

TWINKLE SAHU



@ twinklesahu219@gmail.com

8770063511

SKILLS

Diet Planning

Teamwork

Leadership

Active listening

Receptive attitude

Healthcare management

PERSONAL DETAILS

Date of Birth : 21/09/1998

INTERESTS

Chess

Netball

Calligraphy

To collect ancient coins

Creating and organizing events

CAREER OBJECTIVE

To work in the field of Nutrition and Dietetics and willing to work in hospitals and in future with WHO and UNICEF to improving the nutritional status of human beings in national as well global platform.

SUMMARY

Enthusiastic, highly-motivated Clinical Nutrition and Dietetics students. Good understanding with others condition and ability to calm them down. Member of IAPEN Advancing Nutrition Care in India.

EXPERIENCE

Datacore Pvt. Limited, Bangalore 06/09/2022 - 11/10/2022

Diabetes Counsellor

- 1 month experience as a diabetes counsellor
- Field work at different hospitals of Raipur and Durg

URMILA MEMORIAL MULTISPECIALITY HOSPITAL, RAIPUR

Clinical Dietician 08-10-2022 -

- Evaluates & assesses nutrition status of patients.
- Plans & initiates medical nutrition therapy to the patients.
- Educates & counsels patients & families on nutritional issues.

ACADEMIC PROFILE

Govt. Bilasa Girl's PG College, Bilaspur(Atal Bihari Vajpayee University) 2020-2022

Master of Science in FOOD And NUTRITION

Post Graduated (87%)

Govt. Bilasa Girl's PG College, Bilaspur(Atal Bihari Vajpayee University) 2021-2022

P.G. Diploma in Computer Application

Passed(75.95%)

Govt. Bilasa Girl's PG College, Bilaspur(Atal Bihari Vajpayee University) 2017-2019

Bachelor of science in CLINICAL NUTRITION AND

DIETETICS(honours)

Graduated(69%)

Tata Institute of Social Science(Atal Bihari Vajpayee University, Bilaspur) 2020

Diploma in HOSPITAL SERVICE MANAGEMENT

Passed(A Grade)

CBSE

2016

10+2

70.2

CBSE

2014

10

CGPA-6.6



INTERNSHIP

The Nutrition Alchemy(Labelblind)

Completed online intership of duration 7 weeks

•The main task was to calculate the nutritive value of recipes.

Apollo Hospital, Bilaspur

Completed 45 days Clinical Internship

- Main task to make Diet plan for the patient as per disease
- Diet Counseling
- Tray lining in Kitchen Area
- Inspection of Food quality and quantity

International Institute of SDGs & Public Policy Research

Completed online internship of duration 3 months

- Non-Profit Organization
- Main task to make Diet plan for the patient as per disease and their income value
- Online diet counselling
- Making awareness in social media platforms

Akashya Patra Foundation, Bhilai

Completed internship of duration 15days

- Quality of food at kitchen area
- Non-Profit Organization

MAX HOSPITAL, AHemdabad, Gujarat

Completed 6 months Clinical Internship

- Main task to make Diet plan for the patient as per disease
- Diet Counseling
- Tray lining in Kitchen Area
- Inspection of Food quality and quantity



ACHIEVEMENTS & AWARDS

Certification on Food And Dietetics By World Health Organization, and many more Institutes (national & international)

Participated in College State level Chess championship(3) 2017-19

Participated in Divisional level Chess competition(15) 2009-19

Participated in University level National Netball Championship 2017

Grab Silver & Bronze medal at National School Games in Netball(2)
2012-17

Participated in The Green Olympiad in 2012

Participated in National Science Olympiad in 2011



POSITION OF RESPONSIBILITY

Chhattisgarh Netball Girl's team Representative in
All India University National Level at Bangalore 2017

Sports Prefect in Higher Secondary School 2016

Chhattisgarh Netball Girl's team Captain in National
School Games at Delhi(2) 2016-17