signal period: 7 hours, frequency: 0.14286 cycles per hour sampling rate: 40 X frequency (5.71429 samples per hour) number of samples: 81, 2 periods df: 0.07055, Δf: 5.64374 cycles per hour dt: 0.17500, Δt: 14.00000 hours

 $df = 1/\Delta t$, $\Delta f = (n-1)df = 1/dt$ offset: 0 m, amplitude: 2 m, initial phase: 0.0 °, noise: 0.0

