



Islamic Psychology from the perspective of the Maqasid Methodology

Prof. Dr. G. Hussein Rassool

Dr. Bagus Riyono

Jasser Auda

[See full info here](#)

This course introduces the Maqasid Methodology as an Islamic framework for addressing questions and challenges within Islamic psychology. Rooted in Quranic and Prophetic teachings, the methodology equips researchers and practitioners with tools to integrate Islamic principles into the study of human behaviour, mental health, and overall well-being.

Who is this course for?

Designed for postgraduate students and researchers, the course provides a critical alternative to contemporary psychological approaches, highlighting the limitations of modern frameworks and offering a holistic, spiritually-aligned methodology.

Course Outcomes

By the end of this course, participants will:

- Discuss the Maqasid Methodology framework and its application in Islamic psychology.
 - Identify limitations in contemporary psychological approaches.
 - Explore future-oriented, comprehensive frameworks in research and community initiatives.
 - Develop a personal research agenda incorporating Islamic principles.
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Course Outline

The course is delivered online over **6 units** comprising **13 lectures**, offering a mix of online video lectures, readings, quizzes, reflection exercises, and a final assignment. The units include:

1. Introduction to Maqasid Methodology

2. **Limitations in Islamic Psychology**
 3. **Re-orienting the Islamic Worldview and Islamic Psychology**
 4. **Research Methodology**
 5. **The Composite Framework**
 6. **Re-envisioning Islamic Studies via Maqasid Methodology**
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Participants are expected to:

- **Actively engage** in all course activities, including discussions, assignments, and self-reflection exercises.
 - Attend **3 live sessions**.
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Certificates

1. A **Certificate of attendance** will be available to those who have completed 80% of the lectures and exercises.
2. Learners who complete all course requirements (reflection exercise, forum participation, and submit a short paper (4-7 pages) will be awarded a **Certificate in: Islamic Psychology from the perspective of the Maqasid Methodology**

Taught by:

- **Profesor G. Hussein Rassool (Instructor)**
- **Dr. Bagus Riyono (Instructor)**
- **Jasser Auda (Guest Lecturer)**