

break and continue Statements:

- `break` : Exits the loop completely when encountered.
- `continue` : Skips the rest of the code inside the loop for the current iteration and moves to the next iteration.

```
cups_of_chai = 0

while cups_of_chai < 5:
    cups_of_chai += 1
    print("I want more chai.")
    if cups_of_chai == 3:
        print("Too much chai, stopping now.")
        break
    print("I have had", cups_of_chai, "cups of chai.")
```

38] ✓ 0.0s

```
I want more chai.
I have had 1 cups of chai.
I want more chai.
I have had 2 cups of chai.
I want more chai.
Too much chai, stopping now.
```

continue

```
cups_of_chai = 0

while cups_of_chai < 200000:
    cups_of_chai += 1
    print("I want more chai.")
    if cups_of_chai == 2:
        print("Too much chai, stopping now.")
        continue
    print("I have had", cups_of_chai, "cups of chai.")
```

Pyth

```
I want more chai.
I have had 1 cups of chai.
I want more chai.
Too much chai, stopping now.
I want more chai.
I have had 3 cups of chai.
I want more chai.
I have had 4 cups of chai.
I want more chai.
I have had 5 cups of chai.
```