

INFORMATION SECURI FOR NON INFOSEC PEOPLE Before diving in technology, we prefer to introduce some basic premises:

NOTHING IS 100% SECURE #TheHorror!!!



Technology, as anything else made by humans is susceptible to be vulnerable. When someone says that "something is secure", it means "until today there is no evidence that something is compromised"

Technology changes, and REALLY FAST

See previous point

What is super "secure" and advanced today, in a couple of years will be obsolete and easier to cheat





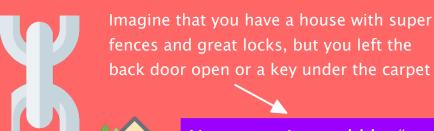




With doubts on this? Just make some searches:



A Chain is no stronger than its WEAKEST LINK



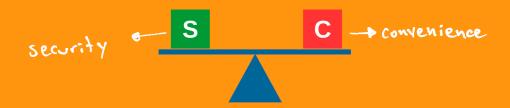
Your security could be "good" but a single vulnerability can compromise the entire system

Information security works in the same way.. i.e. You can protect your mail account with a great password, but your security questions are easy to guess? How protected is your recovery account?

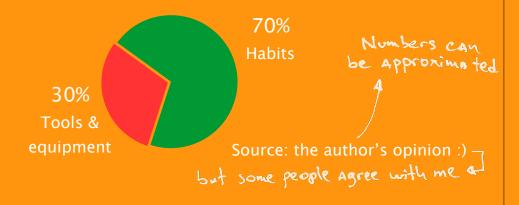
The habit issue



As with the house example, it doesn't worth much having the best gear if we don't have the habit of closing all doors before leaving, this could be challenging at first but if you want to be more secure this "inconvenience" will pay off



For some people, a good security is about...



Now, imagine that your house have:



Maybe, just maybe

People will think you have more valuables than you actually have

It will be too expensive, uncomfortable and invasive

You don't need all of this

threat model

It could be a little more complicated but to simplify, you can ask yourself

1) What do 2) Who do I 3) How bad are the consequences if I fail?

5) How much trouble am I willing to go through to try to prevent potential consequences?

4) How likely is it that I will need to protect it?

Source: surveillance self-defense guide (EFF) https://ssd.eff.org

Now, with this knowledge you can decide if these strategies are fine within your threat model and include habits that you can build:

Use the best encryption that you can

Use HTTPS



https://example.com

Encrypt the communication between you and the sites you visit

Encrypt your chats

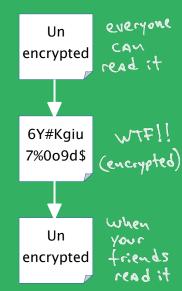


When possible use Signal



If not. Whatsapp

The ability to transform a message so it only can be legible to those that you chose



If you feel that sh... got real:

Use GPG for mail

GnuPG

Encrypt your files





Encrypt your computer



Mac



Windows



LUKS Linux Talking about your accounts:

Use good passwords

10 characters passwords are gone forever, try something better like passphrases, like this example:

Omg this kind of password is way better



Check these password habits

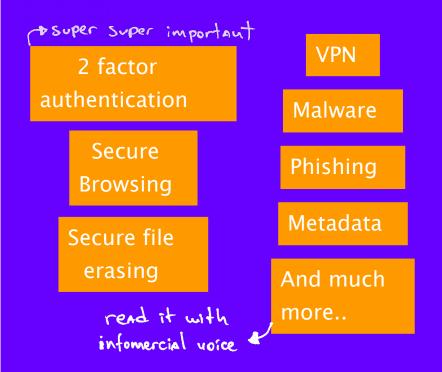
- Don't reuse passwords
- Also Secure your recovery accounts
- Review your security questions, they are easy to guess? Answers are in your social media? Try changing them by lies or passwords



We know this can be hard because of that we suggest

Use a password manager

This is just the tip of the iceberg, there is so much more to learn :))



If you are interested in knowing more of this you can check these sites

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https://ssd.eff.org websites

https://securityinabox.org

Umbrella App Android App
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