Complete Notes on References in C++

What is a Reference?

A **reference** in C++ is an **alias (another name)** for an existing variable.

It must be **initialized at the time of declaration** and **cannot be changed** to refer to another variable later.

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int a = 10;

int& ref = a; // ref is now an alias for a

ref = 20; // a is now 20

Key Properties of References

Property	Description	Example
Alias	A reference is just another name for a variable.	int& ref = a;
Must Initialize	Reference must be initialized when declared.	int& ref = a; ☑, int& ref; 🗶
Cannot Rebind	After initialized, it cannot refer to another variable.	ref = b; → assigns b's value to a, doesn't rebind
No Null Reference	You can't have a reference that refers to nothing.	
Automatically Dereferenced	No need to use *ref, use directly.	cout << ref; prints value of a
Cannot be reseated	Can't make a reference refer to another object.	

Reference vs Pointer

Feature

Reference (&) Pointer (*)

Must be initialized?

Yes

X No

Can be reseated?

X No

Yes

Null allowed?

X No

Yes

Requires dereferencing? X No

✓ Yes (*p)

Syntax

int& r = a;

int*p = &a;

Where are References Stored?

- Local reference (to stack var) → stored on stack
- **Reference to heap var** → still on stack, points to heap object
- Reference is stored wherever the object it's aliasing is accessible

Reference in Functions

1. Pass by Reference

Allows functions to modify the caller's variables.

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```
void update(int& x) {
 x += 5;
}
```

2. Return by Reference

Used when:

- Returning large objects to avoid copy
- Returning modifiable variables

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int& getElement(int arr[], int index) {

```
return arr[index];

}

▲ Never return local variables by reference — they'll be destroyed!

• Reference to Array

☑ Allowed:

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int arr[5] = {1,2,3,4,5};

int (&refArr)[5] = arr;

X Array of References:

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int& arrRef[5]; // X Invalid
```

Multiple References to One Variable

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int x = 10;

int& ref1 = x;

int& ref2 = x;

Multiple references to the same variable are allowed.

Common Misunderstood Points

Concept Clarification

Ref to Ref? X Not allowed (no reference to a reference)

Concept

Clarification

Array of Refs?

X Not allowed

Reference to Pointer? Allowed

Pointer to Reference? X Not allowed (meaningless)



X Wrong: Reference uninitialized

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int& r; // Error

Reference to Pointer

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int* p;

int*& ref = p; // OK

Reference to Array

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int arr $[3] = \{1,2,3\};$

int (&r)[3] = arr;

17 Reference MCQs with Correct Answers and Concepts

1. Where is a reference stored?

Answer: B. On the stack

Local variables (and references to them) are stored on the stack.

2. Once a reference is bound, can it refer to another variable?

Answer: D. Both 1 and 2 are incorrect

- A reference cannot be changed to another variable
- It acts like a constant pointer

3. Why return a reference from a function?

Answer: A. Only 1 is correct

Returning a reference avoids copying large objects.

No need for r-value return.

4. Which of the following is correct?

Answer: A. Only 1 is correct

Changing a reference changes the original (referent).

Array of references is not allowed.

5. When must a reference be initialized?

Answer: C. Must always be initialized

A reference can't exist without being bound.

6. Reference is declared using:

Answer: B. &

7. Can reference be reseated or declared without initialization?

Answer: C. Once defined, it cannot refer to another variable

8. Which statement is true?

Answer: B. Only 2 is correct

Reference is automatically dereferenced.

It **is** like a constant pointer, so statement 1 is wrong.

9. Array of references and reference to reference?			
Answer: D. Both incorrect			
Neither is allowed in C++			
10. Do you need to dereference references?			
Answer: B. No — reference does not need to be dereferenced			
11. Multiple references to a variable?			
Answer: A. Only 1 is correct			
Multiple references allowed			
12. Can you return references to global/local variables?			
Answer: C. Both are correct			
Return global 🗸			
Return local X — invalid			
13. Reference is like a:			
Answer: A. Pointer			
14. Reference is a constant pointer?			
Answer: A. Yes			
Behaves like const pointer (int* const)			
15. Variable can have multiple references?			
Answer: D. Yes			
16. Is array of references valid?			

Answer: C. No — array of references is not allowed

17. Pointer to reference vs reference to pointer

Answer: C. Both are valid

✓ Reference to pointer is valid

⚠ Pointer to reference is tricky, **compiler may reject**

Final Summary

Concept	Must Know
Reference must be initialized	<u>~</u>
Can't refer to another variable after binding	<u>~</u>
Acts like constant pointer	✓
Automatically dereferenced	✓
Can't create array of references	<u>~</u>
Can return global by reference	✓
Can't return local by reference	X
Reference to array is valid	<u>~</u>
Reference to pointer is valid	✓