

Syed Abdullah

Doctor of Physical Therapy Student

Dedicated and punctual DPT student with strong academic performance and practical workshop experience. Passionate about physiotherapy techniques such as dry needling and kinesio taping. Seeking an internship to apply my clinical skills in a professional healthcare setting



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☎ 03024489338

📍 Lahore, Pakistan

EDUCATION

Doctor of Physical Therapy (DPT)

University of Management and Technology,
Lahore

2021 - Present

CGPA: 3.28

F.Sc. Pre-Medical

Punjab Group of Colleges, Lahore

2018 - 2020

Score: 83%

Metric (Science)

Govt Boys High School Wasif Ali Wasif, Lahore

2016 - 2018

Score: 89%

WORKSHOPS EXPERIENCE

Dry Needling and Electro Dry Needling

University of Management and Technology

Achievements/Tasks

- Attended certified hands-on training covering dry and electro dry needling techniques.
- Practiced needling strategies for muscle relaxation, myofascial pain relief, and trigger point deactivation.

Manual Trigger Point Relief Treatment

University of Management and Technology

Achievements/Tasks

- Gained manual therapy techniques for identifying and relieving active and latent trigger points.
- Focused on soft tissue manipulation and pain alleviation without invasive procedures.

Kinesio Taping

University of Management and Technology

Achievements/Tasks

- Trained in applying therapeutic taping methods to support muscles and joints.
- Learned to facilitate lymphatic drainage, reduce swelling, and aid in post-injury recovery.

SKILLS

Kinesio Taping

Trigger Point Manual Therapy

Dry Needling

Electrotherapy Techniques

Smartsheets

ACHIEVEMENTS AND INTERESTS

☑ Won Inter-university Table Tennis Tournament

☑ Strong record of punctuality and discipline

☑ Keen interest in physical rehabilitation and patient care

EXPERIENCE

SmartSheets – Upwork (Client: ComplianceGiant)

1 Year Remote Work

LANGUAGES

English

Full Professional Proficiency

Urdu

Full Professional Proficiency

Punjabi

Professional Working Proficiency