

8.3 Trigonometric Integrals

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→ Trigonometric integrals involve algebraic combinations of the six basic trigonometric functions.

* Products of Powers of Sines & Cosines

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We begin with integral of the form

$$\int \sin^m x \cos^n x dx$$

where 'm' and 'n' are non-negative integers (positive or zero).

→ We can divide the appropriate substitution into three cases according to 'm' and 'n' being 'odd' or 'even'.

* Case 1: If m is odd we write m as $2k+1$ and use the identity $\sin^2 x = 1 - \cos^2 x$ to obtain

$$\sin^m x = \sin^{2k+1} x = (\sin^2 x)^k \cdot \sin x$$

$$\sin^m x = (1 - \cos^2 x)^k \sin x$$

We then combine the single $\sin x$ with dx and set $\sin x dx$ equal to $[-d(\cos x)]$

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* Case 2: If [n is odd] in $\int \sin^m x \cos^n x dx$, we write [n as $2k+1$] and use the identity $\cos^2 x = 1 - \sin^2 x$ to obtain

$$\cos^n x = \cos^{2k+1} x = (\cos^2 x)^k \cos x$$

$$[\cos^n x = (1 - \sin^2 x)^k \cos x]$$

We then combine the single $\cos x$ with dx

and set $[\cos x dx]$ equal to $[d(\sin x)]$

* Case 3: If both [m and n are even] in $\int \sin^m x \cos^n x dx$, we substitute

$$\left[\sin^2 x = \frac{1 - \cos 2x}{2}, \cos^2 x = \frac{1 + \cos 2x}{2} \right]$$

to reduce the integrand to one in lower powers of $\cos 2x$.

• Example 1 (Case 1).

Evaluate $\int \sin^3 x \cos^2 x dx$.

Sol: Here $m = 3$ (odd).

$$\begin{aligned} \int \sin^3 x \cos^2 x dx &= f(1 - \cos^2 x) \int (\sin^2 x) \cos^2 x \sin x dx \\ &= \int (1 - \cos^2 x)^2 \cos^2 x (-d(\cos x)) \\ &= \int (1 - u^2)(u^2)(-du) \quad : u = \cos x \end{aligned}$$

$$\begin{aligned} m &= 2k+1 \\ 3 &= 2k+1 \\ 3-1 &= 2k \\ 2 &= 2k \\ k &= 1 \end{aligned}$$

$$\sin x dx = -d(\cos x)$$

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$$\int \sin^3 x \cos^2 x dx = \int (u^4 - u^2) du.$$

$$= \frac{u^5}{5} - \frac{u^3}{3} + C$$

$$= \frac{\cos^5 u}{5} - \frac{\cos^3 u}{3} + C$$

• Example 2 (Case 2).

Evaluate $\int \cos^5 x dx$

Sol: Here $n = 5$ (odd)

$$\int \cos^5 x dx = \int \cos^4 x \cos x dx$$

$$= \int (1 - \sin^2 x)^2 \cos x dx$$

$$= \int (1 - \sin^2 x)^2 d(\sin x)$$

$$= \int (1 - u^2)^2 du \quad \because u = \sin x$$

$$= \int (1 - 2u^2 + u^4) du.$$

$$= \frac{u^5}{5} - 2\frac{u^3}{3} + u + C$$

$$= \sin x - \frac{2}{3} \sin^3 x + \frac{1}{5} \sin^5 x + C$$

• Example 3 (Case 3)

Evaluate $\int \sin^2 x \cos^4 x dx$

Sol: Here $m = 2$, $n = 4$ (even)

$$\int \sin^2 x \cos^4 x dx = \int \left(\frac{1 - \cos 2x}{2} \right) \left(\frac{1 + \cos 2x}{2} \right)^2 dx$$

$$= \frac{1}{8} \int (1 - \cos 2x)(1 + \cos 2x)^2 dx.$$

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$$\begin{aligned}
 \int \sin^2 x \cos^4 x dx &= \frac{1}{8} \int (1 - \cos 2x)(1 + 2\cos 2x + \cos^2 2x) dx \\
 &= \frac{1}{8} \int (1 + 2\cos 2x + \cos^2 2x - \cos^2 2x \\
 &\quad + 2\cos^2 2x - \cos^3 2x) dx \\
 &= \frac{1}{8} \int (1 + \cos 2x - \cos^2 2x - \cos^3 2x) dx \\
 &= \frac{1}{8} \left[x + \frac{\sin 2x}{2} - \int (\cos^2 2x + \cos^3 2x) dx \right]
 \end{aligned}$$

$$\begin{aligned}
 \int \cos^2 2x dx &= \int \left(\frac{1 + \cos 4x}{2} \right) dx \\
 &= \frac{1}{2} \int (1 + \cos 4x) dx = \frac{1}{2} \left[x + \frac{\sin 4x}{4} \right] + C
 \end{aligned}$$

$$\begin{aligned}
 \int \cos^3 2x dx &= \int \cos^2 2x \cos 2x dx \\
 &= \int (1 - \sin^2 2x) \cos 2x dx \\
 \text{Let } u &= \sin 2x \\
 du &= 2\cos 2x dx \\
 &= \int \frac{(1 - u^2)}{2} du \\
 &= \frac{1}{2} \left[u - \frac{u^3}{3} \right] + C \\
 &= \frac{1}{2} \left[\sin 2x - \frac{1}{3} \sin^3 2x \right] + C
 \end{aligned}$$

$$\begin{aligned}
 \int \sin^2 x \cos^4 x dx &= \frac{1}{8} \left[x + \frac{\sin 2x}{2} - \frac{1}{2} x - \frac{\sin 4x}{8} \right. \\
 &\quad \left. - \frac{1}{2} \sin 2x + \frac{1}{6} \sin^3 2x \right] + C \\
 &= \frac{1}{8} \left[\frac{x}{2} - \frac{1}{8} \sin 4x + \frac{1}{6} \sin^3 2x \right] + C
 \end{aligned}$$

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(2) Eliminating Square Roots

→ We use the identity

$$\cos^2 \theta = \frac{1 + \cos 2\theta}{2}$$

to eliminate a square root.

• Example 4: Evaluate $\int_0^{\pi/4} \sqrt{1 + \cos 4x} dx$.

Sol: To eliminate the sq. root, we use the identity

$$\cos^2 \theta = \frac{1 + \cos 2\theta}{2}$$

$$1 + \cos 2\theta = 2\cos^2 \theta.$$

with $\theta = 2x$, this becomes

$$1 + \cos 4x = 2\cos^2 2x.$$

$$\begin{aligned} \int_0^{\pi/4} \sqrt{1 + \cos 4x} dx &= \int_0^{\pi/4} \sqrt{2\cos^2 2x} dx \\ &= \int_0^{\pi/4} \sqrt{2} \cos 2x dx. \end{aligned}$$

$$= \left[\sqrt{2} \frac{\sin 2x}{2} \right]_0^{\pi/4}$$

$$= \frac{\sqrt{2}}{2} \left[\sin 2\left(\frac{\pi}{4}\right) - \sin 0 \right] = \frac{\sqrt{2}}{2}.$$

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Integrals of Powers of $\tan x$ and $\sec x$.

→ We know how to integrate $\tan x$ and $\sec x$ functions & their squares.

→ To integrate higher powers, we use the identities

$$\tan^2 x = \sec^2 x - 1$$

$$\sec^2 x = \tan^2 x + 1.$$

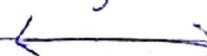
and integrate by parts when necessary to reduce the higher powers to lower powers.

• Example 5: Evaluate $\int \tan^4 x dx$.

$$\begin{aligned} \text{Sol: } \int \tan^4 x dx &= \int \tan^2 x \tan^2 x dx \\ &= \int \tan^2 x (\sec^2 x - 1) dx \\ &= \int \tan^2 x \sec^2 x dx - \int \tan^2 x dx \\ &= \int \tan^2 x \sec^2 x dx - \int \sec^2 x dx \\ &\quad + \int dx \end{aligned}$$

$$\begin{aligned} \int \tan^2 x \sec^2 x dx &= \int u^2 du \quad \because U = \tan x \\ du &= \sec^2 x dx \\ &= \frac{u^3}{3} + C = \frac{\tan^3 x}{3} + C \end{aligned}$$

$$\int \tan^4 x dx = \int \tan^3 x - \tan x + x + C$$



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- Example 6 Evaluate $\int \sec^3 x dx = I$

Sol: Integration by parts.

$$u = \sec x$$

$$v = \sec^2 x$$

$$I = \int \sec^3 x dx = \int \sec x \sec^2 x dx = \sec x \tan x - \int (\sec x \tan x) \frac{\tan x}{dx}$$

$$= \sec x \tan x - \int \sec x \tan^2 x dx$$

$$= \sec x \tan x - \int \sec x (\sec^2 x - 1) dx$$

$$= \sec x \tan x - \int \sec^3 x dx + \int \sec x dx$$

$$= \sec x \tan x - I + \ln |\sec x + \tan x| + C$$

$$2I = \sec x \tan x + \ln |\sec x + \tan x| + C$$

$$I = \frac{1}{2} \sec x \tan x + \frac{1}{2} \ln |\sec x + \tan x| + C$$

- Example 7: Evaluate $\int \tan^4 x \sec^4 x dx$.

$$\text{Sol: } \int \tan^4 x \sec^4 x dx = \int \tan^4 x \sec^2 x \sec^2 x dx$$

$$= \int \tan^4 x (1 + \tan^2 x)^{\frac{sec^2 x}{2}} dx$$

$$= \int (\tan^4 x + \tan^6 x) \sec^2 x dx$$

$$= \int \tan^4 x \sec^2 x dx + \int \tan^6 x \sec^2 x dx$$

$$= \frac{\tan^5 x}{5} + \frac{\tan^7 x}{7} + C$$

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Products of Sines & Cosines

The integrals

$$\bullet \int \sin mx \sin nx dx, \bullet \int \sin mx \cos nx dx, \bullet \int \cos mx \cos nx dx$$

$$\boxed{1} \sin mx \sin nx = \frac{1}{2} [\cos(m-n)x - \cos(m+n)x]$$

$$\boxed{2} \sin mx \cos nx = \frac{1}{2} [\sin(m-n)x + \sin(m+n)x]$$

$$\boxed{3} \cos mx \cos nx = \frac{1}{2} [\cos(m-n)x + \cos(m+n)x]$$

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- Example 8 : Evaluate $\int \sin 3x \cos 5x dx$

Sol:

$$\begin{aligned}
 \int \sin 3x \cos 5x dx &= \frac{1}{2} \int [\sin(3x - 5x) + \\
 &\quad \sin(3x + 5x)] dx \\
 &= \frac{1}{2} \int [\sin(-2x) + \sin(8x)] dx \\
 &= \frac{1}{2} \int [\sin 8x - \sin 2x] dx \\
 &= \frac{1}{2} \left(-\frac{\cos 8x}{8} \right) + \frac{1}{2} \frac{\cos 2x}{2} + C \\
 &= -\frac{\cos 8x}{16} + \frac{\cos 2x}{4} + C.
 \end{aligned}$$

