This is just the tip of the iceberg, there is so much more to learn :))

2 factor authentication

> Secure Browsing

Secure file erasing

read it with infomercial voice

VPN

Malware

Phishing

Metadata

And much more..

If you are interested in knowing more of this you can check these sites

https://ssd.eff.org websites

https://securityinabox.org

Umbrella App Andmid App



The slightly 201 commented zine of INFORMATION SECURITY FOR NON INFOSEC PEOPLE

the maybe boring

Before diving in technology, we prefer to introduce some basic premises:

## NOTHING IS 100% SECURE #TheHorror!!!



Sorry for the Sensationalism... can't help it ...

Technology, as anything else made by humans is susceptible to be vulnerable. When someone says that "something is secure", it means "until today there is no evidence that something is compromised"

# Technology changes, and REALLY FAST

See previous point

What is super "secure" and advanced today, in a couple of years will be obsolete and easier to cheat





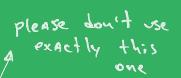




Talking about your accounts:

## Use good passwords

10 characters passwords are gone forever, try something better like passphrases, like this example:



Omg this kind of password is way better



- Don't reuse passwords
- Also Secure your recovery accounts
- Review your security
   questions, they are easy to
   guess? Answers are in your
   social media? Try changing
   them by lies or passwords



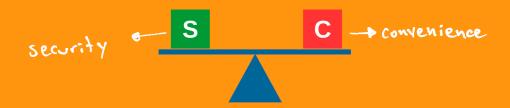
we know this can be pretty hard, because of that we suggest

Use a password manager

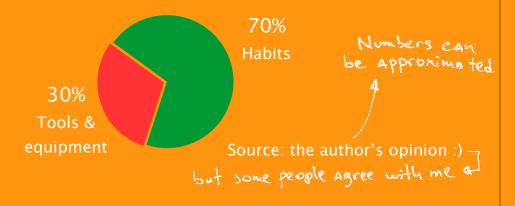
## The habit issue



As with the house example, it doesn't worth much having the best gear if we don't have the habit of closing all doors before leaving, this could be challenging at first but if you want to be more secure this "inconvenience" will pay off



For some people, a good security is about...



### Now, imagine that your house have:



## Maybe, just maybe

People will think you have more valuables than you actually have

It will be too expensive, uncomfortable and invasive

#### You don't need all of this

threat model

It could be a little more complicated but to simplify, you can ask yourself

1) What do you want to want to protect protect? It from? If I fail?

5) How much trouble am I willing to go through to try to prevent potential consequences?

4) How likely is it that I will need to protect it?

Source: guide (EFF) https://ssd.eff.org

Now, with this knowledge you can decide if these strategies are fine within your threat model and include habits that you can build:

Use the best encryption that you can

Use HTTPS



Encrypt the communication between you and the sites you visit

## Encrypt your chats

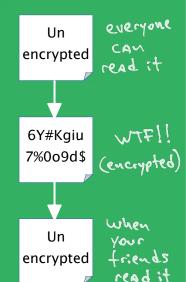


When possible use Signal



If not. Whatsapp

The ability to transform a message so it only can be legible to those that you chose



## If you feel that sh... got real:

Use GPG for mail

GnuPG

your files



Encrypt



Mac



Encrypt your

computer



BitLocker Windows

**LUKS** Linux

## With doubts on this? Just make some searches:



## A Chain is no stronger than its WEAKEST LINK

Imagine that you have a house with super fences and great locks, but you left the back door open or a key under the carpet



Your security could be "good" but a single vulnerability can compromise the entire system

Information security works in the same way.. i.e. You can protect your mail account with a great password, but your security questions are easy to guess? How protected is your recovery account?