答案解析：

1. a bold plan 大胆的计划

2.initial phase 初始阶段

3.a detective story 侦探故事

4.What a mess!

5.be found guilty 被判有罪

6.a strong bias 强有力的偏见

7. take a chance 冒险，碰运气

8.提示：皱纹、袋子和黑眼圈在你眼睛周围娇嫩的皮肤上增加了你的“明显年龄”，而不是其他面部特征的变化。疲倦的眼睛背叛了你的年龄

9. eliminate 消除；illuminate 照亮；emit 发出

10. a university of distinction 杰出的大学

11. motivation 动机；提示：动机越强，越有信心学

12. accuse of 指责，控告；charge with

13.evaluate outcome 估计结果

14.提示：那个小偷被带到警察局,在那儿他被指控犯了抢劫罪。

15. warm personality 性格热烈

16.提示：不要在我工作时打扰我

17. straightforward 直率的

18. disapproval 不同意，反对

19. an unreliable friend 不可靠的朋友

20. identical twins 双胞胎

21-30

subsequent随后的; 后来的; 作为结果而发生的; 附随的

typing打字，键入; 打印本，打印文件; 打字( type的现在分词); 按类型把…归类

drafting起草; 制定; 起草( draft的现在分词 ); 征募; 拟稿

believable可信的

attract吸引; 诱惑; 引起…的好感; 具有吸引力; 引人注意

unnecessary不必要的，多余的; 无用的，无益的; 无须

logical符合逻辑的; 逻辑的; 推理正确的; 合乎常理的

unreliable不可靠的，靠不住的; 不能信任的

guardian监护人; 保护者，维护者; 法国修道院院长

distract使分心; 使混乱

31-35

Animals ***【31】react to the changing seasons*** with changes in mood and behavior and ***【31】human beings are no exception***. Most people find they eat and sleep slightly more in winter and dislike the dark mornings and short days. For some, however, symptoms (症状) are severe enough to damage their lives and to cause considerable stress. ***【31】These people are suffering from SAD.*** ***【32】The symptoms tend to start from around September each year lasting until April, but are at their worst in the darkest months.***

The standard figure says thataround 2% of people in Northern Europe suffer badly, with many more (10%) putting up with milder symptoms. Across the world the incidence (发生率) increases with distance from the equator (赤道)，expect where there is snow on the ground, when it becomes less common.***【33】（干扰项：all ages，但是这里没有包括老人） More women than men are found having SAD. Children and young people can also suffer from it.***

The problem stems from the lack of bright light in winter. Researchers have proved that bright light makes a difference to the brain chemistry, although the exact means by which sufferers are affected is not yet known.

As the cause is lack of bright light, ***【35】the treatment is to be*** in bright light every day by using a lightbox or a similar bright light treatment. (Going to a brightly-lit climate, whether skiing or somewhere hot, is indeed a cure.) The preferred level of light is about as bright as a spring morning on a clear day and for most people sitting in front of a lightbox, allowing the light to reach the eyes, for between 15 and 45 minutes daily will be sufficient to ***【34】（症状和治疗方法结合起来可以理解为这样做可以减轻症状）alleviate*** the symptoms. The user does not have to stare at the light, but can watch TV or read a book, just allowing the light to reach the eyes.***【33】OUTSIDE IN have a complete range of suitable lights, all in line with the research findings from medical and academic facilities.***They are all available on our pioneering HOME TRIAL SYSTEM.