



## Research Scholarship in Islāmic Psychology

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### **Chapter 7 - Research Proposal: Applying the Maqasid methodology**

This chapter focuses on the development of a research proposal based on the Maqasid Methodology. The research proposal makes use of the five overlapping and interconnected steps of the Maqasid Methodology: (1) Purpose, (2) Cycles of Reflection, (3) Framework, (4) Critical studies of literature and reality, and (5) Formative theories and principles. The rationale for using this approach is based on the notion that it provides a holistic framework for seeking revelational guidance by engaging in continuous cycles of reflection throughout the research process. In Islamic psychology, the broad focus of research is to guide human beings towards divine revelation and the teachings of Islam, while embracing the presence of Allah, the Almighty, and taking into account the components of the Maqasid al-Shari‘ah (the Higher Objectives of Islamic law).

