# **Chapter 1 Linear Regression**

	Introduction
□ ERM	$\square$ Ridge Regression (L <sub>2</sub> regularization)
Gradient Descent	$\square$ Lasso Regression ( $L_1$ regularization)

### 1.1 Basic Knowledge

#### **Example 1.1 Linear Regression**

Settings.

- Dataset:  $D = \{(x_i, y_i)\}_{i=1}^n$ , where  $x_i \in \mathbb{R}^d$  and  $y_i \in \mathbb{R}$ . Here,  $y_i$  denotes the regression target, while  $x_i$  represents the input features used to predict  $y_i$ .
- Linear Model:  $f(x) = W^{T}x + b$ , with weight  $W \in \mathbb{R}^{d}$  and bias  $b \in \mathbb{R}$ .



**Note** This definition is equivalent to an inner product:  $\hat{y} = W^{T}x + b$ .

#### **Definition 1.1 (Learnable / Trainable Parameters)**

Learnable parameters are those that can be updated during the training process.

**Quiz.** How to determine whether a parameter is learnable? Quiz: How to determine W and b?

Ans: **ERM** (Empirical Risk Minimization)

• Loss function. Squared Loss (SE) is commonly used during optimization. The training objective can be written as:

$$\underset{W,b}{\operatorname{argmin}} \frac{1}{n} \sum_{i \in [n]} (y_i - (W^{\mathsf{T}} x_i + b))^2$$
(1.1)

The blue factor 1/n can be omitted in theoretical analysis, but is often kept in practice to stabilize the loss function during implementation.

Quiz: How to optimize the parameters?

Ans: Gradient Descent (as a traditional ML method). In the case of linear regression:

$$\frac{\partial \mathcal{L}}{\partial b} = -2 \sum_{i \in [n]} (y_i - W^{\mathsf{T}} x_i - b) \tag{1.2}$$

$$\frac{\partial \mathcal{L}}{\partial W} = -2\sum_{i \in [n]} (y_i - W^{\mathsf{T}} x_i - b) x_i \tag{1.3}$$



Note In the field of machine learning, the gradient of a scalar with respect to a vector is itself a vector (not a covector). This means:

$$\frac{\partial \mathcal{L}}{\partial W} = \begin{pmatrix} \frac{\partial \mathcal{L}}{\partial W_1} \\ \frac{\partial \mathcal{L}}{\partial W_2} \\ \vdots \\ \frac{\partial \mathcal{L}}{\partial W_d} \end{pmatrix} = \left( \frac{\partial \mathcal{L}}{\partial W_1}, \frac{\partial \mathcal{L}}{\partial W_2}, \cdots, \frac{\partial \mathcal{L}}{\partial W_d} \right)^{\mathsf{T}}$$
(1.4)



Note Here are some commonly used derivative formulas:

$$\frac{\partial x^{\mathsf{T}} x}{\partial x} = 2x \tag{1.5}$$

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$$\frac{\partial a^{\mathsf{T}} x}{\partial x} = a, \quad \frac{\partial A x}{\partial x} = A^{\mathsf{T}} \tag{1.6}$$

$$\frac{\partial x^{\mathsf{T}} A x}{\partial x} = (A + A^{\mathsf{T}}) x \tag{1.7}$$

Remark Both sides of an equation must have the same dimension. This principle can be used as a consistency check.

We optimize the parameters by subtracting a scalar multiple of the gradient from the parameters, considering the physical meaning of the gradient: the direction of the steepest **increase**.

#### **Definition 1.2 (Hyperparameter)**

A parameter that is fixed during optimization and specified before the training process.

That is:

$$W' = W - \alpha \frac{\partial \mathcal{L}}{\partial W}, \quad b' = b - \alpha \frac{\partial \mathcal{L}}{\partial b}$$
 (1.8)

Optimization will stop when the norm of the parameter update becomes smaller than a given hyperparameter.

## 1.2 Closed-Form of Linear Regression

#### **Proposition 1.1**

Linear Regression has Closed-Form solution.

Settings.

- Metrix  $X_0 := (x_1^\top, \cdots, x_n^\top)^\top$ ;
- Metrix  $X := (X_0, \mathbb{1}) \in \mathbb{R}^{n \times (d+1)}$ ;
- $y = (y_1, \cdots, y_n)^{\mathsf{T}} \in \mathbb{R}^n$ ;
- $\hat{w} = (w, b)^{\top} \in \mathbb{R}^{d+1}.$

Then the loss function of  $\hat{w}$  can be writtern as:

$$\mathcal{L}(\hat{w}) = (y - X\hat{w})^{\top} (y - X\hat{w}) = \|y - X\hat{w}\|_{2}^{2}$$
(1.9)

Here,  $\|\cdot\|_p$  denotes the *p-norm* of a vector.

Note

**Note** Vectors can sometimes be treated as scalars, since linearity ensures that the validity of a proposition can be extended to any finite dimension.

Notice that the optimization stops when  $\partial \mathcal{L}(\hat{w})/\partial \hat{w} = 0$ . Under this condition, the parameters can be solved from the above constraint by following steps:

$$\frac{\partial \mathcal{L}(\hat{w})}{\partial \hat{w}} = -2X^{\mathsf{T}}(y - X\hat{w}) \tag{1.10}$$



Note Both dimensional analysis and calculation using Leibniz's rule lead to the same result as the formula above:

$$\mathcal{L}(\hat{w}) = y^{\mathsf{T}} y - 2y^{\mathsf{T}} X \hat{w} + \hat{w}^{\mathsf{T}} X^{\mathsf{T}} X \hat{w}$$
$$\partial_{\hat{w}} \mathcal{L}(\hat{w}) = -2X^{\mathsf{T}} y + 2X^{\mathsf{T}} X \hat{w}$$
$$= -2X^{\mathsf{T}} (y - X \hat{w})$$

Remark More matix formulas are available in Matrix Cookbook.

Thus, the target of the optimization satisfied:

$$X^{\mathsf{T}} y = X^{\mathsf{T}} X \hat{w} \tag{1.11}$$

That is:

$$\hat{w} = (X^{\top} X)^{-1} X^{\top} y \tag{1.12}$$

when  $X^{\top}X$  invertible (non-singular / full-rank).

**Example 1.2** When does  $X^{T}X$  not invertible?

**Solution**  $X \in \mathbb{R}^{n \times (d+1)}$ :

- d+1 > n. Brief Proof: rank  $(X^T X) = \text{rank } (X) \le \min(n, d+1) = n < d+1$ .
- X has repeated columns. Proof is trivial.

When  $X^{\top}X$  isn't invertible:

- 1. If rank  $(X^{\top}X, X^{\top}y) > \text{rank } (X^{\top}X)$ ,  $\hat{w}$  has no solution;
- 2.  $\hat{w}$  has infinity solution o.w.

Situation 1 is **Impossible** because both  $X^{T}X$  and  $X^{T}y$  can be represented in the column space of  $X^{T}$ . Therefore, the optimization problem must have a solution, which may be either unique or infinite.

As an infinite set of solutions makes it difficult to determine which estimate of  $\hat{w}$  to choose, we apply  $L_2$  regularization to linear regression, which is commonly referred to as **Ridge Regression**. That is:

$$\mathcal{L}_{L_2} := \mathcal{L}(\hat{w}) + \boxed{\lambda ||\hat{w}||_2^2}$$

$$\tag{1.13}$$

Noticed that  $\|\hat{w}\|_2^2 = \sum_{i=1}^{d+1} \hat{w}_i^2$ ,  $L_2$  regularization prevents any single dimension from being assigned an excessively large weight, , and encourages the model to make use of more dimensions during training.

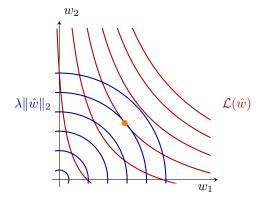


Figure 1.1: Illustration of  $L_2$  regularization. The contours represent level sets of the regularized loss  $\mathcal{L}(\hat{w}) + \lambda ||\hat{w}||_2^2$ , which take the form of concentric ellipses (circle in the plot).

During ridge regression, we minimize the  $\mathcal{L}_{L_2}$ :

$$\underset{\hat{w}}{\operatorname{argmin}} (y - X\hat{w})^{\top} (y - X\hat{w}) + \lambda \hat{W}^{\top} \hat{W}$$
(1.14)

The optimization stops when:

$$\frac{\partial \mathcal{L}_{L_2}}{\partial \hat{w}} = -2X^{\mathsf{T}}y + 2X^{\mathsf{T}}X\hat{w} + 2\lambda I\hat{w} = 0 \tag{1.15}$$

$$\Rightarrow (X^{\top}X + \lambda \mathbb{I})\hat{w} = X^{\top}w \tag{1.16}$$

### **Proposition 1.2**

 $X^{\top}X + \lambda \mathbb{I}$  always invertible.

**Proof** Since  $X^{\top}X$  is a real symmetric matrix, we have the eigen-decomposition  $X^{\top}X = U\Lambda U^{\top}$ , where  $\Lambda = \text{diag}(\lambda_1, \dots, \lambda_{d+1})$ . Moreover, as  $X^{\top}X \succeq 0$  is positive semi-definite, it follows that  $\forall i \in [d+1], \ \lambda_i \geq 0$ . Note that:

$$\lambda \mathbb{I} = \lambda U U^{\top} \tag{1.17}$$

since U is an orthogonal matrix. Hence:

$$X^{\top}X + \lambda \mathbb{I} = U(\Lambda + \lambda I)U^{\top} \tag{1.18}$$

For all  $i \in [d + 1]$ , we have:

$$\lambda_i + \lambda > \lambda_i \ge 0 \tag{1.19}$$

Thus,  $X^{\top}X + \lambda I$  is a full-rank matrix.

**Remark** Numerical issues may still occur even if  $X^TX$  is full rank (e.g., when eigenvalues  $\lambda_k$  are close to zero). The  $L_2$  regularization factor  $\lambda$  mitigates this issue by shifting the eigenvalues upward, thereby improving numerical stability during training.

Another regularization method often used is  $L_1$  regularization, where the loss function is defined as:

$$\mathcal{L}_{L_1} := \mathcal{L}(\hat{w}) + \boxed{\lambda ||\hat{w}||_1} \tag{1.20}$$

 $L_1$  regularization can induce sparsity in  $\hat{w}$ , which works in contrast to  $L_2$  regularization. Specifically,  $L_1$  regularization encourages the model to rely on only a small subset of input features, effectively performing **feature selection**.

Linear regression with  $L_1$  regularization is called **Lasso Regression** (Least Absolute Shrinkage and Selection Operator).

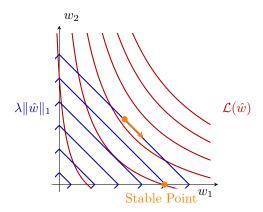


Figure 1.2: Illustration of  $L_1$  regularization. The contours represent level sets of the regularized loss  $\mathcal{L}(\hat{w}) + \lambda ||\hat{w}||_1$ , which take the form of nested diamonds (squares rotated by 45° in the plot).

### 1.3 Geomeric View of LR

Ideally, we would like to solve  $X\hat{w} = y$ . If y lies on the hypersurface

$$\mathcal{M}(X) := \operatorname{Span}(X) = \{Xw : w \in \mathbb{R}^d\} \subset \mathbb{R}^n$$
(1.21)

then the equation admits an exact solution. In most cases, however,  $y \notin \mathcal{M}(X)$ , so no exact solution exists. Nevertheless, we can always find an estimator  $\hat{w}$  such that  $\mathcal{P}_{\mathcal{M}(X)}y = X\hat{w}$ , where  $\mathcal{P}_{\mathcal{M}(X)}$  denotes the orthogonal projection onto the hypersurface  $\mathcal{M}(X)$ .

Proposition 1.3 
$$\hat{y} = X\hat{w} \implies \hat{w} \text{ is solution to } LR. \tag{1.22}$$

**Proof** 

$$y - \hat{y} \perp \mathcal{M}(X) \quad \Rightarrow \quad y - X\hat{w} \perp \mathcal{M}(X)$$
$$\Rightarrow \quad X^{\top}(y - X\hat{w}) = 0 \quad \Rightarrow \quad \hat{w} = (X^{\top}X)^{-1}X^{\top}y$$

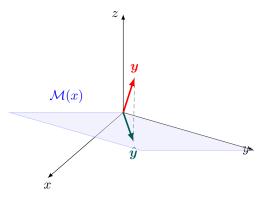


Figure 1.3: Orthogonal projection interpretation of linear regression. The predicted vector  $X\hat{w}$  is obtained as the projection of y onto the hypersurface  $\mathcal{M}(X) = \{Xw : w \in \mathbb{R}^d\}$ , which is a linear subspace in the classical case.