



Hello, I am
**FARZA
ISHRAT**

Dr.

About Me

Motivated physical therapy student with an experience in rehab.
want to have a life changing opportunity to do work with you as you are one of
the leading hospital of PAKISTAN.
It is an opportunity for me to do work under your supervision.

EDUCATIONAL

DOCTOR OF PHYSICAL THERAPIST

Indus university
2025

INTERMEDIATE

Gulshan college block 7
2020

SCHOOL

Usman public high school
2018

PROFICIENCIES

- Manual therapy techniques.
- Exercise prescription and programming, modalities (hot packs, cold packs, electrical stimulation).
- Gait training and mobility assistance.

PROFESSIONAL EXPERIENCE

NATIONAL INSTITUTE OF CARDIOVASCULAR
DISEASE, 2024 (1 MONTH)

- Work on pre and post-operative patients (subside their pain and improve their ADLs)

INSTITUTE OF SURGERY AND MEDICINE
2023 (1 MONTH)

- OPD (OUT PATIENT DEPARTMENT)**
- Assessed and treated patients with various musculoskeletal and neurological conditions.
- utilized manual therapy techniques to improve mobility and function.
- ICU (INTENSIVE CARE UNIT)**
- Provided critical care to patients with complex medical conditions.
- conducted thorough patient assessment and developed individualized care plans.
- utilized evidence-based practice to improve patient outcomes and reduce morbidity.

CONTACT

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