**Some people say that the Internet provides people with a lot of valuable information. Others think access to much information creates problems. Which view do you agree with? Use specific reasons and examples to support your answer.**

1. However, I contend that the information provided by the Internet is a valuable resource for our well-being, self-learning, and the development of critical thinking skills.

2. First of all, online information could be a useful resource for improving our health condition.

3. Another benefit of online information is the access to self-learning.

4. Thirdly, the booming information on the Internet allows for better development of critical thinking skills than ever before.

5. In all, the Internet is an asset with useful information for temporary medical treatment and abundant resource for convenient self-learning.

6. Technology has sneaked into every inch of our life, among which Internet is the one that brings about the greatest changes to billions of people, young and old.

7. Looking at the abundant information received in the plugged-in life, some would say it creates problems.

8. Although medical treatment from doctors with advanced devices in the hospital is our prioritized option when getting sick, the Internet serves as a powerful alternative under certain circumstances.

9. For instance, information on the Internet equips us with emergency first aids to deal with the problem temporarily.

10. This is exactly what my cousin did to save his mom’s life when she was having a heart attack at home.

11. The Internet is a huge toolkit for a variety of learning demands with a conspicuous advantage: convenience.

12. For those suffocated with tight schedule at work or school, learning online is a perfect fit by utilizing their fragmented spare time and saving the money on either the appalling tuition fees or the commuting expenses.

13. Not knowing what to do, my cousin could only resort to the Internet for emergency treatment guides after calling 911.

14. He began CPR when she was unconscious, as is instructed on the website of the US Red Cross, buying more time before the medics arrived.

15. Take my own experience as an example. I have subscribed many Youtube channels on water coloring, exploring the way to making art and also being art.

16. Unlike the old days when information can only be transmitted through paper-based media by a limited number of authorized presses, the Internet invites a multitude of voices, formal and informal, to report and comment on the issue, urging the public to make their own judgment by developing their critical thinking skills.

17. The US presidential election in 2017, for example, the public received, and they still do, polarized opinions on the candidates from not only broadcasters like CNN and NBC, but also social networks such as Facebook and Twitter.

18. Instead of being captured in the given image by publicists from each team, people are exposed to different perspectives and thus enhance their critical thinking skills through the discussion.

19. Thus, the information on the Internet can be of great help for our well-being.

20. Aside from time-and-money-saving, these channels provide authentic and brilliant ideas from real artists whom I am unlikely to be acquainted with otherwise.

21. The information explosion on the Internet also brings in diverse perspectives that promote critical thinking.

22. Therefore, people are spoiled with rich resource on the Internet that facilitates the process of self-learning in a convenient way.

