

# 3–Manifolds Algorithmically Bound 4–Manifolds

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# Abstract

# Contents

<b>1</b>	<b>Introduction</b>	<b>4</b>
<b>2</b>	<b>Manifolds</b>	<b>5</b>
2.1	Definitions . . . . .	5
2.2	Handles . . . . .	6
2.3	Triangulations . . . . .	8
<b>3</b>	<b>Background</b>	<b>12</b>
3.1	3–Manifolds Bound 4–Manifolds . . . . .	12
3.2	Shadows of 3– and 4–Manifolds . . . . .	19
<b>4</b>	<b>Projections and initial data</b>	<b>26</b>
4.1	Build a projection . . . . .	27
4.2	Obtain a planar graph . . . . .	29
4.3	Find all mapping triangles . . . . .	31
4.4	Find all mapping circles . . . . .	32
4.5	Count wedge numbers . . . . .	33
4.6	Truncate tetrahedra . . . . .	35
4.7	Blow up edges . . . . .	36
4.8	Final Modifications . . . . .	39
<b>5</b>	<b>Shadows from 3–Manifolds</b>	<b>42</b>
5.1	Construct and connect regions . . . . .	42
5.2	Extend over vertices . . . . .	45
5.3	Compute gleams . . . . .	46

<b>6</b>	<b>4–Manifolds from Shadows</b>	<b>47</b>
6.1	The triangulated prism . . . . .	48
6.2	Build a handlebody . . . . .	50
6.3	Attach 2-handles . . . . .	54
<b>7</b>	<b>Conclusion</b>	<b>56</b>

# Chapter 1

## Introduction

# Chapter 2

## Manifolds

### 2.1 Definitions

**Definition 2.1.1.** A separable Hausdorff topological space  $X$  is an  $n$ -dimensional *topological manifold* if, for every point  $p$  in  $X$ , there is a neighbourhood  $U$  of  $p$  and a homeomorphism  $f : V \rightarrow U$  where  $V$  is an open subset of the  $n$ -dimensional real half space

$$\mathbb{R}_+^n = \{(x_1, \dots, x_n) \in \mathbb{R}^n : x_n \geq 0\}.$$

The pair  $(U, f)$  is a *chart*, and a collection of charts  $\{(U_\alpha, f_\alpha) : \alpha \in A\}$  such that the union  $\bigcup_A U_\alpha$  contains  $X$  is an *atlas*. The map  $f_\alpha^{-1} \circ f_\beta$  defined on  $f_\beta^{-1}(U_\alpha \cap U_\beta)$  is called the *transition map* between the charts  $(U_\alpha, f_\alpha)$  and  $(U_\beta, f_\beta)$ . If  $\{(U_\alpha, f_\alpha) : \alpha \in A\}$  is an atlas of  $X$  and the transition maps  $f_\alpha^{-1} \circ f_\beta$  are smooth maps between subsets of  $\mathbb{R}_+^n$  for every  $\alpha, \beta$  pair in  $A$ , then we call  $X$  a *smooth  $n$ -dimensional manifold*. If the transition maps are piecewise-linear, then  $X$  is a *piecewise-linear manifold*.

A point  $x$  of  $X$  covered by chart  $(U, f)$  with  $f^{-1}(x)$  in  $\{(x_1, \dots, x_n) : x_n = 0\}$  is called a *boundary point* of  $X$ . The set of all boundary points of  $X$ , called the *boundary of  $X$* , is denoted by  $\partial X$  and  $\partial X$  is an  $(n - 1)$ -dimensional submanifold of  $X$ . A point  $x$  in  $X \setminus \partial X$  is called *interior*. If  $X$  is compact and  $\partial X = \emptyset$ , then  $X$  is said to be a *closed manifold*. The boundary  $\partial X$  of  $X$  is, itself, a closed manifold.

Brief Digression On Orientations of  $\mathbb{R}^n$ .

**Definition 2.1.2.** here we define tangent spaces and orientability of a manifold

**Definition 2.1.3.** A smooth *isotopy* between embeddings  $\varphi_0, \varphi_1 : Y \rightarrow X$  is a smooth homotopy  $\varphi_t : Y \rightarrow X$  ( $0 \leq t \leq 1$ ) through embeddings. If an isotopy exists, we say that  $\varphi_0, \varphi_1$  are *isotopic*.

brief digression on isotopy extension

**Theorem 2.1.4** (Isotopy Extension {CITE: Miln}). Let  $M$  be a smooth compact submanifold of the smooth closed manifold  $N$ . If  $h_t$  is a smooth isotopy of the inclusion  $M \hookrightarrow N$  then  $h_t$  is the restriction of a smooth isotopy  $h'_t : N \rightarrow N$  of the identity  $\text{id}_N$  such that  $h'_t$  is the identity on  $N$  outside of a compact subset of  $N$ .

We would like to restate the above theorem into a more useful form. Let  $Y \subset X$  be a smooth compact submanifold in the interior of the smooth manifold  $X$  and let  $i : Y \hookrightarrow X$  be inclusion. Any smooth isotopy  $\varphi_t : Y \rightarrow X$  with  $\varphi_0 = i$  induces an isotopy  $\Phi_t : X \rightarrow X$  through diffeomorphisms  $X \rightarrow X$  with  $\Phi_0 = \text{id}_X$  and  $\varphi_t = \Phi_t \circ \varphi_0$  for each  $t$ . The isotopy  $\Phi_t$  is called an *ambient isotopy*, and a pair of submanifolds  $Y_1, Y_2$  of  $X$  are *ambiently isotopic* if there exists a diffeomorphism  $\Phi : X \rightarrow X$  such that  $\Phi$  is homotopic to  $\text{id}_X$  through diffeomorphisms and  $\Phi$  maps  $Y_1$  to  $Y_2$ .

## 2.2 Handles

The main tool used to construct 4-manifolds in later chapters is handle attachment. We focus mainly on the definitions and results needed to meaningfully attach 2-handles to a 4-manifold.

**Definition 2.2.1.** Let  $X$  be a smooth  $n$ -manifold and let  $0 \leq k \leq n$ . We use  $D^k$  to denote the closed  $k$ -disc. An  $n$ -dimensional  $k$ -handle, denoted here by  $h$ , is a copy of  $D^k \times D^{n-k}$  which we attach to  $\partial X$  along  $\partial D^k \times D^{n-k}$  by an embedding

$$\varphi : \partial D^k \times D^{n-k} \rightarrow \partial X.$$

We call  $\varphi$  an *attaching map*, and canonically smooth corners {CITE:GoSt} in the quotient space

$$X \cup_{\varphi} h = X \cup (D^k \times D^{n-k}) \Big/ \varphi(x) \sim x$$

to make  $X \cup_{\varphi} h$  into a smooth manifold. The number  $k$  is the *index* of the handle  $h$  and we call this process *attaching a  $k$ -handle to  $X$  with attachment map  $\varphi$* . An  $n$ -dimensional manifold described by a handle decomposition whose handles have index no greater than 1 is called an  *$n$ -handlebody*.

If  $X \cup_{\varphi} h$  is a smooth manifold with attached  $k$ -handle, then we have special terms for the anatomy of  $h$ . The  $k$ -disc at  $D^k \times 0$  in  $h$  is called the *core* of  $h$  and the  $(n - k)$ -disc  $0 \times D^{n-k}$  is called the *cocore*. We call the  $(k - 1)$ -sphere  $\partial D^k \times 0$  the *attaching sphere* and we call the  $(n - k - 1)$ -sphere  $0 \times \partial D^{n-k}$  the *belt sphere*. we call  $\partial D^k \times D^{n-k}$ , or its image through an attaching map  $\varphi$ , the *attaching neighbourhood*.

**Remark 2.2.2.** If  $\varphi_0$  and  $\varphi_1$  are isotopic attaching maps of the  $k$ -handle  $h$  then the manifolds  $X \cup_{\varphi} h$  and  $X \cup_{\varphi'} h$  are diffeomorphic up to ambient isotopy. This follows from the Isotopy Extension Theorem. If  $\varphi_0, \varphi_1$  are isotopic maps into the closed manifold  $\partial X$ , then the restrictions of these maps to the compact attaching neighbourhood are also isotopic hence induce an ambient isotopy  $\Phi_t$ . The diffeomorphism

$$\begin{aligned} \text{id}_I \times \Phi : I \times \partial X &\rightarrow I \times \partial X && \text{defined by} \\ (t, x) &\mapsto (t, \Phi_t(x)) \end{aligned}$$

gives us the diffeomorphism  $X \rightarrow X$  by identifying  $I \times \partial X$  with a neighbourhood of  $\partial X$  in  $X$ . {CITE: RoSa}

We construct an attaching map  $\varphi : \partial D^k \times D^{n-k} \rightarrow \partial X$  from an embedding of the attaching sphere  $\varphi_0 : \partial D^k \times 0 \rightarrow \partial X$  and an identification  $n$  of the normal bundle of the image of  $\varphi$  with  $\partial D^k \times \mathbb{R}^{n-k}$ . From the Tubular Neighbourhood Theorem, this information determines an embedding of  $\partial D^k \times D^{n-k}$  up to isotopy. Thus any attaching map is determined by

1. an embedding  $\varphi_0 : S^{k-1} \rightarrow \partial X$  with trivial normal bundle, and
2. an identification  $n$  of the normal bundle  $\nu_{\varphi_0}(S^{k-1})$  with  $S^{k-1} \times \mathbb{R}^{n-k}$  which we call a *framing of  $\varphi_0(S^{k-1})$*

up to isotopy, and the resulting manifold  $X \cup_{\varphi} h$  up to diffeomorphism.



**Remark 2.2.3.** There are two important cases of handle attachment that we care about — attachment of handles with index 1 and 2. To attach a handle of index 1 to an  $(n + 1)$ –manifold  $W$  over its  $n$ –manifold boundary  $M$ , we specify an embedding  $\varphi_0$  of  $S^0 = \{-1, 1\}$  into  $M$ . We must also define a framing of  $\varphi_0(S^0)$  in  $M$ . If  $M$  is oriented, then a framing of  $\varphi_0(\pm 1)$  is an element of  $\mathrm{GL}_n(\mathbb{R})$ . Because an orientation of the  $n$ –manifold  $M$  is defined by an association of an element of  $\mathrm{GL}_n^+(\mathbb{R})$  to each point of  $M$ , we can say that a framing of  $\varphi_0(\pm 1)$  is *orientation preserving* if the chosen framing element is from  $\mathrm{GL}_n^+(\mathbb{R})$  and *orientation reversing* if the chosen framing element is from  $\mathrm{GL}_n^-(\mathbb{R})$ . With these framings defined, we can form the attaching map  $\varphi$  for our 1–handle  $h$ . Because the attaching map  $\varphi$  is defined on the disconnected space  $S^0 \times D^n$ , we refer to  $\varphi$  as a pair of attaching maps, one for each component. Note here that if  $W$  is path connected and both framings are orientation reversing or orientation preserving, then the manifold  $W \cup_\varphi h$  is nonorientable. If exactly one framing is orientation preserving and the other orientation reversing then  $W \cup_\varphi h$  is orientable.

Because our goal is to attach 2–handles to 4–manifolds, we focus now on embeddings of  $S^1$  in 3–manifolds. We can define a framing of an embedded  $S^1$  in an oriented 3–manifold from a vector field over that embedded  $S^1$  and the orientation of the 3–manifold. Attaching a 2–handle to a 4–manifold consists of defining an embedding of  $S^1 \times D^2$  into the boundary of the 4–manifold. This embedding is defined entirely by the image of the attaching sphere and by a framing of that image. A framing is an association of every point of the attaching sphere with an element of  $\mathrm{GL}_2(\mathbb{R})$ . We care about this embedding up to isotopy, so a framing can be reduced to an element of  $\pi_1(\mathrm{GL}_2(\mathbb{R})) = \pi_1(S^1) = \mathbb{Z}$ . A framing makes no sense without a zero framing as reference. Once that is defined, any  $n$ –framing is also defined. There is a canonical zero–framing of a knot in  $S^3$  found by the outward unit normal vector to any Seifert surface of that knot.

## 2.3 Triangulations

A simplicial manifold is a special description of a piecewise–linear structure on a piecewise–linear manifold. We describe it as being built from a patchwork of pieces

carved from a finite dimensional Euclidean space which we call simplices.

Let  $E = \{e_0, \dots, e_n\}$  be a set of  $n + 1$  points in some  $n$ -dimensional affine space  $F$  such that

$$e_i \neq \sum_{j \neq i} t_j e_j$$

for each  $i$  and any collection of nonnegative real  $t_j$  with  $\sum t_j = 1$ . The *standard  $n$ -simplex*  $\sigma$  is defined as

$$\sigma = \{p \in F : p = \sum_{i=1}^n t_i e_i, e_i \in E, t_i \geq 0 \text{ for each } i, \text{ and } \sum_{i=1}^n t_i = 1\}.$$

The above set is also called the *convex hull* of  $E$ .

Let  $E'$  be a  $k + 1$  element subset of  $E$ . The convex hull on  $E'$  is called a *facet* of  $\sigma$  and is itself a  $k$ -simplex. A zero-dimensional facet is a *vertex*, one-dimensional an *edge*, two-dimensional a *triangle*, three-dimensional a *tetrahedron* and four-dimensional a *pentachoron*. These names are also applied to the 0-, 1-, 2-, 3-, and 4-simplices. A facet with dimension  $n - 1$  is called a *face*. We number the vertices of the  $n$ -simplex with the numbers  $0, \dots, n$ . Every face of  $\sigma$  contains all but one vertex of  $\sigma$ , and this gives a numbering to the faces of  $\sigma$ . The  $i^{th}$  face of  $\sigma$  is found via the *face map*  $F^i(\sigma)$ . Removing from a simplex all of its proper faces gives us the *interior* of  $\sigma$ .

{FIGURE HERE IS GOOD}

We define a *simplicial complex*, or just *complex*, to be a locally finite collection  $\Sigma$  of simplices embedded in some affine space satisfying two conditions. First, any facet of a simplex in  $\Sigma$  is also in  $\Sigma$ . Second, the intersection of two simplices in  $\Sigma$  is either empty or a facet of both.

An  *$n$ -dimensional gluing* consists of a finite set of  $n$ -simplices, and a collection of face pairs  $(F^i(\sigma), F^j(\tau))$  and gluing maps  $g$ . We demand that any face appears in exactly one of the face pairs, and  $g$  is an affine linear map that dictates how the faces  $F^i(\sigma)$  and  $F^j(\tau)$  are identified. The gluing of the faces  $F^i(\sigma), F^j(\tau)$  is defined by a bijection of the vertices of  $F^i(\sigma)$  to the vertices of  $F^j(\tau)$  and extended linearly in order of ascending dimension over all facets of the faces. We are interested in the quotient space of the union of our simplices by the equivalence relation defined by our gluing maps, and this quotient space is often referred to as a *gluing*. An

$n$ -dimensional gluing can be seen as a simplicial complex by embedding it in some high-dimensional Euclidean space. Denote an  $n$ -gluing by  $T$  and define the  $k$ -skeleton of  $T$  to be the union of all facets of  $T$  of dimension at most  $k$  with  $0 \leq k \leq n$ . Denote the  $k$ -skeleton of  $T$  by  $T^k$ , and note that  $T^n = T$ .

Recall from Definition 2.1.1 that an  $n$ -dimensional piecewise-linear manifold  $M$  is a manifold whose atlas of  $M$  has piecewise linear transition maps. If a gluing satisfies this property, we call it a *simplicial manifold*. To build an atlas for an  $n$ -gluing  $T$ , a point  $p$  in  $T \setminus T^{n-1}$  has an obvious chart  $(\text{int}(\sigma), f)$  where  $\sigma$  is the  $n$ -simplex whose interior contains  $p$  and  $f$  is the trivial linear map from  $\text{int}(\sigma)$  to the interior of the standard  $n$ -simplex, an open subset of  $\mathbb{R}^n$ . Because a chart for every point interior to an  $n$ -simplex exists and because no face of this complex is unglued, we may iteratively define piecewise-linear homeomorphisms for points in  $T \setminus T^k$  as  $k$  descends to zero. This leaves the task of defining charts for the vertices of  $T$ . An important notion in constructing these charts is the *link* of a simplex.

**Definition 2.3.1.** If  $\sigma$  is a  $k$ -simplex in an  $n$ -gluing  $T$ , consider a simplex  $\tau$  containing  $\sigma$ . Then there is a facet  $\tau'$  that is “opposite”  $\sigma$  in the sense that  $\sigma \cap \tau' = \emptyset$  and  $\tau$  is the convex hull of  $\sigma \cup \tau'$ . The gluing made up of the  $F^i(\tau)$  corresponding to all  $\tau$  containing  $\sigma$  is the *link* of  $\sigma$  and is denoted  $\text{lk}(\sigma)$ .

If the link of a vertex  $v$  in  $T$  has  $\text{lk}(v) = S^{n-1}$ , then the cone on that link is a neighbourhood of  $v$  in the gluing and is piecewise-linearly homeomorphic to the  $n$ -disc. Because the rest of the atlas is immediate from our definition of gluing, the condition that vertex links are spheres is necessary and sufficient to say that a gluing is a simplicial manifold.

Until now, our definitions only allow for closed simplicial manifolds. If we allow our  $n$ -dimensional gluing to have unpaired faces, then we impose the additional restriction that the links of unglued vertices are  $(n - 1)$ -dimensional discs with boundary  $(n - 2)$ -spheres triangulated by facets entirely from unglued faces. If this additional condition is met, then the unglued faces form an  $(n - 1)$ -dimensional simplicial manifold in their own right.

A theorem of Whitehead {CITE: Whitehead 1940} tells us that every smooth manifold has a canonical piecewise-linear structure hence a structure as a simplicial manifold. It is also true that every simplicial manifold of dimension  $\leq 6$  has an

essentially unique smoothing up to diffeomorphism {CITE:Milnor, topology 46 years later}

# Chapter 3

## Background

Survey of results: 3-manifolds bounding 4-manifolds.

1. Result using characteristic classes [5].
2. Result by embedding in  $\mathbb{R}^5$  [4] [7] [10]
3. Result using Heegard decompositions [8]

Historical arguments prove 3-manifolds bound 4-manifolds, but we normally describe our 3- and 4-manifolds using triangulations. We would like a process that takes us from a triangulated 3-manifold to a triangulated 4-manifold. The work done by Turaev in [9] paved the way for an argument in [1] that includes a process, initially used to estimate a bound on the number of 4-dimensional simplices needed to triangulate a 4-manifold whose boundary is an input 3-manifold, which is made algorithmic in this thesis.

### 3.1 3-Manifolds Bound 4-Manifolds

In their paper “3-Manifolds Efficiently Bound 4-Manifolds,” Francesco Costantino and Dylan Thurston demonstrated that  $M$ , a closed, orientable 3-manifold triangulated with  $n$  simplices, bounds a 4-manifold  $W$  triangulated using a number of simplices bounded by a quadratic polynomial in  $n$ . First, they argue that 3-manifolds bound 4-manifolds. Their argument builds a 4-manifold  $W$  from a closed, oriented 3-manifold  $M$  by filling in one boundary component of  $M \times I$ , denoting by  $I$  the

closed unit interval  $[0, 1]$ , with 4-dimensional 2-, 3-, and 4- handles. Attachment instructions for these handles are obtained by a Morse 2-function from  $M$  to  $\mathbb{R}^2$ . A Morse 2-function is defined in [2] to be a generic smooth map from a smooth  $n$ -manifold to a 2-manifold, just as an ordinary Morse function is a generic smooth map to a 1-manifold. In particular, small perturbations can turn degenerate critical points of a smooth function into non-degenerate critical points. In this sense, genericity guarantees non-degenerate critical points of Morse 2-functions. The following argument is expanded from that found in chapter 2 of [1].

We prove that a 3-manifold bounds a 4-manifold by taking  $M$  to be a closed, smooth, orientable 3-manifold and  $f$  a Morse 2-function from  $M$  to  $\mathbb{R}^2$ . Regular values have preimage through  $f$  as the disjoint union of oriented circles. The image of the singular set of  $f$  is a collection of arcs in  $\mathbb{R}^2$  that only intersect pairwise and transversally. This leaves us with a classification of critical values of  $f$  into codimension 1 singularities, i.e. arcs away from crossings, and codimension 2 singularities, i.e. arc crossings. A 4-manifold with boundary  $M$  is constructed by gluing discs to regular preimage circles and extending over each singularity type. To get an idea of how to extend over these singularities, we examine what happens one dimension down.

A closed 2-manifold  $\Sigma$  bounds a 3-manifold if and only if the Euler characteristic  $\chi(\Sigma)$  is even. In particular, every orientable surface bounds a 3-manifold. Let  $\Sigma$  be an oriented 2-manifold and  $f$  a Morse function  $\Sigma \rightarrow \mathbb{R}$ . Preimages of regular values are again circles, which we fill with discs. We use the language of handles to describe this filling. Let  $\Sigma \times I$  be a 3-manifold with boundary components  $\Sigma \times \{0\} = \Sigma_-$  and  $\Sigma \times \{1\} = \Sigma_+$ , where  $\Sigma_-$  is  $\Sigma$  with reversed orientation. Specify a regular value of  $f$  in each connected component of  $f(\Sigma_-)$  minus the critical values of  $f$ . Each of these regular values has preimage a disjoint collection of circles in  $\Sigma_-$  which we take to be the attaching spheres of 2-handles. The resulting object is a 3-manifold with one boundary component of  $\Sigma_+$  and the rest corresponding to singular values of  $f$ . To obtain a 3-manifold whose boundary is  $\Sigma_+$ , we need only fill the boundary components corresponding to the singular values of  $f$ .

{FIGURE: MORSE FUNCTION AND 2-HANDLE ATTACHMENT}

Because  $f$  is a Morse function whose domain is a surface, its critical points are

classified. Locally in  $\Sigma_-$ , a critical point of index 0 is a minimum, of index 1 a saddle, and of index 2 a maximum of  $f$ . We can immediately deduce that the preimage of a critical level  $x_0$  of index 0 or 2 will consist of a disjoint collection of circles, corresponding to the regular points of  $\Sigma_-$  that also map to  $x$  through  $f$ , along with a single point – a local maximum or minimum of  $f$ . The case of the saddle needs more care.

{FIGURE: NEIGHBOURHOODS OF INDEX 0,1,2 CRIT. PTS}

Let  $p_0$  in  $\Sigma_-$  be a critical point of index 1, and  $x_0$  the critical level of  $f$  corresponding to  $p_0$ . Critical points of Morse functions are non-degenerate, so  $f^{-1}(x_0)$  forms a cross near  $p_0$ . Pushing off of  $x_0$  in either direction gives regular values  $x$  whose preimages are circles. As  $\Sigma_-$  is oriented, pulling back the orientation of  $\mathbb{R}$  to  $\Sigma_-$  allows us to coherently orient the preimage circles of the regular values. The circles above and below the saddle singularity are the result of smoothing out the cross into a pair of oriented arcs, done in two possible ways. The orientations of these circles orient the cross, which has two incoming arms and two outgoing arms which appear in alternating order. A Morse function has distinct critical levels, so the cross we know about in the connected component of  $f^{-1}(x_0)$  containing  $p_0$  must have its arms connected in  $\Sigma_-$  through nonsingular orientation-preserving arcs. The connected component of  $f^{-1}(x_0)$  containing  $p_0$  must then be the figure 8 graph. Let  $I$  be an interval containing  $x_0$  as its only critical level. Then the component of  $f^{-1}(I)$  containing  $p_0$  is a small pair of pants in  $\Sigma_-$ .

{FIGURE: SMOOTHING OUT A CROSS AND SADDLE}

We return now to the 3-manifold constructed from  $\Sigma \times I$  by gluing 2-handles to the  $\Sigma_-$  boundary component. The boundary components consist of  $\Sigma_+$  as well as a collection of components corresponding to the critical points of  $f$  left over in the  $\Sigma_-$  side of the boundary. If a critical point has index 0 or 2, then its neighbourhood is a disc. This disc can be grown until it meets the belt sphere of the nearest 2-handle, and the boundary component is seen to be a 2-sphere, which is filled in with a 3-ball. Similarly, the pair of pants near a saddle singularity is grown until it meets three belt spheres from three separate 2-handle attachments. The boundary component is again seen to be a 2-sphere, so is also filled with a 3-ball. It is reasonable to note that, had  $\Sigma$  not been oriented, then the boundary component corresponding to a

saddle singularity could have been a copy of  $\mathbb{RP}^2$ . As  $\mathbb{RP}^2$  has Euler characteristic 1, it does not bound any 3-manifold.

{FIGURE: THREE TYPES OF 3-BALL BLOCKS}

Return now to the case of a closed, oriented 3-manifold  $M$  and the generic smooth map  $f : M \rightarrow \mathbb{R}^2$ . It is assumed that  $M$  is compact, so we will also assume that the image  $f(M)$  is also compact. To build a 4-manifold  $W$  whose boundary is exactly  $M$ , we take the 4-manifold with boundary  $M \times I$ . We again let  $M \times \{0\} = M_-$  be the boundary component with orientation opposite that of  $M$ , and  $M \times \{1\} = M_+$  the boundary component with orientation exactly that of  $M$ . For reasons that will become clear later, we fill in the boundary component  $M_+$ , setting the domain of  $f$  to be  $M_+$ . This will result in a 4-manifold whose boundary is  $M_-$ . The image of the singular set of  $f$  is, as stated before, a set of arcs in the plane. These arcs separate the plane into connected regions of regular values, and we can choose  $f$  so that these regions are all homeomorphic to discs. The discs of regular values all pull back through  $f$  to open solid tori in  $M$ . We fill in  $M_+$  by attaching 2-, 3-, and 4-handles where the attachment instructions are obtained through  $f$ .

First, we take care of the regular values of  $f$ . Let  $R_0$  be a disc of regular values, and shrink the region away from the critical values of  $f$  slightly. This “shrunk” region is topologically closed, and homeomorphic to the closed 2-dimensional disc. Name this “shrunk region” by  $R$ , and take  $f^{-1}(R)$  to be a collection of attaching neighbourhoods for 4-dimensional 2-handles. Take a pair of arbitrary points  $p, q$  interior to  $R$ , and let  $T$  be an open solid torus that projects over  $R$  through  $f$ . Let the circle  $f^{-1}(p) \cap T$  be an attaching sphere for a 2-handle. The orientation of  $\mathbb{R}^2$  and the curve  $f^{-1}(q) \cap T$  determines a framing of  $f^{-1}(p)$ , and this pair completely determines the 2-handle attached over  $f^{-1}(R)$ .

Next, we extend over the codimension 1 singularities. An arc  $a_0$  of codimension 1 critical values are the image of an arc  $s_0$  of critical points of  $f$  in  $M_+$ , and the connected component of  $f^{-1}(a_0)$  containing  $s_0$  is an interval crossed with the singularities that occur in the 2-dimensional case. The endpoints of the arc  $a_0$  are codimension 2 critical values of  $f$ , and the endpoints of the arc  $s_0$  are critical points that map to the endpoints of  $a_0$ . Slightly shrink  $a_0$  away from its boundary to the



arc  $a$  of critical values of  $f$ . Take  $A$  to be a tubular neighbourhood of  $a$  in  $\mathbb{R}^2$ . Then  $A$  is a copy of  $I \times I$  so that lines in the  $x$  direction of  $A$  are parallel to  $a$  and lines in the  $y$  direction are normal to  $a$ . The parallel boundary components  $I \times \{0\}$  and  $I \times \{1\}$  run parallel to  $a$  and sit in the boundary of the shrunk regions to either side of  $a_0$ , and the normal boundary components  $\{0\} \times I$  and  $\{1\} \times I$  normally intersect  $a_0$  at  $\partial a$ . For a given normal arc  $\{x\} \times I$ , our analysis of the singularities of the Morse function one dimension down allow us to say that  $f^{-1}(\{x\} \times I)$  is a disjoint collection of cylinders with either a pair of pants or a disc. Each point of  $(I \times \{0\}) \cup (I \times \{1\})$  pulls back to a circle that is a boundary component of one of these three shapes. Pulling  $I \times \{0\}$  and  $I \times \{1\}$  back through  $f$  then yields cylinders. The 2–handles attached over the preimages of the shrunk regions to either side of  $a_0$  have filled these cylinders with discs. Boundary circles of the  $f^{-1}(\{x\} \times I)$  are filled by discs in  $(M \times I) \cup (2\text{--handles})$ , so  $f$  pulls the normal arcs of  $A$  back to spheres in  $(M \times I) \cup (2\text{--handles})$ . This means that each connected component of  $f^{-1}(A)$  is a copy of  $S^2 \times D^1$ , to which we attach 4–dimensional 3–handles.

Finally, we extend over codimension 2 singularities. The codimension 1 singularities can be classified into definite or indefinite folds. This classification depends on the type of 1–dimensional Morse singularity found by pulling an arc in the plane, normal to the given singular arc, back through  $f$  and examining  $f$  restricted to the connected component of this preimage containing the critical point that maps through  $f$  to the given singular arc. If the component we’ve found is a pair of pants, then the singular arc is an indefinite fold. If it is a disc, then the arc is a definite fold. Every codimension 2 critical value is either the crossing of a pair of definite folds, a pair of indefinite folds, or of one definite and one indefinite fold. A codimension 2 critical is mapped to by exactly two critical points in  $M$ . Put  $x$  to be our codimension 2 critical point, and  $p_1, p_2$  to be the critical points of  $f$  projecting over  $x$ . If  $x$  is the crossing of a pair of definite folds then we can analyze  $p_1, p_2$  using Morse theory, so  $p_1, p_2$  are each of index either 0 or 2. We get that the connected components of  $f^{-1}(x)$  containing  $p_1, p_2$  are just the points  $p_1, p_2$ . If  $x$  is the crossing of one definite and one indefinite fold, then, without loss of generality,  $p_1$  is of index 1 and  $p_2$  is index 0 or 2. Then the connected component containing  $p_1$  is the figure–eight graph from above and the component containing  $p_2$  is just  $p_2$ . When

$x$  is the crossing of two indefinite folds, each of  $p_1, p_2$  is of index 1. Our analysis only guarantees that  $p_1, p_2$  are the centres of crosses with arms alternating in and out of  $p_i$  in the connected components of  $f^{-1}(x)$  containing  $p_i$ . If  $p_{1,2}$  are in different connected components, then each of those components is a figure-eight graph. If  $p_{1,2}$  are in the same connected component, there are exactly two different directed graphs that contain exactly two vertices, each of degree four, that each have two edges entering and two leaving.

Each crossing is in the boundary of exactly four regions of regular values and in the boundary of exactly four singular arcs. Label the regions  $R_1, \dots, R_4$  and the singular arcs by  $a_{1,2}, a_{2,3}, a_{3,4}, a_{4,1}$ . The regions are labeled in an anticlockwise order about  $x$ , and the arcs are named for the pair of regions they border. Note that every point in  $\mathbb{R}^2$  outside of the range of  $f$  is vacuously a regular value of  $f$ . Let  $x, p_{1,2}$  be as they were above. Let  $D_x$  be a small disc in the plane containing  $x$ . There is an obvious triangulation of  $D_x$  with exactly four triangles so that one vertex of each triangle corresponds to  $x$ , the shared boundary of a pair of triangles corresponds to an arc  $a_{i,i+1}$ , and the interior of each triangle corresponds to a region  $R_i$  of regular values whose boundary contains  $x$ . Let  $R_i$  be any of the regions containing  $x$  so that  $f^{-1}(R_i)$  is nonempty. At this point in our construction, we may form an arc  $\gamma_i$  inside of  $R_i$  from  $a_{i-1,i}$  to  $a_{i,i+1}$  that consists entirely of points in the boundary of the shrunken region pulled back through  $f$  to attach 2-handles and points in the boundary of the tubular neighbourhood of the shrunken arc pulled back through  $f$  to attach 3-handles. If every  $R_i$  is in the image of  $f$ , then the union of the  $\gamma_i$  is the boundary of  $D_x$ . If some region  $R_i$  is outside of the image of  $f$ , then the arcs  $a_{i-1,i}$  and  $a_{i,i+1}$  are each definite folds, and the regions to either side of  $R_i$  are in the image of  $f$ . This is a special case where  $x$  is the crossing of a pair of definite folds, and  $x$  sits on the boundary of  $f(M) \subset \mathbb{R}^2$ , and in this case we do not define a  $\gamma_i$ .

Each  $D_x$  pulls back through  $f$  to a collection of disjoint 3-handlebodies that, together with the boundaries of handles already attached in  $(M \times I) \cup (2\text{- and } 3\text{-handles})$ , form copies of  $S^3$  to which we attach 4-dimensional 4-handles. When all 4-handles are attached, the component  $M_+$  is completely filled, and we have a 4-manifold whose boundary is exactly  $M$ . We prove this first for the connected components that consist entirely of regular points, then use similar arguments to

prove this for all other cases.

Let  $U$  be a component of  $f^{-1}(D_x)$  that consists entirely of regular points. Then the connected component of  $f^{-1}(x)$  that sits inside of  $U$  is a circle, and  $T$  is a closed regular neighbourhood of this circle, i.e. a solid torus in  $M$ . A meridian of this solid torus maps through  $f$  to the boundary of  $D_x$ . Through handle attachment we have filled every circle in  $M_+$  that maps to a point in  $\partial D_x$  with a disc. Then  $U$  shares a boundary with a solid torus  $V$  in  $(M \times I) \cup (2\text{- and } 3\text{-handles})$ , and the meridian of  $U$  is a longitude of  $V$ , so  $U \cup V \subset (M \times I) \cup (2\text{- and } 3\text{-handles})$  is a 3-sphere. We use this 3-sphere as an attaching neighbourhood of a 4-handle.

Next, we consider the case where  $U$  contains only one of  $p_1$  or  $p_2$ , abbreviated to  $p$ , which we recall as being a critical point of  $f$  so that  $f(p) = x$ . If  $p$  is a definite fold, then a pair of opposite singular arcs, say  $a_{4,1}$  and  $a_{2,3}$ , are also definite folds, and the image of  $f$  near the strand of critical points  $f^{-1}(a_{4,1} \cup x \cup a_{2,3})$  lies entirely on one side of  $a_{4,1} \cup x \cup a_{2,3}$  in the plane, which we will take to be  $R_1 \cup a_{1,2} \cup R_2$  without loss of generality. The strand  $a_{1,2}$  pulls back through  $f$  to only regular points in  $U$ , so these are circles. It is easy to see that  $U$  is a 3-ball, and  $f^{-1}(\gamma_1 \cup \gamma_2)$  is a 2-sphere filled with discs to make another 3-ball. Gluing these 3-balls together results in another 3-sphere over which we may attach a 4-handle.

If  $p$  is an indefinite fold, then the component of  $f^{-1}(x)$  containing  $p$  is an oriented figure-eight graph embedded in  $U$ ,  $U$  is a regular neighbourhood of the figure-eight graph, and  $f$  maps  $\partial U$  to the boundary of  $D_x$ . Again, the boundary of  $U$  maps through  $f$  to

In each remaining case  $U$  shares a boundary with another handlebody of the same genus and the two form a Heegard Diagram of  $S^3$ . The proof is covered in detail in Section 4.4 of [1]. At this point,  $M \cup (2\text{-, } 3\text{-, and } 4\text{-handles})$  has only one boundary component:  $M_-$ . We obtain a 4-manifold whose boundary is  $M$ , and whose handle decomposition contains handles of index at most 2, by building the handle decomposition dual to that we've just described. The process can be simplified somewhat. For example, the only 4-handles that can't be dealt with by extending 2- and 3- handles are those that were added when  $p_1$  and  $p_2$  were in the same connected component of  $f^{-1}(x)$ . The object of study that simplifies our work considerably is called the *Stein complex* of the Morse 2-function  $f : M \rightarrow \mathbb{R}^2$ .

Let  $f$  be a Morse function or Morse 2-function with compact fibers as before. Define the *Stein factorization* of  $f$  to be a factorization  $f = g \circ h$  so that the following are satisfied:

1. The map  $h$  has connected fibers, and
2. the map  $g$  is finite-to-one.

We can also see the image of  $h$  as the quotient space of the domain of  $f$  by the connected fibers of  $f$ . The image of  $h$  will also be called the *Stein complex* of the map  $f$ .

In the case of the oriented surface  $\Sigma$ , the Stein complex of  $f$  is a graph whose vertices correspond to the singularities of  $f$ . Vertices corresponding to critical points of index 0 or 2 being of degree 1, and vertices corresponding to critical points of index 1 being of degree 3. We form a 3-manifold whose boundary is  $\Sigma$  by starting with a disc bundle over the edges of  $h(\Sigma)$ , then extending over the vertices by attaching 3-balls as in the analysis above. There is an obvious deformation retraction of the resulting 3-manifold to the Stein complex of  $f$ .

In the case of the 3-manifold  $M$ , the Stein complex is generically a surface and the possible singularities are more interesting. As in the analysis above, some singularities are just the singularities from the lower dimensional Morse function crossed with an interval, so the corresponding shape in the Stein complex is simply a degree-one or degree-three vertex crossed with an interval. The more interesting parts of the Stein complex are brought forth at the crossing of indefinite folds in the plane. As in the case of  $\Sigma$ ,  $M$  is a circle bundle over the Stein complex at generic points and the 4-manifold  $W$  with  $\partial W = M$  is a disc bundle. We extend over singularities by attaching handles and, as before,  $W$  retracts onto the Stein complex. The Stein complex, along with some extra information we can obtain from  $f$ , provides a set of building instructions for  $W$  explored in the next section.

## 3.2 Shadows of 3- and 4-Manifolds

The building instructions mentioned in the previous section were studied by Turaev in [9] and are called *shadows*. Shadows are piecewise-linear 2-dimensional

structures that live inside of piecewise-linear, compact, oriented 4-manifolds. The central algorithm of this work uses shadows of 3- and 4-manifolds to construct a triangulation of a 4-manifold with a given 3-manifold boundary.

**Definition 3.2.1.** Let  $P$  to be a compact topological space. If every point  $p$  of  $P$  has a neighbourhood homeomorphic to an open set in one of the following local models

1. the closed 2-disc  $D^2$ ,
2. the product of the interval  $I = [0, 1]$  with the  $Y$ -shaped graph  $K_{1,3}$ , or
3. the cone on the complete graph  $K_4$ ,

then  $P$  is a *simple polyhedron*. { FIGURE HERE DEPICTING THE LOCAL MODELS } The set of points which do not have a neighbourhood homeomorphic to an open set in  $D^2$  form a 4-valent graph which we call the *singular set* of  $P$  and denote by  $\text{Sing}(P)$ . The vertices and edges of  $\text{Sing}(P)$  are called the vertices and edges of  $P$ . We call the connected components of  $P \setminus \text{Sing}(P)$  the *regions* of  $P$ .

The local models each have boundary. Being a surface, the 2-disc has a well defined boundary. In the local model  $K_{1,3} \times I$ , the boundary consists of the set  $(K_{1,3} \times \{0\}) \cup (K_{1,3} \times \{1\}) \cup (V(K_{1,3}) \times I)$ , where  $V(K_{1,3})$  denotes the vertex set of the graph  $K_{1,3}$ . The boundary points of the cone on  $K_4$ , defined at  $K_4 \times I / \sim$ , where  $\sim$  is defined to be  $(x, 1) \sim (y, 1)$  for any  $x, y$ , are the points in  $K_4 \times \{0\}$ .

If a point  $p$  of  $P$  has a neighbourhood homeomorphic to an open set containing a point in the boundary of one of our three local models, then  $p$  is a *boundary point* of  $P$ . The set of all boundary points of  $P$  is the boundary of  $P$  and is denoted by  $\partial P$ . A region of  $P$  is *internal* if its closure is disjoint from  $\partial P$ . If  $\partial P$  is empty then  $P$  is *closed*.

Simple polyhedra are almost shadows. To define a shadow, we need to consider simple polyhedra embedded in a 4-manifold. First, we introduce a concept from simple-homotopy theory.

**Definition 3.2.2.** Let  $K$  be a simplicial complex, and let  $\tau, \sigma$  be simplices so that  $\dim \sigma$  is maximal,  $\dim \tau = \dim \sigma - 1$ , and no simplex of dimension  $\dim \sigma$  other than

$\sigma$  contains  $\tau$ . We obtain the complex  $L$  from  $K$  by removing  $\sigma$  and  $\tau$ . That is,  $L = K \setminus (\text{int}(\sigma) \cup \tau)$ . We say that  $L$  is an *elementary collapse* of  $K$ .

If a complex  $L$  is obtained from  $K$  through iterated elementary collapses, then we say that  $L$  is a *simplicial collapse* of  $K$ . We may also say that  $K$  *collapses* onto  $L$ .

We are finally ready to define a shadow.

**Definition 3.2.3.** Let  $W$  be a piecewise-linear, compact, oriented 4-manifold. Let  $P \subset W$  be a closed simple sub-polyhedron of  $W$  such that  $W$  collapses onto  $P$  and the regions of  $P$  are *locally flat* in  $W$ . That is to say, if  $p$  is in  $P \setminus \text{Sing}(P)$  then there is a chart  $(U, f)$  of  $W$  around  $p$  so that  $f(P \cap U)$  is contained in  $\mathbb{R}^2 \subset \mathbb{R}^4$ . We define  $P$  to be a *shadow polyhedron* of  $W$ .

**Remark 3.2.4.** There is a notion of shadow equivalence in [9] via basic shadow moves. A shadow polyhedron whose regions are all homeomorphic to discs is called *standard*, and through Turaev's shadow moves any shadow polyhedra can be made standard. Furthermore, the algorithms which make up the bulk of this document produce a standard shadow polyhedron, so from here forward we always consider our polyhedra to be standard.

Not every piecewise-linear, compact, oriented 4-manifold contains a shadow polyhedron. A necessary and sufficient condition for the existence of a shadow polyhedron in such a 4-manifold is the existence of a handle decomposition of  $W$  containing no handles of index greater than 2, as shown in [9]. This requirement tells us that  $W$  has a connected non-empty 3-manifold boundary  $M$ . A shadow is defined for  $M$  as well.

**Definition 3.2.5.** A shadow polyhedron of an oriented, closed 3-manifold  $M$  is a shadow polyhedron  $P$  of a compact 4-manifold  $W$  with  $\partial W = M$

This gives us the following theorem for free.

**Theorem 3.2.6.** Every closed, oriented 3-manifold has a shadow polyhedron.

*Proof.* To sketch the proof, we use the results of Lickorish and Kirby as summarized in [3]. Any closed, oriented smooth 3-manifold  $M$  has a presentation as integral

surgery over a link  $L$  in  $S^3$ . A handle decomposition of a 4-manifold with boundary equal to  $M$  can be obtained from the integral surgery diagram of  $M$ . We begin with a 0-handle, which is just a copy of  $B^4$  with boundary  $S^3$ . We put our surgery presentation in this  $S^3$ . Each component of the surgery link in  $S^3$  will be the attaching sphere of a 2-handle, and the integer surgery coefficient will be the element of  $\pi_1(\mathrm{GL}_2(\mathbb{R}))$  that fully describes the framing of this 2-handle. Adding a 2-handle over every component of the link results in a 4-manifold  $W$  such that  $\partial W = M$ .

The link diagram also determines the shadow of  $W$  hence of  $M$ . Take  $\pi : L \rightarrow \mathbb{D}^2$  to be a regular projection. That is,  $\pi$  is injective everywhere except for at a finite number of points which coincide with the crossings of  $L$ . Then the mapping cylinder  $(I \times L) \amalg \mathbb{D}^2 / (0, x) \sim \pi(x)$  with a disc glued to the free link ends at  $\{1\} \times L_i$  is, as per our definition, a shadow of  $W$ .  $\square$

It is natural to wonder how closely related shadows are with their associated 3- and 4-manifolds. Just as simple-homotopy type is not a complete invariant of 4-manifolds, a shadow polyhedron does not uniquely determine a 4-manifold. The following example demonstrates this explicitly and hints at what kind of additional information is needed to uniquely identify a shadow with a 4-manifold.

**Example 3.2.7.** We examine disc bundles over  $S^2$ . Take  $W_0$  to be the trivial disc bundle  $\mathbb{D}^2 \times S^2$  and  $W_1$  to be the bundle whose 0-section has self-intersection number of 1 in the ambient 4-manifold. Each  $W_i$  collapses onto  $S^2$ , so each have shadow  $S^2$ . Because  $W_0$  is  $\mathbb{D}^2 \times S^2$ , its boundary is  $S^1 \times S^2$ . One can see that  $W_1$  has handle decomposition with exactly one 0-handle  $B^4$  and one 2-handle attached over the unknot in  $S^3 = \partial B^4$  with framing coefficient 1. This manifold is a punctured  $\mathbb{CP}^2$ , so has boundary  $S^3$ . We've defined a shadow polyhedron of an oriented, closed 3-manifold  $M$  to be a shadow polyhedron  $P$  of a compact 4-manifold  $W$  with  $\partial W = M$ , so  $S^3$  and  $S^2 \times S^1$  each have shadow polyhedron  $S^2$ .

We've found a pair of distinct 4-manifolds with distinct boundaries, but the shadow of each is  $S^2$ . We want to construct a 4-manifold whose boundary is a given 3-manifold, and this shows that we need more than just a naked shadow polyhedron to do so. The information needed is carried by the internal regions of a polyhedron and are named “gleams” by Turaev. One can intuit from the Example 3.2.7 that a “gleam” might describe the regular neighbourhood of an embedded shadow.

**Definition 3.2.8.** Let  $P$  be a polyhedron embedded in the 4-manifold  $W$  in a locally flat way. Then there exists a canonical colouring of the internal regions of  $P$  by elements of  $\frac{1}{2}\mathbb{Z}$  called *gleams*. A gleam necessarily depends on the embedding of  $P$ . We may also discern a canonical colouring of the internal regions of  $P$  by elements of  $\mathbb{Z}_2$  called the  $\mathbb{Z}_2$ -gleam that depends only on the combinatorial structure of  $P$ . The  $\mathbb{Z}_2$ -gleam of a region of  $P$  determines whether the gleam of that region is an integer or half-integer.

Let  $D$  be an internal region of  $P$ . Because  $P$  is assumed to be standard, we know that  $D$  is an open disc and the closure of  $D$  is a closed disc. The embedding of  $D$  in  $P$  extends to an embedding  $e : \bar{D} \rightarrow P$  so that  $e$  takes  $\partial\bar{D}$  into  $\text{Sing}(P)$ . Denote by  $U(D)$  the simple polyhedron that is a small open regular neighborhood of  $D$  in  $P$ . We may construct  $U(D)$  from  $\bar{D}$  by first gluing the core of either an annulus or Möbius strip, to  $\partial\bar{D}$ . Then, for each point  $p$  of  $\partial\bar{D}$  so that  $e(p)$  is a vertex of  $P$ , let  $A_p$  be an arc in the band attached to  $\partial\bar{D}$  so that  $A_p$  intersects the core of the band only at  $p$ . Obtain  $U(D)$  by gluing half the boundary of a disc to  $A_p$  for each  $p$ . The map  $e$  extends easily to the map  $e' : U(D) \rightarrow P$ . Define the  $\mathbb{Z}_2$ -gleam of  $D$  in  $P$  to be equal to 1 if the band attached to  $\partial\bar{D}$  was a Möbius strip and 0 if the band was an annulus.

{FIGURE:  $U(D)$  FOR  $\mathbb{Z}_2$ -GLEAM EVEN AND ODD}

Now, suppose that  $f : P \rightarrow W$  is our locally flat embedding of  $P$  and let  $D, \bar{D}, e : D \rightarrow P, U(D)$  and  $e'$  be defined as before. Because  $e'$  embeds  $U(D)$  in  $P$ , we consider  $U(D)$  to be a subset of  $P$ . A regular neighbourhood of  $f(U(D))$  in  $W$  collapsing onto  $f(U(D))$  is an oriented 4-ball  $B^4$ . Let  $p_0$  be a point in  $\partial\bar{D}$  and  $(V, g)$  a chart of  $W$  with  $V$  containing  $p_0$  such that the intersection  $V_P = V \cap f(U(D))$  is contained in  $f(U(D))$ . The embedding  $f$  is locally flat, so  $g(V_P)$  is contained in a 3-dimensional slice  $B^3$  of  $g(V)$  and  $g(f(\bar{D}) \cap V)$  is contained in a 2-dimensional slice of  $B^3$ . If  $p_0$  is not a vertex of  $P$ , then there are exactly two other regions  $D'$  and  $D''$  of  $P$  that meet  $D$  at  $p_0$ . The direction in  $B^3$  in which  $D'$  and  $D''$  separate away from  $p_0$  can be extended to a direction in  $g(V)$  where it is an element of the projective line  $P^1$  of lines orthogonal to  $f(D)$  sufficiently close to  $f(p_0)$ . If  $p_0$  is a vertex of  $P$ , then ignoring the region of  $P$  that meets  $D$  only at  $p_0$  leaves two suitable separating regions that meet  $D$  at  $p_0$ . We form a smooth bundle of directions over  $\partial\bar{D}$  which



is a section of a  $P^1$  bundle over  $\partial\bar{D}$ . The obstruction to extend this section to all of  $D$  is a class of  $H^2(D, \partial D; \pi_1(P^1))$ . The ambient space  $g(V)$  is oriented so  $D$  is oriented. The class of  $H^2(D, \partial D; \pi_1(P^1)) = \mathbb{Z}$  is an integer  $z$  that corresponds to the number of times a section of the boundary of  $D$  loops around a  $P^1$  bundle, which is the number of half loops made around a  $S^1$  bundle. We are interested in the  $S^1$  bundle, so we take the gleam of  $D$  to be  $z/2$ . Note that  $z$  modulo 2 is exactly the  $\mathbb{Z}_2$ -gleam of  $D$ .

**Theorem 3.2.9.** [9] Let  $S$  be a polyhedron whose internal regions are equipped with gleams. Then there exists a canonical construction associating to  $S$  the a pair  $(W, S)$ , where  $W$  is a piecewise-linear, compact, oriented 4-manifold  $W$  containing an embedded copy of  $S$  with shadow  $S$  can be reconstructed from the combinatorics of  $S$ .

We can extend our definition of shadows to shadows of pairs  $(M, G)$  where  $M$  is a 3-manifold whose boundary is not necessarily empty and  $G$  is an embedded framed graph whose vertices have degree either 1 or 3. This extension is useful because it allows us to build a shadow for a closed 3-manifold from a reasonable decomposition into blocks whose shadows are known. In this case, the polyhedron representing our shadow will have boundary and the 1-cells of the boundary will be classified.

**Definition 3.2.10.** Define a *boundary-decorated* standard polyhedron to be a standard polyhedron  $P$  with boundary so that  $\partial P$  is a graph whose edges are coloured one of  $i$  for internal,  $e$  for external, or  $f$  for false. The graph  $\partial P$  then has three distinct subgraphs  $\partial_i P$ ,  $\partial_e P$  and  $\partial_f P$  intersecting only at vertices and whose union is  $\partial P$ . If  $\partial_f P = \emptyset$  then we call  $P$  as *proper*.

Boundary decorated polyhedra can be turned into a shadows for a 3-manifolds with boundary and with framed graphs embedded in their interior. The boundary of the 3-manifold is represented by the subgraph  $\partial_e P$  and the embedded graph is represented by the subgraph  $\partial_i$ .

**Definition 3.2.11.** Let  $P$  be a boundary decorated standard polyhedron properly embedded in a 4-manifold  $W$  so that  $W$  collapses onto  $P$  with a framing on  $\partial_i P$ . An embedding  $f : X \rightarrow Y$  is *proper* if  $f(\partial X) = f(X) \cap \partial Y$  and  $f(X)$  is transverse to  $\partial Y$  everywhere in  $\partial X$ .

Let  $M$  be the complement of an open regular neighbourhood of  $\partial_e P$  in  $\partial W$  and let  $G$  be a framed graph embedded in  $M$  whose core is  $\partial_i P$ . Then  $P$  is a *shadow* of the pair  $(M, G)$ . If the false boundary is empty, then  $P$  is a *proper* shadow of  $(M, G)$ . Gleams are defined on the interior regions of  $P$  as before.

# Chapter 4

## Projections and initial data

A gleamed shadow of a 3-manifold  $M$  is a shadow of a 4-manifold bounded by  $M$ . The ultimate goal of this thesis is to provide an algorithm that takes as input an edge-distinct triangulation  $T$  of the closed orientable 3-manifold  $M$  and produces as output a triangulation of a 4-manifold  $W$  such that  $\partial W$  is equivalent in the sense of triangulations to  $T$ . This algorithm is split into three chapters. Chapter 4 builds a piecewise-linear Morse 2-function  $T \rightarrow \mathbb{R}^2$  and collects all data from that function necessary to build a gleamed shadow shared by  $T$  and a 4-manifold bounded by  $T$ . Chapter 5 builds a gleamed shadow from the information obtained in 4. Chapter 6 assumes we have a gleamed shadow  $(S, \mathbf{gl})$  and constructs a triangulated 4-manifold whose shadow is  $(S, \mathbf{gl})$ .

The data we are trying to collect and retain with the algorithms of this chapter are as follows:

1. A list of polygons which we will call regions.
2. A colouring of every edge of every region using one of the three colours  $i, f, h$ .
3. A wedge number of 0, 1, or 2 for any edge coloured  $i$ .
4. A list of adjacencies between regions. An item in this list consists of a pair of regions and an  $i$ -coloured boundary edge of each region.
5. A list of piecewise-linear circles associated to each region. An item in this list is an ordered list of polygonal 2-cells which live in a closed polyhedral 3-complex so that any two consecutive 2-cells lie on the boundary of the same

3-cell, yet any 3-cell contributes either zero or two 2-cells to any given list.

This list is indexed by the list of regions in item 1.

This data is sufficient to build a shadow, as seen in Chapter 5.

## 4.1 Build a projection

Before beginning the algorithm, we should establish some properties of piecewise-linear maps from polyhedra to  $\mathbb{R}^2$ . These properties are called upon to support some algorithms in this chapter. We also review the basics of planar graphs, as these are the objects that encode the information we wish to carry to Chapter 5.

**Definition 4.1.1.** Let  $G$  be a connected graph such that an embedding of  $G$  in  $\mathbb{R}^2$  exists. Fix  $p : G \rightarrow \mathbb{R}^2$  to be such an embedding. Then the pair  $(G, p)$  is called a *planar graph*. The image  $p(G)$  separates  $\mathbb{R}^2$  into path connected components called the *regions* of  $(G, p)$ . There is exactly one region of  $(G, p)$  which is unbounded in the plane, and whose boundary is a cycle of  $G$ . This region, its boundary cycle and all edges and vertices in that boundary cycle are said to be *outer*. All other regions, vertices and edges are *inner*. Regardless of the choice of embedding  $p$ , every chordless cycle of  $G$  is the boundary of exactly one inner region of  $(G, p)$ , and every inner region of  $(G, p)$  is bounded by exactly one chordless cycle of  $G$ , so the inner regions and chordless cycles of  $(G, p)$  are in 1–1 correspondence.

**Definition 4.1.2.** Let  $T$  be a tetrahedron with the four vertices  $u, v, w, x$ , six edges  $uv, uw, ux, vw, vx, wx$ , and faces  $\hat{u}, \hat{v}, \hat{w}, \hat{x}$ , where a face is named by the vertex of  $T$  it does not contain. Define a projection  $\pi : T \rightarrow \mathbb{D}^2$  by first choosing a map from the vertices of  $T$  to distinct points in  $S^1$ . Each point  $p$  of  $T$  is described by the convex combination

$$p = t_u u + t_v v + t_w w + t_x x$$

with the  $t_*$  nonnegative and summing to 1. We can define  $\pi$  at  $p$  by

$$\begin{aligned} \pi(p) &= \pi(t_u u + t_v v + t_w w + t_x x) \\ &= t_u \pi(u) + t_v \pi(v) + t_w \pi(w) + t_x \pi(x) \end{aligned} \tag{4.1}$$

Without loss of generality, we assume that the points  $\pi(u), \pi(v), \pi(w), \pi(x)$  are ordered in a clockwise orientation about  $S^1$ . We call  $\pi : T \rightarrow \mathbb{D}^2$  a *linear tetrahedral projection*.

**Definition 4.1.3.** A point of  $\mathbb{D}^2$  in the image of  $\pi$  is one of five types:

1. The four points of type 1 are the images of the vertices of  $T$  under  $\pi$ .
2. The single point of type 2 is the intersection  $\pi(uw) \cap \pi(vx)$ .
3. All points in  $\pi(uv) \cup \pi(vw) \cup \pi(wx) \cup \pi(xu)$ , excluding the points of type 1, are of type 3.
4. All points in  $\pi(uw) \cup \pi(vx)$  excluding the points of type 1 or 2 are of type 4.
5. The points of type 5 are the points outside of the image of any vertex or edge of  $T$ .

The image of the 1-skeleton of  $T$  forms a planar graph  $G$  inside of  $\mathbb{D}^2$  whose vertex set consists of the points of types 1 and 2 and whose edges consist of points of type 3 and 4. The planar graph embedding cuts the plane into five connected regions: four inner regions that contain all points of type 5, and one outer region. This graph has four outer edges, consisting of the points of type 3, and four inner edges, consisting of the points of type 4.

By definition, the preimage of a point of type 1 is a vertex of  $T$ . The preimage of the single point of type 2 is a line segment between the edges  $uw$  and  $vx$  interior to  $T$ . A point of type 3 is the image of exactly one point in an edge of  $T$ . A point of type 4 is in the image of exactly one edge and one face, so the preimage of one of these points is a line segment interior to  $T$  between those two facets. Finally, points of type 5 are in the image of exactly two faces of  $T$ , and pull back to line segments interior to  $T$  between those two faces.

Our algorithm begins by defining a projection  $\pi : T \rightarrow \mathbb{R}^2$  satisfying some properties that are very similar to the properties of a smooth Morse 2-function. We demand first that if we restrict  $\pi$  to any tetrahedron  $\Delta^3$  of  $T$ , then  $\pi|_{\Delta^3}$  is an affine-linear tetrahedral projection. Next, let  $E, E'$  be edges of  $T$  and  $\pi(E), \pi(E')$  their images. From the first condition it is guaranteed that if  $\pi(E) \cap \pi(E')$  is nonempty

then it consists of the single point  $z$ . We demand that if  $z$  is interior to  $\mathbb{D}^2$  then it is in the image of no other edge of  $T$  through  $\pi$ .

The first requirement can be met by choosing arbitrary images for the vertices of  $T$ , then extending to a linear tetrahedral projection on each tetrahedron as in Equation 4.1. An arbitrary placement of the  $m$  vertices of  $T$  does not, however, guarantee the second condition. Choosing as images for the vertices odd  $n^{\text{th}}$  complex roots of unity (with  $n \geq m$ ) does guarantee this condition by a theorem in [6]. Line segments between vertices of a regular polygon in the plane are called *diagonals*. The theorem places a bound on the number of diagonals that can intersect at a point. If the polygon has an odd number of vertices, then this bound is two.

To see how we use this theorem, let  $T$  be our input triangulation, and let  $|T^0| = m$ . Put an arbitrary ordering on the elements of  $T^0$ . Let  $n$  be the least odd number greater than or equal to  $m$ . Define  $\pi(v_k) = e^{2\pi i k/n}$  for every  $v_k$  in  $T^0$ . Extend  $\pi$  over all of  $T$ . Then  $\pi : T \rightarrow \mathbb{R}^2$  satisfies our desired properties.

## 4.2 Obtain a planar graph

We construct here a planar graph  $(G, p)$  from the projection  $\pi : T \rightarrow \mathbb{R}^2$  that will be used throughout this chapter. The projection  $\pi : T \rightarrow \mathbb{R}^2$  defined in the previous section maps vertices of  $T$  to the  $n^{\text{th}}$  roots of unity, where  $n$  is odd. The construction of  $(G, p)$  here is essentially an extension of the construction seen in Definition 4.1.3 to the whole of  $T$ .

Every vertex  $v$  of  $T$  has a distinct image  $\pi(v)$  in  $S^1$ , so our graph  $G$  begins with these points as its vertex set  $V$ . The vertex of  $G$  associated to  $v$  in  $T$  will be named  $G(v)$ . To fill the rest of the vertex set  $V(G)$ , we examine the images of each pair of non-adjacent edges of  $T$  for interior intersections. Here, edges in  $T$  are adjacent if they share a vertex. For a pair of non-adjacent edges  $E, F$  of  $T$  with boundary vertices  $\partial E = v_E \cup w_E$  and  $\partial F = v_F \cup w_F$ , we may determine whether the line segments  $\pi(E)$  and  $\pi(F)$  in the plane intersect by checking the order in which the points  $\pi(v_E)$ ,  $\pi(w_E)$ ,  $\pi(v_F)$ , and  $\pi(w_F)$  occur around  $S^1$ . Each of these points is at an  $n^{\text{th}}$  root of unity, so there is an obvious ordering that assigns each of these points to an integer. If  $\pi(v_E)$  and  $\pi(w_E)$  or  $\pi(v_F)$  and  $\pi(w_F)$  are adjacent in this

ordering, then  $\pi(E)$  and  $\pi(F)$  do not intersect. Otherwise,  $\pi(E)$  and  $\pi(F)$  intersect. Each intersection of this type adds a vertex to  $V(G)$  which we will name  $G(E, F)$  and these are all of the vertices we get.

To make  $G$  a planar graph, we need to fix an embedding  $p : G \rightarrow \mathbb{R}^2$ . For a vertex  $G(v)$  directly associated with the vertex  $v$  of  $T$ , we define  $p(G(v)) = \pi(v)$ . For a vertex  $G(E, F)$  associated to the intersection of  $\pi(E)$  and  $\pi(F)$  in the plane, we define  $p(G(E, F)) = \pi(E) \cap \pi(F)$ . This embedding is chosen so that an edge  $e = uv$  of  $G$ , all of which will be added next, can be embedded in the plane as the line segment connecting  $p(u)$  and  $p(v)$ .

Every edge of  $G$  comes from an edge of  $T$ , and every edge of  $T$  produces at least one edge of  $G$ . If an edge  $E$  of  $T$  has image  $\pi(E)$  that intersects no other image  $\pi(F)$  with  $E, F$  non-adjacent in  $T$ , then  $E$  adds exactly one edge to  $E(G)$  whose vertices are  $G(v_E)$  and  $G(w_E)$ . Otherwise,  $\pi(E)$  intersects the line segments  $\pi(E_j)$  for each of the edges in  $\{E_j\}_{j=1}^m$  with  $E_j$  not adjacent to  $E$  in  $T$ . In this case, we have a vertex  $G(E, E_j)$  in  $V(G)$  for each  $j$ , and  $p(G(E, E_j))$  is the point of intersection between  $\pi(E)$  and  $\pi(E_j)$ . The edges we add to  $G$  from  $E$  form a path  $P$  in  $G$  with tails  $G(v_E)$  and  $G(w_E)$  that passes through every  $G(E, E_j)$ , and all we need to know is the order in which the vertices occur in  $P$ . When this is known, we populate  $P$  with edges.

To determine the order of the vertices of  $P$ , we assume that  $\pi(E)$  is a vertical line segment, which is done without loss of generality. For this discussion,  $E, \{E_j\}_{j=1}^m$  are as above. Then

$$\pi(v_E) = e^{2\pi ik/n} \text{ and } \pi(w_E) = e^{2\pi ik/n}.$$

and

$$\pi(v_{E_j}) = e^{2\pi ip/n} \text{ and } \pi(w_{E_j}) = e^{2\pi iq/n}.$$

Then the  $x$ -co-ordinate of the intersection  $\pi(E) \cap \pi(E_j)$  is fixed at  $\cos(2\pi k/n)$ , and the  $y$ -co-ordinate  $y_j$  can be found to be

$$y_j = \frac{\sin(2\pi i \frac{q-p}{n}) + (\sin(2\pi i \frac{p}{n}) - \sin(2\pi i \frac{q}{n})) \cos(2\pi \frac{k}{n})}{\cos(2\pi i \frac{p}{n}) - \cos(2\pi i \frac{q}{n})}.$$

We may compute and order the real numbers  $y_j$ . This orders the  $v_j$  in the path  $P$  from  $w_E$  to  $v_E$ . This ordering is given by the permutation  $\sigma \in \Sigma_m$ , so we populate  $P$  with the edges  $(w_E, \sigma^{-1}(1))$ ,  $(\sigma^{-1}(i), \sigma^{-1}(i+1))$  for  $i \in \{1, \dots, m-1\}$ , and the edge  $(\sigma^{-1}(m), v_E)$ . We perform this process for each edge of  $T$ . As stated above,  $p$  is defined on an edge  $e = uv$  of  $G$  as the line segment between  $p(u)$  and  $p(v)$ . We then have our planar graph  $(G, p)$ .

A particularly nice property of a planar graph is that it has well-defined regions, and those regions are in one-to-one correspondence with the chordless cycles of the graph. Further, there exist standard algorithms to find all chordless cycles in a graph that we may use to find all regions of our planar graph. We do not include the details of such algorithms here.

{A FIGURE WOULD BE GREAT HERE}

### 4.3 Find all mapping triangles

This algorithm takes as input a region  $R$  of  $G$ , represented by chordless cycle  $C$  in  $G$ , and gives as output a list of piecewise-linear circles in the triangulation  $T$  that map to a generic point interior to the region  $R$  bounded by  $C$ . A piecewise-linear circle is unambiguously described as an ordered list of triangles  $\{t_i\}$  in  $T$  so that every consecutive pair of triangles are from the same  $\Delta^3$ , and so that every  $\Delta^3$  of  $T$  represented by a triangle in this list is represented by exactly two triangles in this list. The piecewise-linear circle is then formed by connecting the centres of consecutive triangles with line segments.

The projection  $\pi$  maps the triangle  $t$  of  $T$  to the triangle  $t'$  in  $\mathbb{D}^2$  so that the vertices  $u'$ ,  $v'$ ,  $w'$  of  $t'$  are all in  $S^1$ , and the edges of  $t'$  are straight line segments between the vertices of  $t'$ . Now  $t'$  splits  $\mathbb{D}^2$  into four path-connected regions: one region which is the image of  $t$  and three regions which are not. Intuitively, take a point  $p$  in the disc and a point  $q$  in  $S^1$  with  $q \neq u', v', w'$ . A straight line from  $p$  to  $q$  crosses 0, 1, or 2 edges of  $t'$ . In the case of 0 or 2 crossings,  $p$  is not in the image of  $t$ . If there is exactly 1 crossing, then  $p$  is in the image of  $t$ .

To implement this into a graph algorithm, recognize that the edges  $e_i$  of  $t$  map through  $\pi$  to paths  $P_i$  in  $G$ . To check if a given region, represented by the chordless



region  $C$ , is in the image of  $t$  we first check whether every vertex of  $C$  is in a path  $P_i$ . If this is true then we are done —  $R$  is in the image of  $t$ . Otherwise, there is a vertex  $v$  of  $C$  which is not in any  $P_i$ . If  $v$  is an outer vertex of  $G$ , then  $R$  is not in the image of  $t$ . Otherwise,  $v$  is in the image of exactly two edges of  $T$ , and we choose one of those edges arbitrarily. That edge maps through  $\pi$  to the path  $P$  whose tail vertices are each outer. At least one tail vertex, call it  $x$ , is not a tail of any  $P_i$  as otherwise  $P$  would be some  $P_i$ , and this contradicts the statement that  $v$  is not in any  $P_i$ .

Now we have a graph representation of our intuitive understanding of the situation. The path from  $v$  to  $x$  represents a straight line segment connecting a point in the disc to a point on the boundary different from a vertex of our triangle. This is evident by our construction of  $G$ . We need only count the number of vertices that  $P$  shares with the paths  $P_i$ . If exactly 1 vertex is shared, then the region  $R$  is in the image of  $t$ . Otherwise,  $R$  is not in the image of  $t$ .

## 4.4 Find all mapping circles

This algorithm takes as input a region of  $R$  of  $G$  and gives as output a set of lists of triangles in  $T$ . Each list unambiguously defines a piecewise-linear circle in  $T$  built from line segments between the centres of consecutive triangles.

Take as input a region  $R$  of  $G$  and build from  $R$  a list  $L$  of triangles using the above algorithm: 4.3. We partition  $L$  into sublists corresponding to the connected components of the preimage of a generic point of  $R$ . To separate a connected component, we examine a sublist generated from any given triangle of  $L$ . Begin by adding an arbitrary triangle  $t$  to a sublist  $l$  of  $L$ . The triangle  $t$  is inside exactly two tetrahedra of  $T$ , so we choose one of these tetrahedra,  $S$ , arbitrarily. Now  $S$  contains exactly one other  $t'$  of  $L$ , which itself is inside of another tetrahedron  $S'$  of  $T$ . We add  $t'$  to  $l$  and continue this process with  $S'$  until we find ourselves back at  $t$ . Reduce  $L$  to  $L' = L \setminus l$ , and continue until  $L^{(n)}$  is empty. Each sublist  $l$  defines a piecewise-linear circle in  $T$ . {FIGURE: A PL CIRCLE}

## 4.5 Count wedge numbers

In the previous section, we built lists of circles that map through  $\pi$  over the regions of  $(G, p)$ . What we do not yet have is a way of describing the fibers of  $\pi$  that map over the edges of  $(G, p)$ . For an edge  $e$  of  $(G, p)$  with  $p(e)$  in the image  $\pi(E)$  for  $E$  an edge of  $T$ , the shape of the fibers that map over  $p(e)$  is entirely classified by a positive integer associated to  $E$  that we call the wedge number. We define the wedge number and provide a method of computation.

**Definition 4.5.1.** Let  $e$  be an edge of  $G$ ,  $x$  a point in  $p(e)$ , and  $E$  the unique edge in  $T$  so that  $p(e)$  is entirely contained in  $\pi(T)$ . The preimage  $\pi^{-1}(x)$  in  $T$  consists of the disjoint union of  $n$  circles with a wedge of  $m$  circles, for some nonnegative integers  $n, m$ . More precisely,

$$\pi^{-1}(x) = \left( \coprod_{i=1}^n S^1 \right) \amalg \left( \bigvee_{i=1}^m S^1 \right).$$

We define the *wedge number* of  $E$  to be exactly  $m$ .

**Remark 4.5.2.** A justification that  $\pi^{-1}(x)$  has exactly the structure described in Definition 4.5.1 is easier to articulate once we have a method of computation. Furthermore, it does double duty as a justification of the correctness of our computation method.

Before we compute the wedge number of an edge  $E$  of  $T$ , we find an easier number to get our hands on. We call this object the *wedge sum* of  $E$ , which ends up being exactly twice the wedge number we will assign to  $E$ . Begin with the link  $\mathbf{lk}(E)$  in  $T$ . Our triangulation is of a closed manifold, so  $\mathbf{lk}(E)$  is a triangulated  $S^1$ , and each edge of  $\mathbf{lk}(E)$  is opposite  $E$  in some tetrahedron  $\Delta^3$ . If  $F$  is an edge of  $\mathbf{lk}(E)$  then we associate to  $F$  a crossing coefficient with respect to  $E$ . Because  $T$  is an edge-distinct triangulation,  $E$  and  $F$  are non-adjacent. Using the method discussed in Section 4.2, we check whether  $\pi(E)$  and  $\pi(F)$  intersect. The crossing coefficient of  $F$  with respect to  $E$  is 0 if  $\pi(E)$  and  $\pi(F)$  do not intersect  $P_E$ , and +1 otherwise. Because  $\mathbf{lk}(E) \cong S^1$  is closed, the sum of the crossing coefficients with respect to  $e$  is even. The sum of the crossing coefficients with respect to  $E$  is the wedge sum of  $E$ , and our definition will allow us to assign the wedge number of  $E$  to be half the wedge sum of  $E$ .

With the notation as in Definition 4.5.1, we justify that  $\pi^{-1}(x)$  has the structure as the disjoint union of  $n$  circles with the wedge of  $m$  circles. Consider the tetrahedra  $\Delta_i^3$  that contain  $E$ . Following the convention in Definition 4.1.3,  $x$  is a point of either type 3 or type 4 in each  $\Delta_i^3$ . In a tetrahedron  $\Delta^3$  not containing  $E$ ,  $x$  will either be a point of type 5 or will not be in the image of  $\Delta^3$ . We can conclude from this that connected components of  $\pi^{-1}(x)$  missing the edges of  $T$  will be circles, and exactly one component of  $\pi^{-1}(x)$  will not miss every edge of  $T$ , and this is the component that hits  $E$  in exactly one point. This shows that all but one connected component of  $\pi^{-1}(x)$  is a circle, and all that is left is to show that the last component is the wedge of some number of circles.

The component of  $\pi^{-1}(x)$  that hits  $E$  will miss every other edge of  $T$  outside of the  $\Delta_i^3$ , and outside of the  $\Delta_i^3$  it will consist of arcs in  $T$  whose endpoints are contained in the triangles of the  $\Delta_i^3$  opposite to  $E$ . What about the portion of  $\pi^{-1}(x)$  inside of the  $\Delta_i^3$ ? We have  $x$  as either type 3 or type 4 in each of the  $\Delta_i^3$ , and  $x$  is of type 3 in exactly the  $\Delta_i^3$  contributing 0 to the wedge sum and of type 4 in exactly the  $\Delta_i^3$  contributing +1 to the wedge sum. This means that the portion of  $\pi^{-1}(x)$  inside of the union of the tetrahedra containing  $E$  is a star with a number of leaves equal to the wedge sum. Pairs of leaves of this star are connected by the arcs we found previously, and the object we end up with is a wedge of circles, the number of which coincides exactly with half the wedge sum – i.e. the wedge number of  $e$ .

**Remark 4.5.3.** We may expand our interpretation of wedge numbers from the structure of  $\pi^{-1}(x)$ , notation as in Definition 4.5.1, to the structure of a surface in  $T$  containing  $\pi^{-1}(x)$ . Let  $P$  be the path in  $G$  which is induced by an edge  $E$  of  $T$ , as in Section 4.2. Let  $e_i$  be an edge of  $P$ , and let's further assume that  $P$  is a path whose edges are all interior to  $G$ . Then  $e_i$  is the border of a pair of regions  $R_y$  and  $R_z$ . Let  $y \in R_y$  and  $z \in R_z$ . We examine the preimage of  $y$ ,  $z$ , and simple arc  $\gamma_{y,z}$  that connects the two, intersecting  $e_i$  in exactly one point and intersecting no other edges of  $G$ . We know that the preimages of  $y$  and  $z$  through  $\pi$  are the disjoint unions of circles

$$\pi^{-1}(y) = \coprod_{i=1}^n S_{y,i}^1 \text{ and } \pi^{-1}(z) = \coprod_{i=1}^m S_{z,i}^1.$$

So  $\pi^{-1}(y)$  and  $\pi^{-1}(z)$  are cobordant through a surface  $\Sigma$ , and  $\Sigma$  lives in  $T$  as  $\pi^{-1}(\gamma_{y,z})$ . A connected component of  $\Sigma$  is either a cylinder, corresponding to one of the  $n$  circles

found in the preimage through  $\pi$  of a point in  $p(e_i)$ , or a copy of  $S^2$  punctured  $k$ -times, corresponding to the wedge of  $k - 1$  circles found in the preimage of a point in an edge of  $G$ . The wedge number of an edge is interpreted as the number of circles in a bouquet of circles that projects to a generic point of that edge through  $\pi$  – that is,  $k - 1$ .

## 4.6 Truncate tetrahedra

In order to carry out edge blowups and reduce wedge numbers, we need to replace all of the tetrahedra in  $T$  with truncated tetrahedra. Essentially, we are removing a small ball around every vertex of  $T$  and leaving an  $S^2$  boundary for every removed vertex. This is identical to replacing every tetrahedron of  $T$  with a truncated tetrahedron. At this point in our algorithm, the only information we need from  $T$  is adjacency between tetrahedra. Truncating tetrahedra does not change this information, so we truncate every tetrahedron of  $T$  and obtain  $T'$ . We also have  $\pi'$ , defined as  $\pi$  restricted to  $T' \subset T$ . The objects that make up the truncated complex  $T'$  are solid polyhedra that are glued together over hexagonal faces. We'll call this complex a *solid polyhedral gluing*. We previously built lists of triangles in  $T$  that formed  $PL$ -circles in  $T$ . Truncating the tetrahedra of  $T$  alters these lists only by replacing the triangles in these lists with the associated truncated triangles, which are hexagonal 2-cells.

In Section 4.2 we outlined how to obtain a planar graph  $(G, f)$  associated to  $T$  from the projection  $\pi$ . To obtain a planar graph associated to  $T'$  and  $\pi'$ , we begin with the graph  $(G, f)$  and examine the difference between the images  $\pi'(T')$  and  $f(G)$  in the plane. This picture suggests that we should “cut away” the parts of  $(G, f)$  that are outside of  $\pi'(T')$ .

Consider a vertex  $v$  of  $G$  that is associated to a vertex of  $T$ . Then  $f(v)$  lies on the circle in the plane. Recall that the vertices of  $T$  are mapped under  $\pi$  to the  $n^{\text{th}}$  roots of unity in  $\mathbb{C}$ , where  $n$  is an odd number at least as large as the number of vertices of  $T$ , so we'll assume without loss of generality that  $f(v)$  is at  $1 \in \mathbb{C}$ . A chord in the circle with endpoints  $e^{\pm\pi/2n}$  intersects  $\pi(T)$  in a line segment near 1. The preimage of this segment is an embedded copy of  $\text{lk}(v)$  that separates  $v$

from the rest of  $T^0$ . To truncate the tetrahedra of  $T$  containing  $v$ , we remove the interior of this link. Truncating the tetrahedra around every vertex of  $T^0$  yields  $T'$  and  $\pi'$ , where  $\pi'$  is just  $\pi$  restricted to  $T'$ . We obtain a new planar graph  $(G', f')$  by first subdividing every edge of  $f(G)$  intersecting  $\pi'(\partial T')$  into a pair of edges. Each subdivision deletes a single edges and introduces a pair of new edges and a single vertex. Connect sequential vertices on the line segments  $\pi'(\partial T')$  with new edges. Finally, remove the vertices of  $G$  that are associated to vertices of  $T$  as well as all edges adjacent to these vertices. The result is a graph  $G'$ .

To make  $G'$  planar, we need to fix an embedding. We obtained  $G'$  from  $G$  by subdividing some edges of  $G$ , adding new edges between the new subdivision vertices, and deleting edges and vertices outside of the desired image. We can then define an embedding  $f'$  on  $G'$  by first making  $f'(e) = f(e)$  and  $f'(v) = f(v)$  for any edges and vertices of  $G'$  that are untouched by our creation of  $G'$ . Let  $v$  in  $G'$  be a vertex added when subdividing the edge  $e$  of  $G$ . We added  $v$  because  $f(e)$  intersected  $\pi'(\partial T')$ , and we define  $f'(v) = f(e) \cap \pi'(\partial T')$ . We've defined  $f'$  on all vertices of  $G'$ . By design, we can define  $f'$  on an edge of  $G'$  to be the line segment in the plane connecting the vertices adjacent to that edge.

{FIGURE: GREAT PLACE FOR A FIGURE}.

The faces of  $(G', f')$  are in 1–1 correspondence with the faces of  $(G, f)$ . The gluing  $T'$  has none of the vertices of  $T$ , but retains all of the edges of  $T$  which we call “old” edges and we have some new edges that are projected through  $\pi'$  to outer edges of  $(G', f')$ , hence these edges are not asked for in any future algorithms.

## 4.7 Blow up edges

This algorithm takes as input an edge  $e$  of the solid polyhedral gluing  $T'$  with wedge number  $w(e)$  at least three, and returns an altered solid polyhedral gluing  $T''$  and an altered graph  $G''$ , where  $e$  is replaced by a set of edges  $e_i$ ,  $i = 1, \dots, w(e) - 1$ , where each edge has wedge number exactly 2. We blow up edges to reduce wedge numbers and we want to reduce all wedge numbers to at most 2.

To blow up the edge  $e = xy$ , we need to choose a pair of 3–cells over which  $e$  will be blown up. We need to slightly modify our definition of the link of an edge

because we've truncated all of our tetrahedra into 3-cells, and some edges are going to be blown up. Each tetrahedra has six edges and we can easily keep track of the associated edges in a truncated tetrahedron as well as a set of blown up edges in a blown up truncated tetrahedron. An edge or set of edge copies in a tetrahedron or blown up tetrahedron can then be said to have an associated “old” edge, as it would appear in  $T$ . We take  $\mathbf{lk}(e)$  during this algorithm to be a triangulated circle  $L$  whose edges are exactly the edges of the “old” link in  $T$ . The main information contained in an “old” link is a string of crossing coefficients with respect to the edge  $e$ , and this information is not altered by the following algorithm. The structure of a tetrahedron and the requirement that our initial triangulation  $T$  was edge distinct means that a pair of “old” edges from  $T$  can be opposite edges of at most one tetrahedron of  $T$ , hence a pair of such “old” edges uniquely determine a 3-cell of  $T'$ .

Because the wedge number of  $e$  is at least 3, there are at least 6 edges of  $\mathbf{lk}(e)$  with  $+1$  crossing coefficients. We choose a connected path  $Q = q_0 \dots q_n$  in  $\mathbf{lk}(e)$  whose crossing coefficients sum to exactly 4, and whose tail edges,  $q_0q_1$  and  $q_{n-1}q_n$ , each have  $+1$  crossing coefficient. The tail edges of this path along with the edge  $e$  determine two 3-cells  $t_0, t_1$  over which we blow  $e$  up. Two of the vertices of the  $t_0$  are  $x$  and  $y$ .

The image of  $e$  under  $\pi$  is the path  $P = v^1 \dots v^k$ . We choose to map  $x$  to  $v^1$  and  $y$  to  $v^k$ . The vertices of  $G$  on the circle which are not  $v^1$  or  $v^k$  are partitioned into two sets which we arbitrarily designate as “upper” and “lower” with respect to  $P$ . Subscripts containing  $l$ 's and  $u$ 's refer to lower and upper designations of the objects in question. Without loss of generality, we'll say that the edge opposite  $e$  in  $t_0$  is  $q_0q_1$  and the edge opposite  $e$  in  $t_1$  is  $q_{n-1}q_n$ . Either way, the edge opposite  $e$  in  $t_{0,1}$  has crossing coefficient  $+1$  with respect to  $e$ . Because  $Q$  has crossing sum exactly 4, the vertices  $q_0, q_n$  are both either upper or lower. We'll say that they're both lower, which forces  $q_1, q_{n-1}$  to each be upper. Blowing up the edge of a pair of solid polyhedra adds a face to each of the two solid polyhedron over which the two become glued. The edge is called  $e$  and has vertices  $x, y$ . One of the edges that  $e$  splits into forms an edge of two 2-cells, one containing  $q_0$  and one containing  $q_n$ . We call this edge  $e_l$ , and say that  $e_l$  has vertices  $x_l, y_l$ . The other edge that  $e$  splits into forms the edge of two 2-cells, one containing  $q_1$  and one containing  $q_{n-1}$ . This

edge is called  $e_u$  and has vertices  $x_u, y_u$ .

Every vertex  $v^i$  of  $P$  is adjacent to exactly two other vertices  $v_{ll}^i$  and  $v_{uu}^i$  of  $G$ . When  $v^i$  is internal, each of  $v^i$ ,  $v_{ll}^i$ , and  $v_{uu}^i$  is on the path  $P^i$ , which is the image of an edge  $e_i$  of  $T$  through  $\pi$ . Then  $v_{ll}^i$  is the vertex on the path  $P^i$  from  $v^i$  to a lower vertex and  $v_{uu}^i$  is the vertex on the path  $P^i$  from  $v^i$  to an upper vertex. When  $v^i$  is external,  $v_{ll}^i$  and  $v_{uu}^i$  are already upper and lower vertices, so  $v_{uu}^i$  is the upper vertex and  $v_{ll}^i$  is the lower vertex.

{FIGURE: SAMPLE  $P^i$  AND VERTICES AS DEFINED}

{FIGURE: BLOWUP ILLUSTRATED}.

The blowup of  $P$  is the graph  $P \times I$  which gives us a copy of  $P$  at  $\{0\}$  and at  $\{1\}$ , called  $P_l$  and  $P_u$  respectively. The new vertices are similarly subscripted, and the graph  $P \times I$  also contains the edges  $v_{ll}^i v_{ll}^i$  for every  $i = 1, \dots, k$ . Blowing up  $P$  inside of  $G$  means that we remove  $P$  and all edges incident to  $P$  from  $G$ . We then add to  $G$  the graph  $P \times I$ , and add the edges  $v_{ll}^i v_{ll}^i$  and  $v_{ll}^i v_{uu}^i$  for each  $i$ . The embedding of  $G$  incorporates  $P \times I$  in the way depicted in the figure.

{FIGURE: EMBEDDING OF  $G$ }

The regions of  $G$  incident to  $P$  are pushed away from each other and new regions are created. These new regions are bounded by the edges  $v_u^i v_l^i$ ,  $v_l^i v_l^{i+1}$ ,  $v_l^{i+1} v_u^{i+1}$ ,  $v_u^{i+1} v_u^i$  for  $i = 1, \dots, k-1$  and are the image of the new face  $f$  of  $T$ . The paths  $P_l$  and  $P_u$  and the edges  $v_u^1 v_l^1$  and  $v_u^k v_l^k$  are the image of the boundary edges of  $f$ . Recall that these edges are  $e_u$ ,  $e_l$ ,  $x_u x_l$  and  $y_l y_u$ . We get that  $x_l x_u$  and  $y_l y_u$  map to  $v_l^1 v_u^1$  and  $v_l^k v_u^k$  so that lower and upper subscripts are mapped to each other. This also makes  $e_u$  map to  $P_u$  and  $e_l$  map to  $P_l$ .

The wedge numbers of  $e_u$  and  $e_l$  are exactly 2 and  $w(e) - 1$  respectively. We can see this by saying that an edge of  $\text{lk}(e)$  contributes to the wedge number of  $e_l$ , (resp.  $e_u$ ) if and only if that edge is adjacent to a 2-cell of  $T'$  containing  $e_l$ , (resp.  $e_u$ ). If  $w(e_l)$  is still greater than 2, we proceed by choosing another pair of 3-cells to blow  $e_l$  up over. This pair is found by extending  $Q$  in both directions to  $q_{-k} q_{-k+1} \dots q_0 \dots q_n \dots q_{n+k'} q_{n+k'+1}$  where  $q_{-k} q_{-k+1}$  and  $q_n + k' q_{n+k'+1}$  each have crossing coefficient +1 with respect to  $e_l$ , and there are no other edges between  $q_{-k} q_{-k+1}$  and  $q_0 q_1$  and between  $q_{n-1} q_n$  and  $q_n + k' q_{n+k'+1}$  with crossing coefficient +1 with respect to  $e_l$ . The residual triangulation structure leaves us with exactly

two 3-cells, one containing  $e_l$  and  $q_n + k'q_{n+k'+1}$  and one containing  $e_l$  and  $q_{-k}q_{-k+1}$ , over which to blow up  $e_l$ . The algorithm for this blow up works for blowing up  $e_l$  into  $e_lu$  and  $e_ll$ , where  $e_lu$  has wedge number 2 and  $e_ll$  has wedge number  $w(e_l) - 1$ . Iterate until  $e$  has been blown up into exactly  $w(e) - 1$  edges whose wedge numbers are exactly 2.

There are a few new regions in  $G$ , and we need to know how generic points in those regions are pulled back into  $T''$  by  $\pi''$ . Fortunately, we are able to derive the mapping circles of a region of  $G''$  entirely from the mapping circles of an adjacent region. Let  $R$  be a new region of  $G''$  whose mapping circles are unknown, and let  $R'$  be a region of  $G''$ , adjacent to  $R$  over the edge  $e$  of  $G''$ , whose mapping circles are known and given as the list  $L = \{l_i\}$ . We know  $R'$  is adjacent to  $R$  over the edge  $e$  of  $G''$  and  $e$  is in the image of the edge  $E$  in  $T''$ . Pull from  $L$  the circles  $l_i \in L$  which have in their description at least one 2-cell containing  $E$ . Deconstruct the circles  $l_i$  into a single unordered list  $K$  of 2-cells. Call the list of 2-cells in  $T$  containing  $E$  by  $\sigma(E)$ . Note that in  $\sigma(E)$  is a 2-cell created by an edge blowup that is projected over  $R$  but not  $R'$ , and that 2-cell is absent from  $K$ . The list of 2-cells that project over  $R$  includes all of the piecewise linear circles in  $L \setminus K$ , as well as the symmetric difference of  $K$  and  $\sigma(E)$ . Recreating the circles in  $L \setminus K$  is unnecessary as they are unchanged by passing over  $e$ . We've gone through great pains in our explicit description of the dge blow up in order to ensure that the piecewise-linear circles in  $K \triangle L$  are realized using the exact algorithm in Section 4.3. More precisely, the chasing of 2-cells over 3-cells is unambiguous. We now have a list of piecewise-linear circles in  $T''$  for any region of  $G''$ .

## 4.8 Final Modifications

Once all offensive edges have been blown up, we are left with a solid polyhedral gluing  $T''$ , a map  $\pi'' : T'' \rightarrow \mathbb{D}^2$  and a planar graph  $(G'', p'')$ . To most efficiently assemble a shadow we perform one last set of modifications to  $(G'', p'')$  colour all of the edges and regions of  $(G'', p'')$  for easy identification. The wedge numbers of our edges are all at most 2, so the singularities of  $\pi''$  are well understood. We remove the more complicated singularities that occur at the interior vertices of  $(G'', p'')$ .



Let  $v$  be an interior vertex of  $(G'', p'')$ . By design,  $v$  has degree 4 and we may order the edges containing  $v$  in clockwise order, following the standard orientation of  $\mathbb{D}^2$ . These edges will be  $e_0, e_1, e_2, e_3$ . Because  $v$  is interior, the  $e_i$  are also interior. The  $e_i$  have boundary vertices  $v$  and  $v_i$  in  $G''$ . Delete  $v$  and the edges  $e_i$ . Add to the vertex set the vertices  $v'_i$ , and to the edge set the edges  $e'_i$ ,  $i = 0, \dots, 4$ , where  $e'_i = v_i v'_i$  and directed edges  $v'_i \rightarrow v'_{i+1}$ , subscript addition modulo 4. When all interior vertices are replaced, we have the graph  $G'''$ .

Recall that our planar embedding  $p''$  embedded edges of  $G''$  to straight line segments in the plane. That is, we have  $p''(e_i) = tp''(v) + (1 - t)p''(v_i)$ . To define a planar embedding on  $G'''$ , we again define the embedding of the vertices of  $G'''$  and embed the edges of  $G'''$  as straight line segments connecting these vertices. The intended effect is to “carve away” small discs around each embedded interior vertex of  $G$ . For a new vertex  $v'_i$  with the notation above, defining  $p'''$  as

$$p'''(v'_i) = \frac{1}{5}p''(v) + \frac{4}{5}p''(v_i)$$

will suffice. Every exterior vertex of  $G''$  has an associated vertex in  $G'''$ , and  $p'''$  will agree with  $p''$  on these vertices. Finally, the edges of  $G'''$  are embedded as straight line segments in the plane. The result is a planar graph  $(G''', p''')$ .

The difference in regions between  $(G''', p''')$  and  $(G'', p'')$  amounts to a new region for each interior vertex of  $(G'', p'')$ . These regions represent the “carved away” portions of the plane near the critical values of  $\pi''$  that may have the form of the crossing of a pair of indefinite folds (see Section 3.1). We colour these regions  $H$  for *hole*. All other interior regions of  $(G''', p''')$  are coloured  $I$  for *interior*. Using the notation above, the new edges  $e'_i$  are each the shared boundary of a pair of interior regions, hence will be coloured  $I$ . Directed edges  $v'_i \rightarrow v'_{i+1}$  and the vertices  $v'_i$  are on the boundary of a region coloured  $H$ , so are also coloured  $H$ . The exterior region of  $(G''', p''')$  is ignored. These final modifications are mostly an attempt to simplify the language and algorithms of Chapter 5. We don’t bother modifying  $T''$  or  $\pi''$  to reflect our changing of  $G''$  into  $G'''$ .

The algorithms of Chapter 4 have provided us with two objects and the data connecting them. Namely, we have a solid polyhedral gluing  $T''$  that is equivalent to the 3-manifold triangulation with some 3-balls carved away. The edges of  $T''$

inherited from  $T$  and produced as copies of edges inherited from  $T$  via blow ups are also equipped with wedge numbers. We also have a planar graph  $(G''', p''')$  which is connected to  $T''$  by a projection  $\pi'' : T'' \rightarrow \mathbb{D}^2$  and a list of piecewise-linear circles associated to each interior region of  $G'''$ .

# Chapter 5

## Shadows from 3–Manifolds

The previous chapter produced a map  $\pi'' : T'' \rightarrow \mathbb{R}^2$ , where  $T''$  is a 3–manifold with only spherical boundary components. In Section 3.1 we discussed the construction of a Stein complex from a Morse 2–function  $f$  from a 3–manifold to  $\mathbb{R}^2$ . The only two properties we needed from  $f$  were that  $f$  had compact fibers and that  $f$  was generic. Genericity was only used to determine how the fibers of  $f$  joined over singularities, and the piecewise–linear analogue to the critical values of the smooth Morse 2–function  $f$  are the vertices and edges of  $(G'', p'')$ . Our map  $\pi''$  has compact fibers, and the wedge numbers of Section 4.5, each reduced to at most two in Section 4.7, provide the information needed to determine how the fibers of  $\pi''$  behave near the edges and vertices of  $(G'', p'')$ . This means we may construct a Stein complex for  $T''$  from the data produced in Chapter 4. The data used to construct this complex is a planar graph  $(G''', p''')$ , lists of circles projecting over the regions of  $(G''', p''')$ , and a colouring and wedge number for each edge of  $G'''$ . The Stein complex constructed this way is a shadow polyhedron of  $T''$ , as defined in Section 3.2. By Lemma 4.4 of [1], the polyhedron constructed is standard, i.e. each region is a disc. To obtain a shadow of  $T''$ , we equip each region not touching the boundary of the polyhedron with a gleam

### 5.1 Construct and connect regions

This algorithm concerns itself with producing a shadow of  $T''$  from  $\pi''$ . Because we do not refer to the initial triangulation or its projection in this algorithm or the next,

we will abbreviate  $T''$  by  $T$ ,  $\pi''$  by  $\pi$ , and  $G''$  by  $G$  to ease notation. We begin by constructing an empty shadow  $S$  and populating it with regions. Each region  $R$  of  $G$  is a polygon, i.e. a topological disc, whose boundary is a triangulated  $S^1$ . The edges of this  $S^1$  are all associated with edges of  $G$ , and each edge of  $G$  is coloured  $I$  if the edge might produce an internal edge of our shadow,  $F$  if the edge will produce a boundary edge of our shadow, or  $H$  if the edge was introduced by removing an internal vertex of  $G$ . Similarly, the regions of  $G$  are coloured  $I$  for “internal” and  $H$  for “hole.”

Let  $p$  be a generic point in an internal region  $R$ . The preimage of the point  $p$  is the disjoint union  $l_1 \cup \dots \cup l_m$  where each  $l_i$  is a piecewise-linear circle in  $T$ . To split  $\pi$  into  $g \circ h$  with  $g$  finite-to-one, we just say that  $p$  pulls back through  $g$  to exactly  $m$  points. The points in the regions of our shadow represent circles in  $T$ , the points in the interior edges of our shadow represent two circles joining together to become a single circle, the points in the boundary edges of our shadow represent circles collapsing to points, and the vertices of our shadow are interpreted using two local models.

We restrict our consideration to the internal regions of  $G$ . The region  $R$  pulls back through  $\pi$  to a disjoint collection of  $m$  open solid tori in  $T$ , and any torus  $N$  in this collection can be seen as a circle bundle  $N \xrightarrow{\pi} R$ . We pull  $R$  back through  $g$  to  $m$  disjoint copies of itself. We let a *copy of  $R$*  be the pair  $(P(R), l_i)$  where  $P$  is a polygon identical to  $R$  whose edges are coloured identically to the edges of  $R$  and  $l_i$  is one of the piecewise-linear circles of  $T$  in the preimage of  $p$ . For every internal region  $R$  of  $G$  and every piecewise-linear circle  $l_i$  of  $R$ , we add  $(P(R), l_i)$  to  $S$ .

We analyzed how the edges of  $G$  are pulled back to  $T$  through  $\pi$  in Section 4.5 and this analysis can be extended to see how edges of  $G$  are pulled back to our shadow through  $g$ . Let  $e$  be an internal edge of  $G$  and let  $A, B$  be the internal regions of  $G$  which are adjacent over  $e$ . There is an associated edge  $E$  of  $T$  so that  $E$  projects over  $e$  through  $\pi$ . Let  $a$  in  $A$  and  $b$  in  $B$  be points near  $e$  and let  $\gamma_t = ta + (1 - t)b$  be the line segment in the plane that connects  $a$  and  $b$ , and let  $t'a + (1 - t')b$  be the point on this line segment that lies in  $e$ . We know that  $\pi^{-1}(a)$  consists of exactly  $m$  piecewise-linear circles  $k_1 \cup \dots \cup k_m$  and  $\pi^{-1}(b)$  of exactly  $n$  piecewise-linear circles  $l_1 \cup \dots \cup l_n$  in  $T$ . The wedge number of  $E$  is at most 2, so

the numbers  $m, n$  differ by at most 1. Recall that piecewise-linear circles in  $T$  are represented by ordered lists of 2-cells in  $T$ . If a circle  $k_i$  does not contain  $E$  in any of its 2-cells, then the circle  $k_i$  is unchanged as we pass over  $e$ . There is a circle  $l_j$  that is represented by the same ordered list of 2-cells (up to a cyclic permutation) as  $k_i$ . We glue the region copies  $(P(A), k_i)$  and  $(P(B), l_j)$  over the edge of each corresponding to  $e$ . The result is a copy of  $A \cup_e B$ , and the polygon  $P(A \cup_e B)$  is identical, in terms of edge identifications, to the polygon obtained by gluing  $A$  to  $B$  over the edge  $e$  in an orientation preserving way. The piecewise-linear circles associated to the region copies  $(P(A), k_i)$  and  $(P(B), l_j)$  are equivalent, so we may take either circle as the piecewise-linear circle associated to  $P(A \cup_e B)$ . All copies of  $A$  and  $B$  whose associated piecewise-linear circles not containing  $E$  are dealt with in this manner. We reduced all wedge numbers to at most 2 via edge blowups, so there are exactly three cases to consider when dealing with the copies of  $A$  and  $B$  containing  $E$ .

If the wedge number of  $E$  is 0, then there is exactly one region copy  $(P, l)$  among the copies of  $A, B$  where  $l$  contains  $E$ . The edge copy in  $P$  corresponding to  $e$  is coloured  $F$  for *false*. This edge corresponds to a shrinking singularity of  $\pi$ , where a circle in  $T$  collapses to a point.

If the wedge number of  $E$  is 1, then there are exactly two region copies  $(P(A), k)$  and  $(P(B), l)$  among the copies of  $A$  and  $B$  where  $k$  and  $l$  each contain  $E$ . We combine  $P(A)$  and  $P(B)$  as before into  $P(A \cup_e B)$ , but the piecewise-linear circles  $k$  and  $l$  are distinct in a way that has been hinted at before. The intersection of  $k$  and  $l$  as a list of 2-cells consists of exactly the 2-cells in either circle that do not contain  $E$ , and the symmetric difference of  $k$  and  $l$  is exactly the set of 2-cells in  $T$  containing  $E$ . We are left with the region copy pair  $(P(A \cup_e B), (k, l))$ . If the region copy  $P(A \cup_e B)$  is considered in the future, it is with respect to some edge  $f$  of  $A \cup_e B$  and  $f$  is exclusively an edge of either  $A$  or  $B$ . The representative circle for  $P(A \cup_e B)$  is then taken to be  $k$  if  $f$  is from  $A$ , and  $l$  if  $f$  is from  $B$ . In this case, the edge of  $G$  did not correspond to a singularity of  $\pi$  at all.

If the wedge number of  $E$  is 2, then there are exactly three region copies. Without loss of generality, two of these are copies of  $A$  and the last is a copy of  $B$  and we call these copies  $(P(A), k_1)$ ,  $(P(A), k_2)$  and  $(P(B), l)$ . In this case we have encountered

the boundary of all three region copies along an internal edge of  $S$ , so we glue each region copy along their edge  $e$ . This gluing should be orientation reversing when restricted to  $(P(A), k_1)$ ,  $(P(A), k_2)$  and orientation preserving when restricted to  $(P(A), k_1)$ ,  $(P(B), l)$  and to  $(P(A), k_2)$ ,  $(P(B), l)$ . Colour the shared edge  $e$  by  $i$  for *internal*. This edge corresponds to a simple saddle singularity of  $\pi$ , where a single circle splits into two distinct circles.

Iterating over all adjacent internal region pairs produces a connected simple polyhedron  $S$  with boundary a graph whose connected components are coloured either  $F$  or  $H$ . The false boundary is not considered until the next chapter, but we fill in each boundary component coloured  $H$  with a simple block.

## 5.2 Extend over vertices

There are some holes in our shadow represented by digraphs whose edges are coloured  $H$ . Whenever we work with one of these graphs, it will be named  $X$ . The projection of any  $X$  through  $\pi$  is one of the copies of the directed cycle on 4 vertices introduced during interior vertex deletion in Section 4.8. Each of the four vertices of  $\pi(X)$  is adjacent to a single edge, and those edges are projected onto by a finite number of strands in  $S$  by  $g : S \rightarrow \mathbb{D}^2$ . At most one of these projecting strands per edge corresponds to a strand of singular points through  $\pi$ . These singular strands are determined by  $\pi$  and extend along the entirety of the edge of  $T$  in which they lie, corresponding to edges or shrinking singularities in  $S$ . This means if one of our graphs  $X$  is adjacent to a strand of singular points, then it is adjacent to another strand from the same edge of  $T$ , hence these singular strands occur in pairs.

In every case,  $X$  is one of five possible graphs which we classify by their number of simple directed cycles. The paper on which this thesis is based contains a detailed justification of the form of polyhedron we glue to  $S$  in order to fill these holes. The five possible graphs are classified by the number of singular and nonsingular strands adjacent to  $X$ .

{ FIGURE: THE FIVE POSSIBLE GRAPHS }

{ FIGURE: THE FOUR FILLING POLYHEDRA }

The first case occurs when  $X$  is adjacent to exactly two strands of shrinking

singularities and one nonsingular strand. Here, we colour the edges of  $X$  by  $F$  and let  $X$  join the rest of the false boundary.

The second case occurs when  $X$  is adjacent to no singular strands. We fill in the hole with a disc whose boundary has triangulation  $X$ .

The third case occurs when  $X$  is adjacent to exactly two strands of non-shrinking singularities and three nonsingular strands. We fill in the hole with the model shadow edge.

The fourth case occurs when  $X$  is adjacent to exactly four strands of non-shrinking singularities and four nonsingular strands. We fill this hole with the model shadow vertex.

The fifth case occurs when  $X$  is adjacent to exactly four strands of non-shrinking singularities and no nonsingular strands. We fill this hole with a shadow polyhedron that has exactly two vertices and adjust the gleams of the regions adjacent to where we glue this polyhedron slightly. The polyhedron in this case is the shadow of  $X$  as it sits in  $S^3$ .

All boundary components of  $S$  are filled this way. At the end of this algorithm we have a shadow of  $T$ . Once the internal regions of  $S$  are assigned gleams, we will be able to construct a triangulated 4-manifold.

## 5.3 Compute gleams

Incomplete

# Chapter 6

## 4–Manifolds from Shadows

Section 3.2 discussed constructing a 4–manifold  $W$  with a given a shadow  $S = (P, \mathbf{gl})$  out of handles with index at most two. For every vertex of  $P$  we attach a 0–handle, every edge a 1–handle, and every region a 2–handle. The 0– and 1–handles are attached according to the combinatorics of  $P$ , but the 2–handles needed more information. In particular,  $P$  alone didn’t tell us how to frame the attaching sphere of any particular 2–handle.

Our goal is to take a disc bundle over a polyhedron  $P$ , which is standard hence has a canonical cell decomposition as a 2–complex. If we define the bundle over the 0–, 1–, then 2–skeleton of  $P$ , there is an obstruction to extending this bundle over the 2–cells of  $P$ . This obstruction only exists on 2–cells whose closures are disjoint from the boundary of  $P$ . We modify  $P$  by removing a small neighbourhood from each region whose closure does not touch the boundary of  $P$ , and put a disc bundle on the remaining space. A disc bundle near a vertex of  $P$  is a 4–dimensional 0–handle and near an edge is a 4–dimensional 1–handle. Extending the disc bundle over the removed regions then amounts to attaching 2–handles whose cores are the removed regions.

This is where we argue that ignoring false regions/edges during reconstruction produces an equivalent 4–manifold.

A trivalent boundary graph is made of edges coloured  $f$ . We coloured certain edges  $f$  because those edges were introduced to  $G$  via shrinking singularities of our map. Examine the preimage of a generic point in a sufficiently small neighbourhood of a point  $p$  in a false edge. If  $q$  is near  $p$  in the region whose boundary contains  $p$ ,



then the preimage of  $q$  is a single circle in  $T$ . Every false edge of our shadow comes directly from an edge of  $T$ , so the preimage of  $p$  is a point. If we walk a path from  $q$  to  $p$  in our neighbourhood of  $p$ , then this path pulls back to a sequence of circles in  $T$  which collapse to the point  $\pi^{-1}(p)$  in  $T$ . The intuition we're bringing to this method is that every preimage circle of  $\pi$  is filled with a disc in order to construct a bounded 4-manifold. We see that filling in circles near a false edge amounts to attaching a 4-ball over a pair of boundary 3-balls. This attachment has no effect on the 4-manifold we're constructing, so we neglect to fill in discs near any false edge. Extending this to any region containing a false edge is easily justified, as a disc bundle over a disc is contractible.

Furthermore, ignoring the false edges and regions entirely rather than collapsing them removes any dependence on shadow moves and equivalences to reconnect a disconnected shadow, get rid of embedded graphs or make a nonstandard polyhedron standard again.

## 6.1 The triangulated prism

The basic building block that we used in our 4-manifold reconstruction is the triangulated  $n$ -prism with identical walls,  $n \leq 4$ . By  $n$ -prism, we mean the  $n$ -disc seen as  $\Delta^{n-1} \times [-1, 1]$ . The prism has canonical "top" and "bottom" faces which are  $\Delta^{n-1} \times \{1\}$  and  $\Delta^{n-1} \times \{-1\}$  respectively as well as  $n$  identical "walls" which are  $F^i(\Delta^{n-1}) \times [-1, 1]$  for each  $i = 0, \dots, n-1$ . By identical walls, we mean walls with identical triangulations. If a pair of  $\Delta^{n-1}$  are glued over a face, then we may take these simplices to be the bottom faces of a pair of prisms. We can glue these prisms together over their corresponding walls. This effectively provides the two  $\Delta^{n-1}$  with an " $n$ -dimensional thickening." If we can do this to any pair of simplices, then we can do this to an entire triangulation.

Seeing that  $F^i(\Delta^{n-1})$  is an  $(n-2)$ -simplex, it is reasonable to build our prisms iteratively. The intuition is that we build an  $(n-1)$ -sphere whose walls are  $(n-2)$ -prisms, themselves with identical walls. Then, we cone the  $(n-1)$ -sphere to make a triangulated  $n$ -prism.

The 1-prism is just an edge. This is the base case, so no coning is needed.

To make the 2–prism, we take two copies of the 1–simplex:  $e \times \{1\}$  and  $e \times \{-1\}$ . The two face maps of  $e$  give us the two vertices of  $e$ . Then  $F^0(e) = v_1$  and  $F^1(e) = v_0$ , so we now have the 1–sphere triangulated by the top face  $e \times \{1\}$ , bottom face  $e \times \{-1\}$ , and walls  $v_1 \times I$  and  $v_0 \times I$ . Coning gives us a triangulation of  $\mathbb{D}^2$  whose walls are single edges and whose top and bottom faces are 1–simplices.

To make the 3–prism, we take two copies of the 2–simplex:  $t \times \{1\}$  and  $t \times \{-1\}$ . The three face maps of  $t$  give us the three edges of  $t$ . Then  $F^0(t) = [v_1, v_2]$ ,  $F^1(t) = [v_0, v_2]$  and  $F^2(t) = [v_1, v_0]$ , so we now have the 2–sphere triangulated by the top face  $t \times \{1\}$ , bottom face  $t \times \{-1\}$ , and walls  $[v_1, v_2] \times I$ ,  $[v_0, v_2] \times I$  and  $[v_1, v_0] \times I$ . The walls are 2–prisms with the previous triangulation. The walls glue to the top and bottom triangles in the obvious way, and are glued to each other over their identical 1–dimensional walls. Coning gives us a triangulation of  $\mathbb{D}^3$  whose walls are the 2–prism found above and whose top and bottom faces are 2–simplices.

The 4–prism construction is nearly identical to the 3–prism construction, but it’s not a bad idea to write it down. To make the 4–prism, we take two copies of the 3–simplex  $T$ :  $T \times \{1\}$  and  $T \times \{-1\}$ . The four face maps of  $T$  give us the four triangles of  $T$ . Then  $F^0(T) = [v_1, v_2, v_3]$ ,  $F^1(T) = [v_0, v_2, v_3]$ ,  $F^2(T) = [v_0, v_1, v_3]$  and  $F^3(T) = [v_0, v_1, v_2]$ . We now have a triangulated 3–sphere with top face  $T \times \{1\}$ , bottom face  $T \times \{-1\}$ , and walls  $[v_1, v_2, v_3] \times I$ ,  $[v_0, v_2, v_3] \times I$ ,  $[v_0, v_1, v_3] \times I$  and  $[v_0, v_1, v_2] \times I$ . The walls are 3–prisms with the previous triangulation. The walls glue to the top and bottom faces in the obvious way, and are glued to each other over their identical 2–dimensional walls. This triangulation is seen to be  $S^3$  because it is constructed by gluing together three basic pieces. The three pieces are the top face (a 3–ball), which is glued to the union of the walls (an  $S^2 \times I$ ), which is glued to the bottom face (a 3–ball). Coning gives us a triangulation of  $\mathbb{D}^4$  whose walls are each the 3–prism found above and whose top and bottom faces are 3–simplices.

**Remark 6.1.1.** Before moving further with construction, we should revisit the idea of an “ $n$ –dimensional thickening.” The 3–thickening of the Möbius band under the definition above gives the solid Klein bottle and, in general, the thickening as described produces the trivial interval bundle over the base triangulation. Our goal in later sections is to produce an interval bundle over a possibly nonorientable 3–handlebody  $H$  whose total space is orientable. For a smooth bundle, this would

amount to identifying all 1–handles whose attachments cause  $H$  to be nonorientable, and defining the fiber bundle so that a transition function on each such 1–handle is the reflection diffeomorphism in the fiber direction. Our prisms are symmetric through switching of “top” and “bottom,” so such a strategy can be employed here as well.

The above argument will be dealt with in more detail in the following sections.

## 6.2 Build a handlebody

This algorithm takes as input a shadow  $S = (P, \mathbf{gl})$  as produced in Chapter 5. In particular, all boundary edges of  $P$  are coloured false, and  $\mathbf{gl}$  is defined only the regions of  $P$  whose closures do not touch the boundary of  $P$ . This algorithm gives as output a 4–dimensional orientable manifold which is a disc bundle over a regular neighbourhood of  $\text{Sing}(P) \setminus \partial P$ . All that remains at that point is to extend the disc bundle over the removed regions.

The singular set  $\text{Sing}(P)$  is a graph with 4–valent interior vertices and 3–valent boundary graph. Let  $\text{Sing}'(P)$  denote  $\text{Sing}(P)$  minus the boundary edges of  $\text{Sing}(P)$ . Take note, though, that a boundary vertex of  $P$  is 4–valent in  $\text{Sing}(P)$ . We take  $N$  to be a regular neighbourhood of  $\text{Sing}(P)$ . This is  $P$  minus a shrunken copy of each region of  $P$  and can be decomposed into nice blocks with gluing instructions. The blocks associated to the neighbourhoods of interior vertices and edges are the standard vertex and edge blocks from Figure {FIGURE: Let’s get a new figure in here}. The blocks associated to the neighbourhoods of boundary vertices and edges are the standard edge block and  $I^2$  respectively. Each of these blocks is contractible, so a disc bundle over these blocks is also contractible. The prisms of the previous section allow us to take interval bundles quite easily, so we form our disc bundle by first taking an interval bundle over  $N$  then taking another interval bundle over that space. The interval bundle over  $N$  must be taken as  $N \times I$  so that we may keep track of the attaching spheres for our 2–handles later. The space  $N \times I$  may be nonorientable, but we may take an interval bundle over  $N \times I$  in such a way that the total space is orientable, as discussed in the previous section.

We take the interval bundle over a vertex block to be a single tetrahedron. Let  $v$

be a vertex of  $N$  and  $\Delta_v$  the tetrahedron associated to the interval bundle over the vertex block of  $v$ . We call  $\Delta_v$  a *vertex bundle block*. Each interior vertex is incident to four edges and six regions, so if  $\Delta_v$  comes from an interior vertex then to each edge of  $\Delta_v$  we associate a region of  $P$  and each face of  $\Delta_v$  we associate an edge of  $P$  in a way that makes combinatorial sense. Each boundary vertex is incident to four edges and three regions, but three of those edges are coloured false and all three of the regions are boundary regions. By the discussion at the beginning of the chapter, false edges along with the vertices and regions touching them contribute contractible 4-balls to the disc bundle over  $P$ . So if  $v$  is boundary, we do not construct a vertex bundle block for it.

{FIGURE:  $v$  AS IT SITS IN  $P$  AND THE RESULTING  $\Delta_v$  WITH EDGE AND FACE COLOURING}

We take the interval bundle over an edge block to be a 3-prism with identical walls. Let  $e$  be an edge of  $N$  and  $\Pi_e$  the prism associated to the interval bundle over the edge block of  $e$ . We call  $\Pi_e$  an *edge bundle block*. Each interior edge is incident to two vertices and three regions, so if  $\Pi_e$  comes from an interior edge then to each of the three walls of  $\Pi_e$  we associate a region of  $P$  and to the top and bottom faces of  $\Pi_e$  we associate a vertex of  $P$ . Again, we can discard any edge bundle blocks that would come from false edges.

{FIGURE:  $e$  AS IT SITS IN  $P$  AND THE RESULTING  $\Pi_e$  WITH EDGE/FACE COLOURING}

There are clear gluing maps between the  $\Delta_v$  and  $\Pi_e$  which form a possibly nonorientable 3-handlebody which can be seen as the trivial interval bundle over  $N$ . The top triangular face of a given  $\Pi_e$  is associated to the vertex  $v$  of  $\text{Sing}(P)$ . We call that face  $t$ . If  $v$  is a boundary vertex then we colour  $t$  “false.” Otherwise, the walls of  $\Pi_e$  are associated to regions  $r_1, r_2, r_3$ , and we call those triangulated walls by  $w_1, w_2$  and  $w_3$ . A face of  $t$  intersects one  $w_i$  nontrivially. We call that face of  $t$  by  $t_i$ . There is a  $\Delta_v$  with face  $F^e(\Delta_v)$  associated with  $e$ . The three edges of  $F^e(\Delta_v)$  are associated with the regions  $r_1, r_2, r_3$ , so we identify  $t$  to  $F^e(\Delta_v)$  by their edge.

At this point, we have not glued any faces together. If we were to glue the faces based on their identifications, though, we would have the 3-handlebody described

above. Instead, let  $M$  be a maximal spanning tree of the graph  $\text{Sing}'(P)$ . The subcomplex of  $N$  associated with  $M$  is  $M_c$ . We freely glue together the  $\Delta_v$  and  $\Pi_e$  associated to  $\text{Sing}'(P)$ . The result is the 3-ball  $H = M_c \times I$ , which is orientable, and a collection of edge bundle blocks  $\Pi_e$ , one for each edge  $e$  not in  $M$ . Iterating through the remaining edge bundle blocks, if the attachment of a given  $P_e$  to  $H$  would cause the resulting 3-handlebody to be orientable, we attach both faces of  $P_e$  to  $H$ . Otherwise, we attach exactly one of the faces of  $P_e$  to  $H$ , and remember the attaching map between the other two faces. The orientation preservation condition can be easily checked by comparing the orientation of  $H$  with the attaching faces of  $P_e$ . The edge bundle block  $P_e$  is attached to  $H$  over the oriented triangular top and bottom faces of  $\Pi_e$ , and a pair of oriented triangular faces of  $H$ . Recall from 2.2.3 that if both attaching maps are orientation preserving or orientation reversing, then the resulting body is nonorientable and if one map is orientation preserving and the other is orientation reversing, then the resulting body is orientable. Here, an attaching map between oriented triangles is completely described by an element of  $\Sigma_3$ , the symmetric group on three points. An even element of  $\Sigma_3$  corresponds to an orientation preserving attaching map and an odd element corresponds to an orientation reversing attaching map. The result is an orientable simplicial manifold  $H$  along with some additional gluing information. Furthermore, every region of  $P$  is associated to either an annulus or strip on the boundary of  $H$  built from the walls of the 3-prisms. For each region  $R$ , call its annulus or strip by  $R_f$ , where  $f$  stands for “framing.” These objects are significant because they allow us to define 0-framings for our 2-handle attachments.

To perform 4-thickening, we take two copies of  $H$ :  $H \times \{1\}$  and  $H \times \{-1\}$ . For every tetrahedron  $\Delta^3$  of  $H$ , take the tetrahedra  $\Delta^3 \times \{1\}$  and  $\Delta^3 \times \{-1\}$  to be the “top” and “bottom” tetrahedra of a 4-prism with identical walls. We glue the walls of every prism together in the way we designed the walls to do. A pair of unglued edge bundle block faces are triangles  $t_{1,2}$  along with a gluing map  $g : t_1 \rightarrow t_2$ . The 4-thickening of these triangles is a pair of triangulated 3-balls  $b_{1,2}$ . Each of  $b_{1,2}$  has the triangulation of a 3-prism with identical walls, complete with the triangles  $t_{1,2} \times \{\pm 1\}$ .

{FIGURE: DRAW THESE SPECIFIC 3-PRISMS}

The reason we did not glue  $t_{1,2}$  in the first place was because  $g$  corresponded to an odd permutation between the vertices of the triangles according to their orientations as induced by the orientation of  $H$ . We may now glue  $b_{1,2}$  by first gluing  $t_1 \times \{1\}$  to  $t_2 \times \{-1\}$  and  $t_1 \times \{-1\}$  to  $t_2 \times \{1\}$  using the map  $g$ , then by gluing over the tetrahedra of  $b_{1,2}$  as forced by this identification. One may view this map as multiplication by  $-1$  in the  $[-1, 1]$  factor of the object  $\Delta^2 \times [-1, 1]$ . The result is a compact orientable triangulated 4-handlebody which has  $N$  as its shadow.

Lets examine what has happened to the objects  $R_f$ . First, the case where  $R_f$  is an annulus. Choose a triangulated boundary circle  $C$  of  $R_f$ . In the 4-thickening of  $H$ ,  $R_f$  is thickened to an open solid torus  $V$ , and  $C$  is a longitude of this open solid torus. We take  $C$  to be the 0-framing of the core of  $V$ .

Next, the case where  $R_f$  is a strip in  $H$ . The gluing map  $g$  associated with  $R_f$  would make  $R_f$  into a Möbius strip, so the boundary of  $R_f$  can be easily decomposed into four pieces: two pieces  $C, C'$  which form the boundary circle of the Möbius strip and a pair of edges which are glued together by  $g$ . We took our 4-thickening to be orientable by treating the strips  $R_f$  differently, so the 4-thickening of  $R_f$  is an open solid torus  $V$ . Then  $C$  sits on the boundary of  $V$  as a curve which runs once around the longitudinal direction of  $V$ , but has endpoints which are diametrically opposed in a meridinal disc. Choose  $C^+$  to be the 0-framing of the core of  $V$ , where  $C^+$  is formed from  $C$  by connecting the endpoints of  $C$  by a positive one half twist around the boundary of  $V$ , where positive is defined by the orientation of  $V$ . The gleam of  $R$  is a half-integer in this case, so the alteration to the 0-framing we've performed here is corrected by decreasing the gleam of  $R$  by  $1/2$ .

{REF: COSTANTINO, INTRO TO SHADOWS?}

The triangulation of  $V$  is built from a number of 3-dimensional prisms with identical walls equal to the number of edges  $m$  in the boundary of  $R$ , where  $R$  is the region of  $P$  to which  $V$  corresponds. Such an open solid torus has easily defined curves which intersect a given 0-framing only at vertices in exactly  $n$  points, where  $n \leq k$ . Thus, an  $n$ -framing of such a torus with respect to our given 0-framing is realizable.

## 6.3 Attach 2-handles

This algorithm takes as input:

1. a triangulated open solid torus  $V$  which is a subtriangulation of a triangulated 3-manifold  $M$ , itself the boundary of a triangulated 4-manifold  $W$ ,
2. a triangulated longitude of  $V$  represented by a curve  $z$  in the boundary of  $V$  which is defined as the 0-framing of the core of  $V$  in  $M$ ,
3. a triangulated longitude of  $V$  represented by a curve  $N$  in the boundary of  $V$  which intersects  $z$  only at vertices in exactly  $n$  points.

This algorithm gives as output the manifold  $W \cup_{\varphi} h$ , where  $h$  is a 2-handle which is attached to  $W$  over the attaching region  $V$  and whose attaching sphere has framing datum associated with the element  $n$  of  $\pi_1(O(2))$  with respect to the 0-framing of  $z$ .

First, we detail the completion of an open solid torus into a 4-ball. Let  $V$  be a triangulated open solid torus, and  $\lambda$  a triangulated longitude of  $V$ . Then  $\partial V | \lambda$  is the boundary torus of  $V$  cut along the curve  $\lambda$ . This object is an annulus  $A$  whose boundary circle have the same triangulation  $C$ . The cone  $C(A)$  on  $A$  is not a manifold, but the only place at which  $C(A)$  is degenerate is the coning point. We fix this by letting  $B$  be the 3-ball triangulated by a number of tetrahedron equal to the number of edges is  $C$ , each of which share a common edge  $e$ . Then  $\mathbf{lk}((\cdot)e)$  in  $B$  is  $C$ , and the boundary of  $B$  is made of two triangulated discs which are equal to the cone on  $C$ . We attach  $B$  to  $C(A)$  in the obvious way. The result is the open solid torus  $U$  which has boundary whose triangulation is equal to the triangulation of the boundary of  $V$ . The curve  $\lambda$  of  $U$  is a meridian of  $U$ , so it bounds a disc inside of  $U$ . Gluing  $U$  to  $V$  along their identical boundaries produces a 3-sphere  $sph(V, \lambda) = U \cup V$ . Then the 0-framing of the core of  $V$  in  $sph(V, \lambda)$  is given by  $\lambda$ , as  $V$  is unknotted in  $sph(V, \lambda)$ , and  $\lambda$  bounds a Seifert surface which is a disc in  $sph(V, \lambda)$ . The cone on  $sph(V, \lambda)$ ,  $C(sph(V, \lambda))$ , is a 4-ball whose prescribed 2-handle structure is defined by a core, which is the Seifert surface disc that  $\lambda$  bounds, and attaching region  $V$ . Then we denote  $C(sph(V, \lambda))$  by  $cmpl(V, \lambda)$  and call this object the *4-dimensional 2-handle of the pair*  $(V, \lambda)$ .

With the input data, we attach the 4-dimensional 2-handle  $cmpl(V, N)$  to  $M$  via the attaching map that identifies the copy of  $V$  in  $cmpl(V, N)$  with the copy  $V$  in  $M$ .



## Chapter 7

## Conclusion

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