

[1.1] YOUR THREE BIGGEST WINS_

Session 1: 2025 – A Year In Review

Write 3–5 major wins, milestones, or achievements from 2025:

Win #1:

What happened:

Why it mattered to me:

What I did that contributed to it:

Key conditions/people/tools that helped:

Win #2:

What happened:

Why it mattered to me:

What I did that contributed to it:

Key conditions/people/tools that helped:

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continued

Win #3:

What happened:

Why it mattered to me:

What I did that contributed to it:

Key conditions/people/tools that helped: