



In the rare event of a **FIREARMS** or **WEAPONS** attack

RUN » HIDE » TELL



RUN away from danger. Do not surrender or attempt to negotiate.



If escape is not possible, **HIDE**. Find cover and stay out of sight. Be very quiet and switch your phone to silent mode.



When it is safe to do so, **TELL** the Police. Call 999 or SMS 71999 if it is not safe to talk. Provide details on your location and the attackers. You may also use the SGSecure app to provide information to the authorities.





IMPROVISED FIRST AID SKILLS (IFAS)

“STOPPING THE BLEED” CAN SAVE LIVES

In the rare event of a **FIREARMS** or **WEAPONS** attack;

- ▲ If you are at the scene, you should hide from the source of danger; and
- ▲ While hiding, if you encounter any casualty who is bleeding profusely, you should carry out **IFAS** by using commonly available items to stop the bleeding, without drawing any attention to yourself.

IFAS: PRESS » TIE » TELL



PRESS directly on the wound to stop the bleeding using items such as a handkerchief or cloth.



TIE above the wound using items such as a neck tie, belt or sling of a bag to stop any excessive bleeding.



TELL the SCDF Emergency Responders about the injury and the time when you tied the wound.



Towards A Nation Of Lifesavers

A Community Outreach By:





SCDF
The Life Saving Force

IDENTIFY AND DEVELOP A TEAM OF RESPONDERS



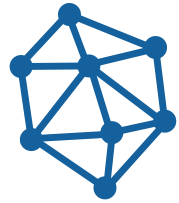
comprising employees who are equipped with lifesaving and other relevant skills that can minimise damage and loss during and in the immediate aftermath of crises.

Have you done these?




-  Identify a group of employees to be responsible for your workplace's safety and security. Send them for fire-fighting, CPR/AED and First Aid training. Visit the Community Emergency Preparedness Programme (CEPP) webpage at www.scdf.gov.sg for complimentary programmes. Certification courses are available at www.redcross.sg and www.stjohn.org.sg.
-  Train a group of employees in Psychological First Aid skills so they can help co-workers cope with difficult situations. Visit www.redcross.sg.

BUILD A COHESIVE WORKFORCE

where co-workers can trust and depend on each other during crises. A cohesive workforce will be resilient against attacks, and can recover quickly after crises.



Have you done these?

-  Organise activities to help your employees identify with one another's similarities during staff orientation or team-building sessions.
-  Encourage and support the celebration of multi-cultural festivities in the workplace to strengthen understanding of diverse groups in your workforce.
-  Set up feedback channels or grievance-handling procedures to proactively handle grievances and resolve workplace tensions promptly.

MANAGE YOUR SAFETY AND SECURITY RISKS



to better protect your workers and business resources.



Have you done these?



Sign up for the Workplace Safety and Health Council's bizSAFE programme to improve your workplace's safety, health and security capabilities. SGSecure content has been incorporated into bizSAFE levels 1 - 3 to help you better assess and manage security risks at your workplace. Visit www.wshc.sg/bizSAFE.



Create a safer, healthier and secure workplace for businesses

What is bizSAFE?

Introduced in 2007, the bizSAFE programme helps companies build up Workplace Safety & Health capabilities through 5 levels of bizSAFE recognition.

Today, over 28,000 enterprises have participated in bizSAFE. It offers a competitive edge to its enterprises. Based on a 2013 study by WSH Institute, bizSAFE enterprises have better capabilities in managing WSH risks than non-bizSAFE companies.

From 26 September 2017, bizSAFE level 1 - 3 will be enhanced to incorporate SGSecure components that require enterprises to develop and implement a risk management plan against terror threats.



Effectiveness of bizSAFE

I

9/10 bizSAFE Enterprises agreed that bizSAFE helped to improve safety and health of their workplaces.



II

89% of client companies would prefer to engage bizSAFE Enterprises for future contracts.



Findings based on a study conducted by the Workplace Safety and Health (WSH) Institute in 2013



For further information and enquiries
Please visit www.wshc.sg/bizsafe
or contact us at bizSAFE@wshc.sg