

## [1.1] YOUR THREE BIGGEST WINS\_

Session 1: 2025 – A Year In Review

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Write 3-5 major wins, milestones, or achievements from 2025:

**Win #1:**

What happened:

Why it mattered to me:

What I did that contributed to it:

Key conditions/people/tools that helped:

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**Win #2:**

What happened:

**Why it mattered to me:**

**What I did that contributed to it:**

**Key conditions/people/tools that helped:**

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continued

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Win #3:

What happened:

Why it mattered to me:

What I did that contributed to it:

Key conditions/people/tools that helped: