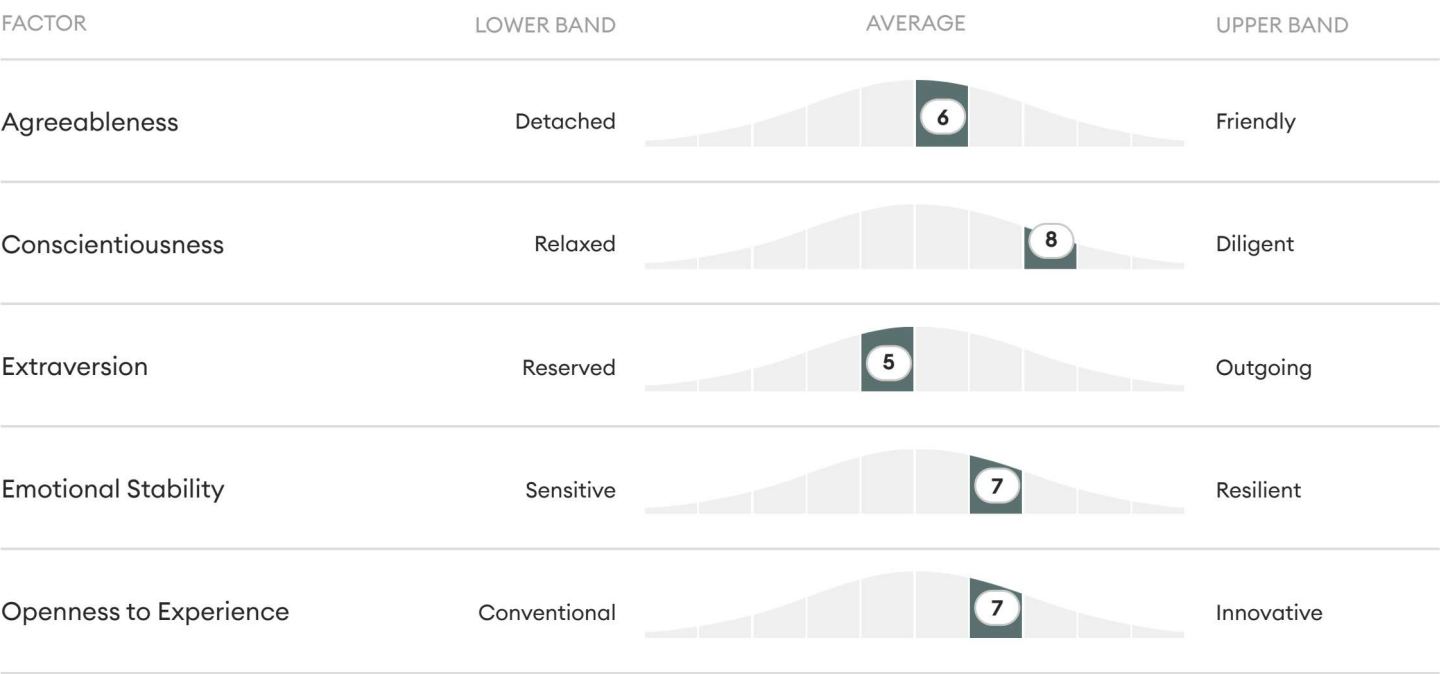


# Spyridon Karakoulak

## Spyridon Karakoulak - Personality profile

Alva’s personality test is constructed and built on the so-called 'Five Factor Personality Theory', which is considered the most valid framework and model for quantifying personality.



### Possible strengths

- Determined and goal-oriented even in the face of difficulty
- Loves learning and excels at using knowledge creatively
- Uses challenges as an opportunity for creative solutions

### Possible challenges

- May overlook the need for rest due to high ambitions
- Tends to get bored by questions that have one right answer
- May treat emotional problems in an overly intellectual way

### Growth factors

#### Drivers

What are the key motivators for this person?

Autonomy

Achievement

Structure

#### Culture preferences

In what environment does this person thrive?

Task-oriented

Analytical

Supportive

#### Potential roles

Roles this person is likely to thrive in

Creative roles

Sales

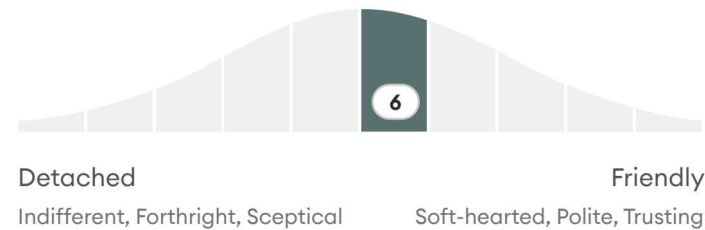
Customer Service

## Agreeableness

### Neither Detached nor Friendly

Percentile 50 - 69

An average score indicates that one's social style is marked neither by extreme likeability, nor bluntness. People with average scores have no problem trusting others, but are neither prone to being naive. They can be honest and tough when needed, but do not seek confrontation unnecessarily.



### Three aspects of agreeableness:

#### Compassion: Neither Indifferent nor Soft-hearted

Percentile 31 - 50

- Sometimes focused on the well-being of others
- Sometimes affected by others' negative experiences



#### Politeness: Polite

Percentile 69 - 84

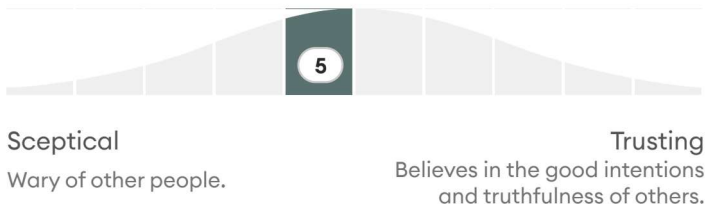
- Well-mannered and humble
- Avoids offending others and stays out of conflicts



#### Trust: Neither Sceptical nor Trusting

Percentile 31 - 50

- Normally trusts other people, but not always
- May at times question others' intentions

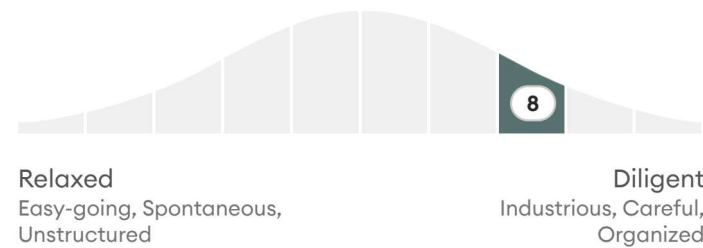


## Conscientiousness

### Diligent

Percentile 84 - 93

A high score indicates that one has a strong focus on achievement and responsibility. People with high scores tend to work hard to reach goals and live up to expectations, even when it means sacrificing pleasure and fun. They have high self-discipline and prefer to work in a structured way at a high tempo.

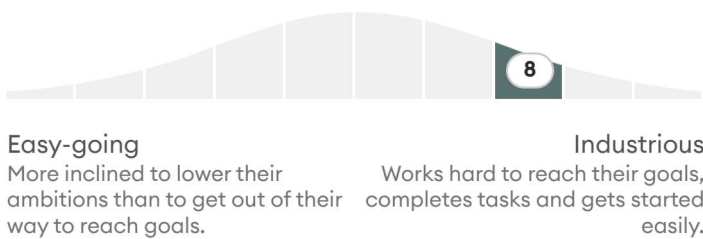


### Three aspects of conscientiousness:

#### Goal-striving: Industrious

Percentile 84 - 93

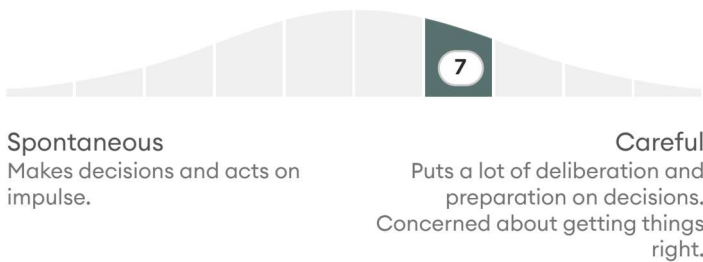
- Goal-oriented and hard-working
- Gets started with work tasks easily



#### Carefulness: Careful

Percentile 69 - 84

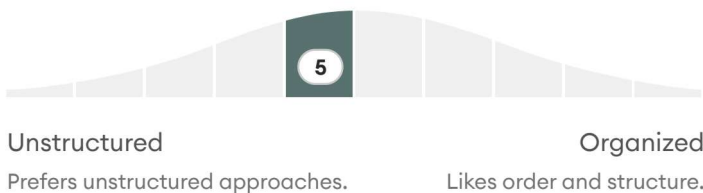
- Puts preparation into decisions
- Concerned about getting things right



#### Orderliness: Neither Unstructured nor Organized

Percentile 31 - 50

- Prefers order and structure but may not prioritize it
- Strives to keep some level of organization at work

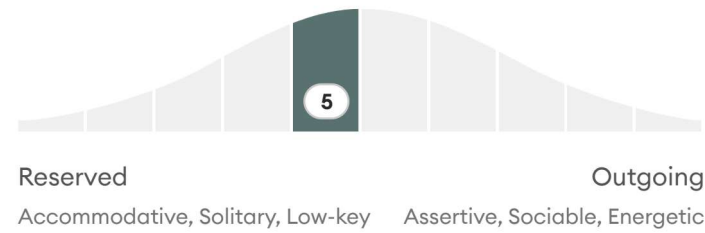


## Extraversion

### Neither Reserved nor Outgoing

Percentile 31 - 50

An average score indicates that one is about as outgoing and energetic as most other people. People with average scores enjoy being around other people, but may also at times enjoy solitary reflection. They are flexible in relation to the leader role: They may take charge when needed, but are also just as comfortable following.

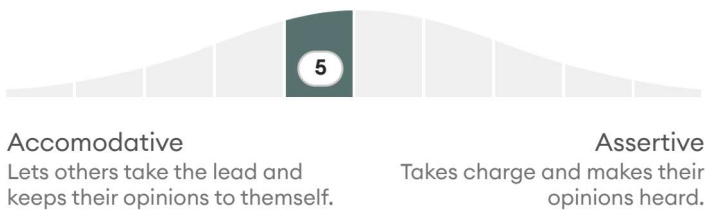


### Three aspects of extraversion:

#### Assertiveness: Neither Accomodative nor Assertive

Percentile 31 - 50

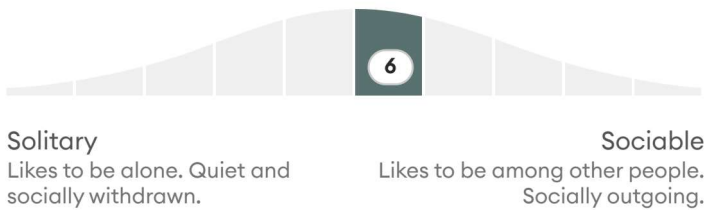
- Voices their opinion when needed
- Sometimes takes the lead, but not routinely



#### Sociability: Neither Solitary nor Sociable

Percentile 50 - 69

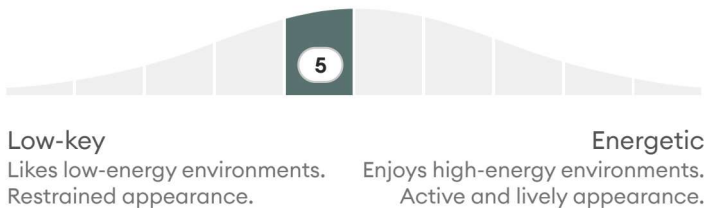
- Likes a balance between social and alone time
- Sometimes quite outgoing, but can also be more quiet



#### Energy Level: Neither Low-key nor Energetic

Percentile 31 - 50

- Neither overly energetic nor restrained
- Likes some level of excitement but not too much

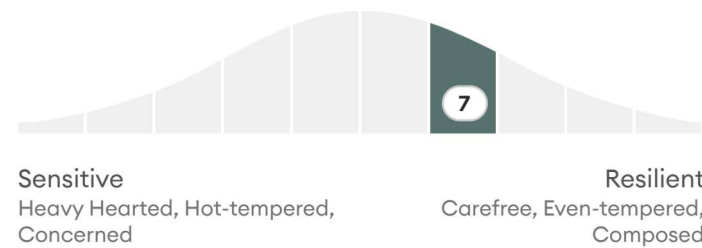


## Emotional Stability

### Resilient

Percentile 69 - 84

A high score indicates that one has an even temper and a tendency to remain calm and stable. People with high scores tend to be relatively unshaken by what is happening around them, hence remaining effective even under pressure. They are resilient and optimistic in the face of setbacks and handle stress and worry well.

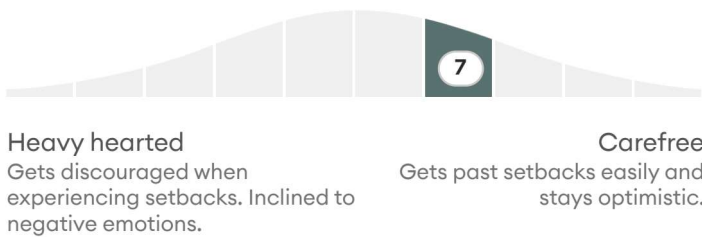


### Three aspects of emotional stability:

#### Optimism: Carefree

Percentile 69 - 84

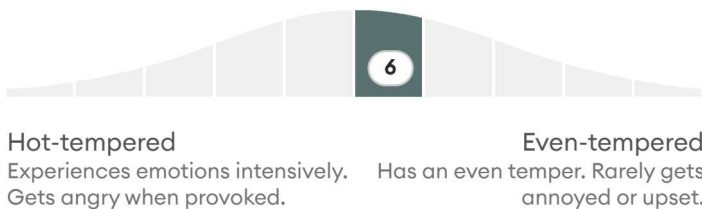
- Gets past setbacks easily
- Optimistic in most situations



#### Stability: Neither Hot-tempered nor Even-tempered

Percentile 50 - 69

- Has a fairly even temper when not under pressure
- May get annoyed or upset at times but not too often



#### Stress tolerance: Neither Concerned nor Composed

Percentile 50 - 69

- May worry at times but mostly stays calm
- May get stressed when important things go wrong

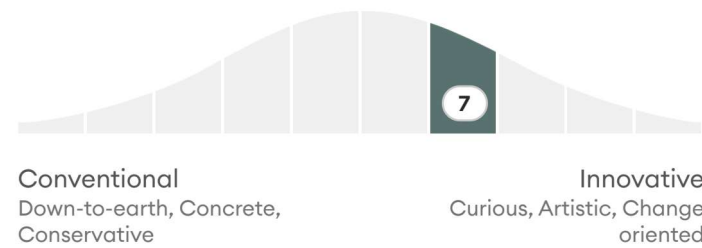


## Openness to Experience

### Innovative

Percentile 69 - 84

A high score indicates that one is interested in new impressions and experiences. People with high scores tend to be intellectual, learning-oriented, and motivated to solve abstract problems. They are also open to change and like to find new, creative solutions to challenges.

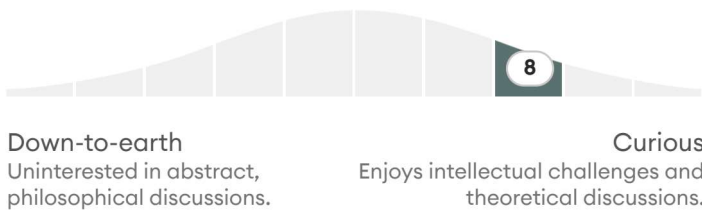


### Three aspects of openness to experience:

#### Curiosity: Curious

Percentile 84 - 93

- Intellectual and curious mind
- Enjoys theoretical problems



#### Aesthetic orientation: Neither Concrete nor Artistic

Percentile 50 - 69

- Shows some interest in art and beauty
- Has some imagination but does not always use it



#### Change orientation:

#### Neither Conservative nor Change oriented

Percentile 31 - 50

- Enjoys some variation but also likes habits
- Likes to try new things occasionally

