

## ***BREAKFAST LIST***

Fruit salad 2,11,  
Bircher Muesli 2, 11, GL, MI, SC,  
Vanilla quark 2, 11, WED,  
Yoghurt 2, MI,  
Cherry-Banana Yoghurt 2.11, MI,

Brie MI,  
Gouda MI,  
Maasdam MI,

Poultry Mortadella 2, 4, 8,  
Turkey salami 2, 3, 8,  
Turkey breast peppers 2, 4, 8, GL,  
Cooked ham 2, 4, 8,

Cherry tomatoes  
Scrambled eggs EGG, MI, SC,  
Baked Beans 11, GL, SF,  
Bacon 5,  
Eggs

Milk MI, / Oats GL, / Lactose MI,

Olives  
Tomatoes  
Cucumber

Baguette GL,  
Rolls GL,  
Sunflower seed rolls GL, SC,  
Grain rolls GL, SC,  
Pumpkin seed bread GL, SC,  
Multigrain bread GL, SC,  
Toast 2, GL,  
Wholemeal toast 2, GL, SC,  
Mamor Kranz 11, GL, MI,  
Gluten-free bread 2, SC, SJ,

Butter MI,  
Jam 2, 11,  
Nutella 2, 11, MI, SC,  
Honey  
Cream cheese MI,  
Peanut butter MI, SC, SE, SJ, SD,  
Vegan cold cuts 2, SC, SJ, SO, SF,

Choco Flake GL, SC,  
Safe 2, GL, MI, SC,  
Froot Loops 2, GL, SC,  
Honey Wheat 2, GL, SC,  
Chocolate Muesli 2, GL, MI, SC,  
Fruit Muesli 2, GL, MI, SC,

## Allergen Additives Directory

**1=dye/dye,**

**2=Preservatives,**

**3=antioxidant,**

**4=Flavor** enhancer,

**5=Sulfurized,**

**6=** Blackened/Blackened,

**7=Phosphate/Phosphates,**

**8=Milk protein (meat),**

**9=Caffeine/Coffeinated,**

**10=Quinine-~~taurine~~/quinine-aurine** required,

**11=Sweetener,**

**12=Waxed**

**13=Genetically modified**

Cereals/Gluten	Wheat	GL	
	Milk/lactose	WED	
	Fish	FI	
	Crustaceans	KR	
	Eggs	EI	
Nuts/nuts	Miscellaneous	SC	
	Celery	SL	
	Sesame seeds		SE
	Lupins	LU	
	Soy	SJ	
	Mustard	SF	
	Molluscs	WE	
	Peanuts	HE	
	Vegetarian	V	
	Vegan	V+	
	With pig	SW	