# Regularization and Optimization

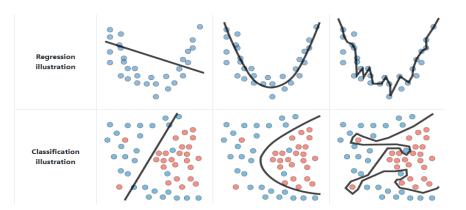
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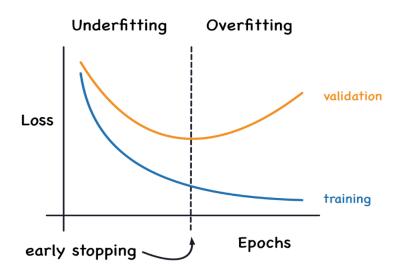
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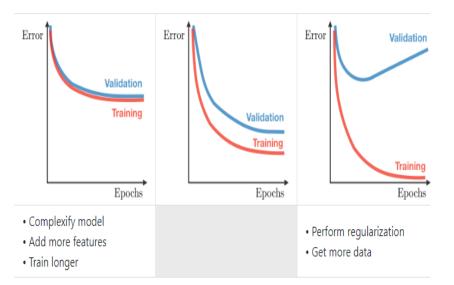
March 4, 2024

# Outline

- Overfitting
- 2 Dropot
- Batch Normalization
- 4 Optimization







#### Possible remedies:

- Add regularizing term to the loss function, e.g. penalize for complex parameters
- Introduce random noise to the input data
- Introduce random noise to the labels
- Acquire more data samples
- Change the network topology
- ...

# Dropot

# Dropout

Let  $z \in \mathbb{R}^{B \times N}$ , B – batch size, N – hidden size be a batch of latent representations, i.e. logit of some intermediate layer.

Sample a binary mask  $m \in \{0,1\}^{B \times N}$   $m_{ij} \sim Bernoulli(1-p)$ , where p - dropout rate, typically  $0.1 \leq p \leq 0.5$ 

# Dropout

#### Train mode:

- Sample new mask m
- $2 y = m \odot z \times \frac{1}{1-p}.$ 
  - Normalization by  $\frac{1}{1-p}$  is required to preserve the expectation of neurons:

$$\mathbb{E}[y] = \mathbb{E}[m \odot z \cdot \frac{1}{1-p}] = \frac{1}{1-p} \cdot z \odot \mathbb{E}[m] = \frac{1}{1-p} \cdot z \cdot (1-p) = z \quad (1)$$

• The mask needs to be stored for backward pass

# Dropout

#### Eval mode:

 As we normalized the output during training, it is an identical transform during testing:

$$y = z$$

Dropout makes training slower but improves test quality



#### Main idea:

stabilize training by forcing zero mean and unit variance of features

Let:

$$X \in \mathbb{R}^{B \times N} = (x_1^{(N)}, x_2^{(N)}, ..., x_B^{(N)})^T$$

#### Train mode:

1. Compute batch statistics:

$$\mu = \frac{1}{B} \sum_{i=1}^{B} x_i, \quad \sigma^2 = \frac{1}{B} \sum_{i=1}^{B} (x_i - \mu)^2$$
 (2)

$$\mu, \sigma^2 \in \mathbb{R}^N$$

2. Normalize x, recall that every operation is element-wise:

$$\hat{x}_i = \frac{x_i - \mu}{\sqrt{\sigma^2 \epsilon}} \tag{3}$$

All operations are differentiable, so we need to compute

$$\frac{d\ell}{d\hat{x_i}}, \frac{d\ell}{d\mu}, \frac{d\ell}{d\sigma^2}, \frac{d\ell}{dx_i}$$

during backward pass

Then, apply trainable element-wise affine transform:

$$y_i = \hat{x}_i \odot w + b; \quad w, b \in \mathbb{R}^N$$
 (4)

We give the model freedom to set the desired mean and variance for  $x_i$ 

During the test, we do not have access to a batch of data. Thus, we will accumulate statistics from the training batches:

$$running\_mean = running\_mean \cdot (1 - m) + \mu \cdot m$$

$$running\_var = running\_var \cdot (1 - m) + \sigma^2 \cdot m \cdot \frac{B}{B - 1}$$
(5)

Here, m – is a momentum parameter (usually m=0.1 to ensure slow updates).

In the beginning,  $running\_mean$  is initialized with a zero-valued vector and  $running_var$  as ones. These vectors are not considered trainable.

Normalizing using accumulated statistics:

$$\hat{x}_i = \frac{x_i - running\_mean}{\sqrt{running\_var + \epsilon}} \tag{6}$$

2 Apply affine transform:

$$y_i = \hat{x}_i \odot w + b \tag{7}$$



# **SGD**

- $\{x_i, y_i\}_{i=1}^{\ell}$  training set
- B batch size
- $\mathcal{L}(\cdot,\cdot)$  loss function
- W all trainable parameters of the model
- $f_W(\cdot)$  neural network

At the step t we have:

$$\mathcal{L}^{t}(w) = \frac{1}{B} \sum_{i=1}^{B} \mathbf{L}(f_{W}(x_{i}), y_{i}), \quad t_{i} \sim \mathcal{U}(\{1, ..., \ell\})$$
 (8)

# **SGD**

# SGD algorithm:

$$m_t = \mu m_{t-1} + g_t$$

$$w_t = w_{t-1} - \eta_t m_t$$

$$m_0 = 0$$
,  $0 \le \mu \le 1$ , usually  $\mu = 0.9$ 

# SGD with Regularization

We can add  $L^2$  regularization:

$$\mathcal{L}^{t}(w) \mapsto \mathcal{L}^{t}_{\lambda}(w) := \mathcal{L}^{t}(w) + \frac{\lambda}{2} \|w\|_{2}^{2}$$
 (9)

$$\nabla_w \|w\|_2^2 = 2w$$

- $m_t = \mu m_{t-1} + g_t$
- $w_t = w_{t-1} \eta_t m_t$

It is essentially a weight decaying by a factor of less than 1:

$$w_t = w_{t-1}(1 - \frac{\eta_t \lambda}{\lambda}) - \eta_t(\mu m_{t-1} + \nabla_w \mathcal{L}^t(w_{t-1}))$$

#### Adam

- Adaptive learning rate (AdaFrad, RMSProp)
- Momentum

$$m_t = \beta_1 m_{t-1} + (1 - \beta_1) g_t$$

$$v_t = \beta_2 v_{t-1} + (1 - \beta_2)g_t^2$$
 – element-wise square

$$\hat{m}_t = \frac{m_t}{1-\beta_1^t}, \quad \hat{v}_t = \frac{v_t}{1-\beta_2^t}$$

$$w_t = w_{t-1} - \eta_t \frac{\hat{m}_t}{\hat{v}_t + \epsilon}$$

$$m_0=0,$$
  $v_0=0,$   $\beta_1,$   $\beta_2,$   $\epsilon$  — hyperparams  $eta_1=0.9,$   $eta_2=0.999,$   $\epsilon=10^{-8}$ 

# AdamW

$$m_t = \beta_1 m_{t-1} + (1 - \beta_1) g_t$$

$$v_t = \beta_2 v_{t-1} + (1 - \beta_2) g_t^2$$
 – element-wise square

$$\mathbf{0} \quad \hat{m}_t = \frac{m_t}{1-\beta_1^t}, \quad \hat{v}_t = \frac{v_t}{1-\beta_2^t}$$

$$w_t = w_{t-1} (1 - \frac{\eta_t \lambda}{\eta_t \lambda}) - \eta_t \frac{\hat{m}_t}{\hat{v}_t + \epsilon}$$

#### LR Schedulers

It is often a non-trivial task to choose a learning rate  $\eta_t$  You can update it once per training epoch

- Constant.  $\eta_t = \eta_0$ . Often gives suboptimal quality
- StepRL.  $\forall t \in \{t_0, ... t_n\} : \eta_{cur} = \eta_t, \eta_0 > \eta_1 > ...$
- ExponentialLR.  $\eta_t = \gamma \eta_{t-1}, \gamma < 1$
- CosineLR.  $\eta_t = \eta_0 \cdot \frac{1}{2} (1 + \cos(\frac{\pi T}{T}))$ , T maximum number of epochs
- Linear warmup LR. Linearly increase Ir first *n*-batches  $\eta_0^{(0)} \mapsto \eta_0^{(n)}$ . Then apply any scheduler.
- Reduce LR on a plateau. Reduce LR when validation loss stagnates, thus requiring have validation set

