

STRESS DETECTION MACHINE LEARNING MODEL

Problem statement

Predicting various human stress behaviour patterns

```
In [1]: ▶ # upload the needed libraries
import pandas as pd
import numpy as np
import matplotlib.pyplot as plt
%matplotlib inline
import seaborn as sns
from IPython import get_ipython
import warnings
warnings.filterwarnings("ignore")
```

```
C:\Users\HP\anaconda3\lib\site-packages\scipy\__init__.py:146: UserWarning: A NumPy version >=1.16.5 and
<1.23.0 is required for this version of SciPy (detected version 1.23.5
  warnings.warn(f"A NumPy version >={np_minversion} and <{np_maxversion}")
```

```
In [2]: ▶ # Load dataset
df = pd.read_csv(r'C:\Users\HP\Desktop\Data Science\Datasets\Stress.csv')
```

In [3]: `df`

Out[3]:

	subreddit	post_id	sentence_range	text	label	confidence	social_timestamp
0	ptsd	8601tu	(15, 20)	He said he had not felt that way before, sugge...	1	0.800000	1521614353
1	assistance	8lbrx9	(0, 5)	Hey there r/assistance, Not sure if this is th...	0	1.000000	1527009817
2	ptsd	9ch1zh	(15, 20)	My mom then hit me with the newspaper and it s...	1	0.800000	1535935605
3	relationships	7rorpp	[5, 10]	until i met my new boyfriend, he is amazing, h...	1	0.600000	1516429555
4	survivorsofabuse	9p2gbc	[0, 5]	October is Domestic Violence Awareness Month a...	1	0.800000	1539809005
...
2833	relationships	7oe1t	[35, 40]	* Her, a week ago: Precious, how are you? (I i...	0	1.000000	1515187044
2834	ptsd	9p4ung	[20, 25]	I don't have the ability to cope with it anymo...	1	1.000000	1539827412
2835	anxiety	9nam6l	(5, 10)	In case this is the first time you're reading ...	0	1.000000	1539269312
2836	almosthomeless	5y53ya	[5, 10]	Do you find this normal? They have a good rela	0	0.571429	1488938143

In [4]: `# check general information of dataset
df.info()`

```
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 2838 entries, 0 to 2837
Data columns (total 7 columns):
#   Column                Non-Null Count  Dtype
---  -
0   subreddit              2838 non-null  object
1   post_id                2838 non-null  object
2   sentence_range         2838 non-null  object
3   text                  2838 non-null  object
4   label                  2838 non-null  int64
5   confidence              2838 non-null  float64
6   social_timestamp       2838 non-null  int64
dtypes: float64(1), int64(2), object(4)
memory usage: 155.3+ KB
```

```
In [5]: df.shape
```

```
Out[5]: (2838, 7)
```

Exploratory Data Analysis

```
In [6]: df.describe().T
```

```
Out[6]:
```

	count	mean	std	min	25%	50%	75%	max
label	2838.0	5.243129e-01	4.994965e-01	0.000000e+00	0.000000e+00	1.000000e+00	1.000000e+00	1.000000e+00
confidence	2838.0	8.089718e-01	1.770383e-01	4.285714e-01	6.000000e-01	8.000000e-01	1.000000e+00	1.000000e+00
social_timestamp	2838.0	1.518107e+09	1.552209e+07	1.483274e+09	1.509698e+09	1.517066e+09	1.530898e+09	1.542592e+09

```
In [7]: # print columns features
df.columns.tolist()
```

```
Out[7]: ['subreddit',
         'post_id',
         'sentence_range',
         'text',
         'label',
         'confidence',
         'social_timestamp']
```

```
In [8]: # print unique features of subreddit
df['subreddit'].unique().tolist()
```

```
Out[8]: ['ptsd',
         'assistance',
         'relationships',
         'survivorsofabuse',
         'domesticviolence',
         'anxiety',
         'homeless',
         'stress',
         'almosthomeless',
         'food_pantry']
```

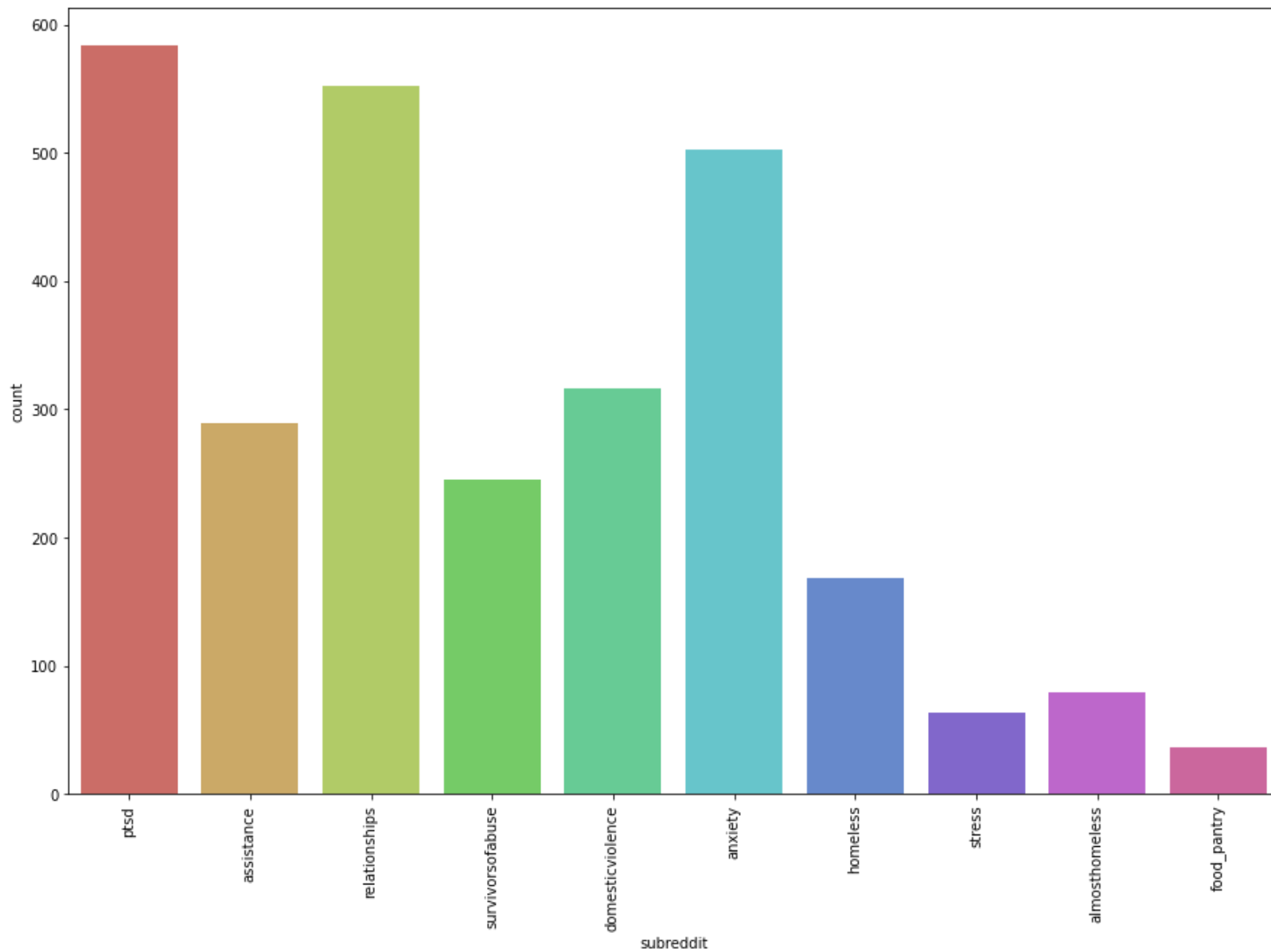
```
In [9]: # check and visualize the count of values  
df['subreddit'].value_counts()
```

```
Out[9]:
```

ptsd	584
relationships	552
anxiety	503
domesticviolence	316
assistance	289
survivorsofabuse	245
homeless	168
almosthomeless	80
stress	64
food_pantry	37

Name: subreddit, dtype: int64

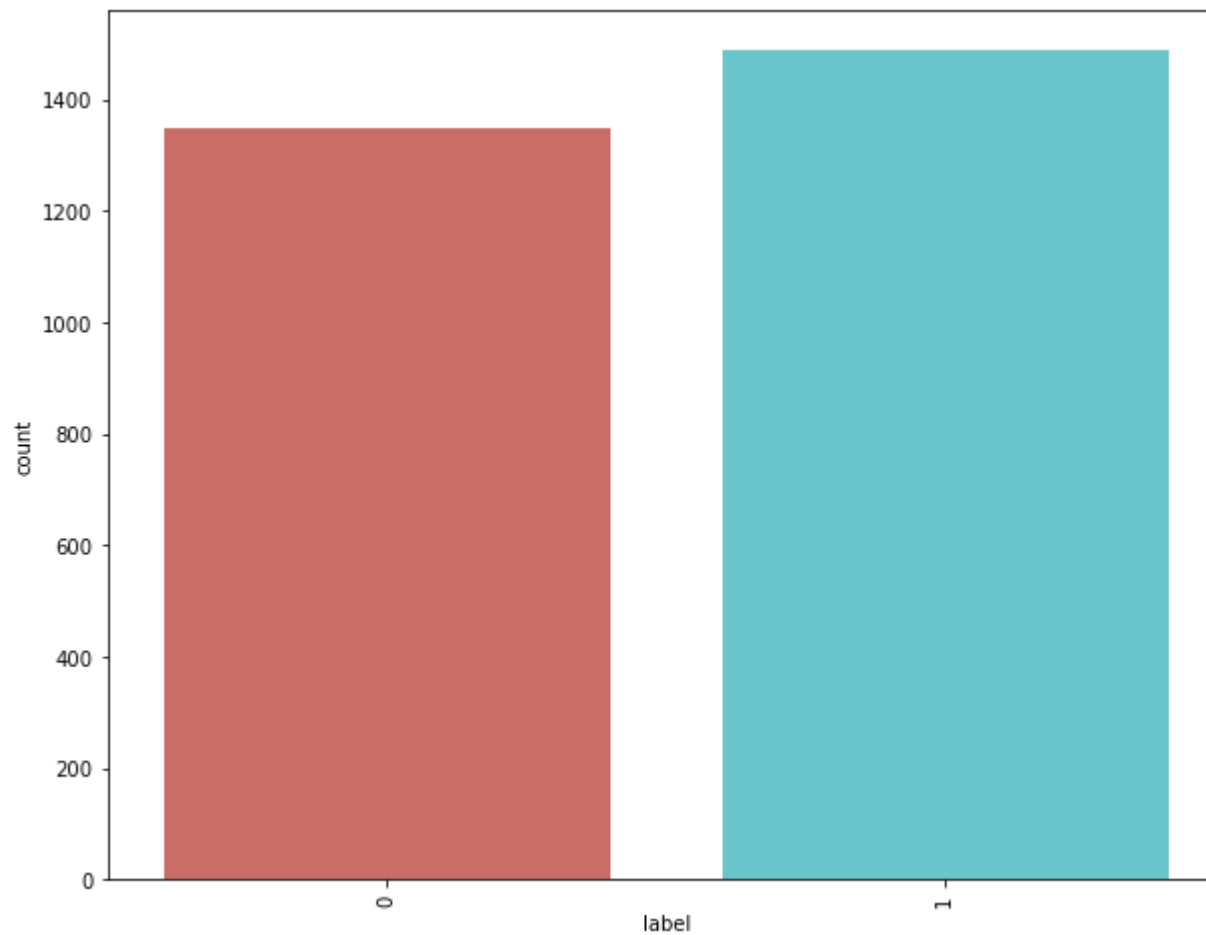
```
In [10]: # plot the value count visuals  
plt.figure(figsize=(15,10))  
sns.countplot('subreddit', data = df, palette = 'hls')  
plt.xticks(rotation = 90)  
plt.show()
```



```
In [11]: ▶ # value count of label  
df['label'].value_counts()
```

```
Out[11]: 1    1488  
        0    1350  
        Name: label, dtype: int64
```

```
In [12]: ▶ # plot the value count visuals  
plt.figure(figsize=(10,8))  
sns.countplot('label', data = df, palette = 'hls')  
plt.xticks(rotation = 90)  
plt.show()
```



```
In [13]: ► # import text cleaning libraries
import nltk
import re
nltk.download('stopwords')
stemmer = nltk.SnowballStemmer("english")
from nltk.corpus import stopwords
import string
stopword=set(stopwords.words('english'))
```

```
[nltk_data] Downloading package stopwords to
[nltk_data] C:\Users\HP\AppData\Roaming\nltk_data...
[nltk_data] Package stopwords is already up-to-date!
```

```
In [14]: ► # define a function to clean text
def clean(text):
    text = str(text).lower()
    text = re.sub('\[.*?\]', '', text)
    text = re.sub('https?://\S+|www\.\S+', '', text)
    text = re.sub('<.*?>+', '', text)
    text = re.sub('[%s]' % re.escape(string.punctuation), '', text)
    text = re.sub('\n', '', text)
    text = re.sub('\w*\d\w*', '', text)
    text = [word for word in text.split(' ') if word not in stopword]
    text=" ".join(text)
    text = [stemmer.stem(word) for word in text.split(' ')]
    text=" ".join(text)
    return text
df["text"] = df["text"].apply(clean)
```

[illegible]


```
In [16]: # apply map to categorical variables in label
# let 0 be equal to stress and 1 be unstress
df["label"] = df["label"].map({0: "Stress", 1: "Unstress"})
df = df[["text", "label"]]
print(df.head())
```

	text	label
0	said felt way sugget go rest trigger ahead you...	Unstress
1	hey rassist sure right place post goe im curr...	Stress
2	mom hit newspap shock would know dont like pla...	Unstress
3	met new boyfriend amaz kind sweet good student...	Unstress
4	octob domest violenc awar month domest violenc...	Unstress

Features Selection

```
In [ ]: # transform text to vector
# import the libraries
from sklearn.feature_extraction.text import CountVectorizer
from sklearn.model_selection import train_test_split
import pickle

# choose dependent and independent variable
x = np.array(df["text"])
y = np.array(df["label"])

# transforming text to vectors
cv = CountVectorizer()
X = cv.fit_transform(x)

# save the pickle file
pickle.dump(X, open("Xcv.pkl", "wb"))
# split into test and train set
x_train, x_test, y_train, y_test = train_test_split(X, y, test_size=0.20, random_state=42)
```

Build the model

```
In [24]: ▶ # import the algorithm library
# model selection
#from sklearn.naive_bayes import BernoulliNB
from sklearn.naive_bayes import MultinomialNB
#from sklearn.tree import DecisionTreeClassifier
from sklearn.metrics import confusion_matrix, classification_report, accuracy_score, f1_score
# using naive bayes
model = MultinomialNB()
# fit the model to the set
model.fit(x_train, y_train)
```

Out[24]: MultinomialNB()

```
In [25]: ▶ # make y prediction
MNB_pred = model.predict(x_test)
```

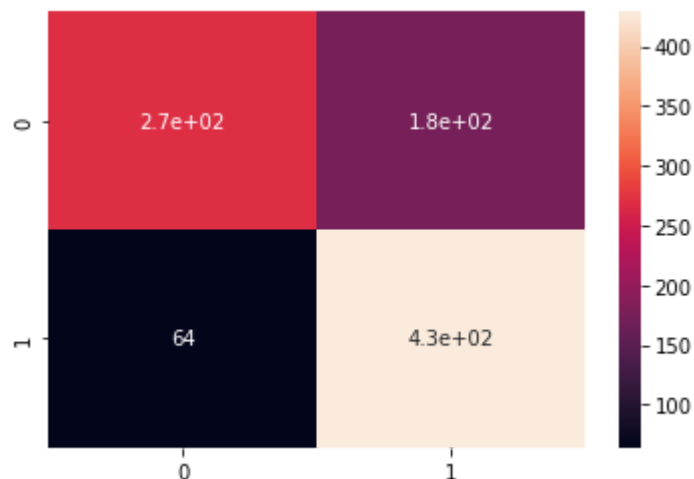
Model Evaluation and Validation

```
In [26]: ▶ # print classification report
print(classification_report(MNB_pred, y_test))
```

	precision	recall	f1-score	support
Stress	0.61	0.81	0.69	333
Unstress	0.87	0.71	0.78	604
accuracy			0.74	937
macro avg	0.74	0.76	0.74	937
weighted avg	0.78	0.74	0.75	937

```
In [27]: ▶ # print and plot confusion matrix
cm = confusion_matrix(y_test, MNB_pred)
sns.heatmap(cm, annot=True)
```

Out[27]: <AxesSubplot:>



```
In [22]: ▶ # check model accuracy
accuracy = accuracy_score(y_test, MNB_pred)
print("accuracy score is", accuracy)
```

accuracy score is 0.7449306296691569

Make Predictions with the Model

```
In [29]: ▶ user = input("Enter a Text: ")
data = cv.transform([user]).toarray()
output = model.predict(data)
print(output)
```

Enter a Text: sushmitha is mentally stable now
['Unstress']

```
In [30]: user = input("Enter a Text: ")
data = cv.transform([user]).toarray()
output = model.predict(data)
print(output)

Enter a Text: this feeling is frustrating
['Stress']
```

```
In [31]: user = input("Enter a Text: ")
data = cv.transform([user]).toarray()
output = model.predict(data)
print(output)

Enter a Text: oh my Gosh i am so tired
['Stress']
```

```
In [32]: # save or dump the model in pickle
# Load the library
import pickle
pickle.dump(model, open("stress_model.pkl", "wb"))
```

```
In [ ]:
```