

# EQ-I 2.0 ASSESSMENT

## WHY CHOOSE THE M.E.C. ACADEMY?

### FLEXIBILITY

Start and complete your training at  
your own pace

### PRACTICAL APPROACH:

Learn from experienced Fortune 500  
business professionals

### IN-DEPTH MODERN CONTENT:

Comprehensive training including AI Coaching,  
neuroscience, advanced coaching frameworks,  
cultural intelligence, cognitive behavioral  
techniques, and emotional intelligence



## DEVELOPED FOR COACHES WHO WANT TO LEAD WITH IMPACT

With EQ-i 2.0, you'll receive insights that help you grow as a coach—and help others do the same. This is your chance to understand how you show up in your work, build emotional clarity, and stand out in a saturated coaching world.

[MANNINOCOACH.COM](http://MANNINOCOACH.COM)

## THE MANNINO EXECUTIVE COACHING ACADEMY

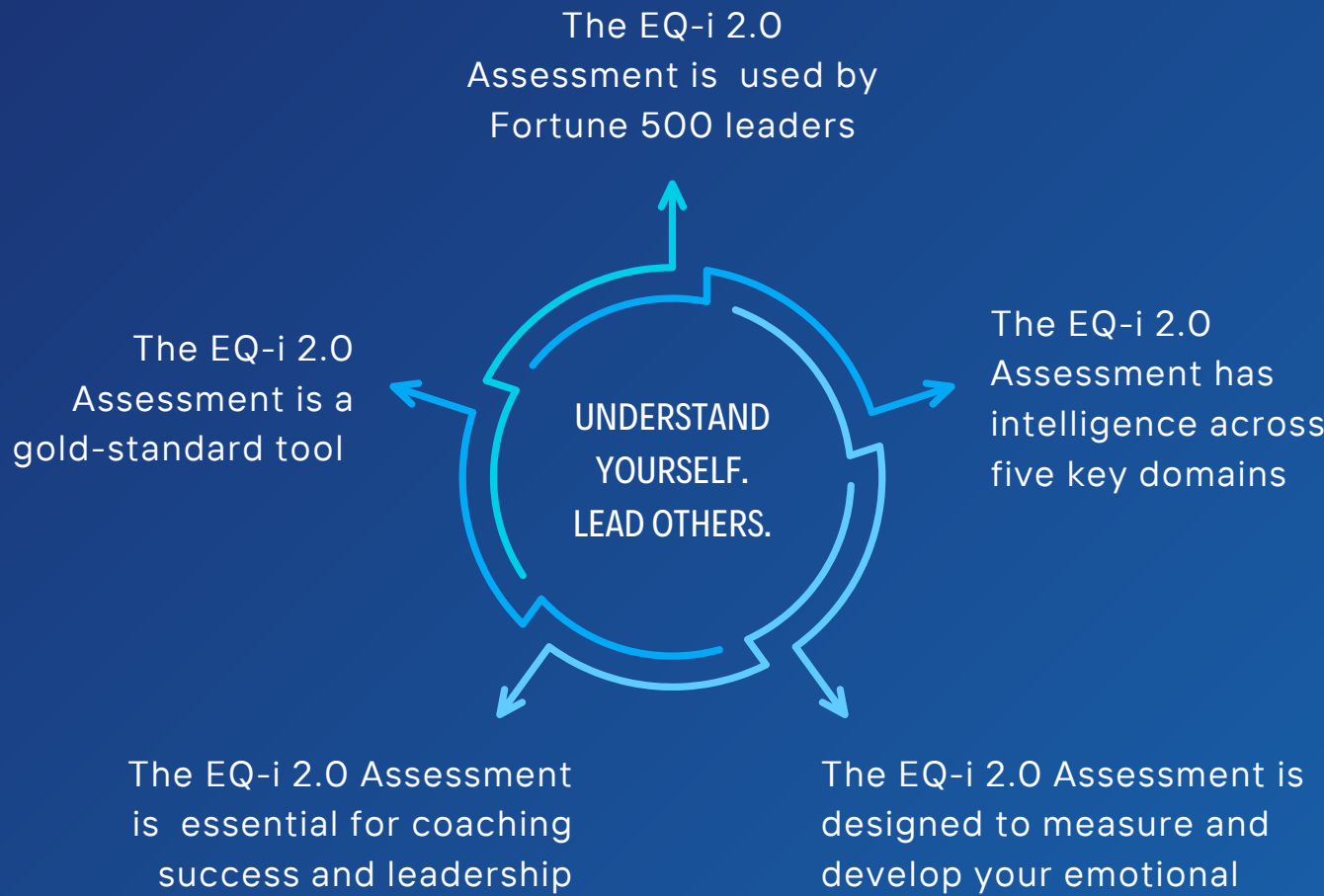
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# WHAT YOU’LL RECEIVE

- ✓ Personalized EQ Leadership Report
- ✓ Coaching-Focused Insights and Action Plans
- ✓ Full EQ-i 2.0 Emotional Intelligence Assessment
- ✓ One-on-One Read-Out with a Certified EQ Practitioner
- ✓ Tools to Develop Self-Awareness and Coaching Presence

# HELPS ELEVATE YOUR EMOTIONAL INTELLIGENCE



# EQ–I 2.0 ASSESSMENT

- No Extra Cost. No Catch. Just Growth.
- Included With All Gold & Platinum Packages

**Ready to deepen your emotional intelligence and coach with confidence?**

This assessment and read-out are exclusive to our premium-level students—and it’s one of the most valuable tools you’ll use in your coaching journey.

***“Awareness leads to action.  
Action leads to transformation.”***

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# BUILD THE CORE OF GREAT COACHING

## FIVE AREAS OF EMOTIONAL INTELLIGENCE MEASURED



**Self-Perception**  
Build inner confidence and personal vision



**Self-Expression**  
Communicate clearly and authentically



**Interpersonal**  
Foster strong, empathic relationships



**Decision Making**  
Think clearly—even under emotional stress



**Stress Management**  
Stay flexible, calm, and optimistic