UPDATE wp\_options SET option\_value = replace(option\_value, 'http://localhost/wordpress-5.3.2/wordpress/https', 'http://localhost/project') WHERE option\_name = 'home' OR option\_name = 'siteurl';

UPDATE wp\_posts SET post\_content = replace(post\_content, 'http://localhost/wordpress-5.3.2/wordpress/https', 'http://localhost/project');

UPDATE wp\_postmeta SET meta\_value = replace(meta\_value,'http://localhost/wordpress-5.3.2/wordpress/https','http://localhost/project');