountain lakes, conifer forests, winding backcountry roads and majestic Mt. McLoughlin
- 🚲 Two great routes: the Century and Metric Challenges begin with a 2,200-foot climb and end with a 13-mile, 3,300-foot descent
- 🚲 Four awesome rest stops with amazing food!

Start at The Grove, 1175 East Main Street in beautiful Ashland at 7 a.m.

Register online at:  
[mountainlakeschallenge.com](http://mountainlakeschallenge.com)

