### Capture The Flag (CTF)

S2Day11CTF.md

Recall

# LAST class Topics

#### Topics

- 1. What is CTF
- 2. Types of CTF
- 3. Categories of CTF
- 4. Why CTF
- 5. How to play CTF
- 6. Live Playing CTF
- 7. Exercise

#### What is Capture The Flag?

- Capture The Flag, as The name suggests it is Capturing a thing called flag
- It is a Security Game, That helps to understand concepts and to have a vulnerable lab to train on.
- Flag is a text, code, asked string/number.
  - Example: GEEZ{24erjawsfiasjf}, H4ck3r, flag{dsadad}...

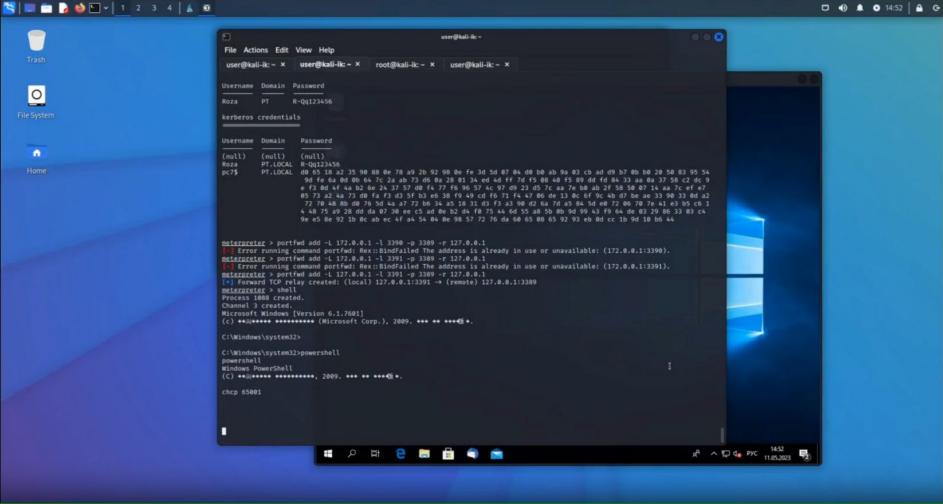


#### CTF Types

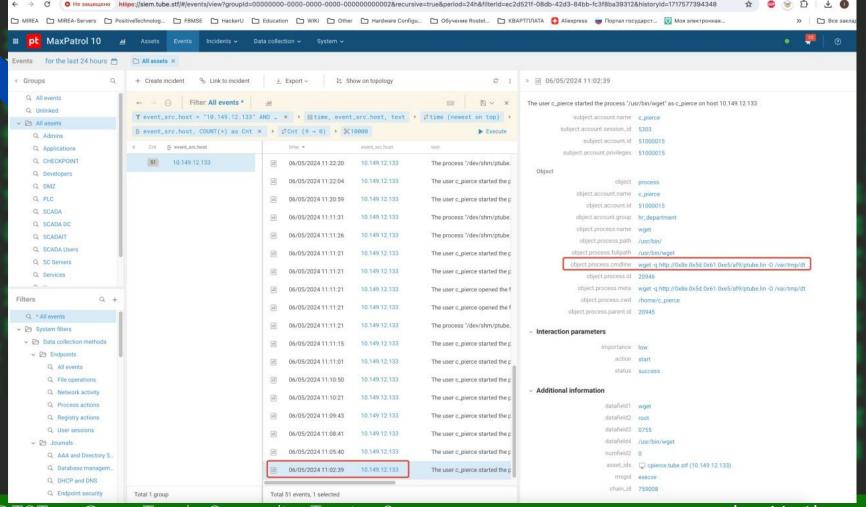
#### There are 3 types of CTF

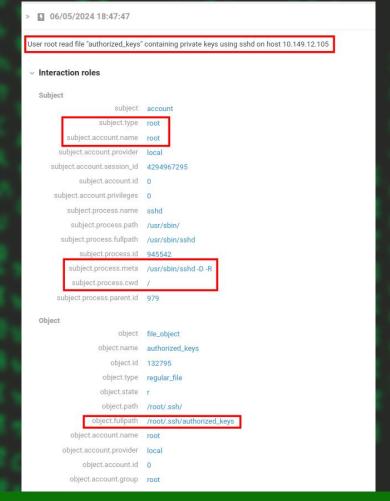
#### 1. Attack- Defense

- o In these types of events, teams <u>defend a host PC</u> while still trying to attack opposing teams' target PCs.
- Each team starts off with an allotted time for patching and securing the PC, trying to discover as many vulnerabilities as possible before the opponent attacking teams can strike.
- The team with the most points wins.



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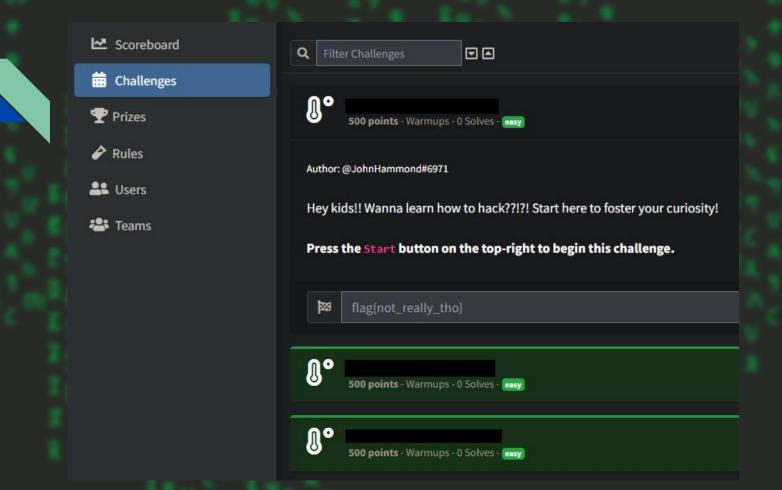




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#### 2. Jeopardy CTF

- Jeopardy-style CTFs present competitors with a set of questions that reveal clues(Hints) that guide them in solving complex tasks in a specific order.
- By revealing clues, contestants learn the right direction regarding techniques and methodologies that are needed going forward.
- Teams receive points for each solved task.
- The more difficult the task, the more points you can earn upon its successful completion.
- Ongoing, online CTF competitions are most likely to be Jeopardy style.
   It's easier to play solo and requires less coordination among players than an Attack and Defend competition.



#### 3. King of the Hill

- This kind of CTF is played in a team, the first who hacked the system and patched it will be the winner.
- Here the player will act like red team and blue team. And will hack it and also patch it to prevent other competitors(hacker) from getting into the system.

#### King of the Hill

Be the first to hack into a machine, and then retain your presence by patching vulnerabilities to stop your foes from taking your position!

Attack then defend!



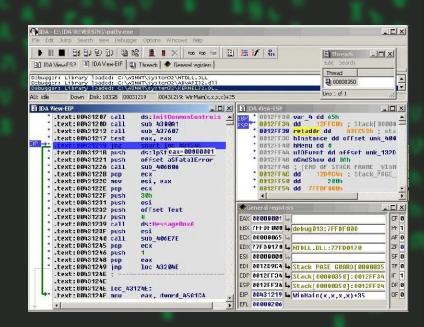
#### CTF Categories

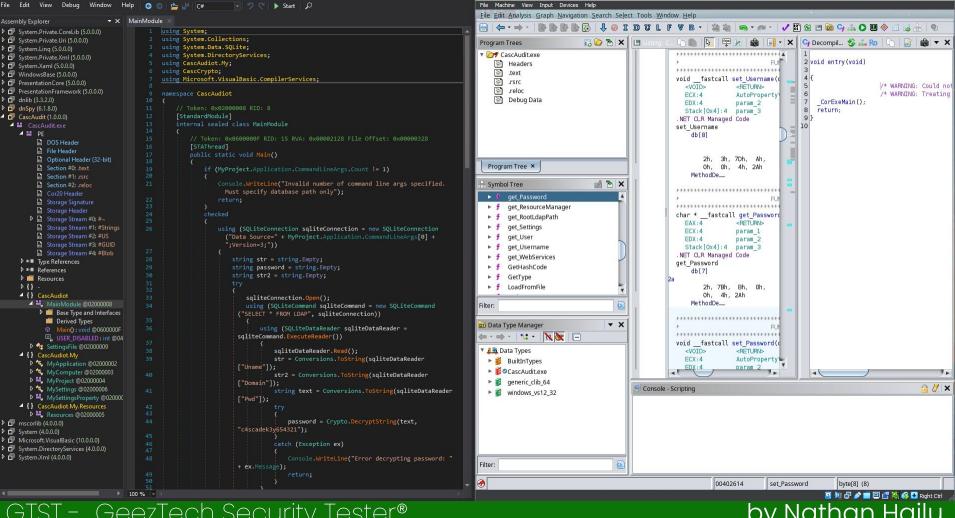
On CTF games There are a lot of categories like the hacking fields.

- 1. Web
  - a. This type of challenges focus on finding and exploiting the vulnerabilities in web application. The maybe testing the participants' knowledge on SQL Injection, XSS (Cross-Site Scripting), and many more.
- Forensic
  - a. Participants need to investigate some sort of data, like do a packet analysis on .pcap file, log analysis, and so on.
- 3. Cryptography
  - a. Challenges will focus on decrypting encrypted strings from various types of cryptography such as Substitution crypto, Caesar cipher, and many more.
- 4. Reversing
  - a. RE usually needs participants to explore a given binary file weather PE file, ELF file, APK, or some types of other executable binary.
  - b. Participants need to find the key by decompilation, disassemble using static or dynamic analysis, or other reverse engineering tools.
- 5. OSINT
  - a. The OSINT idea is to see how much information is available to you and understand the underlying hint's hidden in the challenges it-self with the help of google and bit problem-solving skills. So more tools like sherlock, and no focus on domain enumeration, etc.
- Secure code
  - a. A code is given and the game is to find the weak spot then changing that and running it will give the flag
- 7. Web3
  - a. This focus on the latest technology blockchain, you will find bug on smart contracts and so on
- 8. Boot2root/machine/pwn
  - a. Here you will be given a IP address and the game is to find any bug and hacking that server/computer

#### Reverse Engineering

- Reverse Engineering is one of the greatest Cyber Security Field.
- As the name suggests we will reverse any thing that is built up.
- Here Hackers will reverse engineer and Bypass many things, like the last time burp licencing.
- Every thing we use SOftwares are cracked by reverse engineers.
- For this You have to learn programming languages like,
   Assembly and C
- There are many tools used to reverse any software and get the assembly code for further review.
  - o Example: IDA, Ghidra, ...
- And White hats, use this skill to reverse any malwares and to analyze it.





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#### To be Good Reverse Engineer Follow this Path:

- 1. Learn C & C++
  - a. C Lang https://youtu.be/KJgsSFOSQv0?list=PLWKjhJtqVAbmUE5IqyfGYEYjrZBYzaT4m
  - b. C++ Lang <a href="https://youtu.be/vLnPwxZdW4Y">https://youtu.be/vLnPwxZdW4Y</a>
- 2. Learn About Computer Architecture / How CPU and RAM Work /
  - a. <a href="https://youtube.com/playlist?list=PL8dPuuaLjXtNlUrzyH5r6jN9ullgZBpdo&si=TdBZK9OBYf7T">https://youtube.com/playlist?list=PL8dPuuaLjXtNlUrzyH5r6jN9ullgZBpdo&si=TdBZK9OBYf7T</a>
     WXxf
- 3. Learn Assembly Language
  - a. <a href="https://youtu.be/vWIAg-pwMsM?list=PLan2CeTAw3pFOq5qc9urw8w7R-kvAT8Yb">https://youtu.be/vWIAg-pwMsM?list=PLan2CeTAw3pFOq5qc9urw8w7R-kvAT8Yb</a>
- 4. Learn Reverse Engineering tools (GHIDRA, IDA)
  - a. <a href="https://youtu.be/Y2qd0m4\_4ZM?list=PLHJns8WZXCdu6kPwPpBhA0mfdB4ZuWy6M">https://youtu.be/Y2qd0m4\_4ZM?list=PLHJns8WZXCdu6kPwPpBhA0mfdB4ZuWy6M</a>
- 5. DO MORE AND MORE Reversing Challenges from CTF Websites

#### Mobile Penetration testing

- This field Is testing Mobile Applications For Vulnerability
- To be Good On this Path Follow this
  - 1. Learn Java:

```
https://www.youtube.com/watch?v=A74TOX803D0&pp=ygUQamF2YSBwcm9ncmFtbWluZw%3D%3D
```

- 2. Learn Android Development: <a href="https://www.youtube.com/watch?v=tZvjSl9dswg">https://www.youtube.com/watch?v=tZvjSl9dswg</a>
- 3. Learn Android Penetration Testing Tools and Techniques: <a href="https://www.youtube.com/playlist?list=PL1f72Oxv5SylOECx9M34pLZINa7YkJJ14">https://www.youtube.com/playlist?list=PL1f72Oxv5SylOECx9M34pLZINa7YkJJ14</a>
- 4. And As Always Do More Practice on CTF

#### Why do we play CTF?

- CTF games will give you a vulnerable Host, This will help you to learn the theory u got in practice.
- CTF will develop your hacker mindset and changes the way your mind works and think.
- CTF will make you ready for the real world hack. means, there are many kind of strength for the game,
  - Easy, medium, Hard -> as a beginner you will try with Easy but after some time you will be on the hard, this will develop you hacking skill and ability ( as we all know hacking needs more practice)
  - Will Teach you Patience, Because CTF's are not quite simple sometimes they need patience. Through time you will learn that.

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- Nowadays, CTF problems are asked in job interviews to test the skills of professionals. So, taking participation in the CTF contest may help you prepare for the cybersecurity job interviews as well.
- While playing CTF, you will learn how to handle pressure while honing your ethical hacking skills. You learn new creative ways to solve the problems.
- CTFs events serve as an opportunity for the white hat hackers to evaluate their skills and get recognition.
- CTF organizers also provide financial incentives, lucrative prizes to the winners.

#### Point Scoring

There are two types of Scorings.

1. Static points: is a ctf that have a limited CTF point

2. Dynamic points: is a ctf that have an increasing point. The one who got the flag 1st will have

the highest point.

A user got flags for the 1st time is called "FIRST BLOOD!"



#### How to play CTF?

- CTF's are played in different places. In universities, Online, in person, in military...
- But the game is same, you just find a flag.
- There are easy CTFs, but as the CTF got harder. You have to combine many knowledges together to get the flag.
  - Example: if there is a web ctf and when you hack the web the web have some vulnerability called "Command injection" (it is a web vuln that will lead to any command executions) then for the command u have to have a linux knowledge, then when u got the flag in a text file, it might be encoded in base64 so, here u need cryptography knowledge.
- To play ctf online we can use some websites for free.
- These websites are a Good place to learn hacking too. They have labs, and walkthroughs
  - Walkthrough: is a kind of question and answer but it will walk you through every steps by teaching you so you will have the knowledge by playing the CTF.

#### Websites for CTF

- 1. PicoCTF
- 2. TryHackMe
- 3. Cyber Talent
- 4. Rootme
- 5. VulnHub
- 6. HacktheBox

Let's demonstrate with try hackme











Opening Tryhackme

#### Goto

https://tryhackme.com/signup?refe rrer=61d094c1aaf8740050b03b0 9 and create account.

Tryhackme is a simple ctf site to learn and play. It also gives you a linux environment for 1 hr for free















#### Anyone can learn cyber security with TryHackMe

Hands-on cyber security training through real-world scenarios











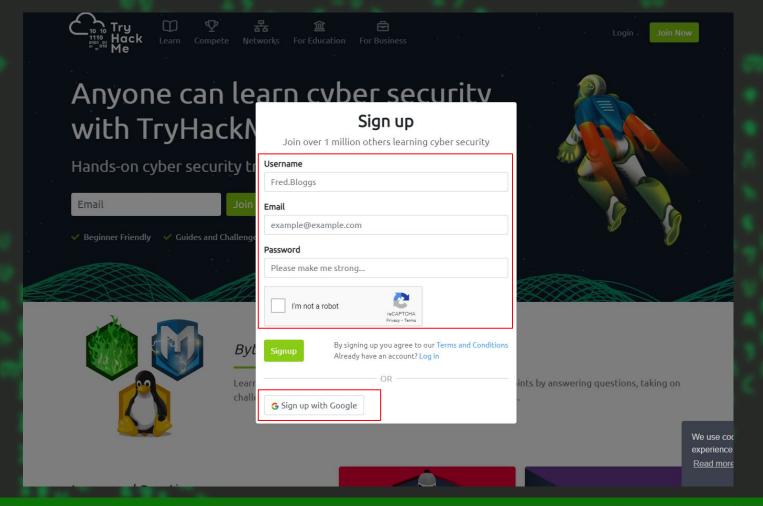
#### Byte-sized gamified lessons

Learning cyber security on TryHackMe is fun and addictive. Earn points by answering questions, taking on challenges and maintain your hacking streak through short lessons.

Learn and Practice



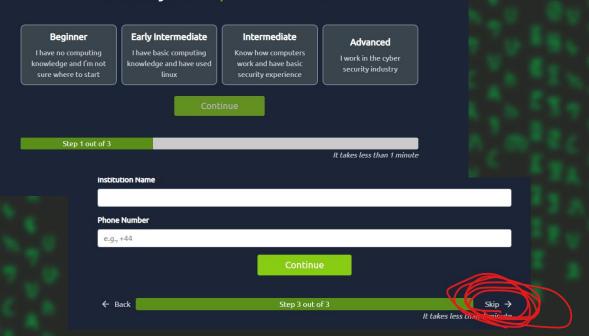




Sign up



#### What's your experience level?



Complete them

#### Welcome to TryHackMe

Complete 4 rooms in one week and win a badge!



Choose your learning path



career in cyber security

- . Learn about different careers in cyber
- · Hack your first application
- Defend against a live cyber attack
- · Explore security topics in the industry

☐ 24 Hours



Learn the necessary skills to start a career as a penetration tester

- Pentesting methodologies and tactics
- · Enumeration, exploitation and reporting
- Realistic hands-on hacking exercises
- · Learn security tools used in the industry

☐ 48 Hours



Learn the skills to work as a Junior Security Analyst in a Security Operations Centre

- Detect and analyse traffic anomalies
- · Monitor endpoints for threats
- · Utilise SIEM tools to handle incidents
- · Investigate forensic artefacts

☐ 56 Hours

Please verify your email address. Click here to receive an email with your verification link.





















#### Introduction to Cyber Security

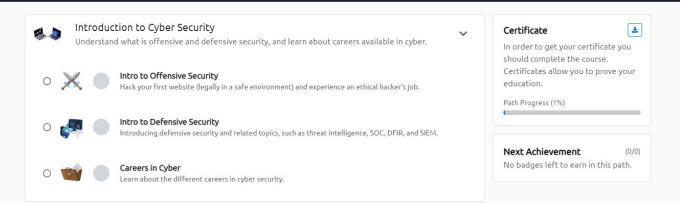
Cyber Security is a huge topic, and it can be challenging to know where to start. This path will give you a hands-on introduction to different areas within cyber, including:

- · Careers in Cyber Security
- · Offensive Security; hacking your first application
- Defensive Security; defending against a live cyber attack
- · Exploring security topics in the industry

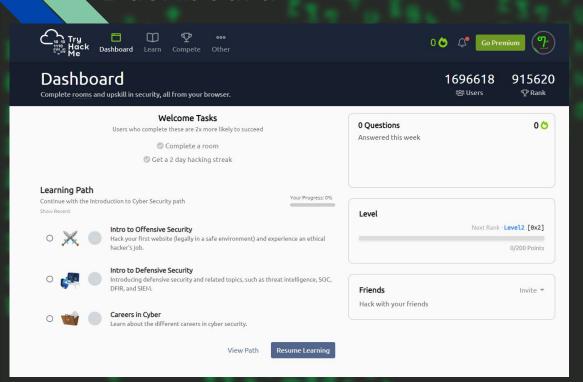
Completing this learning path will give you the knowledge to kick start your cyber journey.

#### ✓ No Prior Knowledge

You need no prerequisite to start this pathway! Just enthusiasm and excitement to learn!

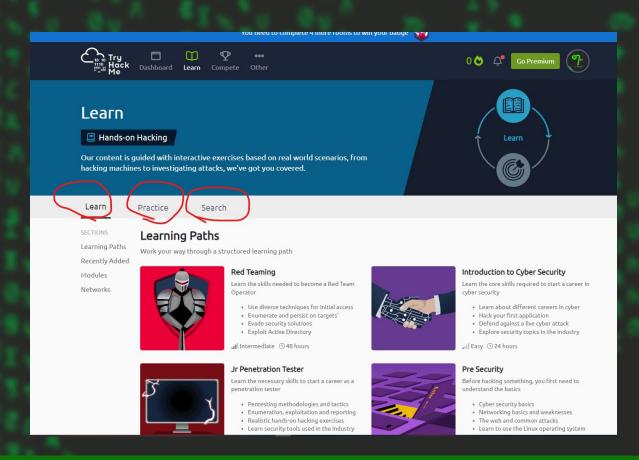


#### Dashboard



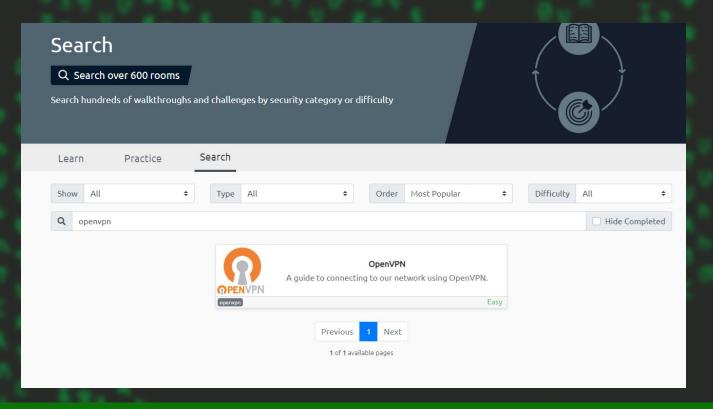


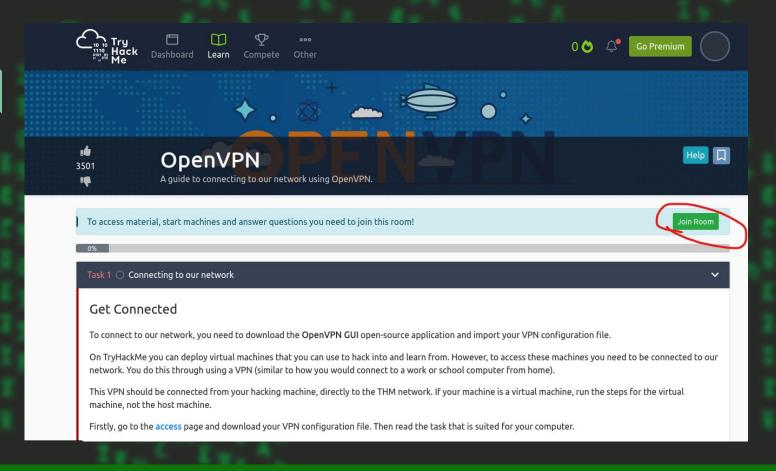
Learn

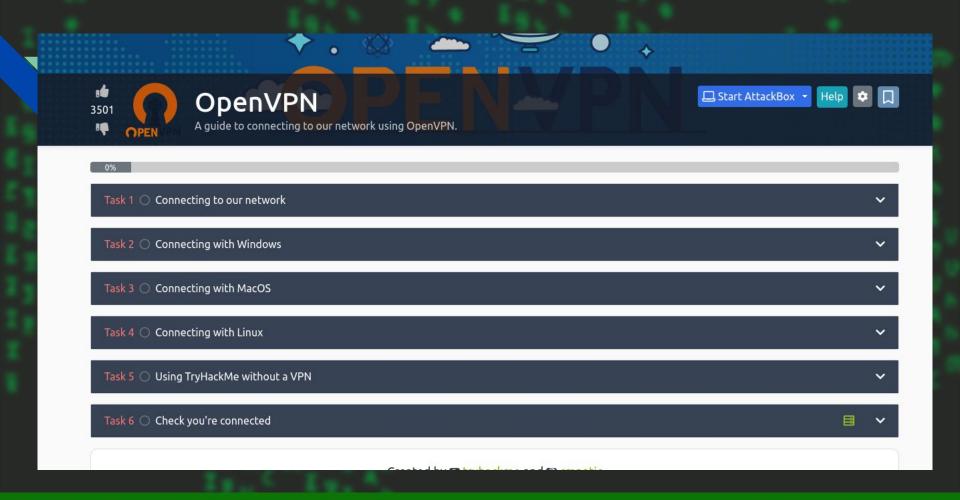


#### Lets play a CTF.

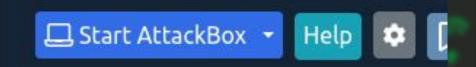
Search a CTF called "OpenVPN"





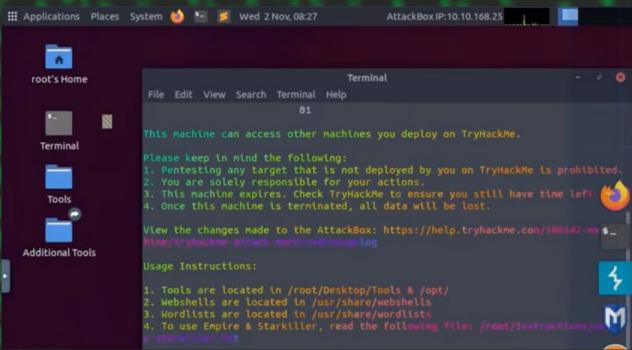


#### What is attack box



- It is a browser embedded linux system.
- You can start it and have linux environment for 1 hour/day



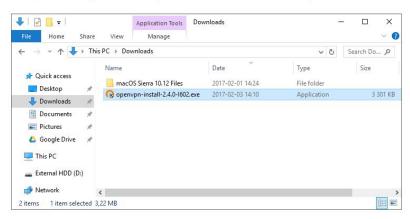


## Get Connected To connect to our network, you need to download the OpenVPN GUI open-source application and import your VPN configuration file. On TryHackMe you can deploy virtual machines that you can use to hack into and learn from. However, to access these machines you need to be connected to our network. You do this through using a VPN (similar to how you would connect to a work or school computer from home). This VPN should be connected from your hacking machine, directly to the THM network. If your machine is a virtual machine, run the steps for the virtual machine, not the host machine. Firstly, go to the access page and download your VPN configuration file. Then read the task that is suited for your computer. Answer the questions below Download your configuration file from the access page. No answer needed

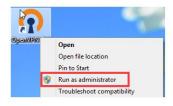
...

For this CTF it is a walkthrough kind of ctf.

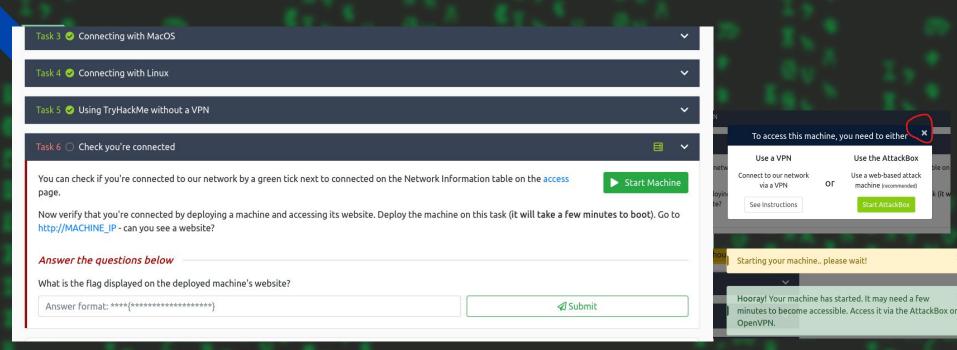
- 1. Download the OpenVPN GUI application.
- 2. Install the OpenVPN GUI application. Then open the installer file and follow the setup wizard.



3. Open and run the OpenVPN GUI application as Administrator.



4. The application will start running in the system tray. It's at the bottom of your screen, near the clock. Right click on th



On the 5th task, it says "Start Machine", Try hackme will give 2 types of IPs,

- 1. Attacker IP: when you connect to the network with VPN
- 2. Target IP: got when you start the machine

#### by Nathan Hailu



Title

OpenVPN - Check Connection

IP Address Shown in 28s

Expires 59m 28s

Add 1 hour

Terminate

Title OpenVPN - Check Connection

IP Address 10.10.150.206

Expires 58m 34s

Add 1 hour

Terminate

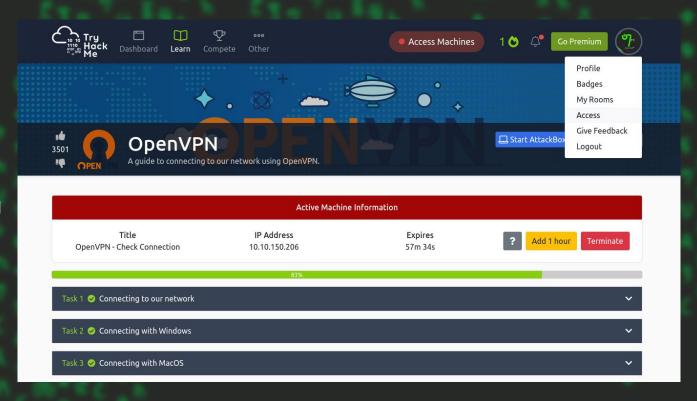
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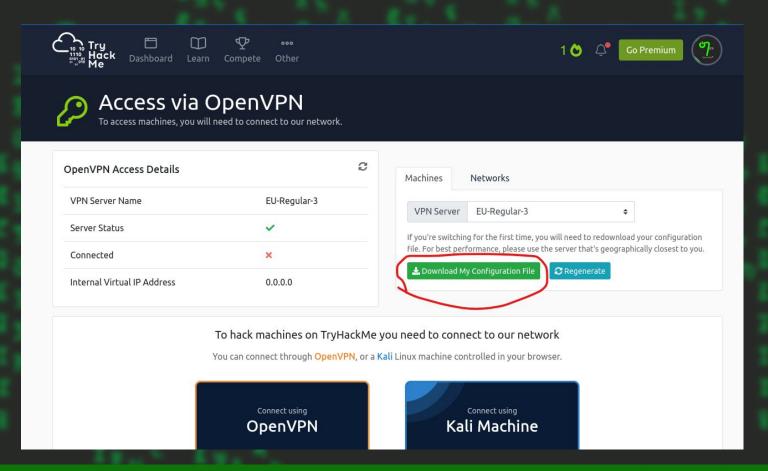
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#### To do this CTF

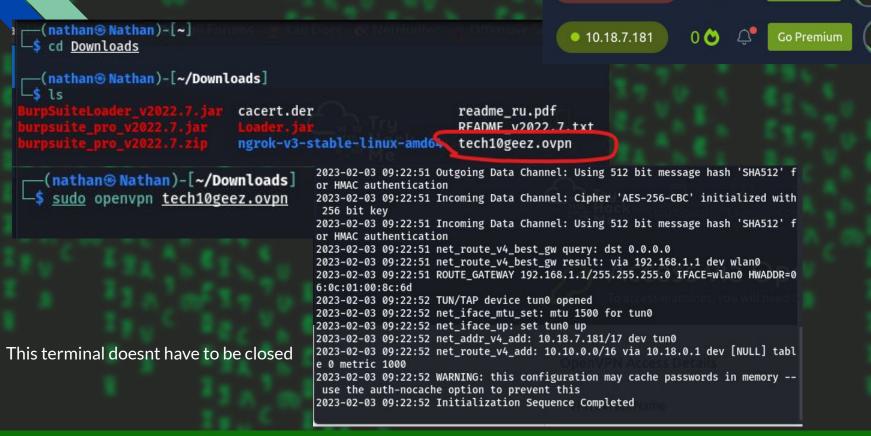
Goto Access and Download your VPN file

This will give you A private IP address to look like an attacker and also to make u in same LAN with the Target machine.





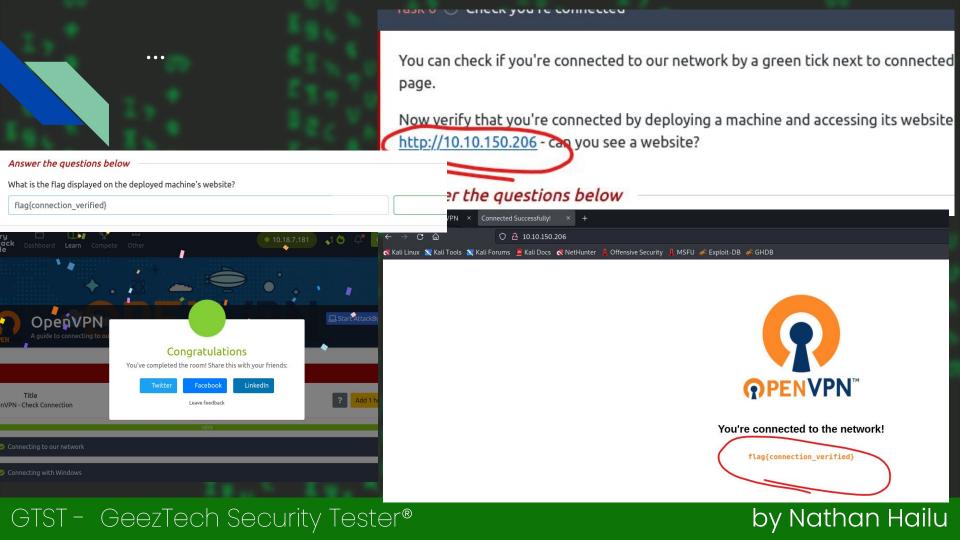
## Doing the task



10 4

Access Machines

Go Premium



#### For Additional Information



Youtube <a href="https://youtu.be/kJgZMcXv">https://youtu.be/kJgZMcXv</a> nk

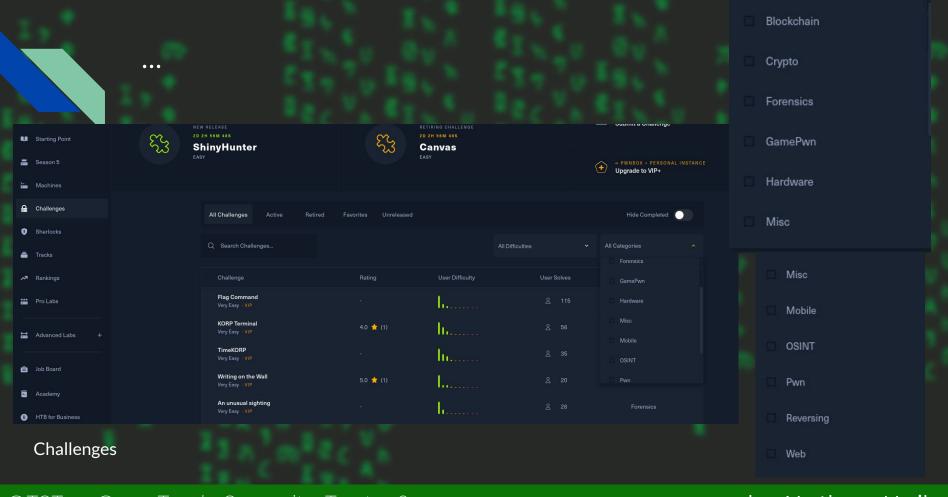
#### Hack the Box interface



# Types on HTB



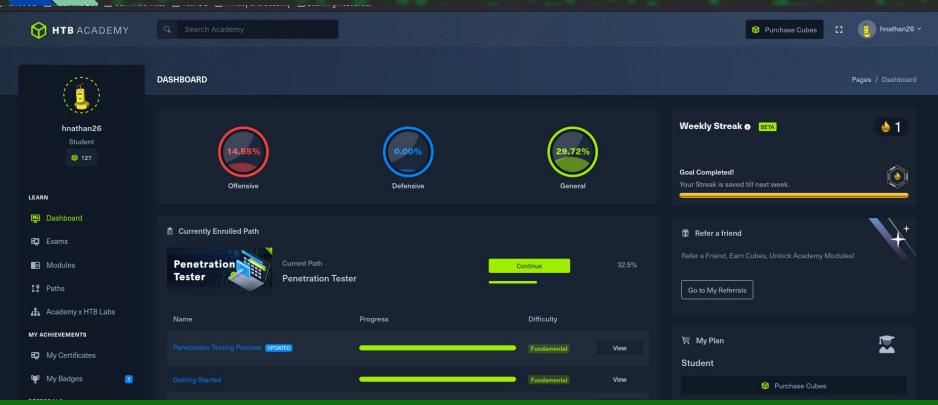
Machines



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It have academy too, Create account with my link: <a href="https://referral.hackthebox.com/mzxwMin">https://referral.hackthebox.com/mzxwMin</a>



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#### For more



https://www.youtube.com/watch?v=38rZk0CYpgo&t=6s&pp=ygUTaGFja3RoZWJveCBnZWV6dGVjaA%3D%3D

# Playing Jeopardy CTF

- 1. Read The **Title**
- 2. Read the **Description**
- 3. Read the File names
- 4. Note out anything that looks Suspicious.
- 5. If There is a word that you don't know, Google the word and have Good Picture.

## Playing Machine CTF

Playing CTF is same as Hacking systems. So, we will follow all the hacking steps.

- 1. Information gathering
  - a. Here you will use all the ways we have seen to gather information.
- 2. Scanning
  - a. For hosts/networks: use nmap
  - b. For websites directory: dirbuster,gobuster,feroxbuster
    - . Directory Brute Forcing with ffuf: Youtube Video
- 3. Exploiting
  - a. Netcat
  - b. Metasploit
  - c. Burpsuite....
- 4. TO have post-exploitation and covertracking you have to learn "Privilege Escalations" -> Youtube

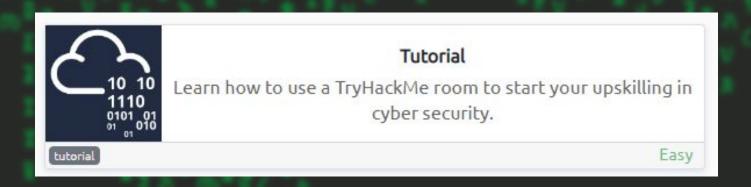
## Write Up

- Write Up is a note which is written while playing a CTF
- This will help you to have a clear understanding on each steps.
- You will defined what you are doing in a create text, also with some screenshots.
- This can help other peoples to know how that CTF can be done.
- https://writeup.geezsecurity.com/



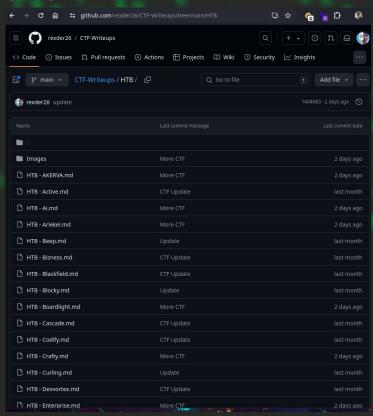
#### Exercise 1

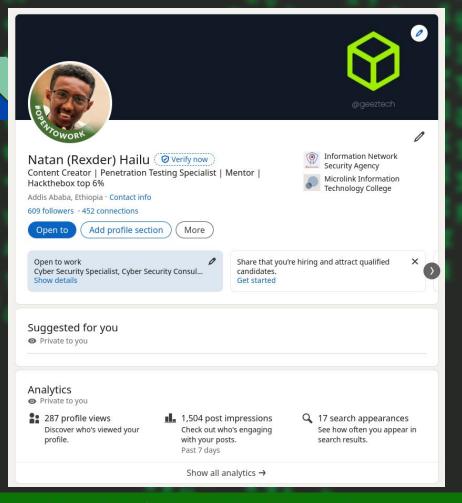
1. Play CTF called "Tutorial"

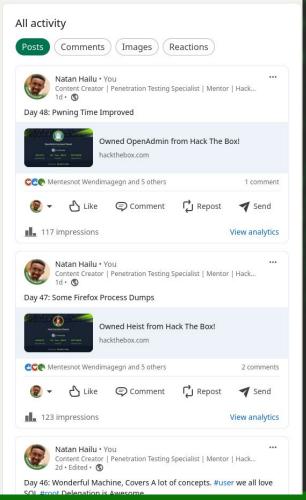


#### Share Your Achievement

- At This Era, most of our jobs are becoming an online and cyber security is one of the some.
- On this ERA to be Good and Choosen u have to Prove yourself, YOU HAVE TO SELL YOURSELF.
- On of the opportunity is The Social Medias.
- As A cyber Security Expert Promoting ur self is Must.
- For this Kind of Professional Career, the following social medias are recommended,.
  - LinkedIn
  - Twitter
  - Github
  - ...





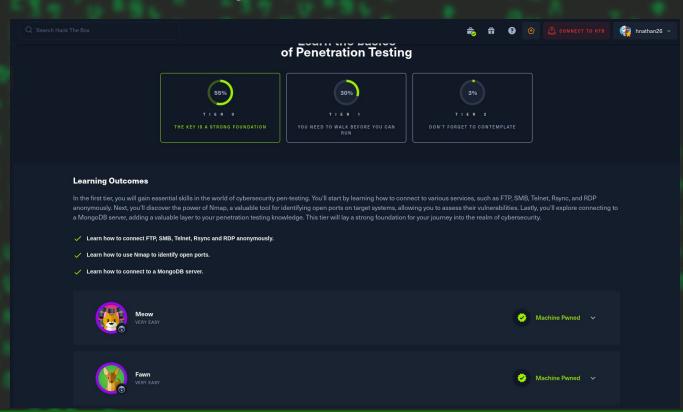


## Let's Get our Hand Dirty!

Lets Play the Starting
 Point from Hackthebox.

Go and Open HTB Starting Point page.

When You are done, Raise Your Hand ( ) On the Classroom.



# Assignment

- 1.Do The WGEL CTF from TryHackMe ( 5 points )
  - https://tryhackme.com/r/room/wgelctf
- 2. Finish the OWASP Juice Shop Module from TryHackMe (10 points)
  - https://tryhackme.com/r/room/owaspjuiceshop
- 3.Do the Bricks Heist (10 points)
  - https://tryhackme.com/r/room/tryhack3mbricksheist

Due Date: On your Presentation Day.

## Class is over

- 1) DO notes
- 2) Practice
- 3) Ask Question

Prepare for the assessment questions