

1 True or false: You are empathetic when you respond to someone else's situation and emotions with a judgement on how they should perceive the event.

A True

B False

2 What happens when you have an empathetic response to another person?

A Mirror neurons guide you to feel a connection to the other person's emotions.

B You withhold judgement and communicate what you see the other person is experiencing.

C You try to get the person to look on the bright side so they feel better.

D A and B

E B and C

Time Estimate

⌚ About 10 mins

Topics

Learning Objectives

Be a Leader Wherever You Are in Your Career

Be Empathetic

Evolve with Empathy

Differentiate Between Sympathy and Empathy

Reflection: How Empathetic Am I?

Resources

Challenge

+100 points

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