

**Worksheet**  
**English Year 5**  
**Unit 2: Days**

**Section A**

Instructions: Read each question carefully and choose the correct answer, or indicate whether the statement is true or false. (10 Marks)



Picture 1

1. I \_\_\_\_\_ on foot every day.  
a) go to school  
b) goes to school  
c) went to school  
d) going to school
2. The adverb of frequency "normally" indicates a low frequency of an action. (True / False)
3. Which adverb of frequency means "occasionally"?  
a) usually  
b) often  
c) sometimes  
d) always



Picture 2

4. I \_\_\_\_\_ my school homework at night.  
a) do  
b) does  
c) revises  
d) revising
5. The adverb "often" indicates a frequency that is:  
a) occasional  
b) regular

- c) never
- d) rarely

6. "Never" is an adverb of frequency that means "always." (True / False )

7. Amir : What does he prefer for his present?  
Ali : \_\_\_\_\_ a laptop for his present.

- a) He prefer
- b) He prefers
- c) She prefer
- d) Him prefer

8. Sara: What time \_\_\_\_\_?  
Mira: I get up at 6 o'clock in the morning.

- a) are you get up
- b) aren't you get up
- c) do you get up
- d) does you get up

9. Which adverb of frequency means "all the time"?

- a) sometimes
- b) normally
- c) always
- d) never

10. Which adverb of frequency means "at no time"?

- a) sometimes
- b) often
- c) never
- d) always

## Section B

Answer all the questions below.

1. Describe one activity that you usually do every day. Explain why it is important to you.

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2. Think about a celebrity or someone you admire. Describe their daily routine using at least three different adverbs of frequency. How do you think their routine contributes to their success?

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3. Imagine you have a friend who never exercises. Write a persuasive paragraph explaining why it is important for them to incorporate physical activity into their daily routine. Use adverbs of frequency to emphasise the benefits and encourage them to take action.

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## Section C

Activity: Daily Routine Skit

Instructions:

1. Choose a daily routine: Select a specific daily routine that you would like to portray in your skit. It can be your own routine, a family member's routine, or a fictional character's routine.
2. Write a script or outline for your skit. Include the verbs and adverbs of frequency discussed in class.
3. Gather any materials or props you may need and practice your skit with a partner or family member.
4. Present your skit to your class, or family, or record a video of your performance.

**Answer Scheme**  
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**Section A**

1. a) go to school
2. False
3. c) sometimes
4. a) do
5. b) regular
6. False
7. b) He prefers
8. c) do you get up
9. c) always
10. c) never

**Section B**

Sample Answers

1. One activity that I usually do every day is brushing my teeth. It is important to me because it helps keep my teeth clean and healthy. Brushing regularly prevents cavities and keeps my breath fresh. (Or any suitable answers by students)
2. One celebrity I admire is Serena Williams. She always starts her day with an early morning workout, usually going for a run or hitting the gym. Afterwards, she normally practices tennis for several hours, honing her skills. In the afternoon, she often spends time with her coaches, analysing her game and working on strategies. (Or any suitable answers by students)
3. It is important to incorporate physical activity into our daily routine. Regular exercise, such as going for a walk or doing some simple exercises at home, can improve our overall health. It often boosts energy levels, strengthens muscles and bones, and helps maintain a healthy weight. Moreover, exercise sometimes reduces the risk of developing chronic diseases like heart disease and diabetes. By making physical activity a part of our routine, we can lead a healthier and more fulfilling life. (Or any suitable answers by students)

**Section C**

Any suitable answers by students.