# 林希然

We are looking for **quality, not quantity** – which means that even though you’ll have room to tell us about **20** activities and awards, make sure to focus on the ones that are most important to you. Choose experiences that demonstrate commitment, responsibility, leadership, and most of all, genuine interest.

重质量不重数量，下列6大分类共计可填最多20个，一般使用CommonApp系统15项即可

\*加州系统可以不进行活动排序，分校收到申请材料后会打乱活动顺序根据系统自动排序

**Description of categories:**

**Award or honor:** We want to know about the awards and honors you've received that mean the most to you.

学术或非学术的奖项/荣誉/等级/证书等

**Educational preparation programs**: Any programs or activities that have enriched your academic experiences or helped you prepare for college. Programs can include counseling, tutoring, research opportunities, such as study abroad.

学术相关的课外活动如天才营（TIP/CTY等），科研（Pioneer/英才计划/翱翔计划等），非学分型夏校（YYGS/SSP/ROSS/LBW等），交换生项目等

**Extracurricular activity:** These could include hobbies, clubs, sports or anything else you haven't had the chance to tell us about.

社团俱乐部/音体美或其他任何上述分类中没有包含的课外活动

**Other coursework:** Academic courses that do not fit in the A-G categories of history/social science, English, math, laboratory science, language other than English (foreign language), and/or visual and performing art should be reported in this section. Examples include leadership courses religion studies classes, career/vocational courses, or other courses that might not have been granted academic credit. Don’t include non-academic courses, such as PE, office/teacher assistant, etc.

校本课程以外的学术类课程如网课（Coursera/EDX/Khan Academy等），教会学校宗教课等

**Volunteering / Community service:** These are activities you've donated time and effort to without getting paid.

志愿者/公益活动/无偿服务等

**Work experience:** This is for telling us about any paid jobs or paid internships you've had.

If you had an unpaid internship, enter it under the volunteer/community service category.

正规的有偿工作或实习（此项中国高中生鉴于年龄原因一般都没有）

**Activities & Awards Tips:**

Don’t use acronyms for names of clubs or awards: Spell them out and explain your level of involvement.

Don’t list the same activity in multiple areas (for instance, listing Honors Society in “Awards and Honors” and “Extracurricular Activities”), but make sure the most important activities are reflected in some way.

尽量不要在社团或奖项名称中使用首字母缩略：拼写清楚并说明参与程度。不要讲同一个活动重复列在多个分类下，（例如，在“奖项和荣誉”和“课外活动”中均列出Honors Society），但要确保最重要的活动在某一分类下呈现出来，如果不明确该选择哪一分类，可以咨询文书老师。

## Honors/Awards: List *every* honor or award received since Grade 9

|  |  |
| --- | --- |
| Honor/Award Name  60 character limit | Top 25%, Euclid Mathematics Contest |
| Highest level of recognition | International |
| Type of award or honor: | Academic |
| Grade Level | 9th 10th 11th 12th After 12th |
| What are the eligibility requirement for this award or honor?  For example: How are award recipients chosen? How many people are selected to receive the award? Is there an application or nomination for the award? 250 characters max | |
| Written by over 20,000 participants worldwide, the Euclid contest gives senior-level secondary school students the opportunity to tackle novel problems with creativity and all of the knowledge they've gained in secondary school mathematics. | |
| We’d like to understand what it took – on your part – to achieve this award. For instance: Were there multiple competitions that you had to participate in? How much time did you dedicate to winning this award? 350 characters max | |
| It is a 10-question contest, with a mix of short-answer and full-solution questions that lasts for about 2.5 hours. Dedicated weeks to preparing for the competition. Self-studied advanced math knowledge, discussed difficult problems with my classmates, and practiced sample tests to develop my problem-solving skills. | |

## Honors/Awards: List *every* honor or award received since Grade 9

|  |  |
| --- | --- |
| Honor/Award Name  60 character limit | High Dist., Australian Science Olympiad Competition-Physics |
| Highest level of recognition | International |
| Type of award or honor: | Academic |
| Grade Level | 9th 10th 11th 12th After 12th |
| What are the eligibility requirement for this award or honor?  For example: How are award recipients chosen? How many people are selected to receive the award? Is there an application or nomination for the award? 250 characters max | |
| The Australian Science Olympiad Competition-Physics is one of the toughest physics exams in Australia. It is hosted by Australian Science Innovations, a premier provider of science extension programs for high achieving science students. | |
| We’d like to understand what it took – on your part – to achieve this award. For instance: Were there multiple competitions that you had to participate in? How much time did you dedicate to winning this award? 350 characters max | |
| Absorbed fundamental knowledge by taking the AP Physics C Mechanics classes at school. Spent weeks preparing for the competition by reading additional textbooks online, discussing problems with my classmates, and seeking guidance from my physics teacher when encountered difficult concepts. | |

## Honors/Awards: List *every* honor or award received since Grade 9

|  |  |
| --- | --- |
| Honor/Award Name  60 character limit | Distinction, Australian Mathematics Competition |
| Highest level of recognition | National |
| Type of award or honor: | Academic |
| Grade Level | 9th 10th 11th 12th After 12th |
| What are the eligibility requirement for this award or honor?  For example: How are award recipients chosen? How many people are selected to receive the award? Is there an application or nomination for the award? 250 characters max | |
| Hosted by the Australian Mathematics Trust (AMT), a national non-profit organization whose main purpose is to enrich the teaching and learning of mathematics for students. The Distinction Award is given to the top 25% of the contestants. | |
| We’d like to understand what it took – on your part – to achieve this award. For instance: Were there multiple competitions that you had to participate in? How much time did you dedicate to winning this award? 350 characters max | |
| Spent 2 months preparing for the exam, learning knowledge about the possibility theory, solid geometry, and so on. Practiced sample papers for the past 10 years. Expanded my math knowledge, developed my creative problem-solving skills, and solidified my academic interest in mathematics. | |

## Honors/Awards: List *every* honor or award received since Grade 9

|  |  |
| --- | --- |
| Honor/Award Name  60 character limit | 2nd Prize, International Space Settlement Design Competition |
| Highest level of recognition | National |
| Type of award or honor: | Academic |
| Grade Level | 9th 10th 11th 12th After 12th |
| What are the eligibility requirement for this award or honor?  For example: How are award recipients chosen? How many people are selected to receive the award? Is there an application or nomination for the award? 250 characters max | |
| ISSDC puts high school students in the shoes of aerospace industry professionals. Students are divided into different “companies” to design a facility in space that will accommodate several thousand people in a realistic scenario set. | |
| We’d like to understand what it took – on your part – to achieve this award. For instance: Were there multiple competitions that you had to participate in? How much time did you dedicate to winning this award? 350 characters max | |
| Each team finishes a written summary of 50 pages and provides a 35-minute oral briefing. Led the team and organized regular meetings a month before the competition. Assigned tasks and coordinated the communication among all members. Booked hotels and meeting rooms for our team during the competition due to the COVID quarantine restrictions. | |

## Honors/Awards: List *every* honor or award received since Grade 9

|  |  |
| --- | --- |
| Honor/Award Name  60 character limit | Regional Top 100, American Regions Mathematics League |
| Highest level of recognition | International |
| Type of award or honor: | Academic |
| Grade Level | 9th 10th 11th 12th After 12th |
| What are the eligibility requirement for this award or honor?  For example: How are award recipients chosen? How many people are selected to receive the award? Is there an application or nomination for the award? 250 characters max | |
| The American Regions Mathematics League (ARML) has brought together thousands of students annually to compete, socialize with one another, and sharpen their mathematical skills. | |
| We’d like to understand what it took – on your part – to achieve this award. For instance: Were there multiple competitions that you had to participate in? How much time did you dedicate to winning this award? 350 characters max | |
| Practiced sample tests to develop my problem-solving skills and fill any knowledge gap. Spent 4 hours per week to study and review my wrong answers in an effort to expand my knowledge. Helped our team find an empty lab room for team meetings and negotiated with school officials to receive approval of using the room. | |

## Activities: List *every* activity done since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Activity  60 characters max | Research: machine learning models | | |
| Grade Level | 9th 10th 11th 12th After 12th | | |
| Hours per week | 5 | Weeks per year | 8 |
| What did you to?  Think about your experience, and what you accomplished and learned. We’d also like to know if you’ve held a leadership role, which can mean more than just a title — it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Participated in a research project, instructed by a professor from Carnegie Mellon University. Built a machine learning model to identify Brazilian coins of different face values. Trained the model with 3000+ samples & the accuracy was 99%. | | | |

## Activities: List *every* activity done since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Activity  60 characters max | Intern, Happy Huo Software Company | | |
| Grade Level | 9th 10th 11th 12th After 12th | | |
| Hours per week | 32 | Weeks per year | 1 |
| What did you to?  Think about your experience, and what you accomplished and learned. We’d also like to know if you’ve held a leadership role, which can mean more than just a title — it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Applied natural language processing (NLP) knowledge to help computers understand scripts better by sorting and organizing different words in sentences. Gained real-world working experience, professional networking opportunities, and insights into the frontier industry of machine learning, AI, and computer science. | | | |

## Activities: List *every* activity done since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Activity  60 characters max | Tutor, MLC (a community for academic & personal growth) | | |
| Grade Level | 9th 10th 11th 12th After 12th | | |
| Hours per week | 6 | Weeks per year | 35 |
| What did you to?  Think about your experience, and what you accomplished and learned. We’d also like to know if you’ve held a leadership role, which can mean more than just a title — it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Taught Calculus & Mechanics knowledge. Helped students with AP Calculus and AP Physics C: Mechanics to improve their academic performance. Contributed to building a highly collaborative learning environment that empowers my peers to reach their full academic potential. | | | |

## Activities: List *every* activity done since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Activity  60 characters max | Volunteer teacher, tutor of primary school students | | |
| Grade Level | 9th 10th 11th 12th After 12th | | |
| Hours per week | 2 | Weeks per year | 10 |
| What did you to?  Think about your experience, and what you accomplished and learned. We’d also like to know if you’ve held a leadership role, which can mean more than just a title — it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Taught primary school students math classes to introduce knowledge of permutation and combination. Helped develop their problem-solving skill. Carefully designed the teaching plans while organizing interesting in-class activities to engage all students and cultivate their academic curiosity toward mathematics. | | | |

## Activities: List *every* activity done since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Activity  60 characters max | Model builder, made model planes since Grade 3 | | |
| Grade Level | 9th 10th 11th 12th After 12th | | |
| Hours per week | 20 | Weeks per year | 45 |
| What did you to?  Think about your experience, and what you accomplished and learned. We’d also like to know if you’ve held a leadership role, which can mean more than just a title — it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Made 200+ model planes (assembled wings, engines, main bodies, rudders, etc.) Developed my patience, self-discipline, technical skills, etc. Prepared the airplane’s body, traced out the shapes of each part using a pencil, cutting and assembling each part with extreme focus. Painted the finished product with unique and creative liveries. | | | |

## Activities: List *every* activity done since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Activity  60 characters max | Vlogger, video editor | | |
| Grade Level | 9th 10th 11th 12th After 12th | | |
| Hours per week | 2 | Weeks per year | 50 |
| What did you to?  Think about your experience, and what you accomplished and learned. We’d also like to know if you’ve held a leadership role, which can mean more than just a title — it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Made 50+ videos (narrate/add subtitles). Gained an increasing number of views. Improved my editing skills & fulfilled my desire of self-expression. Posted game videos on Bilibili (one of the most influential video platform in China) | | | |

## Volunteer/Community Service: List *every* volunteer or community service performed since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Organization, Program, School or Group  60 characters max | World Wildlife Fund | | |
| Grade Levels | 9th 10th 11th 12th After 12th | | |
| Hours per week | 2 | Weeks per year | 8 |
| Please describe the organization, program, school or group.  Consider what kind of work the organization does: What’s the reason the organization exists today? How does it help a certain community or population? 250 characters max | | | |
| WWF is a Swiss-based international non-governmental organization founded in 1961 that works in the field of wilderness preservation and the reduction of human impact on the environment. | | | |
| What did you do?  Think about your experience, and what you accomplished and learned while volunteering. We’d also like to know if you’ve held a leadership role, which can mean more than just a title – it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Volunteered to translate English articles about endangered animals and coral reefs into Chinese. Promoted knowledge of environmental protection and raised public awareness of critical environmental problems. Absorbed new knowledge of biology, environmental science, geology, and so on. | | | |

## Activities: List *every* activity done since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Activity  60 characters max | Athlete, School Ice Hockey Club | | |
| Grade Level | 9th 10th 11th 12th After 12th | | |
| Hours per week | 4 | Weeks per year | 20 |
| What did you to?  Think about your experience, and what you accomplished and learned. We’d also like to know if you’ve held a leadership role, which can mean more than just a title — it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Played ice hockey since elementary school. Competed in 2 seasons of Beijing Ice Hockey League. Improved my physical strength and persistence. Cultivated my teamwork skills and fostered a collaborative mindset through training and competing in games with my teammates. | | | |

## Activities: List *every* activity done since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Activity  60 characters max | Director: *The Penguins of Madagascar* (a class show) | | |
| Grade Level | 9th 10th 11th 12th After 12th | | |
| Hours per week | 20 | Weeks per year | 3 |
| What did you to?  Think about your experience, and what you accomplished and learned. We’d also like to know if you’ve held a leadership role, which can mean more than just a title — it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Directed a class show titled The Penguins of Madagascar & organized regular rehearsals. Won the 1st Place out of 10 classes. | | | |

## Activities: List *every* activity done since Grade 9

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Activity  60 characters max | Contestant of Australian Mathematics Competition | | |
| Grade Level | 9th 10th 11th 12th After 12th | | |
| Hours per week | 10 | Weeks per year | 4 |
| What did you to?  Think about your experience, and what you accomplished and learned. We’d also like to know if you’ve held a leadership role, which can mean more than just a title — it can mean being a mentor to others, acting as a point-person in charge of a specific task, or taking a lead role in organizing an event or project. 350 characters max | | | |
| Did mock exams of AMC & absorbed advanced math knowledge. Developed my math skills & won the National Distinction Award in AMC. | | | |