



# M.ZAHID JHANGRE

labour

## PROFILE

Experienced garments worker with practical skills in stitching, fabric cutting, ironing, and finishing.

Dedicated, punctual, and able to work efficiently under supervision or in a team environment.

## CONTACT ME

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Baldia town ,  
Bladia 9

## POSITION

Stitching, Packing &  
General Labour Worker

## EDUCATION

**IQRA SECONDARY SCHOOL**

Middle

**IQRA SECONDARY SCHOOL**

1999

## LANGUAGE

Urdu

## SKILLS

- Garment stitching & thread cutting
- Packing & tagging finished products
- Ironing & finishing work
- Material handling (loading & unloading)
- Quality checking & maintaining standards
- Teamwork & punctuality

## WORK EXPERIENCE

**AGI GARMENTS COMPANY**

2013-2016

**FATIMA GARMENTS COMPANY**

2016-2020

**NAZ GARMENTS COMPANY**

2020-2024

Handled stitching, packing, and general labour tasks, including garment stitching, folding, tagging, loading materials, and maintaining quality and cleanliness at the workstation.