Write 1/3 paragraph about your self.

Chapter 1 Childhood.

This is the story of young boy how lived in a small vilage for a family of 6 siblings ,bieng the smalest of the pack he longed for a role model that he can learn and copy from , but life has diffrent plan for him, instead he grew up in his own buble not giving the guidnece he seek , he begin watching and observing so he can learn by, despite his young age and lack of attention he was focused on his study , was always desplince , and eager to break throug his bubble and change his life.

Chapter 2 passion

Finishing high school only to start working he was always eager to find a passion that he can combine with academic degree, influenced by his gamer friend he devolped an interest in computers, what started as a curiosity ended up being his long awaited passion, which led him to pursue a software engineer degree.

Having to pursue a degree while working to support his family and fund his education he really had to work hard to utilize his time, in order to get rid of the stress he shoulder he begins to workout at the gym and later he begin to learn Mixed Martial art which soon become his next passion

Chapter 3 summary

Looking back about his past he realized how much he has grown, how much self-confident he has become , he is no longer looking for a role model his new role model is himself after 5 years accomplishing the goals he put himself to it.

Teach-Us-Something:

How to make a Protein shake:

Tools: spoon, blinder, cups

Ingredients: 1 scope of protein, I banana,1 cup of milk , 1 spoon of honey, and touch of cinnamon,

First drop of the milk in the blinder, after that you put the banana and the protein scope,

Give it a 30 seconds in blinder, then you add honey spoon and cinnamon,

Give it about 1 minutes or so than you can pour it in the cup and you have a protein shake .