Spencer Nettles 100/100 pts

Reflection W3

* Why is this week's topic important? 5pts

Its important to understand yourself so you can better participate in a group and team. You understand your strengths so you can better contribute.

* What did I learn from the study material 5 pts

I learned that there is not only introverts and extroverts there is a mix of the two in a big spectrum.

* What is the most significant take-a-way you have gained from your study this week? 10 pts.

The best take-a-way was understanding what kind of introvert/extrovert combo I am. It allowed me to be more aware of what I am.

* Why is this week's topic important for teamwork? 20pts

This week was about self awareness. This is super important because if we know ourselves we can understand more fully about how we can contribute to a team. If we know our team that well we can understand how we can all work together and compliment each other.

* If this was a religion class, how would you relate this week’s topic to the gospel? 20pts

I would teach about how Jesus taught. He understood everyone so perfectly he could teach to their needs and styles. He was more direct to some rather than others and would be able to touch the lives of everyone perfectly according to their personality and needs.

* Tell me about what you taught someone? And what did they learn, that they didn’t know before? 20pts

I taught my roommate about the spectrum of vertness. We talked about how we are both mostly introverts but have some quality of extroverts. We learned more about our personalities and learned more about how we are not just one extreme.

* How does your experience relate to other experiences you have had? 20pts

I always grew up as a kid thinking I was a textbook introvert and defined myself as such. But I also thought that I had some extrovert qualities but never payed attention to them because I thought I was introverted through and through. This made me more self aware and understand more about myself.