

Table 1. Mean (SD) age, height, weight, and body mass index (BMI) of the 100 children in the sample

Measure	Mean (SD)
Age (years)	10.2 (0.5)
Height (cm)	145.2 (10.1)
Weight (kg)	38.5 (10.2)
BMI (kg/m ²)	18.6 (3.2)

Table 2. Mean (SD) age, height, weight, and BMI of the 100 children in the sample, by gender

Measure	Boys (n = 50)	Girls (n = 50)
Age (years)	10.2 (0.5)	10.2 (0.5)
Height (cm)	146.5 (10.2)	143.9 (10.0)
Weight (kg)	39.8 (10.5)	37.2 (9.9)
BMI (kg/m ²)	18.8 (3.3)	18.4 (3.1)

Table 3. Mean (SD) age, height, weight, and BMI of the 100 children in the sample, by BMI category

Measure	Underweight (n = 10)	Normal weight (n = 40)	Overweight (n = 30)	Obese (n = 20)
Age (years)	10.2 (0.5)	10.2 (0.5)	10.2 (0.5)	10.2 (0.5)
Height (cm)	142.5 (8.5)	145.5 (10.0)	147.5 (10.5)	148.5 (10.5)
Weight (kg)	32.5 (5.5)	38.5 (10.0)	42.5 (10.5)	48.5 (10.5)
BMI (kg/m ²)	16.5 (1.5)	18.5 (3.0)	20.0 (3.5)	22.5 (4.0)

Table 4. Mean (SD) age, height, weight, and BMI of the 100 children in the sample, by BMI category and gender

Measure	Underweight (n = 10)	Normal weight (n = 40)	Overweight (n = 30)	Obese (n = 20)
Age (years)	10.2 (0.5)	10.2 (0.5)	10.2 (0.5)	10.2 (0.5)
Height (cm)	142.5 (8.5)	145.5 (10.0)	147.5 (10.5)	148.5 (10.5)
Weight (kg)	32.5 (5.5)	38.5 (10.0)	42.5 (10.5)	48.5 (10.5)
BMI (kg/m ²)	16.5 (1.5)	18.5 (3.0)	20.0 (3.5)	22.5 (4.0)

Table 1. Mean (SD) age, height, weight, and body mass index (BMI) of the 100 children in the sample

Measure	Mean (SD)
Age (years)	10.2 (0.5)
Height (cm)	145.2 (10.1)
Weight (kg)	38.5 (10.2)
BMI (kg/m ²)	18.6 (3.2)

Table 2. Mean (SD) age, height, weight, and BMI of the 100 children in the sample, by gender

Measure	Boys (n = 50)	Girls (n = 50)
Age (years)	10.2 (0.5)	10.2 (0.5)
Height (cm)	146.5 (10.2)	143.9 (10.0)
Weight (kg)	39.8 (10.5)	37.2 (9.9)
BMI (kg/m ²)	18.8 (3.3)	18.4 (3.1)

Table 3. Mean (SD) age, height, weight, and BMI of the 100 children in the sample, by BMI category

Measure	Underweight (n = 10)	Normal weight (n = 40)	Overweight (n = 30)	Obese (n = 20)
Age (years)	10.2 (0.5)	10.2 (0.5)	10.2 (0.5)	10.2 (0.5)
Height (cm)	142.5 (8.5)	145.5 (10.0)	147.5 (10.5)	148.5 (10.5)
Weight (kg)	32.5 (5.5)	38.5 (10.0)	42.5 (10.5)	48.5 (10.5)
BMI (kg/m ²)	16.5 (1.5)	18.5 (3.0)	20.0 (3.5)	22.5 (3.5)

Table 4. Mean (SD) age, height, weight, and BMI of the 100 children in the sample, by BMI category and gender

Measure	Underweight (n = 10)	Normal weight (n = 40)	Overweight (n = 30)	Obese (n = 20)
Age (years)	10.2 (0.5)	10.2 (0.5)	10.2 (0.5)	10.2 (0.5)
Height (cm)	142.5 (8.5)	145.5 (10.0)	147.5 (10.5)	148.5 (10.5)
Weight (kg)	32.5 (5.5)	38.5 (10.0)	42.5 (10.5)	48.5 (10.5)
BMI (kg/m ²)	16.5 (1.5)	18.5 (3.0)	20.0 (3.5)	22.5 (3.5)

