

## **APGAR Smart Academy Course Catalog Spring 2025**

**Welcome to APGAR Smart Academy!**

***Below is our schedule of exciting and enriching courses. Find the one that suits your interests and schedule, and start your journey of growth and learning.***

**Course:** Project Management. *Learn the art of organizing, planning, and executing projects efficiently.*

**Schedule:** Wednesdays, 3:00 PM - 5:00 PM

**Course:** Data Analytics. *Unlock the power of data to make informed decisions and drive success.*

**Schedule:** Tuesdays and Fridays, 9:00 AM - 11:00 AM

**Course:** Art Therapy – Drawing. *Explore creativity and self-expression through therapeutic drawing sessions.*

**Schedule:** Mondays and Thursdays, 1:00 PM - 3:00 PM

**Course:** Coaching. *Develop skills to mentor and inspire individuals to achieve their full potential.*

**Schedule:** Mondays and Wednesdays, 10:00 AM - 12:00 PM

**Course:** Acting Essentials. *Master the fundamentals of acting and bring characters to life on stage.*

**Schedule:** Fridays, 6:00 PM - 8:00 PM

**Course:** How to Be a Better Person. *Cultivate kindness, empathy, and personal growth to become your best self.*

**Schedule:** Saturdays, 10:00 AM - 12:00 PM

**Course:** Communication Skills for Professionals. *Enhance your ability to communicate effectively in personal and professional settings.*

**Schedule:** Thursdays, 6:00 PM - 9:00 PM

**Course:** Piano for beginners. *Learn the basics of piano playing and start your musical journey.*

**Schedule:** Tuesdays and Thursdays, 2:00 PM - 4:00 PM