

[2.2] VISION ACROSS LIFE AREAS\_

Next 12 Months

For each area, write 2-3 things you want to see, experience, or become:

HEALTH & ENERGY

Goal 1:

Why it matters:

Goal 2:

Why it matters:

RELATIONSHIPS & FAMILY

Goal 1:

Why it matters:

Goal 2:

Why it matters:

[2.2] VISION ACROSS LIFE AREAS\_  
continued

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WORK / CAREER / BUSINESS

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Goal 1:

Why it matters:

Goal 2:

Why it matters:

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PERSONAL GROWTH / LEARNING / FUN

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Goal 1:

Why it matters:

Goal 2:

Why it matters: