

ISABELLA LUDWIG

POSITION: CENTRAL MIDFIELDER



PREPARED BY: MUKIEBE MARYANN



PLAYER DETAILS

Player Name: Isabella Alexa Ludwig

D.O.B: 13.12.2002 (23)

Nationality: South African

Club: Mamelodi Sundowns Ladies FC

Primary Position: Midfielder

Number: 8

Foot: Right/Left

Height: 1.69m

Weight: 58 kg

Contract End:

EXECUTIVE SUMMARY

Isabella Alexa Ludwig (born 13 December 2002) is a South African football player who plays as a midfielder in the SAFA Women's League for Mamelodi Sundowns and the South Africa women's national team. She was part of the squad that finished runners-up at the 2022 Sasol League National Championship for Tuks Ladies.

In April 2025, she signed for Mamelodi Sundowns Ladies and scored on her debut in a 2–0 victory over UCT Ladies. Internationally, she earned recognition with the South Africa women's national team, making her senior debut against Namibia on 22 October 2024. She was part of the national squad that competed at the 2024 COSAFA Women's Championship, further consolidating her status as a player with long-term potential.

STRENGTHS

- High game intelligence and spatial awareness
- High work rate and early match impact
- Reliable defensive contribution and team cover
- Good speed, balance, and overall athleticism
- Strong duel-winning ability
- Excellent off-the-ball movement and positioning
- Comfortable ball shielding and ball carrying
- Reliable defensive contribution and team cover
- Strong communication and team-first mentality

WEAKNESSES

- Occasional mispasses
- Ball security issues in tight or unusual situations
- Decision-making under heavy pressure can improve



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TECHNICAL

- **Ball Security & Composure:** Comfortable shielding the ball and confident when in possession, retaining control under pressure.
- **Box Timing:** Moves into attacking areas swiftly, with good timing when arriving in the box and awareness of space.
- **Ball control:** Consistently winning duels, strong defensive technique, recovers possession easily, and effective in midfield defensive phases.

INTELLIGENCE

- **Positional Versatility:** Adapts well between central and advanced roles, contributing both in build-up and recovery phases.
- **Midfield Structure:** Executes the central midfield role effectively, maintaining structure and balance within the team shape.

PHYSICAL

- **Stamina & Work Rate:** High stamina and work rate, maintaining activity and intensity throughout the match.
- **Speed & Agility:** She has good speed and strong agility, enabling effective movement across midfield areas.
- **Physical Strength & Duel Competitiveness:** Physically strong and competitive in duels, uses her body orientation well to protect the ball.

PSYCHOLOGICAL

- **Competitive Mentality:** Displays a proactive and competitive mentality, as she engages in both offensive and defensive phases.
- **Emotional Control :** Emotionally composed as she maintains discipline in high-pressure situations.
- **On-Field Communication:** Communicates effectively on the pitch.



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OFFENSIVE CONTRIBUTION

- **Intelligent Movement into Attacking Spaces:** Well-timed forwards runs, arrives in the box and advanced areas at the right time, supporting attacks and creates goal-scoring chances.
- **Awareness in the Final Third:** Demonstrates understanding of space, recognizing gaps between lines and positioning herself to receive or recycle the ball effectively.
- **Ball Progression and Support in Build-Up:** Confident ball carrier who progresses play through midfield, offering passing options and maintaining possession continuity during build-up phases.

DEFENSIVE CONTRIBUTION

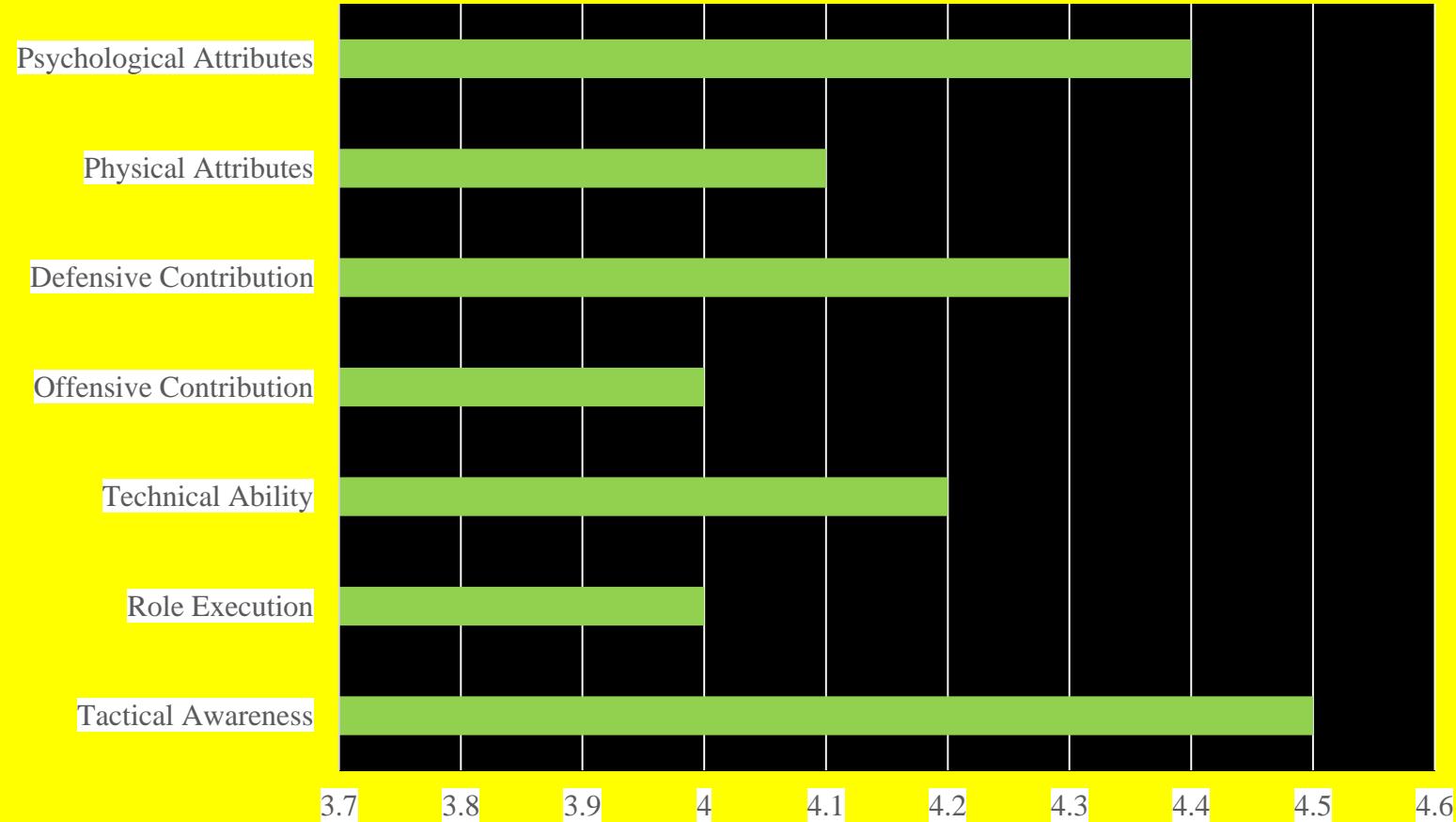
- **Positional Discipline and Team Cover:** Maintains strong defensive positioning, covering her teammates and protecting central spaces during defensive phases.
- **Duel-Winning and Physical Presence:** Very competitive in physical contests, using balance and strength to disrupt opposition play and win duels in all pitch areas.
- **Defensive Recovery and Pressing:** Reacts fast after losing possession, follows the ball, and applies pressure limiting opposition transitions.



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ESTIMATED RATINGS ACROSS KEY PERFORMANCE AREAS





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PRIMARY ROLE

Isabella Ludwig operates as a central midfielder with box-to-box responsibilities. A key figure in offensive and defensive phases. Her role involves supporting build-up play, maintaining positional balance, supporting build-up play, and providing defensive cover through recovery runs and duel-winning in midfield.

SUMMARY

Isabella Ludwig is a physically strong and tactically intelligent midfielder who brings energy, structure, and balance to the team. She supports attack, reads the game well, contributes consistently off-the-ball. She is defensively reliable and offensively aware, and is well-suited to systems that require midfielders to connect play and cover ground.