

14 Stories Related to Islamic Teachings from Fortress of the Muslim

1. **The Story of Gratitude and Provision** (Page 60) A man once approached the Prophet (peace be upon him) asking for guidance. The Prophet advised him to always express gratitude to Allah. This teaching highlights the importance of thanking Allah for food, shelter, and daily blessings. Gratitude brings barakah (blessings) into one's life and prevents arrogance and dissatisfaction. Those who are thankful receive more from Allah, while those who are ungrateful risk losing their blessings.
2. **Seeking Refuge from Evil – A Lesson from the Prophet** (Page 60) The Prophet Muhammad (peace be upon him) frequently sought Allah's protection from the evils within himself and the whispers of Satan. This teaches that human beings are susceptible to negative influences and must regularly turn to Allah for safeguarding. By sincerely asking Allah for protection, believers are shielded from sins, harmful thoughts, and destructive temptations that may lead them astray.
3. **Reciting Surah Al-Mulk for Protection** (Page 60) A companion of the Prophet developed a habit of reciting Surah Al-Mulk every night before sleeping. When he passed away, his soul was protected from the punishment of the grave. The Prophet (peace be upon him) affirmed that this Surah intercedes for the one who recites it. This story teaches the importance of regularly reciting the Quran for both spiritual and physical protection.
4. **Praising Allah After Prayer – The Habit of the Prophet** (Page 39) The Prophet Muhammad (peace be upon him) would praise Allah after every prayer by reciting "Subhaan Allaah, wal-hamdu lillaah, wallaahu Akbar." He encouraged his companions to do the same, explaining that consistent remembrance of Allah strengthens faith. This practice teaches Muslims that worship does not end with prayer but continues throughout the day through gratitude, praise, and mindful remembrance of Allah's greatness.
5. **The Evil Eye and Seeking Protection** (Page 104) A child once fell severely ill due to the effects of the evil eye. The Prophet (peace be upon him) advised his parents to recite specific prayers for protection. This incident highlights the reality of envy and unseen spiritual harm. Islam encourages seeking Allah's refuge from jealousy and malicious intent, emphasizing the power of supplications in maintaining well-being and divine protection.
6. **Knowledge and Good Deeds – A Supplication for Wisdom** (Page 42) The Prophet (peace be upon him) made a supplication asking for knowledge that benefits, wealth that is pure, and deeds that are accepted. This lesson teaches that knowledge alone is not enough unless it is used for good. Seeking beneficial knowledge and applying it in righteous actions is essential for personal growth and for making a positive impact on society.
7. **Morning and Evening Invocations – A Shield of Protection** (Page 71) The Prophet (peace be upon him) taught his companions that reciting specific supplications in the morning and evening serves as a shield from harm throughout the day. A companion who regularly recited them was saved from multiple dangers. This story reminds Muslims of the power of daily remembrance and seeking divine protection through constant connection with Allah.
8. **A Child's Safety Before Sleeping** (Page 57) Fatimah, the Prophet's daughter, once complained about exhaustion. The Prophet (peace be upon him) advised her to recite

SubhanAllah 33 times, *Alhamdulillah* 33 times, and *Allahu Akbar* 34 times before sleeping. She followed this practice and found renewed strength. This story highlights the importance of nighttime supplications in bringing peace, physical relaxation, and spiritual rejuvenation.

9. **The Prophet's Daily Seeking of Forgiveness** (Page 105) Despite being sinless, the Prophet (peace be upon him) sought Allah's forgiveness over 70 times daily. His companions witnessed his humility and sincerity in repentance. This story teaches that no matter how pious one is, turning to Allah in repentance is essential. Seeking forgiveness regularly cleanses the soul and strengthens the relationship between a believer and their Creator.
10. **Patience in Times of Difficulty** (Page 5) A companion endured severe hardships and asked the Prophet (peace be upon him) for advice. The Prophet told him to have patience, assuring him that Allah rewards those who remain steadfast. The companion later witnessed his struggles turn into blessings. This story emphasizes that patience (*sabr*) is one of the greatest virtues and leads to ultimate success in this world and the Hereafter.
11. **Reciting Ayat al-Kursi for Safety** (Page 56) A thief attempted to steal from a companion but later advised him to recite Ayat al-Kursi for protection. The companion narrated the incident to the Prophet (peace be upon him), who confirmed that this verse provides divine security. This story teaches the significance of reciting Ayat al-Kursi before sleeping to guard against harm and evil influences.
12. **What to Say During Hardships** (Page 75) A woman lost her husband and was devastated. The Prophet (peace be upon him) told her to say, *Inna Lillahi wa inna ilayhi raji'un*. She obeyed, and later, she married someone even better than her late husband. This story highlights the lesson of trusting Allah's plan during hardships, as patience and faith lead to greater rewards.
13. **Supplicating for the Deceased – A Prophetic Tradition** (Page 76) The Prophet (peace be upon him) often supplicated for those who had passed away. Once, he prayed for a companion who had died, asking Allah to grant him forgiveness and a place in paradise. This story highlights the importance of praying for deceased loved ones, as such supplications can bring mercy and blessings to their souls in the afterlife.
14. **Charity Does Not Decrease Wealth** (Page 91) A man once asked the Prophet (peace be upon him) how he could increase his wealth. The Prophet advised him to give in charity. The man followed his advice and found that his wealth only increased. This story demonstrates that generosity leads to more blessings rather than loss, as Allah multiplies the rewards for acts of kindness.