InBody

[InBody120]

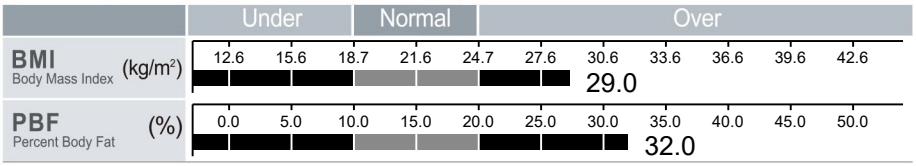
ID	Height	Age	Gender	Test Date / Time
22198	168cm	16	Male	15.01.2026. 20:06

Body Composition Analysis

Total amount of water in body	**Total Body Water**	(L)	40.6 (	34.4~42.1)
For building muscles	**Protein**	(kg)	10.9 (	9.2~11.3)
For strengthening bones	**Minerals**	(kg)	4.10 (	3.19~3.89)
For storing excess energy	**Body Fat Mass**	(kg)	26.1 (	7.3~14.7)
Sum of the above	**Weight**	(kg)	81.8 (	52.0~70.4)

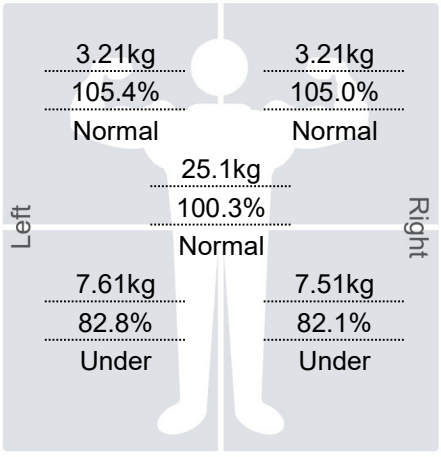
Muscle-Fat Analysis

Obesity Analysis



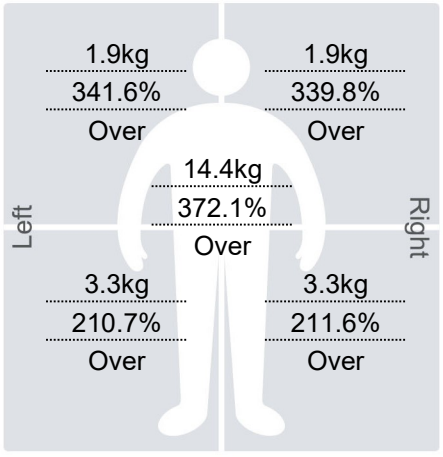
Lean Mass % Evaluation

Segmental Lean Analysis



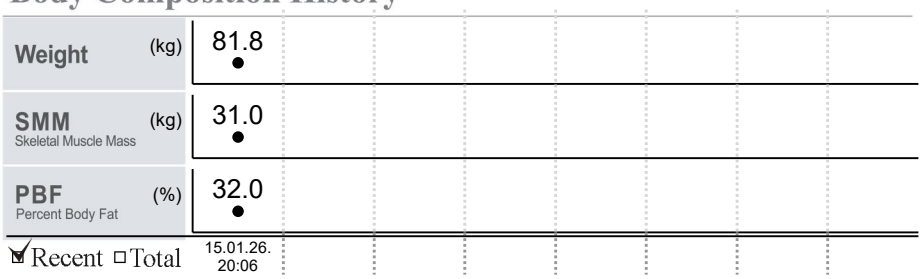
Fat Mass % Evaluation

Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History



InBody Score

67 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	65.5	kg
Weight Control	- 16.3	kg
Fat Control	- 16.3	kg
Muscle Control	0.0	kg

Research Parameters

Basal Metabolic Rate	1572	kcal	(1721~2022)
Waist-Hip Ratio	0.97		(0.80~0.90)
Visceral Fat Level	12		(1~9)
Obesity Degree	134	%	(90~110)

Results Interpretation

Body Composition Analysis

Body weight is the sum of Total Body Water, Protein, Minerals, and Body Fat Mass.
Maintain a balanced body composition to stay healthy.

Muscle-Fat Analysis

Compare the bar lengths of Skeletal Muscle Mass and Body Fat Mass. The longer the Skeletal Muscle Mass bar is compared to the Body Fat Mass bar, the stronger the body is.

Obesity Analysis

BMI is an index used to determine obesity by using height and weight.
PBF is the percentage of body fat compared to body weight.

Segmental Lean Analysis

Evaluates whether the amount of muscles is adequately distributed in all parts of the body. Compares muscle mass to the current weight.

Segmental Fat Analysis

Evaluates whether the amount of fat is adequately distributed throughout the body. Compares the fat mass to the ideal.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.

Impedance

	RA	LA	TR	RL	LL
Z(Ω) 20 kHz	325.9	326.1	18.3	279.2	273.8
100 kHz	294.4	296.3	15.4	246.9	243.0