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8.4 Trigonometric Substitutions

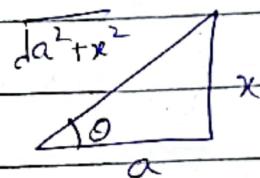
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→ Trigonometric substitutions occur when we replace the variable of integration by a trigonometric function.

→ The most common substitutions are:

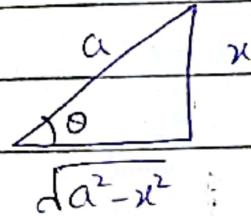
$$\textcircled{1} \quad x = a \tan \theta$$

$$\sqrt{a^2 + x^2} = a |\sec \theta|$$



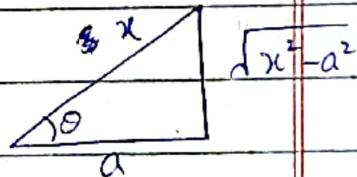
$$\textcircled{2} \quad x = a \sin \theta$$

$$\sqrt{a^2 - x^2} = a |\cos \theta|$$



$$\textcircled{3} \quad x = a \sec \theta$$

$$\sqrt{x^2 - a^2} = a |\tan \theta|$$



→ These substitutions are effective in transforming integrals involving

$\sqrt{a^2 + x^2}$, $\sqrt{a^2 - x^2}$, $\sqrt{x^2 - a^2}$ into integrals

we can evaluate directly

Trigonometric
function

$$1 + \tan^2 \theta = \sec^2 \theta$$

$$1 - \sin^2 \theta = \cos^2 \theta$$

$$\sec^2 \theta - 1 = \tan^2 \theta$$

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* Read details from book (Pg 467)

$$x = a \tan \theta \Rightarrow \theta = \tan^{-1}\left(\frac{x}{a}\right) \text{ with } -\frac{\pi}{2} < \theta < \frac{\pi}{2}$$

$$x = a \sin \theta \Rightarrow \theta = \sin^{-1}\left(\frac{x}{a}\right) \text{ with } -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$$

$$x = a \sec \theta \Rightarrow \theta = \sec^{-1}\left(\frac{x}{a}\right) \text{ with } \begin{cases} 0 \leq \theta < \frac{\pi}{2} & \text{if } \frac{x}{a} \geq 1 \\ \frac{\pi}{2} < \theta \leq \pi & \text{if } \frac{x}{a} \leq -1 \end{cases}$$

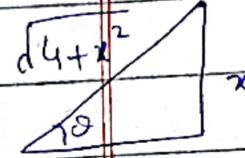
Procedure for a Trigonometric Substitution

- ① Write down the substitution for x , calculate dx and specify the selected values of θ for substitution.
- ② Substitute the trigonometric expression and the calculated differential into the integrand and then simplify the results algebraically.
- ③ Integrate the trigonometric integral, keeping in mind the restrictions on the angle θ for reversibility.
- ④ Draw an appropriate reference triangle to reverse the substitution in the integration result and convert it back to the original variable x .

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* Example 1: $\int \frac{dx}{\sqrt{4+x^2}} = \int dx$

Sol: Let $x = a \tan \theta$
 $a = 2 \tan \theta$



$$dx = 2 \sec^2 \theta d\theta, -\frac{\pi}{2} < \theta < \frac{\pi}{2}$$

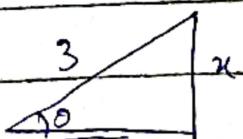
$$\begin{aligned} 4+x^2 &= 4+4\tan^2 \theta \\ &= 4(1+\tan^2 \theta) = 4\sec^2 \theta. \end{aligned}$$

$$\begin{aligned} \int \frac{dx}{\sqrt{4+x^2}} &= \int \frac{dx}{\sqrt{2^2+x^2}} = \int \frac{2\sec^2 \theta d\theta}{\sqrt{4\sec^2 \theta}} \\ &= \int \frac{2\sec^2 \theta d\theta}{2\sec \theta} \end{aligned}$$

$$\begin{aligned} &= \int \sec \theta d\theta \\ &= \ln |\sec \theta + \tan \theta| + C. \\ &= \ln \left| \frac{\sqrt{4+x^2}}{2} + \frac{x}{2} \right| + C. \end{aligned}$$

* Example 3: Evaluate $\int \frac{x^2}{\sqrt{9-x^2}} dx = \int \frac{x^2}{\sqrt{3^2-x^2}} dx$

Sol: Let $x = a \sin \theta$



$$\theta = \sin^{-1}\left(\frac{x}{3}\right) \Leftrightarrow x = 3 \sin \theta.$$

$$\frac{x}{3} = \sin \theta \Leftrightarrow dx = 3 \cos \theta d\theta. \quad -\frac{\pi}{2} < \theta < \frac{\pi}{2}$$

$$3 \cancel{4+x} \quad 9-x^2 = 9 - (3 \sin \theta)^2$$

$$= 9 - 9 \sin^2 \theta$$

$$9-x^2 = 9 \cos^2 \theta$$

$$\cos \theta = \frac{9-x^2}{9}$$

$$\cos \theta = \sqrt{9-x^2}$$

$$= 9(1-\sin^2 \theta) = 9 \cos^2 \theta$$

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$$\begin{aligned}
 \int \frac{x^2}{\sqrt{9-x^2}} dx &= \int \frac{9 \sin^2 \theta \cdot 3 \cos \theta d\theta}{\sqrt{9 \cos^2 \theta}} \\
 &= 9 \int \frac{3 \sin^2 \theta \cos \theta d\theta}{3 \cos \theta} \\
 &= 9 \int \sin^2 \theta d\theta \quad (\because \sin^2 \theta = 1 - \cos^2 \theta) \\
 &= 9 \int \left(1 - \frac{1 - \cos 2\theta}{2}\right) d\theta \\
 &= \frac{9}{2} \left[\theta - \frac{\sin 2\theta}{2}\right] + C \\
 &= \frac{9}{2} \left(\theta - \frac{2 \cos \theta \sin \theta}{2}\right) + C \quad (\because \sin 2\theta = 2 \cos \theta \sin \theta) \\
 &= \frac{9}{2} (\theta - \sin \theta \cos \theta) + C \\
 &= \frac{9}{2} \left(\sin^{-1} \frac{x}{3} - \frac{x}{3} \cdot \frac{\sqrt{9-x^2}}{3}\right) + C \\
 &= \frac{9}{2} \sin^{-1} \frac{x}{3} - \frac{3}{2} x \frac{\sqrt{9-x^2}}{3} + C.
 \end{aligned}$$

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* Example 4: $\int \frac{dx}{\sqrt{25x^2 - 4}}$ $x > \frac{2}{5}$

Sol: $\sqrt{25x^2 - 4} = \sqrt{25(x^2 - \frac{4}{25})}$

$$= \sqrt{25(x^2 - \frac{4}{25})} = \sqrt{25} \sqrt{x^2 - (\frac{2}{5})^2} = 5 \sqrt{x^2 - (\frac{2}{5})^2}$$

$$x = a \sec \theta \Rightarrow x = 2 \sec \theta \quad 5 \quad 0 < \theta < \frac{\pi}{2}$$

$$dx = \frac{2}{5} \sec \theta \tan \theta d\theta$$

$$\begin{aligned} x^2 - \left(\frac{2}{5}\right)^2 &= \left(\frac{2}{5} \sec \theta\right)^2 - \left(\frac{2}{5}\right)^2 \\ &= \frac{4}{25} \sec^2 \theta - \frac{4}{25} = \frac{4}{25} (\sec^2 \theta - 1) \\ &= \frac{4}{25} \tan^2 \theta \end{aligned}$$

$$\begin{aligned} \int \frac{dx}{\sqrt{25x^2 - 4}} &= \int \frac{dx}{5 \sqrt{x^2 - (\frac{2}{5})^2}} = \int \frac{\frac{2}{5} \sec \theta \tan \theta d\theta}{5 \cdot \frac{4}{25} \tan^2 \theta} \\ &= \int \frac{\frac{2}{5} \sec \theta \tan \theta d\theta}{\frac{5}{5} \cdot \frac{2}{5} \tan \theta} \\ &= \frac{1}{5} \int \sec \theta d\theta = \frac{1}{5} \ln |\sec \theta + \tan \theta| + C \\ &= \frac{1}{5} \ln \left| \frac{5x}{2} + \sqrt{25x^2 - 4} \right| + C \end{aligned}$$

