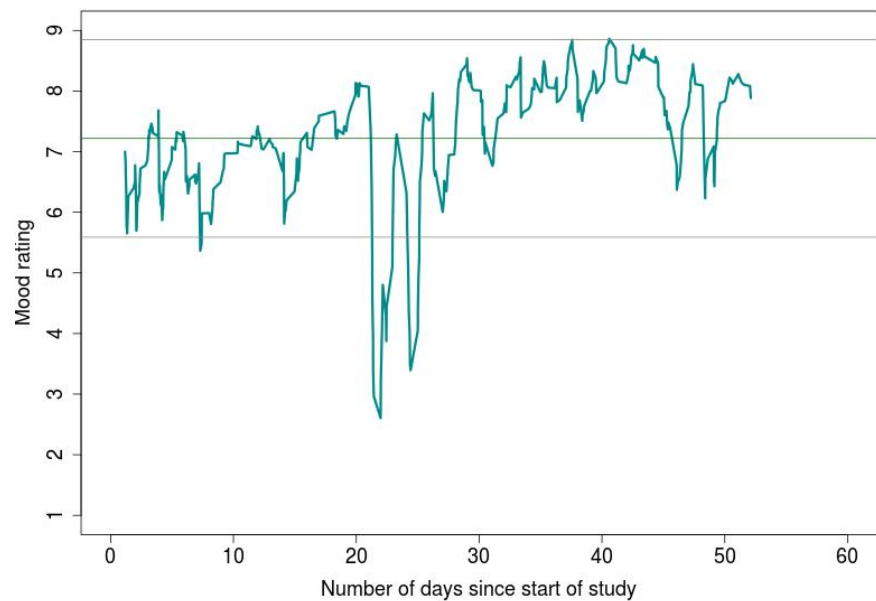## Weighted average of mood ratings over time
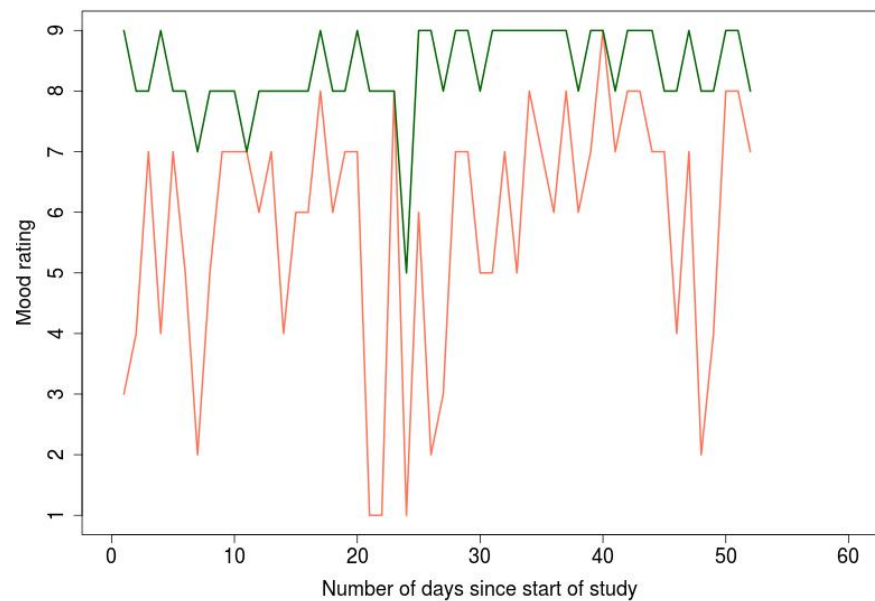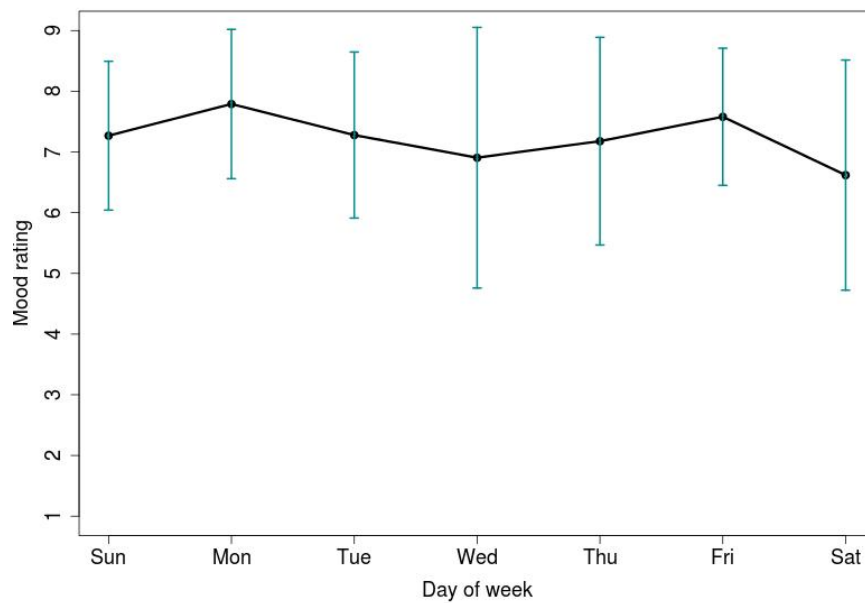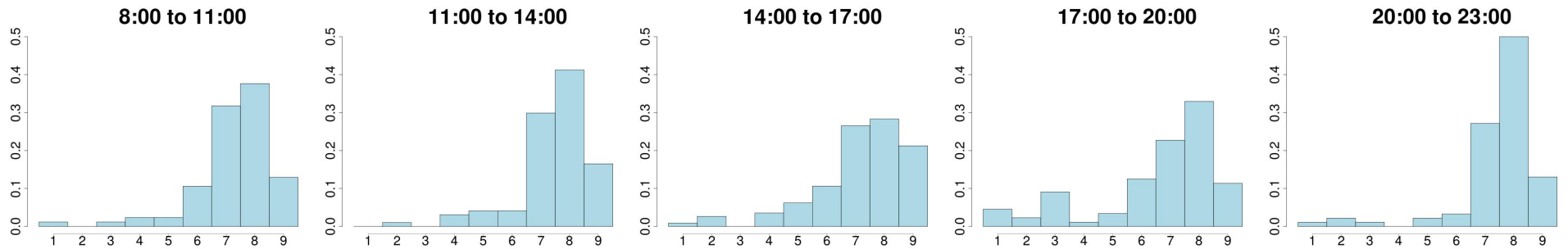

Minimum and maximum mood ratings by day

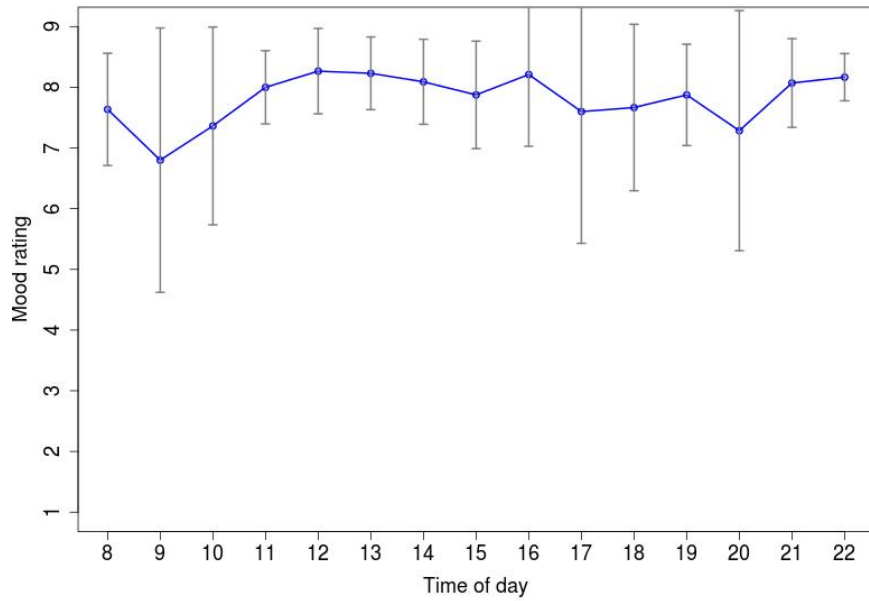
Average mood by day of week

Mood rating frequency by time

8:00 to 11:00   **11:00 to 14:00**   **14:00 to 17:00**   **17:00 to 20:00**   **20:00 to 23:00**

Average mood by time of day for work days

Average mood by time of day for rest days