Courses

## My name is Noah O’Leno, Co-Founder & CEO.I specialize in Business, Goal Setting, Time Management and Accountability Coaching.

I know that no matter where you are in your life, you can make the changes today that will transform tomorrow through the CORE System.

The reason I believe in the system with such conviction is because I have personally used it to master and find redemption in my own life.

It is now my life's work is to help, touch and enrich as many lives as possible, so that they can find their own personal redemption as I did.

My team and I are here to see you succeed in all that you choose, so please remember that we will be with you every step of the journey and that there's nothing more powerful than taking control of your legacy.

# My name is Casey Meshkova and I am a healthy lifestyle and fitness coach.

For years I battled against yo yo diets and fitness plans that just weren't effective in the way I needed them to be, until finally I designed a curriculum of my own and dropped over 60lbs.

My goal is to see you succeed by achieving and maintaining a diet and fitness plan specifically designed for you, with your desired goals in mind.

My curriculum is different for each person, because no two people or bodies are ever the same.

MY services are personalized and customized to get you optimal results.

# My name is Aaron Sobo Co-Founder & COO. I specialize in Dating, Image and Relationship coaching for men and women.

I am the originator of “The Cost of Redemption” concept. I have paid redemption in many parts of my life. In 2009 I began Life and Relationship coaching as a profession. But before I changed anyone’s life I changed my own.

Image wise, I teach the strategies to maximize your potential in your appearance, your house and fashion to make you the best you.

I teach how to become the attractive, open, sexual lover that is in every one of us. I teach how to establish and sustain a romantic relationship that you feel both confident and safe in.