


Slide 1: Title

Affordable Nutrition Planner: Empowering Zero Hunger in Kenya



An AI-powered tool for affordable, nutrient-rich meals

- **By:** [Your Name]
- **Bootcamp Final Project:** September 2025
- **Mission:** Support SDG 2 by reducing malnutrition
 Kenyan Market


Slide 2: The Problem

Hunger & Malnutrition in Kenya 🙄

- **Challenge:** 10M+ Kenyans face food insecurity; 26% of children under 5 malnourished (KNBS, 2025).
- **Barriers:**
 - Tight budgets (<KES 300/day for many).
 - Hard to plan nutritious meals with pantry foods.
 - Few accessible tools for low-income households.
- **Impact:** Poor nutrition harms health & growth.

Slide 3: The Solution

Affordable Nutrition Planner 🌟

- **What:** Web app using AI to optimize meal plans.
 - **How:**
 - Users input owned foods & budget.
 - AI ensures key nutrients (calories, protein, etc.).
 - Suggests Kenyan recipes (e.g., *ugali na sukuma wiki*).
 - **Why:** Free, mobile-friendly, hosted publicly.
-  App Interface

Slide 4: Features

What Makes It Unique ✨

- 🥕 **Custom Input:** Add owned foods (e.g., Maize Flour, 1 kg).
- 💰 **Dynamic Prices:** Scrapes Naivas.online prices.
- 🌿 **Preferences:** Vegetarian, allergy exclusions (e.g., peanuts).
- 📊 **Visualization:** Nutrient contribution chart.
- 🍲 **Recipes:** Kenyan dishes like *ugali na sukuma wiki*.

Slide 5: Technical Highlights

Built with Cutting-Edge Tech

- **Python:** Scalable core logic.
- **PuLP:** AI-driven optimization (linear programming).
- **Streamlit:** User-friendly web UI.
- **Pandas:** Data processing for foods/nutrients.
- **APIs/Scraping:** Naivas for prices, USDA for nutrients.
- **Deployed:** Free on Streamlit Community Cloud.


Slide 6: SDG 2 Impact

Advancing Zero Hunger 🌍

- 💰 **Affordability:** Plans for budgets as low as KES 300/day.
- ♻️ **Sustainability:** Uses owned foods to reduce waste.
- 📱 **Accessibility:** Public app for community access.
- 🥗 **Nutrition:** Meets needs (2500 kcal, 50g protein).
- 🇰🇪 **Cultural Fit:** Features Kenyan staples & recipes.

Slide 7: Demo

See It in Action

- **Live URL:** [Insert your Streamlit URL, e.g., <https://nutrition-app.streamlit.app>]
 - **Scenario:**
 - Input: Budget KES 300, owned **Maize Flour (1 kg)**, exclude peanuts.
 - Output: Diet plan, nutrient chart, *ugali na sukuma wiki* recipe.
 - **Try It:** Add custom foods (e.g., Apples)!
-  App Screenshot

Slide 8: Challenges & Learnings

My Bootcamp Journey 📖

- **Challenges Overcome:**
 - Mastered PuLP for optimization.
 - Handled scraping errors with fallbacks.
 - Debugged Streamlit deployment (`requirements.txt`).
- **Skills Gained:** Python, APIs, web dev, git.
- **Impact:** Built a real-world tool in weeks!


Slide 9: Future Enhancements

Scaling the Vision 🧠

- 🍲 **More Recipes:** Add *githeri*, *ndengu* curry.
- 📱 **Mobile UX:** Optimize for rural smartphone users.
- 🌱 **Sustainability:** Add carbon footprint metrics.
- 📊 **Local Data:** Partner with Kenyan markets for accuracy.
- 🤝 **Outreach:** Deploy in schools & clinics via QR codes.

Slide 10: Call to Action

Join the Fight Against Hunger 🙌

- **For Bootcamp:** Showcases my coding & impact passion.
- **For Communities:** Free tool for Kenyan households—share it!
- **Feedback:** Try the app, suggest features.
- **Next Steps:** Expand to health & sustainability SDGs.
- **Contact:** [Your Email or GitHub]
- **Live Demo:** [Your Streamlit URL]
 Kenyan Market

