Youth Thinking Skills Inventory

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| --- | --- | --- | --- | --- |
|  | **Questions** | Never/ Rarely | Sometimes | Often/ Always |

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| --- | --- | --- | --- | --- |
| 1) | It’s hard for me to stay focused on things that I need to | 0 | 1 | 2 |

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| 2) | It’s hard for me to remember the steps or directions I need to get things done | 0 | 1 | 2 |

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| 3) | It’s hard for me to keep track of time to get places and do things on time | 0 | 1 | 2 |

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| 4) | I have a hard time understanding what other people are trying to tell me | 0 | 1 | 2 |

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| 5) | I have a hard time telling people how I feel | 0 | 1 | 2 |

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| 6) | I have a hard time telling people what I am thinking | 0 | 1 | 2 |

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| 7) | It’s hard for me to settle down when I am hyped up | 0 | 1 | 2 |

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| 8) | It’s hard for me to get my exergy level up when I need to | 0 | 1 | 2 |

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| 9) | It’s hard to control my worries | 0 | 1 | 2 |

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| 10) | I have a hard time thinking straight when I am feeling frustrated | 0 | 1 | 2 |

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| 11) | I have a hard time handling things when I am feeling disappointed | 0 | 1 | 2 |

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| --- | --- | --- | --- | --- |
|  | **Questions** | Never/ Rarely | Sometimes | Often/ Always |

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| 12) | It’s hard for me to stop and think before I say or do things | 0 | 1 | 2 |

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| 13) | I don’t do well in new or unexpected situations | 0 | 1 | 2 |

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| 14) | I have a hard time when my plans or schedule changes | 0 | 1 | 2 |

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| 15) | It’s hard for me to stop one thing I’m doing and start up a new thing | 0 | 1 | 2 |

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| 16) | It’s hard for me to think of more than one way to solve a problem | 0 | 1 | 2 |

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| 17) | I tend to take things too personally | 0 | 1 | 2 |

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| 18) | I tend to exaggerate, make too big of a deal about things or think that things are worse than they are | 0 | 1 | 2 |

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| 19) | I don’t usually notice or understand people’s facial expression or tone of voice when they are talking to me | 0 | 1 | 2 |

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| 20) | It’s hard for me to tell what people think about me | 0 | 1 | 2 |

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| 21) | I’m not very good at talking to new people | 0 | 1 | 2 |

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| 22) | I have a hard time understanding how other people are feeling | 0 | 1 | 2 |

Scoring

The TSI is scored across multiple skill areas. Each domain score is an average of all possible points within the domain. Add the items in each skill and place your answers in the table below.

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| **Domain** | Question Numbers | Total Score |

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| Attention and Working Memory | 1, 2, 3 | \_\_\_\_\_\_\_\_\_\_ |

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| Language and Communication | 4, 5, 6 | \_\_\_\_\_\_\_\_\_\_ |

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| Emotion and Self-Regulation | 7, 8, 9, 10, 11, 12 | \_\_\_\_\_\_\_\_\_\_ |

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| Cognitive Flexibility | 13, 14, 15, 16, 17, 18 | \_\_\_\_\_\_\_\_\_\_ |

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| Social Thinking | 19, 20, 21, 22 | \_\_\_\_\_\_\_\_\_\_ |

The following chart is used to see how the domains compare. Mark an X under each skill name to indicate the score.

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| **Average Score** | Attention and Working Memory | Language and Communication | Emotion and Self-Regulation | Cognitive Flexibility | Social Thinking |

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| 2 - Big Problem | - | - | - | - | - |

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| 0 - No Problem | - | - | - | - | - |