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## Getting primary care services under the Primary Care Plan

Find out how to get primary care services under the Primary Care Plan (PCP) and search the list of medical centres and clinics.

### What services does PCP cover

PCP covers your eligible workers for primary care services such as:



- One statutory **medical examination** for work pass application or renewal.
- Unlimited consultations for acute conditions such as flu and fever, and chronic conditions such as hypertension and diabetes.
- One annual basic health screening for at-risk workers.
- Telemedicine and medication delivery.
- Scheduled transportation to and from dormitories and MOM medical centres. This would be prioritised for workers who are reporting sick at MOM medical centres, and excludes routine specialist appointments.
- Ambulance or special transport services to other medical facilities (e.g. emergency department), if necessary.

Read the [full list of services](#) .

### How to see a doctor under PCP

Eligible workers can seek medical attention via telemedicine or at medical centres.

#### By telemedicine - video call a doctor

<b>Appointments</b>	Telemedicine is available 24 hours a day for non-urgent or after work hours consultations via  <b>FWMOMCare</b> .  Find out how to <a href="#">make an appointment with the AO</a>  .
<b>How much the worker pays</b>	\$2 (excluding GST) for each telemedicine service.

#### By visiting a medical centre

<b>Appointments</b>	To see a doctor at a medical centre, your worker needs to do the following: <ol style="list-style-type: none"> <li>1. <b>Make an appointment</b> by calling the appointment hotline of a <b>medical centre</b> under their Anchor Operator.</li> <li>2. <b>Take the arranged transport</b> to the medical centre. If the worker is staying in a dormitory, the Anchor Operator will arrange for transport to take them from the dormitory to the medical centre and back.</li> </ol> <p><b>Note:</b> Masks need to be worn at medical centres or GP clinics.</p>
<b>How much the worker pays</b>	\$5 (excluding GST) for treatment at the medical centre.

#### Tip

Workers who are not covered under a PCP still have [options for getting medical help](#).

## Find a medical centre

To find out which medical centres your worker can visit, select from the options below based on your worker's zone or the first 2 digits of their residential postal code.

**Note:** All medical centres are **closed on public holidays**. The types of medical centres include:

- Medical centres for migrant workers (MCMWs) in each zone
- On-site medical centres (OMCs)/Designated clinics in each zone
- Designated clinics islandwide

### Zone A: 01-10 / 15-25 / 28-37 / 40-41 / 57

Centre name	Zone	Address	Operating hours
StarMed Specialist Centre @ Farrer Park	A	12 Farrer Park Station Road S(217565)  Appointments and vaccinations: 9338 7492	Monday to Sunday: <ul style="list-style-type: none"> <li>• 9.00am to 1.00pm</li> <li>• 2.00pm to 9.30pm</li> </ul> Saturday & Sunday: <ul style="list-style-type: none"> <li>• 9.00am to 9.30pm</li> </ul>
Stamford Medical Group Pte Ltd  <b>No medical examinations</b>	A	682 Race Course Road #01-325 S(210682)	Monday to Friday: <ul style="list-style-type: none"> <li>• 9.00am to 1.00pm</li> <li>• 2.00pm to 6.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>• 9.00am to 1.00pm</li> </ul> Sunday: closed

### Zone B: 38-39 / 42-55 / 81-82

Centre name	Zone	Address	Operating hours
Medical Centre @ 63 Loyang Way	B	Medical Centre @ 63 Loyang Way 63 Loyang Way S(508753)  Appointments and vaccinations: 8720 8840	Monday to Sunday: <ul style="list-style-type: none"> <li>9.00am to 12.00pm</li> <li>1.00pm to 4.00pm</li> <li>5.00pm to 8.00pm</li> </ul>
SATA Tampines Medical Centre  <b>No medical examinations</b>	B	5 Tampines Central 6 #01-01A Telepark Building S(529482)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>9.30am to 12.30pm</li> <li>1.30pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>9.30am to 1.00pm</li> </ul> Sunday: closed
SATA Bedok (Uttamram) Medical Centre  <b>No medical examinations</b>	B	351 Chai Chee St SATA CommHealth Building S(468982)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>11.30am to 12.30pm</li> <li>4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>12.00pm to 1.00pm</li> </ul> Sunday: closed
SATA Potong Pasir Medical Centre  <b>No medical examinations</b>	A	1 Siang Kuang Avenue S(347919)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>11.30am to 12.30pm</li> <li>4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>12.00pm to 1.00pm</li> </ul> Sunday: closed
SATA Jurong Medical Centre  <b>No medical examinations</b>	F	135 Jurong Gateway Road #04-345 S(600135)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>11.30am to 12.30pm</li> <li>4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>12.00pm to 1.00pm</li> </ul> Sunday: closed

**Zone C: 56 / 74-80**

Centre name	Zone	Address	Operating hours
Woodlands Recreation Centre	C	Woodlands Recreation Centre 200 Woodlands Industrial Park E7 S(757177)  Appointments: 9632 0316 Vaccinations: 8720 8806	Monday to Sunday: <ul style="list-style-type: none"> <li>• 9.00am to 12.00pm</li> <li>• 1.00pm to 4.00pm</li> <li>• 5.00pm to 8.00pm</li> </ul>
PPT Lodge 1B  <b>Only for dorm residents</b>	C	PPT Lodge 1B 2 Seletar North Link S(797601)	Monday to Sunday: <ul style="list-style-type: none"> <li>• 9.00am to 12.00pm</li> <li>• 1.00pm to 4.00pm</li> <li>• 5.00pm to 8.00pm</li> </ul>
SATA Ang Mo Kio Medical Centre  <b>No medical examinations</b>	C	715 Ang Mo Kio Avenue 6 #01- 4008/4010 S(560715)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>• 11.30am to 12.30pm</li> <li>• 4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>• 12.00pm to 1.00pm</li> </ul> Sunday: closed
SATA Potong Pasir Medical Centre  <b>No medical examinations</b>	A	1 Siang Kuang Avenue S(347919)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>• 11.30am to 12.30pm</li> <li>• 4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>• 12.00pm to 1.00pm</li> </ul> Sunday: closed
SATA Jurong Medical Centre  <b>No medical examinations</b>	F	135 Jurong Gateway Road #04-345 S(600135)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>• 11.30am to 12.30pm</li> <li>• 4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>• 12.00pm to 1.00pm</li> </ul> Sunday: closed

**Zone D: 69-73**


Centre name	Zone	Address	Operating hours
Kranji Recreation Centre	D	11 Kranji Close S(737673)  Appointments: 9624 7437 Vaccinations: 8715 5771	Monday to Sunday: <ul style="list-style-type: none"> <li>9.00am to 12.00pm</li> <li>1.00pm to 4.00pm</li> <li>5.00pm to 8.00pm</li> </ul>
Sungei Tengah Lodge  <b>Only for dorm residents</b>	D	500 Old Choa Chu Kang Road S(698924)	Monday to Sunday: <ul style="list-style-type: none"> <li>9.00am to 12.00pm</li> <li>1.00pm to 4.00pm</li> <li>5.00pm to 8.00pm</li> </ul>
SATA Woodlands Medical Centre	D	900 South Woodlands Drive, #04-01 Woodlands Civic Centre S(730900)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>11.30am to 12.30pm</li> <li>4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>12.00pm to 1.00pm</li> </ul> Sunday: closed
SATA Ang Mo Kio Medical Centre  <b>No medical examinations</b>	C	715 Ang Mo Kio Avenue 6 #01- 4008/4010 S(560715)	Monday to Friday: <ul style="list-style-type: none"> <li>11.30am to 12.30pm</li> <li>4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>12.00pm to 1.00pm</li> </ul> Sunday: closed
SATA Potong Pasir Medical Centre  <b>No medical examinations</b>	A	1 Siang Kuang Avenue S(347919)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>11.30am to 12.30pm</li> <li>4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>12.00pm to 1.00pm</li> </ul> Sunday: closed
SATA Jurong Medical Centre  <b>No medical examinations</b>	F	135 Jurong Gateway Road #04-345 S(600135)	Designated hours for migrant workers  Monday to Friday: <ul style="list-style-type: none"> <li>11.30am to 12.30pm</li> <li>4.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>12.00pm to 1.00pm</li> </ul> Sunday: closed

Centre name	Zone	Address	Operating hours
Medical Centre @ 47 Gul Circle	E	47 Gul Circle S(629580)  Appointments and vaccinations: 8938 4852	Monday to Friday: <ul style="list-style-type: none"> <li>9.30am to 12.30pm</li> <li>1.30pm to 5.30pm</li> <li>6.30pm to 9.00pm</li> </ul> Saturday to Sunday: <ul style="list-style-type: none"> <li>1.30pm to 5.30pm</li> <li>6.30pm to 9.00pm</li> </ul>
CDPL Tuas Dormitory  <b>Only for dorm residents</b>	E	6 Tuas South Street 15 S(636906)  Appointments: 9821 9907	Monday to Friday: <ul style="list-style-type: none"> <li>9.30am to 12.30pm</li> <li>1.30pm to 6.00pm</li> </ul> Saturday to Sunday: <ul style="list-style-type: none"> <li>9.30am to 12.30pm</li> <li>1.30pm to 6.00pm</li> </ul>
Tuas View Dormitory  <b>Only for dorm residents</b>  <b>No medical examinations</b>	E	70 Tuas South Avenue 1 S(637285) For enquiries: 8938 4829	Monday to Friday: <ul style="list-style-type: none"> <li>9.30am to 12.30pm</li> <li>1.30pm to 6.00pm</li> </ul> Saturday to Sunday: <ul style="list-style-type: none"> <li>9.30am to 12.30pm</li> </ul>
Fullerton Health @ 78 Shenton Way  <b>No medical examinations</b>	A	78 Shenton Way, #04-01 S(079120)	Monday to Friday: <ul style="list-style-type: none"> <li>8.30am to 1.00pm</li> <li>2.00pm to 5.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>8.30am to 1.00pm</li> </ul> Sunday: closed
Fullerton Health @ Jurong Point  <b>No medical examinations</b>	F	1 Jurong West Central 2 #B1-A19B, Jurong Point S(648886)	Monday to Friday: <ul style="list-style-type: none"> <li>8.30am to 6.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>8.30am to 1.00pm</li> </ul> Sunday: closed

**Zone F: 11-14 / 26-27 / 58-61 / 64-68**

Centre name	Zone	Address	Operating hours
Penjuru Recreation Centre	F	27 Penjuru Walk S(608538)  Appointments and vaccinations: 9173 8567	Monday to Friday (excluding Thursday): <ul style="list-style-type: none"> <li>9.00am to 1.00pm</li> <li>2.00pm to 5.00pm</li> <li>6.00pm to 9.00pm</li> </ul> Thursday: <ul style="list-style-type: none"> <li>9.00am to 1.00pm</li> <li>6.00pm to 9.00pm</li> </ul> Saturday to Sunday: <ul style="list-style-type: none"> <li>9.00am to 1.00pm</li> <li>2.00pm to 5.00pm</li> </ul>
AcuMed (Boon Lay)  <b>No medical examinations</b>	F	301 Boon Lay Way #01-18/19 Boon Lay MRT S(659846)	Monday to Friday: <ul style="list-style-type: none"> <li>8.00am to 1.00pm</li> <li>1.30pm to 5.00pm</li> <li>5.30pm to 9.00pm</li> </ul> Saturday to Sunday or public holidays: <ul style="list-style-type: none"> <li>9.00am to 1.00pm</li> <li>2.00pm to 5.00pm</li> <li>6.00pm to 9.00pm</li> </ul>
AcuMed (Taman Jurong)  <b>No medical examinations</b>	F	64 Yung Kuang Road #01-107/111 S(610064)	Monday to Friday: <ul style="list-style-type: none"> <li>8.00am to 1.00pm</li> <li>2.00pm to 5.00pm</li> <li>6.00pm to 9.00pm</li> </ul> Saturday: <ul style="list-style-type: none"> <li>8.30am to 1.00pm</li> <li>1.30pm to 5.00pm</li> </ul> Sunday or public holidays: <ul style="list-style-type: none"> <li>9.00am to 12.00pm</li> </ul>

**Tip**

- For more information on the PCP, [download the FAQ](#) .
- You may also [download information posters](#) on the PCP for your workers.

**Related questions****How does my worker know which Anchor Operator they are with?****What options are there for my workers who are not covered under PCP?**

**What if my worker needs medical services outside of the Primary Care Plan (PCP)?**

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**What should I do if my workers covered under PCP refuse to use the services provided by the Anchor Operator?**

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**What should I do with my worker's PCP if they change address?**

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