

[2.2] VISION ACROSS LIFE AREAS_

Next 12 Months

For each area, write 2-3 things you want to see, experience, or become:

HEALTH & ENERGY

Goal 1:

Why it matters:

Goal 2:

Why it matters:

RELATIONSHIPS & FAMILY

Goal 1:

Why it matters:

Goal 2:

Why it matters:

[2.2] VISION ACROSS LIFE AREAS_

continued

WORK / CAREER / BUSINESS

Goal 1:

Why it matters:

Goal 2:

Why it matters:

PERSONAL GROWTH / LEARNING / FUN

Goal 1:

Why it matters:

Goal 2:

Why it matters: