IGNITE 2026

WORKBOOK

Created by DrFok

Your Complete Reflection, Vision, Theme & Action Guide

Inspired by Ali Abdaal's SPARK 2026 Productivity Summit and related planning content.

This workbook is a recreation of the Spark 2026 Productivity Summit materials for those of us who missed the seminar, based on what I could find on the internet. It's designed to help you reflect on 2025, clarify your vision for 2026, and build systems that support sustainable action.

Use this workbook to guide your reflection, set your annual theme, design experiments, and create your personal operating system for the year ahead.