ES6 lab Day 1

1) Swap the values of two variables using destructuring

2) Using rest parameter and spread operator return max value from any array
   note: array length is not fixed return min and max value and display each of
   them separately after function call

3) Study new array api methods then create the following methods and apply
   it on this array var fruits = ["apple", "strawberry", "banana", "orange",
   "mango"]

   a. test that every element in the given array is a string

   b. test that some of array elements starts with "a"

   c. generate new array filtered from the given array with only elements that
   starts with "b" or "s"

   d. generate new array each element of the new array contains a string
   declaring that you like the give fruit element

   e. use forEach to display all elements of the new array from previous point