

Psymeon is a MedTech company based in Wismar, Germany, founded in 2022, focusing on e-health solutions for mental health.

Their main product, ALVIE, is an app under development to help with depressive symptoms using cognitive behavioral techniques.

The company aims to bridge gaps in mental health care with digital tools, including apps for anxiety, substance use, and PTSD.

Company Background

Psymeon Overview

Psymeon, located at St.-Marien-Kirchhof 16, 23966 Wismar, Deutschland, is a small startup with 2-10 employees, specializing in digital health solutions. Founded in 2022, it emerged during the COVID-19 pandemic in 2020, with its business idea focusing on e-health applications for mental health. The company's mission is to provide low-threshold access to psychiatric care, improving outcomes for patients regardless of location, while their vision is to lead in preventive mental health medicine with constant innovation.

Surprising Detail: Award-Winning Startup

Interestingly, Psymeon won first place in the 2023 Landesfinale Female StartAperitivo, highlighting their recognition in the startup ecosystem.

Product Details: ALVIE

What is ALVIE?

ALVIE is Psymeon's flagship product, currently in development, designed as a preventive care tool for people with depressive symptoms. It combines innovative digitalization with psychiatric and psychological knowledge, aiming to support users before or during therapy. It's not a replacement for professional therapy and isn't suitable for acute crises or suicidal thoughts.

Features and Usage

ALVIE includes features like resource activation, changing depressive thought patterns, motivation enhancement, cognitive restructuring to manage negative thoughts, and relaxation techniques to improve sleep. Users can take a 21-question depression test on the website (ALVIE Page) to assess their symptoms, helping stabilize their condition through learned skills.

Survey Note: Comprehensive Analysis of Psymeon and ALVIE

Psymeon, a MedTech firm headquartered in Wismar, Germany, was established in 2022 with a focus on e-health, consulting, and research, particularly in mental health solutions. This report provides a detailed examination of the company and its primary product, ALVIE, based on extensive web searches and direct browsing of their official platforms.

Company Background and Structure

Psymeon operates from St.-Marien-Kirchhof 16, 23966 Wismar, Deutschland, with a small team of 2-10 employees, as noted on their LinkedIn profile (LinkedIn Profile). The company's inception traces back to 2020 during the pandemic, with the business idea forming then, and formal founding in 2022. Their mission is to offer low-threshold access to psychiatric medicine, continuously enhancing products for stakeholder benefits, while their vision is to become a leading digital entity in preventive mental health, improving user lives anytime, anywhere, through constant innovation (About Us).

The company's focus areas include e-health, consulting for professional and personal challenges (especially for leaders), and research in AI for medicine and neuro/psychiatric studies (Startseite (English)). Psymeon's e-health sector encompasses the POCKET-Therapist series, which includes ALVIE for depression and planned apps for anxiety disorders, substance use disorders, and PTSD, aiming to bridge care gaps (Startseite (English)).

A notable achievement is their first-place win in the 2023 Landesfinale Female StartAperitivo, indicating recognition within Germany's startup ecosystem (PSYMEON - Gründungswerft). This aligns with their participation in events like Slush, as mentioned in a LinkedIn post, suggesting networking and potential funding opportunities (LinkedIn Profile).

Leadership and Team

The leadership includes Dr. med. Doris Krüger as CEO, a psychiatrist with a background at Charite Berlin, bringing medical expertise to the company (Dr. med. Doris Krüger - CEO - PSYMEON | LinkedIn). Other key personnel include Anna Runge, also CEO of PlutosTech and Psymeon, and Peter Krüger, though specific roles for the latter two are less detailed (Psymeon | F6S). The team is multiprofessional, comprising experts from medicine (psychiatry, psychotherapy, psychology), IT, health management, and business, with hires including a Frontend Developer in 2021 and a Backend Developer in 2022 (About Us).

Company History and Development

The company's journey began in 2020 with the pandemic-inspired business idea, leading to hiring a Frontend Developer in 2021 and creating the first plan for the POCKET Therapist series (About Us). By 2022, they developed a Minimum Viable Product (MVP) for ALVIE, formulated a business strategy, and officially founded Psymeon as a MedTech company, with a Backend Developer joining to support ALVIE's development (About Us). Their registration details confirm a capital of 1,500 EUR, focusing on eHealth applications and digital services in healthcare (Psymeon UG (haftungsbeschränkt) > Bonität - Handelsregister - Bewertung).

Product Analysis: ALVIE

ALVIE, Psymeon's primary product, is under development as a digital therapeutic application (DIGA) targeting depressive symptoms, part of the broader POCKET-Therapist series (Startseite (English)). It aims to provide high-quality preventive care, supporting users in daily life, and can be used before or during therapy to aid recovery (ALVIE (English)).

Features and Functionality:

Resource Activation and Building: Helps users identify and leverage personal resources.

Changing Depressive Thought Patterns: Focuses on cognitive restructuring to recognize and alter negative thoughts, central to maintaining depression (ALVIE (English)).

Motivation Enhancement: Encourages engagement through tailored strategies.

Experiencing Self-Efficacy: Builds confidence in managing symptoms.

Relaxation Techniques: Teaches methods to reduce chronic tension, promoting healthier sleep (ALVIE (English)).

Users can access a 21-question depression test on the website to assess symptoms, scored 0-3, ensuring the program aligns with their needs (ALVIE Page). Future plans include psychological tele-counseling, enhancing support (ALVIE (English)).

Usage and Limitations:

ALVIE is designed for stabilization, not as a replacement for therapists, and is insufficient for acute crises or suicidal thoughts, with a referral to additional help at www.suizidprophylaxe.de/hilfsangebote/fuer-betroffene-und-angehoerige/ (ALVIE Page). It's based on scientific methods, combining behavioral therapy insights with technology, as noted in LinkedIn posts (LinkedIn Profile).

Market Context and Impact

A local news article highlights the rising depression rates in Mecklenburg-Vorpommern, with Psymeon's ALVIE aiming to bridge therapy waiting times, offering early symptom relief (Wegen langer Wartezeiten auf Therapieplatz: Start-up aus Wismar entwickelt App gegen Depressionen). This aligns with their goal to address mental health care gaps, supported by their participation in startup ecosystems like Gründungswerft (PSYMEON - Gründungswerft).

Funding and Partnerships

While specific funding details are not publicly available, Psymeon's involvement in events like Slush and their award win suggest potential grants or seed funding. Their LinkedIn mentions collaboration with Hamburg Investors Network, indicating possible partnerships (LinkedIn Profile). Related links on their website, such as itswellbe.de, www.bioconvalley.org, and others, suggest connections in the health and tech sectors (Startseite (English)).

Contact and Additional Information

For further inquiries, Psymeon can be reached at info@psymeon.net, with their website (psymeon.net) providing more details, though some sections note it's "coming soon." Their F6S profile (Psymeon | F6S) lists focus areas like MedTech and eHealth, reinforcing their scope.

Tables for Clarity

Company Timeline:

Year	Milestone
2020	Business idea emerged during the pandemic.
2021	Hired Frontend Developer; created plan for POCKET Therapist series.
2022	Developed ALVIE MVP; formulated strategy; Backend Developer joined; founded as MedTech company.

Feature	Description	Resource
Activation	Identifies and leverages personal resources for support.	
Cognitive Restructuring	Recognizes and changes negative thoughts to manage depression.	
Motivation Enhancement	Encourages engagement through tailored strategies.	
Self-Efficacy	Builds confidence in managing symptoms.	
Relaxation Techniques	Reduces tension, promotes healthier sleep.	

This detailed survey note encapsulates all gathered information, ensuring a complete understanding of Psymeon and ALVIE, supported by direct evidence from their online presence and related sources.

[google.com](https://www.google.com)
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PSYMEON setzt neue Akzente im Bereich der Gesundheitsversorgung. Unser Ziel ist es, die mentale Gesundheit der Menschen zu stärken – unabhängig davon, wo sie leben. Mit unserem e-health-Bereich unterstützen wir Menschen mit psychischen Erkrankungen mit einer individuellen digitalen Vorsorge.